

THURSDAY, OCTOBER 13, 2022

12:00 PM - 4:00 PM

Jefferson West (Concourse Level)

Hands On Orthotics: Education and Fabrication

Hannah Gift, OTR/L, CHT, COMT, CEAS
Michelle McMurray, MOT, OTR/L, CHT
Stephanie Strouse, OTD, OTR/L, CHT

Jefferson East (Concourse Level)

It's Serious Play! Connecting the Dots in Pediatric Upper Extremity Therapy

Trudy Boulter, OTR/L CHT
Mary "Peggy" Faussett, MOTR/L, CHT
Tara Ruppert, OTD, OTR/L, CHT
Cara, Smith, PT, DPT, CHT

12:00 PM- 2:00 PM

Lincoln West (Concourse Level)

It's All About That BASE! Linking Core Stabilization with Upper Extremity Function

Christine Eddow, PT, PhD, DPT, OCS, WCS, CHT

2:15 PM - 4:15 PM

Lincoln East (Concourse Level)

How to Fight Burnout: Lessons in Resilience

Lynn Festa, OTR, CHT, CDWF

4:45 PM - 7:00 PM

International Ballroom (Concourse Level)

Elbow Anatomy and Clinical Correlations

Romina Astifidis, MS, PT, CHT
Christopher Forthman, MD

FRIDAY, OCTOBER 14, 2022

7:30 AM – 9:30 AM

Lincoln West (Concourse Level)

Blood Flow Restriction Therapy: Clinical Application for the Hand and Upper Extremity

Aaron Bauer, PT, DPT, CSCS
Jill Yanick, OTR/L, CHT

Jefferson West (Concourse Level)

Dexterity and Prehension: Testing and Intervention

Marsha Lawrence, PT, DPT, CHT

Lincoln East (Concourse Level)

Thumb CMC OA: An Update on the Science and Best Practices

Kelsi Kephart, OTR/L
Corey McGee, PhD, MS, OTR/L, CHT
Virginia O'Brien, OTD, OTR/L, CHT
Kristin Valdes, OTD, OTR/L, CHT

Jefferson East (Concourse Level)

Treating VISIs and DISIs: Cracking the Code

Ann Porretto-Loehrke, PT, DPT, CHT, COMT, CMTPT

10:00 AM - 11:15 AM

International Ballroom (Concourse Level)

Cadaver Dissection Review of Flexor and Extensor Tendon Injuries in the Hand

Youssra Marjoua, MD, MPP
Rebecca Saunders, PT, CHT

11:15 AM - 11:45 AM

International Ballroom (Concourse Level)

Practice Division Update: Policy Trends & Hand Therapy Practice

James Fleischmann
Julie Shroyer, MSW
Danielle Sparks, DHS, MOT, OTR, CHT

11:45 AM – 12:45 PM

International Ballroom (Concourse Level)

1:00 PM - 2:15 PM

Pre-Conference Institutes (Purchased Separately) - 4 CE HOURS

Pre-Conference Institute (Purchased Separately) - 2 CE HOURS

Pre-Conference Institute (Purchased Separately) - 2 CE HOURS

Plenary Session 1 - Opening Session – 2.25 CE HOURS

Instructional Concurrent Session I – 2 CE HOURS

Plenary Session 2 – 1.25 CE HOURS

Plenary Session 3 – 0.5 CE HOURS

Scientific Session I – 1 CE HOUR

Lunch Session – 1 CE HOUR

Monroe (Terrace Level)

1:45 PM - 2:15 PM
Georgetown East

2:15 PM - 3:15 PM

Lincoln East (Concourse Level)

Jefferson West (Concourse Level)

Jefferson East (Concourse Level)

Lincoln West (Concourse Level)

3:20 PM - 4:05 PM

International Ballroom (Concourse Level)

4:05 PM - 4:50 PM

International Ballroom (Concourse Level)

5:30 PM - 6:30 PM

Jefferson East (Concourse Level)

Jefferson West (Concourse Level)

Lincoln West (Concourse Level)

Lincoln East (Concourse Level)

6:00 PM – 7:00 PM
(VIRTUAL ONLY)

6:30 PM - 7:30 PM

Preparing for the CHT Exam – Presented by HTCC
Martin Walsh, OTR/L, CHT

How to Screen for Partial-Hand Prosthetic Candidacy with Naked Prosthetics
Paola Navarro

Instructional Concurrent Session II – 1 CE HOUR

Do You See What I See? Viewing Imaging to Enhance Upper Extremity Treatment and Outcomes
Gaylene Horsfall, MEd, OTR/L, CHT

Management of Chronic Extensor Tendon Deformity, Reconstructions and Releases
Rebecca Saunders, PT, CHT

Surgical and Therapeutic Considerations for Complex Distal Radius Fractures
Sarah Doerrer, PhD, OTR/L, CHT, CLT
David Moss, MD

Current Evidence in the Management of Lateral & Medial Epicondylitis
Susan Clark, OTR/L, CHT
Shyamala "Shy" Gopalan, OTR/L, CHT
Noah Raizman, MD

Plenary 4 - Presidential Address – 0.75 CE HOURS

Rehabilitation Consideration for the Patient with Post-COVID-19 Condition
Diane Coker, PT, DPT, CHT
Jennifer Zanni, PT, DScPT, CCS

Plenary 5 - Presidential Invited – 0.75 CE HOURS

Thumb CMC Arthritis: Current State of the Art
Jeffrey Yao, MD

Instructional Concurrent Session III – 1 CE HOUR

All Things TFCC
Chelsey Kratter, OTR/L, CHT, BT-C
Wendy Moore, OTR/L, CHT

Mysteries of the Mano Muscles
Pat McKee, B.Sc.(OT), M.Sc.

Own Your Bounce: Taking Action to Overcome Stress, Fatigue, and Burnout to Improve the Therapeutic Alliance
Molly Hudson, OTR, CHT, COMT (UE)
Robert McClellan, OTR/L, CHT, COMT-UL

Pearls and Pitfalls for Treating Hand Trauma in Children and Adolescents
Roger Cornwall, MD
Jenny Dorich, PhD, MBA, OTR/L, CHT

Orfit Sponsored Virtual Learning Hour (VIRTUAL ONLY)
Orthotic Options for Radial Nerve Palsy
Deborah Schwartz, OTD, OTR/L, CHT

**American Hand Therapy Foundation Happy Hour with a Scholar – 1 CE HOUR
(Registration Purchased Separately)**

When I Need You Most: Surgeon-therapist challenges when patients need more and a system gives less
Mark Baratz, MD

SATURDAY, OCTOBER 15, 2022

7:30 AM - 8:30 AM

Jefferson East (Concourse Level)

Emerging Applications for Nerve Transfers: Peripheral Nerve and Spinal Cord Injury
Lourdes "Princess" Filippi, OTR/L, CHT
Sami Tuffaha, MD

Jefferson West (Concourse Level)	How Can We Help People Who Use/Inject Drugs? Hand & Upper Extremity Therapy and Harm Reduction Tauni Malmgren, OTD, OTR/L Kimberly Masker, OTD, OTR/L, CHT
Lincoln West (Concourse Level)	Pilates Introduction for the Upper Extremity Therapist Susan Tsou, PT, CHT, NCPT
Lincoln East (Concourse Level)	Restoring Hope and Function after Brachial Plexus Injuries through a Team-Based Approach Jennifer Dodson, OTD, OTR/L, CHT Bryan Loeffler, MD
9:00 AM -10:00 AM	Instructional Concurrent Session V – 1 CE HOUR
Jefferson West (Concourse Level)	Current Concepts: Lateral Epicondylalgia Dustin McGann, PT, DPT, OCS, FAAOMPT Zach Sutton, PT, DPT, MS, OCS, ATC, CHT
Jefferson East (Concourse Level)	Going That Extra Mile: Designing Treatments for Upper Limb Amputees Amy Todd, MS OTR/L, CHT
Lincoln West (Concourse Level)	Introduction to Dry Needling (<i>Lecture, No Lab</i>) Mary Barnes, MOT, CHT, CIND Christina Woods, OTR/L, CHT
Lincoln East (Concourse Level)	Thumbs up: Assessment and Treatment of Thumb Hypoplasia Dalia Ebeda, OT Emily Ho, PhD, MEd, OT
10:05 AM - 11:15 AM	Plenary Session 6 – International Invited Guest Lecture – 1 CE HOUR
International Ballroom (Concourse Level)	Feelings, Sensations, and Proprioception in Hand Therapy Raquel Cantero Tellez, PhD, OT, PT
11:15 AM - 12:00 PM	Plenary Session 7 – Business Meeting – 0.75 CE HOUR
International Ballroom (Concourse Level)	Business Meeting, Legislative Advocacy, and Community Stewardship ASHT 2022 Business Meeting & Emerging Issues Incoming Presidential Address Kendyl Brock Hunter, OTR/L, CHT
12:00 PM - 1:00 PM	Scientific Session II – 1 CE HOUR
International Ballroom (Concourse Level)	
1:45 PM - 3:15 PM	Lunch Session – 1.5 CE HOURS
Monroe (Concourse Level)	International Committee Lunch: Keeping the Dream Alive: Developing An Educational Framework Model for Short Term Medical Missions Gretchen Bachman, OTD, OTR/L, MBA, CEAS, CHT Alexandra MacKenzie, OTR/L, CHT
2:00 PM - 2:30 PM	Fitting the 3pp Prima Thumb Brace and Customizing Oval-8 Finger Splints
Georgetown East	Julie Belkin
3:15 PM to 4:15 PM	Instructional Concurrent Session VI – 1 CE HOUR
Lincoln East (Concourse Level)	Brachial Plexus Irritation Associated with Scapular Pathomechanics and Instability Mike Cricchio, MBA, OT/L, CHT
Jefferson East (Concourse Level)	Challenges and Opportunities in Correctional Settings Stan Bennett, MS OTR/L CHT
Lincoln West (Concourse Level)	Intentional Mentoring: Putting Knowledge, Tools, and Desire into Practice Melanie Serpa, MA , OT/L, CHT, CLT
Jefferson West (Concourse Level)	Restoring Essential Functions of the Wrist

Gary Solomon, MBA, MS, OTR/L, CHT

4:15 PM to 4:45 PM

Jefferson East (Concourse Level)

Gamified therapy: Integration into Practice

Liz Gwynne

Jefferson West (Concourse Level)

Let's Play Ball: Being a Resource For Baseball Players, Parents and Coaches

Alexandra Lewis, MS, OTR/L, CHT

Michael Mueller, OTR/L, CHT

Lincoln West (Concourse Level)

Rehabilitation of the Overhead Athlete

April O'Connell, OT/L, CHT, A

Lincoln East (Concourse Level)

Returning the Gym Junkie to their Natural Habitat: Safe Gym Participation after Injury

Shannon Cochrane, OTD, OTR/L

Katie Schumacher, MS, OTR/L

Tim Skerrett, OTR/L, CHT

5:15 PM to 5:45 PM

International Ballroom (Concourse Level)

Plenary Session 8 – AAHS Incoming Presidential Invited – 0.75 CE HOURS

Treating the Patient with a Mutilating Hand Injury: The Reconstructive Village

William Dzwierzynski

6:00 PM to 7:00 PM

(Virtual Only)

Gripable's Sponsored Virtual Learning Hour II

Objective measure of Grip Strength in telehealth: Is this possible?

Liz Gwynne

SUNDAY, OCTOBER 16, 2022

9:00 AM to 10:00 AM

Columbia 8 (Terrace Level)

Instructional Concurrent Session VIII – 1 CE HOUR

Complex Flexor Tendon Injuries: Fewer Incisions, More Motion

Ryan Katz, MD

Rebecca Saunders, PT, CHT

Columbia 3 / 4 (Terrace Level)

Harnessing the Power of Placebos and Cortical Reorganization

Mary Barnes, MOT, CHT, CIND

Robert McClellan, OTR/L, CHT, COMT-UL

Lisa Perrone, OTR/L, CHT, CKTP

Columbia 6 (Terrace Level)

Moving Your Wound Care Practice Forward

Nora Barrett, MS, OTR/L, CHT, WCC

Columbia 11 / 12 (Terrace Level)

Therapeutic Relationships: Interventions Promoting Psychosocial Coping Strategies

Michele Auch, OTD, OTR/L, CHT

10:30 AM to 11:30 AM

Columbia 6 (Terrace Level)

Call to Action: Demonstrating Our Professional Value in a Time of Hyperchange

Jenny Dorich, PhD, MBA, OTR/L, CHT

Corey McGee, PhD, MS, OTR/L, CHT

Brocha Stern, PhD, OTR, CHT

Columbia 8 (Terrace Level)

Clinically Relevant Anatomy of the Forearm-A Deep Dive

Emily Altman, PT, DPT, CHT, OCS

Columbia 3 / 4 (Terrace Level)

Maximizing Outcomes in all Populations: Understanding your Patient

Serap Bastepe-Gray, MD, MM, MOTS, OTR/L

Rachel Pigott, MPH, BSOT

Ryerson Stinson, MOT, OTR/L, CHT

Jyo Supnekar, OTR/L, CHT, CLT, C/NDT

Columbia 11 / 12 (Terrace Level)

The Use of a Simple Screen to Detect Early Peripheral Nerve Injuries with Elbow or Forearm Trauma

Laurie Rogers, MS, OT, CHT