

Internal and External Factors that Influence Availability to Learn

A student's availability to learn changes moment by moment based on the balance between what is happening inside him and what is happening outside him.



Internal factors:

- How the student feels physically & emotionally
- Medical conditions
- Illness or pain
- Impact of medications
- Amount of sleep the night before
- Impact of visual, auditory, and tactile abilities on learning
- Sensory processing or sensory integration difficulties

External factors:

- Lighting (location and type)
- Background noise
- Smells
- The number of people and their movement around the student
- Tactual input
- Physical supports, positioning, or equipment



(Scoggin et al., 2014; OHOA Module 5)