

Rusk Rehabilitation Presents

Translating Evidence into Practice: The Orthopedic Knee

Friday, November 6, 2026 | Live Webinar

8:45 am	Virtual Room Opens	10:45 am	Break
9:00 am	Welcome and Introduction Jennifer Gallinaro, PT,DPT William Oswald, PT, DPT Daniel Peredo, PT, DPT Scott Yerys, PT, DPT	11:00 am	Ligaments Under Load: Surgical Insights into Knee Stability Justen Elbayer, MD
9:10 am	First Impressions Matter: Mastering the Knee Interview and Regional Assessment Bethany Ridenhour, PT, DPT	11:20 am	Control & Coordination: Evaluating Knee Stability and Movement Coordination Deficits in Ligament Sprains Joseph Lume, PT, DPT
9:25 am	Inside Articular Cartilage: Surgical Perspectives on OATS, OCA, and ACI Spencer Stein, MD	11:35 am	Restoring Control: Treatment of Knee Stability and Movement Coordination Deficits Eric Ross, PT, DPT
9:40 am	Saving the Meniscus: Contemporary Repair Strategies James C. Messina, MD	11:50 am	Panel Discussion
9:55 am	Decoding Knee Pain and Mobility Impairments: Evaluating Meniscal and Articular Cartilage Lesions Scott Yerys, PT, DPT	12:10 pm	Lunch
10:10 am	Clinically Sound Care: Treating Knee Pain and Mobility Impairments with Meniscal and Cartilage Involvement Bill Oswald, PT, DPT	1:10 pm	Getting on Track: Evaluation Strategies for Patellofemoral Pain Matthew Riley, PT, DPT
10:25 am	Panel Discussion	1:30 pm	Beyond the Kneecap: Effective Rehab for Patellofemoral Pain Anthony Romeo, PT, DPT
		1:45 pm	From Strain to Strategy: Evaluating Hamstring Injury for Targeted Rehab Daniel Peredo, PT, DPT

2:00 pm	From Strategy to Sprint: Treating Hamstring Injury for Return to Performance James Koo, PT, DPT	3:05 pm	Ready or Not? Bridging Treatment and Return-to-Sport Decisions After Knee Injury Charles Homoky, PT, DPT, CSCS
2:15 pm	Panel Discussion	3:35 pm	Panel Discussion
2:35 pm	Break	3:55 pm	Closing Remarks
2:50 pm	On the Spot: Rapid Sideline Evaluation for Knee and Lower Extremity Injury Matt Manu, MPA, ATC	4:00 pm	Adjourn

Saturday, November 7, 2026 | Live In-person Lab

8:30 am	Breakfast and Registration		Group B: From Clinic to Competition: Hands-On Return-to-Sport Decision Making Charlie Homoky, PT, DPT, CSCS Daniel Peredo, PT, DPT Nicholas Russo, PT, DPT
9:00 am	Group A: Hands-On Mastery: The Knee Examination Lab Keith Feind, PT, DPT Daniel Ravelo, PT, DPT Bethany Ridenhour, PT, DPT		
	Group B: Exercise That Transfers: Building Smarter Therapeutic Programs for the Knee Victoria DeMarco, PT, DPT Matthew Riley, PT, DPT Jessica Stankard, PT, DPT	11:15 am	Break
	Group C: From Clinic to Competition: Hands-On Return-to-Sport Decision Making Charlie Homoky, PT, DPT, CSCS Daniel Peredo, PT, DPT Nicholas Russo, PT, DPT	11:30 am	Group B: Hands-On Mastery: The Knee Examination Lab Keith Feind, PT, DPT Daniel Ravelo, PT, DPT Bethany Ridenhour, PT, DPT
10:00 am	Break		Group C: Exercise That Transfers: Building Smarter Therapeutic Programs for the Knee Victoria DeMarco, PT, DPT Matthew Riley, PT, DPT Jessica Stankard, PT, DPT
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