



## resident symposium

April 21-23, 2023

## PROGRAM

### Location

**Omni Dallas Hotel (Trinity Ballrooms)** ♦ 555 S. Lamar Street ♦ Dallas, TX 75202

### Symposium Schedule

Friday, April 21, 2023    **3:30-4:30 pm** Check-in ♦ **4:30-6:30 pm** Sessions ♦ **6:30-7:30 pm** Reception  
Saturday, April 22, 2023    **7:00-8:00 am** Breakfast ♦ **8:00 am-5:30 pm** Sessions ♦ **6:30-9:00 pm** Prizes, Reception, Dinner  
Sunday, April 23, 2023    **8:00-9:00 am** Breakfast Talks ♦ **9:00-11:45 am** Sessions ♦ **11:45 am** Conclusion

### Co-Directors

Susan Weinkle, MD  
Thomas Rohrer, MD

### Invited Faculty

Eric Bernstein, MD, MSE	Shannon Humphrey, MD, FRCPC
Kimberly Butterwick, MD	Kachiu Lee, MD, MPH
Sue Ellen Cox, MD	Kristel Polder, MD
Timothy Flynn, MD	Heidi Prather, MD
Deirdre Hooper, MD	Brian Zelickson, MD

### Description

Leading ASDS experts will cover the science, treatment indications, available therapies and techniques for cosmetic procedures performed by dermatologic surgeons. Faculty will present high-yield talks that provide up-to-date overviews of energy-based devices, injectables, chemical peels, body contouring, liposuction, and more. Interactive teaching elements will include live patient demonstrations with instructional moderation, ample Q&A time, small group breakouts and hands-on training. This symposium provides many opportunities for networking with peers, faculty and industry.

**New this year:** Lectures on Facial Anatomy, Cosmeceuticals, Hair Loss Treatments and Sclerotherapy will be available on-demand on *ASDS Learn* at time of registration.

**Also new this year:** Mobile event app – includes event game and prizes for winners!

**Back by popular demand:** handouts will be provided post-event for attendees on *ASDS Learn*.

### Learning Objectives

*Following this activity, participants should be able to:*

- ♦ Relate the principles of facial symmetry, aesthetics and aging and their effect of available cosmetic procedures and therapies for each.
- ♦ Describe current therapies used by dermatologists for wrinkles, volume loss, skin tightening, skin rejuvenation and resurfacing, submental fullness, jowling, the aging neck, and facial and body contouring.
- ♦ Identify facial anatomy danger zones as they pertain to cosmetic procedures and describe techniques to minimize complications as well as manage them.

*Note: faculty and agenda subject to change*

**FRIDAY, APRIL 21, 2023**

<b>3:30 – 4:30 pm</b>	<b>Check-in at registration desk + Exhibits</b>
<b>4:30 – 4:40 pm</b>	<b>Welcome and Overview</b> ♦ <i>Susan Weinkle, MD and Thomas Rohrer, MD</i>
<b>4:40 – 5:00 pm</b>	<b>Ideals of Beauty</b> ♦ <i>Timothy Flynn, MD</i>
<b>5:00 – 5:20 pm</b>	<b>Facial Analysis</b> ♦ <i>Shannon Humphrey, MD, FRCPC</i>
<b>5:20 – 5:50 pm</b>	<b>Visualizing Injectable Anatomy Demonstration</b> ♦ <i>Susan Weinkle, MD</i>
<b>5:50 – 6:30 pm</b>	<b>What Do You See? What Would You Do?</b> ♦ <i>Eric Bernstein, MD, MSE; Kimberly Butterwick, MD; Sue Ellen Cox, MD</i>
<b>6:30 – 7:30 pm</b>	<b>Welcome Reception with Faculty, Attendees, Supporters</b>

*Continues Saturday with networking breakfast at 7:00 am and session start at 8:00 am*

## SATURDAY, APRIL 22, 2023

<b>7:00 – 8:00 am</b>	<b>Networking Breakfast + Exhibits</b>
<b>8:00 – 9:30 am</b>	<b>Laser and Energy-based Treatments Overview</b>
8:00 – 8:15 am	Laser Principles ♦ <i>Thomas Rohrer, MD</i>
8:15 – 8:30 am	Vascular Lesion Lasers ♦ <i>Eric Bernstein, MD, MSE</i>
8:30 – 8:45 am	Skin Resurfacing ♦ <i>Brian Zelickson, MD</i>
8:45 – 9:00 am	Pigmented Lesions and Tattoos ♦ <i>Eric Bernstein, MD, MSE</i>
9:00 – 9:15 am	Skin Tightening and Rejuvenation ♦ <i>Kachiu Lee, MD, MPH</i>
9:15 – 9:30 am	What's New and on the Horizon ♦ <i>Brian Zelickson, MD</i>
<b>9:30 – 9:45 am</b>	<b>Laser and Energy-based Treatments Q&amp;A</b>
<b>9:45 – 10:15 am</b>	<b>Networking Break + Exhibits</b>
<b>10:15 am – 12:00 pm</b>	<b>Injection Treatments Overview</b>
10:15 – 10:45 am	Dermal Fillers: Hyaluronic Acid ♦ <i>Deirdre Hooper, MD</i>
10:45 – 11:00 am	Biostimulators: Calcium Hydroxyapatite and Poly-L-Lactic Acid ♦ <i>Kimberly Butterwick, MD</i>
11:00 – 11:30 am	Neuromodulators ♦ <i>Shannon Humphrey, MD, FRCPC</i>
11:30 – 11:40 pm	Lipolysis: Deoxycholic Acid ♦ <i>Kristel Polder, MD</i>
11:40 – 12:00 pm	What's New and on the Horizon ♦ <i>Deirdre Hooper, MD</i>
<b>12:00 – 12:15 pm</b>	<b>Injection Treatments Q&amp;A</b>
<b>12:15 – 1:15 pm</b>	<b>Networking Lunch + Exhibits</b>
<b>1:15 – 1:30 pm</b>	<b>Chemical Peels</b> ♦ <i>Kachiu Lee, MD, MPH</i>
<b>1:30 – 3:30 pm</b>	<b>Patient Demonstrations</b>
1:30 – 1:45 pm	Procedure 01: Chemical Peel ♦ <i>Kachiu Lee, MD, MPH</i>
1:45 – 2:15 pm	Procedure 02: Full Face ♦ <i>Susan Weinkle, MD</i>
2:15 – 2:40 pm	Procedure 03: Partial Face ♦ <i>Kristel Polder, MD</i>
2:40 – 3:00 pm	Procedure 04: Neck and Jowls ♦ <i>Heidi Prather, MD</i>
3:00 – 3:30 pm	Procedure 05: Arms and Chest ♦ <i>Kimberly Butterwick, MD</i>
<b>3:30 – 4:00 pm</b>	<b>Networking Break + Exhibits</b>
<b>4:00 – 4:20 pm</b>	<b>Filler Complications</b> ♦ <i>Sue Ellen Cox, MD</i>
<b>4:20 – 4:50 pm</b>	<b>Liposuction</b> ♦ <i>Kimberly Butterwick, MD and Heidi Prather, MD</i>
<b>4:50 – 5:10 pm</b>	<b>Fat Reduction and Muscle Toning with Devices</b> ♦ <i>Thomas Rohrer, MD</i>
<b>5:10 – 5:30 pm</b>	<b>Faculty Panel with Q&amp;A</b> ♦ <i>All faculty</i>
<b>5:30 – 6:30 pm</b>	<b>Break before dinner</b>
<b>6:30 – 7:00 pm</b>	<b>App Event Game Prize Winners Announced</b>
<b>7:00 – 9:00 pm</b>	<b>Networking Reception and Dinner with Faculty, Attendees, Supporters</b>

*Continues Sunday with breakfast talks at 8:00 am*

## SUNDAY, APRIL 23, 2023

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**8:00 – 9:00 am**      **Breakfast Talks in Session Room**

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**9:00 – 9:15 am**      **Fellowships for You** ♦ *Thomas Rohrer, MD*

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**9:15 – 9:30 am**      **Move to Small Group Breakouts**

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**9:30 – 11:45 am**      **Small Group Breakout Rotations**

9:30 – 10:00 am      Rotation 1

10:00 – 10:05 am      Move to next station

10:05 – 10:35 am      Rotation 2

10:35 – 10:40 am      Move to next station

10:40 – 11:10 am      Rotation 3

11:10 – 11:15 am      Move to next station

11:15 – 11:45 am      Rotation 4

### **Small Group Breakout Stations**

#### **Injection Techniques with Needles and Cannulas**

*Kimberly Butterwick, MD* ♦ *Kristel Polder, MD* ♦ *Heidi Prather, MD*

#### **Patient Assessment and Case Studies: Energy Based Devices**

*Eric Bernstein, MD, MSE* ♦ *Kachiu Lee, MD, MPH* ♦ *Brian Zelickson, MD*

#### **Patient Assessment and Case Studies: Injectables**

*Sue Ellen Cox, MD* ♦ *Susan Weinkle, MD*

#### **Where Do You Go From Here? Career Paths**

*Timothy Flynn, MD* ♦ *Deirdre Hooper, MD* ♦ *Thomas Rohrer, MD*

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### *Symposium Conclusion*