

FIRST®

**Family Infant Relationship Support Training
Regulation, Reflection, and Relationships**



Family Infant Relationship Support Training (FIRST): Regulation, Reflection, and Relationships

A Coloring Companion for Reflective Practice®

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With drawings by Dusty Christian

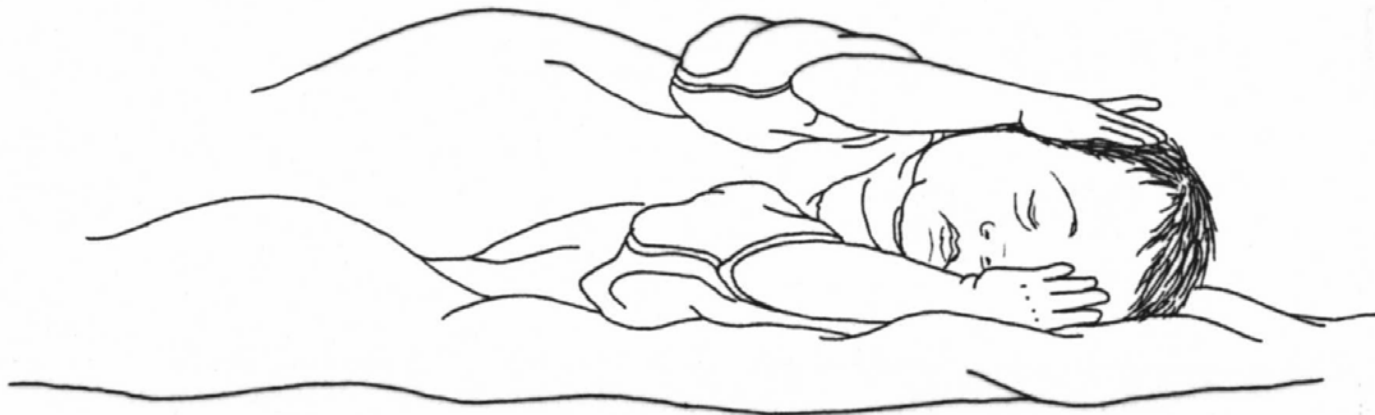
Center for Family and Infant Interaction
JFK Partners
University of Colorado School of Medicine
2004



PARENTS BODIES : BABY'S UNIVERSE



Shhh I'm growing!



I am your Daddy

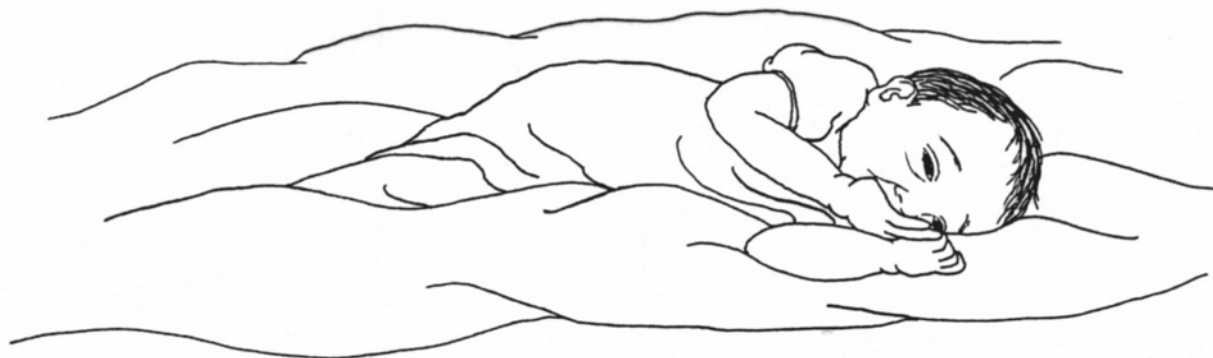
You are my baby

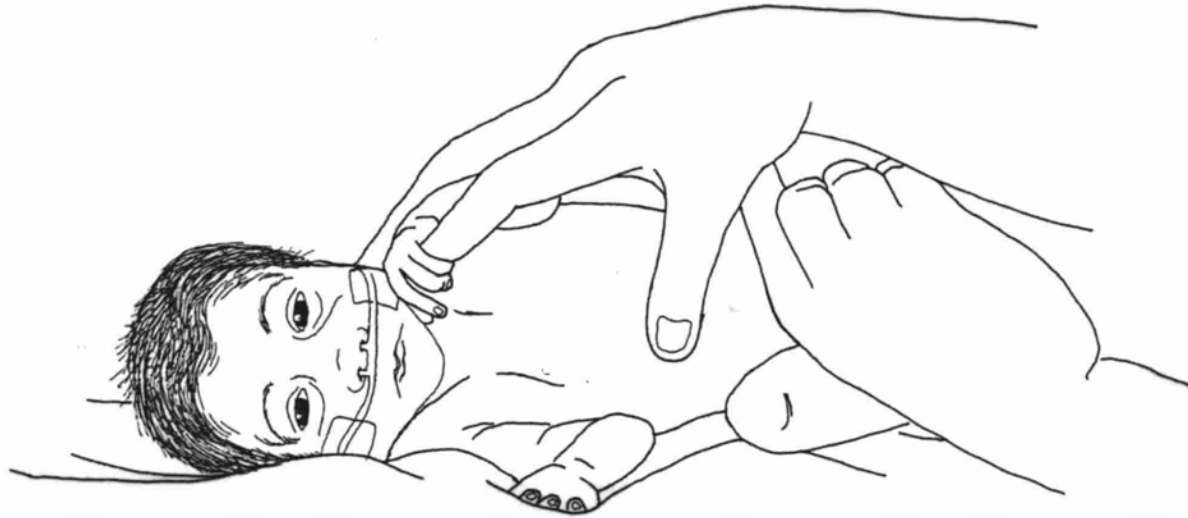




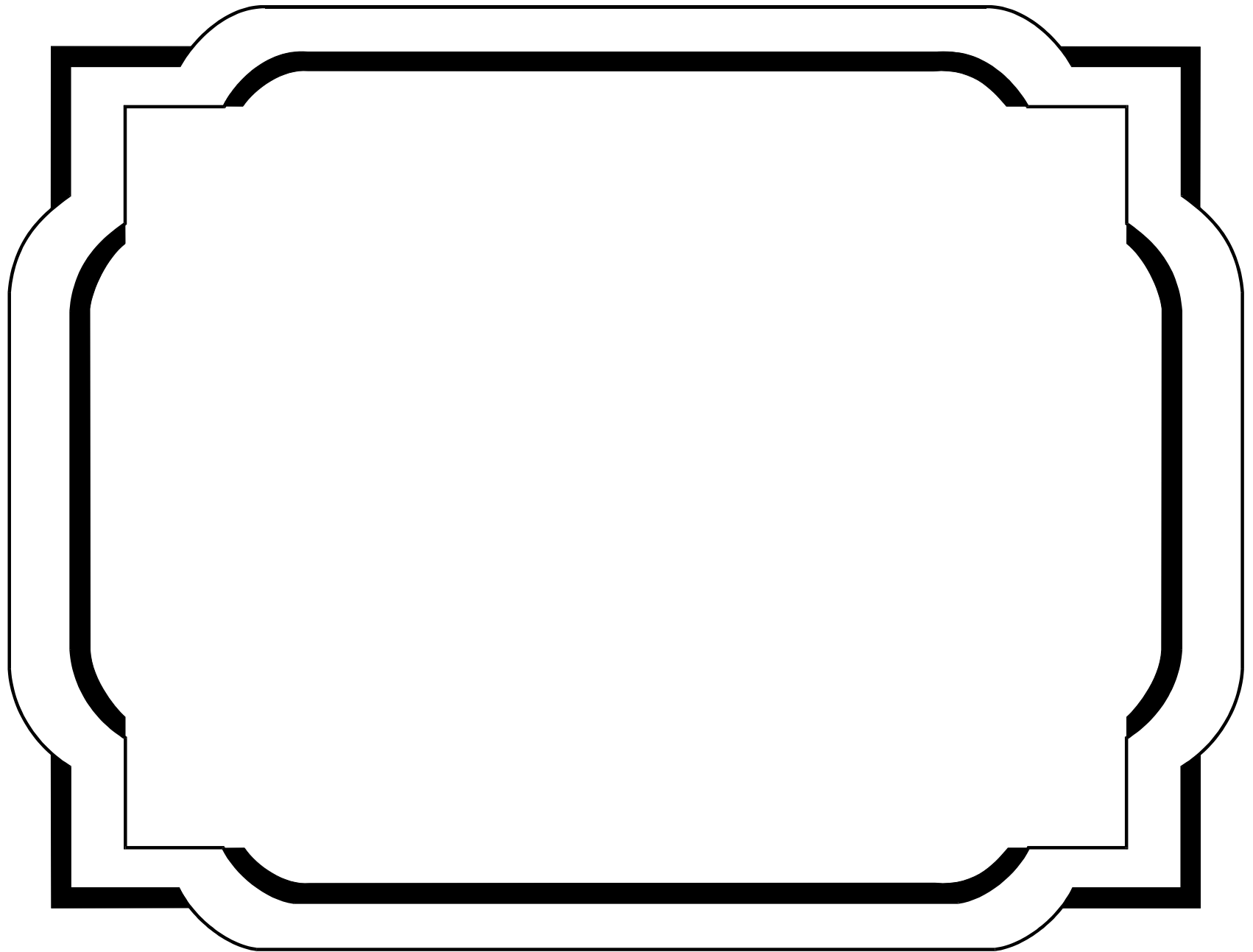
HEART IN HAND

I can do it!





**Hold on.
You are not alone.
I am here for you always.**





The Center for Family & Infant Interaction

Supporting Families through Education, Consultation, and Research

The Center oversees and houses four projects: The Denver NIDCAP® training program, the *FIRST* program, the Fragile Infant Feeding Institute (FIFI) and The Colorado Consortium of Intensive Care Nurseries. These related programs share the common mission of promoting the best outcomes and relationships between families and their infants, particularly those infants who have developmental challenges and/or special health care needs at birth. The programs address this mission through education, consultation, research and support of interdisciplinary/parent collaboration.

Denver NIDCAP Training Center: Newborn Individualized Developmental Care & Assessment Program

FIRST- R³ Training Center: Family Infant Relationship Support Training : Regulation, Reflection and Relationships

Fragile Infant Feeding Institute (FIFI)

The Colorado Consortium of Intensive Care Nurseries

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