



AASPT Tactical Athlete SIG Tactical Talk

Relevant References (all of these will be in the presentations):

1. Baran, K., Dulla, L. J., Orr, R., Dawes, J. J., & Pope, R. (2018). Duty loads carried by the Los Angeles Sheriff's Department Deputies. *Journal of Australian Strength and Conditioning*, 26(5), 34-38.
2. Caldwell C., Hoppis L., Schram B., Simas V. & Orr R. (2022). Effectiveness of Body Worn Loads During Strength and Conditioning Training: A Systematic Review, presented at the Australian Physiotherapy Association Conference, Brisbane, Australia 31 March –02 April 2022.
3. Carbone, P.D., Carlton, S.D., Stierli, M & Orr, R. (2014). The Impact of Load Carriage on the Marksmanship of the Tactical Police Officer, *J. Aust. Strength Cond.*, 22(2), pp. 50-57.
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14. Joseph, A., Wiley, A., Orr, R., Schram, B. & Dawes, J. (2018) The Impact of Added Load on Measures of Power and Agility in Tactical Occupations: A Critical Review *Int. J. Environ. Res. Public Health* 15(1), 88; doi: 10.3390/ijerph15010088
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