

Working Implicitly in Psychotherapy

What Decades of Neuroscience Study Has Taught Me about Being a Psychotherapist

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State CAMFT 2017

Window of Affect Regulation

Autonomic Nervous System Arousal

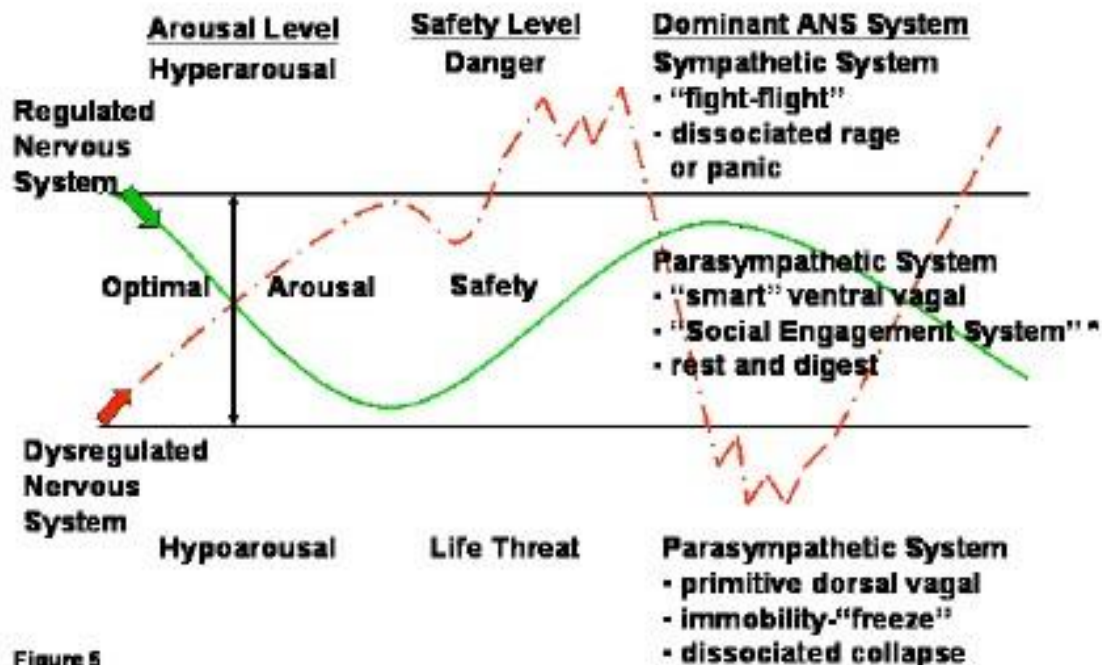


Figure 5

Adapted from Levine, Porges*, & Ogden in Wheatley-Crosbie, 2006

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