



Finding Strength in Community:

Identifying Strategies to Sustain Participatory Health
Research during Times of Uncertainty

Paul Chandanabhumma

Ginetta Salvalaggio

Jane Berry

Lillian Gelberg

Maggie King

Lara Nixon

Udoka Okpalauwaekwe

Viv Ramsden

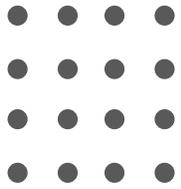
Jon Salsberg

Disclosures

We have no relevant conflicts to disclose.

We thank PHR Work Group members and Jane Berry, MPH for their support in preparing this workshop.

NAPCRG is a primary care research community whose members live and work in territories around the globe. As PHR scholars we commit to learning the histories and traditional laws of the land on which we reside, bear witness to her people's stories, and act where we can in the spirit of reconciliation. <https://native-land.ca/>



Introduction



NAPCRG
Annual Meeting

Welcome

Thank you for coming to this webinar!

Today will be focused on discussing strategies to sustain participatory health research during times of uncertainty

Let's get to know each other and build connections

Please share your name, role and where you are from in the chat

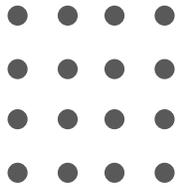


Ground Rules

We hope make this webinar as meaningful, engaging and inclusive as possible. To do so, we would like to propose the following ground :

- Listen actively and respectfully
- Allow everyone the chance to speak.
- Have respect for each other's wisdom, including work and lived experiences.
- Please do not debate someone's background and personal experiences.
- Keep in mind how your individual context might differ from someone else's.
- Please only share what you feel comfortable sharing within this setting.

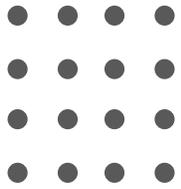




Sharing Our Insights



NAPCRG
Annual Meeting



PHR Experiences and Insights from Facilitators



NAPCRG
Annual Meeting



Shared Insights from PHR Work Group



Why us?

"Our home may not have walls but it's still our home, where we can have a sense of belonging. How can you take all of our stuff and expect us to get housed... Why can't we have a place to be, a place with showers, toilets, power... The camp sweeps - they take our identity. ..."

Here's what you need to know about Edmonton's proposed public spaces bylaw

City council to review sweeping new bylaw Wednesday

Nishat Chowdhury · CBC News · Posted: Feb 14, 2024 6:00 AM MST | Last Updated: February 14, 2024

Listen to this article
Estimated 4 minutes



Regulating everything from open drug use to large gatherings in parks, the new bylaw would replace three existing bylaws that govern people's conduct in public areas of the city. (Peter Evans/CBC)

Let Us Pee

"I have changed the song let it be to let them pee, there is no access to toilets after 9pm. There is no friends or places to shower or clean up. Trying to keep hygienic and not sick is very difficult. I want awareness and compassion for all. Not allowing anyone who might look a bit different into the bathrooms. They stigmatize us and take away our right to use clean washrooms and shower spaces."



Spaces

"No where to have any Personal Space anywhere!"

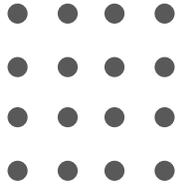


NAPCRG
Annual Meeting

Shared Insights from PHR Work Group



NAPCRG
Annual Meeting



Breakout Session Discussions

(20 min)



NAPCRG
Annual Meeting

Breakout Session Discussions

We will now give you all the opportunity to discuss your insights and experience in conducting PHR

Each breakout room will have 3 prompts for group discussion, with at least one PHR facilitator present. Please pick the topic that appeals to you most and start with this, moving to other prompts if time allows.

You will have 20 minutes to discuss the topic. Afterwards, we will ask for each group to share insights with all of us.



Potential Topics for Breakout Session

- Strategies and actions to deal with stresses to participatory research projects
- Strategies for supporting partnerships through budget or programmatic cuts
- Strategies to reach across political divides, and/or mitigate risks from disagreements

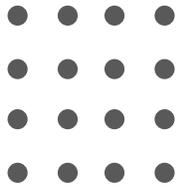


Breakout Session Discussions

Think about your own experiences and roadblocks... As you are sharing your insights and learning from others, please consider as you see fit:

- What are the 2-3 main challenges for the situation?
- What are approaches to navigate the situation?
- What are the lessons learned? What are the remaining “unknowns”?





Report Out

(15 min)

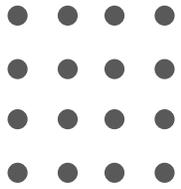


NAPCRG
Annual Meeting

Breakout Session Discussions

- What are the 2-3 main challenges for the situation?
- What are approaches to navigate the situation?
- What are the lessons learned? What are the remaining “unknowns”?





Wrap-up and Next Steps



NAPCRG
Annual Meeting

Our Deep Appreciation

Thank you for sharing your experiences and insights!

We want to know that we truly value everyone's collective wisdom, interests and engagement in PHR.

We hope that you can share what you have learned today with your colleagues, partners and communities to help build a better world.



NAPCRG
Annual Meeting

Next Steps

If you would like to continue to be involved in this topic and the PHR community, please leave your name and e-mail in our brief survey.

For more information, see PHR Work Group: <https://napcrg.org/resources/casfm/participatory-health-research/>

Contact: Paul Chandanabhumma (pchandana@med.umich.edu)



NAPCRG
Annual Meeting

Thank you!

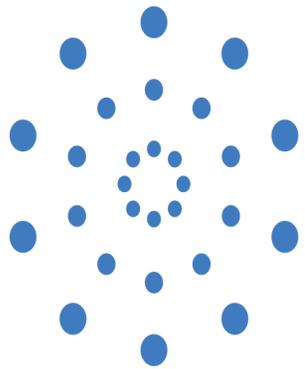
Please scan this QR code and fill out a brief exit survey:



https://umichumhs.qualtrics.com/jfe/form/SV_3LeHpQD0McCLax8



NAPCRG
Annual Meeting



NAPCRG

+plus