



# SUCCESSFUL FIELD SAMPLING: A FOCUS ON REDUCING REGULATORY RISK

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## LEARNING OBJECTIVES

Understand sample, subsample, extract, and digestate

Realize the importance of sample handling and sample integrity, preservation, holding time, and collection container

Understand activities around sample collection, receiving, chains-of-custody, sample identification, and storage

Recognize potential issues related to sample requirements

The importance of unique ID codes to ensure sample traceability requirements throughout the laboratory process

Understand the purpose of legal chain-of-custody and routine sample handling

# A TALE OF TWO SAMPLES: REDUCING RISK IN THE FIELD



Hot  
Summer  
Day

Windy &  
Humid

Sampling:  
VOAs,  
Micro,  
Metals,  
SVOAs,  
Anions  
Solids  
pH



# REDUCING RISK: FIRST CONSIDERATION

## HEALTH AND SAFETY

- Conduct a health risk assessment
- Ensure all personnel wear appropriate PPE
- Establish and communicate emergency procedures
- Recognize hazards that require special or additional training. ie HAZWOPER

	<p><b>Exploding bomb</b> (for explosion or reactivity hazards)</p>		<p><b>Flame</b> (for fire hazards)</p>		<p><b>Flame over circle</b> (for oxidizing hazards)</p>
	<p><b>Gas cylinder</b> (for gases under pressure)</p>		<p><b>Corrosion</b> (for corrosive damage to metals, as well as skin, eyes)</p>		<p><b>Skull and Crossbones</b> (can cause death or toxicity with short exposure to small amounts)</p>
	<p><b>Health hazard</b> (may cause or suspected of causing serious health effects)</p>		<p><b>Exclamation mark</b> (may cause less serious health effects or damage the ozone layer*)</p>		<p><b>Environment*</b> (may cause damage to the aquatic environment)</p>
	<p><b>Biohazardous Infectious Materials</b> (for organisms or toxins that can cause diseases in people or animals)</p>				

# KNOW THE TYPES OF SAMPLES

Field Collection →

- Field Sample
- Subsample
- Extract
- Digestate

← Laboratory



## PROCEDURES/REQUIREMENTS

National Environmental Field Activities Program (NEFAP) is a voluntary accreditation program for field sampling and measurement organizations(FSMOs).

NEFAP focuses on field activities and is a separate program from the National Environmental Laboratory Accreditation Program (NELAP). Both were developed by TNI.

The NEFAP Standards also follow ISO/IEC 17025 and 17011.

Some laboratories have both NEFAP and NELAP accreditation. *Accreditation is not required for Field Sampling Management Organizations (FSMO) at this time.*

# QUESTION

The laboratory and customer sampling personnel must be certified in order to collect environmental samples.

TRUE

FALSE

## STANDARDS/REQUIREMENTS

2016 TNI Standard; DOD QSM

Laboratories need to consider other requirements:

- 40 CFR 136
- 40 CFR 141
- 40 CFR 50-63
- Reference methods
- SW846 - RCRA
- Client Specifications/QAPPs
- EPA Drinking Water Certification Manual
- State Specific or other gov't criteria

Conflicting or vague requirements – use the most stringent.

No specification – ask for assistance & provide technical justification

# QUESTION

Labs or Field Sample professionals can combine requirements as long as the most stringent from each one is honored.

TRUE

FALSE

# PLAN AHEAD

## Sampling Plan:

- General sampling procedures based on method or program requirements.
- Determine specific project requirements

## Understand:

- The goal of the sampling event
- The design of the sampling event
- Number of sampling locations, dates, analytes, etc.

## Prepare:

- Equipment and Supplies
- Ensure all equipment is in good working condition
- Monitor weather conditions for outdoor sampling

## **SAMPLE INTEGRITY = REDUCED RISK**

Identify areas of risk by conducting a risk assessment

Build risk reduction into the plan

Communicate areas of risk

Mitigate risk

# WHERE DOES SAMPLE INTEGRITY START?

ACTIVITY	PURPOSE - RISK
Sampling Plan	Provides direction and details; defines representative sample;
Standard Operating Procedures (SOPs)	Provides process requirements resulting in consistency.
Regulatory or other Governing Requirements for: <ul style="list-style-type: none"><li>Required/appropriate sample containers</li><li>Proper preservation</li><li>Required temperature</li><li>Chain of custody documentation</li></ul>	Provides necessary guidance for compliance and criteria to meet regulatory and scientific objectives.



# FIELD BLANKS

### Equipment Blank (Rinsate Blank)

- **Description:** Analyte-free water poured over or through decontaminated field sampling equipment before collecting environmental samples.
- **Purpose:** Assess the adequacy of the decontamination process and contamination from the sampling, sample preparation, and measurement process.
- **Frequency:** 1 blank/day/matrix or 1 blank/20 samples/matrix

### Field Blank

- **Description:** Analyte-free water poured into the container in the field, preserved, and shipped to the laboratory with field samples.
- **Purpose:** Assess contamination from field conditions during sampling.
- **Frequency:** 1 blank/day/matrix or 1 blank/20 samples/matrix

### Trip (Travel) Blank

- **Description:** A clean sample of a matrix taken from the laboratory to the sampling site and transported back to the laboratory without exposure to sampling procedures. Typically analyzed only for volatile compounds.
- **Purpose:** Assess contamination introduced during shipping and field handling procedures.
- **Frequency:** 1 blank/cooler containing volatiles

## FIELD QA/QC: WHERE'S THE RISK?



ACTIVITY	PURPOSE
Blanks - Collect field blanks	Contamination
Duplicate samples	Technique
Field Equipment - Regularly calibrate field instruments and equipment	Accuracy of results/collection volumes
Training - Ensure all personnel are trained and familiar with SOPs	Correct and representative sample
Logbook for recording info.	Documented details and verification of completion

# SAMPLE CONTAINERS: WHERE'S THE RISK?

Glass vs. Plastic  
Reaction, adherence

Look for method, rule,  
standard, & other specifications  
Nonconformance

Decisions: i.e. Dark/Amber bottles  
or store protected from light:  
Chlorophylls, chlorinated acids,  
other organics, TOC, etc.  
Protection of unstable and/or light  
sensitive compounds

Look for method, rule,  
standard, & other specifications  
Nonconformance

How is the cleaning process verified? (Can containers be reused?)  
Must have scrupulous procedures and documentation



## **FIELD DOCUMENTATION: WHERE'S THE RISK?**

<b>ACTIVITY</b>	<b>PURPOSE</b>
Logbook & Marker - Record activities in a field logbook	Record in real time – details fade
Container Labels - Each sample container should have unique identifiers	Must be able to accurately identify – Easy to transpose labels
Photo documentation – Visual record of sampling locations and procedures	Photos are convenient ways to verify conditions

## SAMPLE COLLECTION: WHERE'S THE RISK?

ACTIVITY	PURPOSE
During sampling, it's important to follow the instructions provided in the field sampling plan	Improper collection: grab or random vs composite, containers (glass vs plastic), wrong sampling point, etc
Use the appropriate personal protective equipment (PPE) to avoid contamination	Gloves, mask, eye protection....all as needed depending upon the type of sampling
Follow Standard Operating Procedures	Guarantees a higher degree of accuracy and representativeness

# PRESERVE THE SAMPLE

ACTIVITY	PURPOSE
What to add to the sample?	Valid results? Qualifiers?
All preservation chemicals must be contaminant free and traceable	Non-traceable or lack of proof, cannot verify contamination without documentation
Preserve in the field with appropriate reagents.	Some flexibility, may require qualifiers
After the fact preservation is only allowed in certain circumstances.	Must be documented, may be qualified or require comment on the report
When is it added?	Strict....can invalidate
What to record: Traceable? Correct concentration? ID Number?	Essential for verification of concentration, chemical name, and traceability
Verify the adequacy once received	Must be verified when received at the lab



## PACK & TRANSPORT THE SAMPLE



Transport samples under appropriate thermal conditions & protect against cross contamination



Store samples in a secure, controlled environment, at all times, to ensure custody integrity



All custody should be traceable, documented, and verifiable

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# PAPERWORK

- Fill out container labels with indelible or permanent ink/marker
- Each sample container should have unique identifiers
- Complete all necessary details on the Chain of Custody

# Where's the risk?

# QUESTION

A properly filled out COC is completed in pencil, in case an error is found and needs to be corrected.

TRUE

FALSE

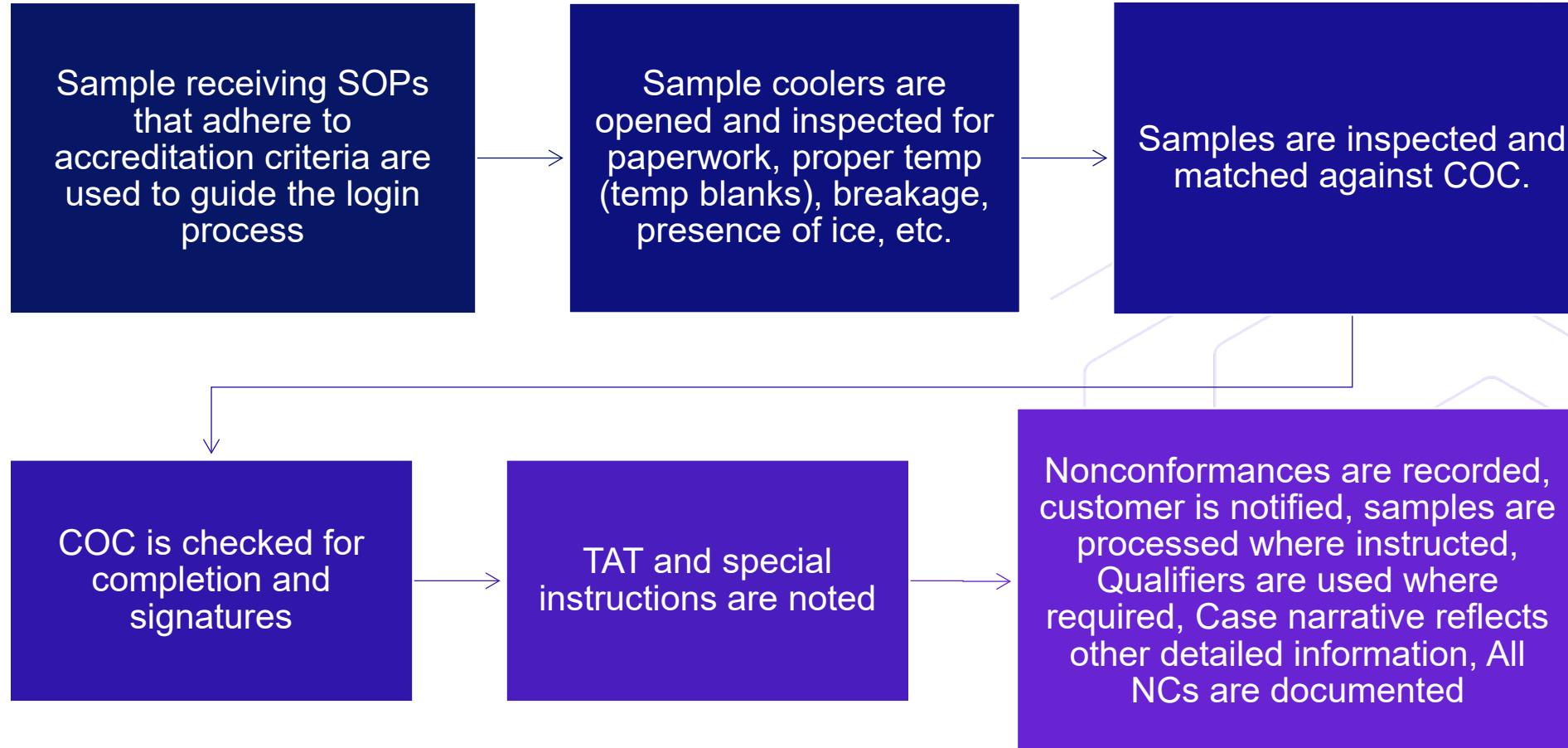
## DELIVER SAMPLES TO THE LAB

Same day - On ice, if recently collected

Store samples cold & secure if cannot be delivered same day

Drop samples at lab and obtain acknowledgement of receipt

# SAMPLES ARRIVE AT LABORATORY



## RECORDING THE TEMPERATURE (LAB)

- Where to record the receipt temperature: LIMs? Chain of Custody?
- Thermometer: Traceable? Verification? ID Number? Correction factor?
- Is temperature taken from the actual sample? or a temperature blank?



## PREP AND ANALYZE THE SAMPLE FOR COMPLIANCE AND REPORTING



Adhere to relevant regulatory requirements with proper and required accreditations and credentials



Prepare detailed reports including methods, results, and quality control measures



Regularly review and audit procedures and documentation

# QUESTION

A simple but uncaught error in the field can cause huge data impacts, but most notably can be enough to invalidate the entire testing process and associated results.

**TRUE**

**FALSE**

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- Sample containers – acceptable
- Paperwork – complete and in order
- All things appear to be equal when the samples arrive at the lab
- Handling and Details are different
- What are the consequences?
- Are failures allowed?
- COC, Nonconformance forms (sample receipt), Case narratives and qualifiers tell the story.



## Reducing Risk in the Field

- Safety - #1
- Regulations, standards, methods, accreditations - requirements
- Field Sampling Plan is a must
- Sample/Data Integrity, Traceability, Documentation
- Understand that everything cannot always be perfect. Case narratives and qualifiers are important.
- Take a minute to dot the “i’s” and cross the “t’s”!



# THANK YOU

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