

Theories in Adult Learning

Warming Up:

- Describe the perfect teaching/learning environment. What does the instructor do? What do the learners do?

- What resources are available?

Creating a Learning Environment:

- Write three questions you would like to practice using that would contribute to a learning environment.

Critical v. Creative Thinking:

- Where do your learners demonstrate critical thinking?

- Where do they demonstrate creative thinking?

- Where can you encourage your learners to think more independently?

Experiential Learning:

- Think of a task that would be appropriate for experiential learning. How can you incorporate “I do, we do, you do, teach”?

Transformational Learning:

- Think of a problem that would be appropriate for transformational learning. How would you introduce the problem? How would you work with your learners to solve it?

Evaluating Effectiveness:

- What ideas do you have to measure behavior and results?

- What data could you collect? What questions could you ask?

Application:

- What is one idea you could apply to your teaching/instructional practice today?
