CORE VALUES

Circle core values that resonate with you the most!

Honesty	Tolerance	Self-awareness	Collaboration	Adventure
Integrity	Open-mindedness	Self-acceptance	Teamwork	Education
Loyalty	Forgiveness	Self-confidence	Excellence	Knowledge
Compassion	Generosity	Independence	Quality	Learning
Empathy	Courage	Freedom	Service	Justice
Respect	Perseverance	Family	Altruism	Simplicity
Kindness	Determination	Friendship	Reliability	Balance
Authenticity	Ambition	Love	Authenticity	Resilience
Accountability	Creativity	Empowerment	Creativity	Health
Gratitude	Innovation	Equality	Openness	Well-being
Humility	Adaptability	Inclusivity	Adaptability	Exploration
Responsibility	Flexibility	Diversity	Harmony	Innovation
Trustworthiness	Curiosity	Environmentalism	Peace	Honor
Fairness	Wisdom	Sustainability	Spirituality	Unity
Patience	Self-discipline	Community	Fun	Transparency

CORE VALUES

1: Initial Value Sort

Review the list of values

Select 10–15 values that resonate with you—values you believe are important or that guide your behavior.

2: Narrow and Prioritize

From your selected 10–15 values, narrow it down to your top 5.

Rank your top 5 in order of importance (1 = most important).

3: Reflect

Answer the following prompts:

- Why are your top values important to you?

- How do these values show up in your work/life?

- Are there times when you feel you're not living in alignment with these values?

- Which of your values are reflected in the culture of your team or organization?

- How can you better integrate these values into your daily decisions?