Embrace Functional Freedom





# WriStable<sup>®</sup> Wrist Brace

Targeted & precise wrist stability providing pain relief without compromising functional range of motion.

# Less is More with the NEW WriStable<sup>®</sup>

The uniquely designed WriStable<sup>®</sup> will get your wrist patients back to doing what they love and leave you wondering what else this small brace can do!

- Designed specifically for scapholunate instability, dorsal abutment/impingement and pain when weight-bearing on the wrist
- Delivers precise wrist support and pain relief while allowing functional range of motion
  - $\circ~$  Supports carpal bones while still allowing mid-range wrist motion
  - Supports wrist during weight-bearing while offering adjustable end range restriction
- Suitable for:
  - Use before and/or after injury
  - Facilitating rehabilitation by enhancing wrist proprioception
  - Preventing pain when wrist is loaded
  - Protecting wrist post-injury or due to laxity
- Strap designed for function and comfort
  - Adjustable strap controls desired level of support and end range of motion
  - Narrow, pliable strap ensures brace can comfortably lie distal to radial and ulnar styloids
- Features:
  - $\circ~\mbox{Revolutionary, sleek design with adjustable wrist stabilization}$
  - Comes in 4 sizes, left and right, to ensure accurate fit
  - Distributes pressure to prevent strangulation; does not impede arterial, venous, or lymphatic flow
  - Can be worn in water
  - Manufactured in USA from premium durable materials; Machine washable; Latex free.



## Indications:

- Scapholunate instability
- Dorsal abutment/impingement
- Pain during wrist weight-bearing
- Mild, general wrist hypermobility
- Pain at end range of motion
- Wrist arthritis
- Protection during sports & activities
- Support after distal radius fracture
- May provide some relief for TFCC symptoms

## **Contraindications:**

- Open wound at or near the wrist
- Acutely edematous hand/wrist
- Carpal tunnel symptoms



I had the same pain in both wrists, and after wearing the brace on my right wrist to play basketball, the next day my left wrist was severely in pain and my right wrist was pain free. I still to this day am having pain in my left wrist (roughly 45 days later) and my right wrist feels fine. I believe the brace saved my wrist from any pain!"

#### -Field Test Participant

## What Makes the WriStable<sup>®</sup> Special?

#### One of a Kind

- Only bracing solution specifically designed for the painful loaded wrist that still allows functional motion
- Provides an adjustable, anatomical fit
- Enhances user's proprioception
- Can help deter surgery and aid in post-injury recovery

#### Verified

- Designed by Judy C. Colditz, OT/L, CHT, FAOTA who helped design the innovative Push® MetaGrip®
- Confirmed through designer's personal experience with scapholunate instability
- Field Test Results of patients with variety of diagnoses:
  - 80%+ experienced pain relief 0
  - 80%+ would recommend the WriStable 0
  - 75% wanted to continue wearing the brace



### Our mission is to help people get back to doing what they love.

#### We are committed to:

- **Restoring Function:** We want everyone to live life to its fullest doing what they love, pain/discomfort free. We offer alternatives to bulky and movement-restricting solutions, designed to enhance recovery, safety, and lifestyle.
- Delivering Clinical Education: We are devoted to clinical education/research to advance hand therapy practice and to offer a wealth of free educational resources in our Clinicians Classroom.
- Supporting Positive Outcomes: We promise to uphold our mission to provide outstanding and reliable products, clinical information, and unsurpassed service that delivers premium value to our customers.



## Ordering with BraceLab

- Order online at BraceLab.com or via phone at 888-235-8221
- Call us to establish a purchase order/billing account

#### To help your patients order directly:

- Download the Patient Information Sheet on the WriStable product page
- Help patients determine the correct size
- Show patients how to apply the brace correctly



SIZING: RIGHT or LEFT Measure around the wrist where the wrist and palm meet

SIZE	INCHES	CENTIMETERS	nΛn	Application Instructions
1 (X-SM)	4 - 5	10 - 12.7		
2 (SM)	5 - 6	12.7 - 15.2		
3 (MED)	6 - 7	15.2 - 17.8		
4 (LG)	7 -8	17.8 - 20.5		

