



NYU Collaborative 2026 Sports Medicine Board Review Course

June 5, 2026

9:45 am	VIRTUAL ROOM OPENS	2:15 pm	SPORTS PHARMACOLOGY Lauren K. Poindexter, MD
10:00 am	WELCOME & INTRODUCTION Course Directors	2:45 pm	SUPPLEMENTS AND DOPING Lauren K. Poindexter, MD
10:05 am	ROLE OF THE TEAM PHYSICIAN & MEDICOLEGAL ISSUES IN SPORTS MEDICINE Dennis A. Cardone, DO Abbey J. Santanello, DO, MS	3:15 pm	QUESTION AND ANSWER
10:30 am	PRE-PARTICIPATION PHYSICAL EVALUATIONS Melody Hrubes, MD	3:30 pm	THE MASTER AND THE PREGNANT ATHLETES Lauren E. Borowski, MD
11:00 am	QUESTION AND ANSWER	4:15 pm	SPORTS BIOMECHANICS Tracy Espiritu McKay, DO, FAAPMR, CAQSM
11:15 am	SPORTS CONCUSSION INJURIES Steven R. Flanagan, MD	4:45 pm	QUESTION AND ANSWER
11:45 am	PERIPHERAL NERVE INJURIES Salvador E. Portugal, DO, MBA	5:00 pm	MUSCULOSKELETAL: SPINE Chirag D. Shah, MD Martin Pico, MD
12:15 pm	QUESTION AND ANSWER	5:45 pm	ADAPTIVE SPORTS Cecilia Cordova Vallejos, MD Jina Libby, DO
12:30 pm	SPORTS PSYCHOLOGY/ DISORDERED EATING Elizabeth Barchi, MD	6:15 pm	QUESTION & ANSWER
1:00 pm	SPORTS NUTRITION/RELATIVE ENERGY DEFICIENCY IN SPORT (RED-S) Ziva Petrin, MD	6:30 pm	ADJOURN
1:30 pm	QUESTION AND ANSWER		
1:45 pm	LUNCH BREAK		



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June 6, 2026

9:45 am	VIRTUAL ROOM OPENS
10:00 am	SPORTS INFECTIOUS DISEASE & DERMATOLOGY Maria Janakos, MD
10:45 am	SPORTS RHEUMATOLOGY Julia L. Iafrate, DO Harshil Matta, DO
11:15 am	QUESTION AND ANSWER
11:30 am	SPORTS GASTROENTEROLOGY AND GENITOURINARY Magdalena Robak Scheer, MD MHPE
12:00pm	SPORTS HEAD, EYES, EARS, NOSE, THROAT (HEENT) Amie Kim, MD
12:30 pm	QUESTION AND ANSWER
12:45 pm	EXERCISE PHYSIOLOGY Richard G. Chang, MD, MPH
1:15 pm	SPORTS ENDOCRINOLOGY Natasha N. Desai, MD Eric Kessler, MD, RMSK
1:45 pm	QUESTION AND ANSWER
2:00 pm	LUNCH BREAK
2:45 pm	MUSCULOSKELETAL: WRIST AND HAND Caroline Lee, MD
3:45 pm	QUESTION AND ANSWER
4:00 pm	MUSCULOSKELETAL: ELBOW AND FOREARM Russell F. Camhi, DO, ATC Joseph Michalisin, MD
4:45 pm	QUESTION AND ANSWER
5:00 pm	MUSCULOSKELETAL: SHOULDER Clifford D. Stark, DO
6:00 pm	QUESTION & ANSWER
6:15 pm	ADJOURN

June 7, 2026

9:45 am	VIRTUAL ROOM OPENS
10:00 am	MASS EVENT PLANNING AND ENVIRONMENTAL ILLNESS Surein Theivakumar, DO Haruki Ishii, MD
10:30 am	SPORTS CARDIOLOGY
11:00 am	QUESTION AND ANSWER
11:15 am	SPORTS PULMONOLOGY Patrick Cleary, DO
11:45 am	SPORTS HEMATOLOGY Bret Jacobs, DO
12:15 pm	QUESTION AND ANSWER
12:30 pm	MUSCULOSKELETAL: PEDIATRICS Anter Gonzales, MD
1:30 pm	QUESTION AND ANSWER
1:45 pm	LUNCH BREAK
2:30 pm	MUSCULOSKELETAL: ANKLE AND FOOT Vandana Sood, MD
3:00 pm	SPORTS ULTRASOUND Wayne Stokes, MD
3:30 pm	QUESTION AND ANSWER
3:45 pm	MUSCULOSKELETAL: KNEE Shane Drakes, MD Derek Ho, DO
4:45 pm	QUESTION AND ANSWER
5:00 pm	MUSCULOSKELETAL: PELVIS AND HIP Jonathan S. Kirschner, MD
6:00 pm	QUESTION & ANSWER
6:15 pm	CLOSING REMARKS Course Directors