



**THIS RECIPE
MEETS:**



**2 OZ. EQ.
GRAIN**



**1 OZ. EQ.
MEAT/MEAT ALTERNATE**



Luck of the Irish Breakfast

SERVING SIZE: 1 UNIT | YIELDS: 25 UNITS | HAACCP PROCESS: #2 SAME DAY SERVICE

INGREDIENTS

EGGO BITES® MINI PANCAKES, CONFETTI (OR ANY OTHER FLAVOR) #38000-18574

25 POUCHES

MORNINGSTAR FARMS® VEGGIE BREAKFAST SAUSAGE PATTIES #28989-97152

25 PATTIES

DIRECTIONS

- 1.** PREPARE MINI PANCAKES ACCORDING TO PREFERRED PREPARATION METHOD.
- 2.** PREHEAT OVEN TO 375°F.
- 3.** PLACE FROZEN PATTIES IN A SINGLE LAYER ON A BAKING SHEET AND BAKE FOR 11-12 MINUTES.
- 4.** PLACE 1 POUCH OF MINI PANCAKES AND 1 SAUSAGE PATTY IN PAPER BOAT OR CLAMSHELL.
- 5.** HOLD OUTSIDE OF TEMPERATURE DANGER ZONE UNTIL SERVICE.
- 6.** SERVE WITH 1/2 CUP OF FRUIT AND MILK FOR COMPLETE MEAL.



Eggo® Mini Pancake Bites: Confetti

#38000-18574

3.03 oz. / 72 ct.

Product & Case Images



Product Features

Made with pantry-perfect ingredients and fun rainbow sprinkles, these bite-size pancakes are easy to heat, eat, and enjoy. Packaged as 72, 3.03oz pouches; Easy to heat and eat, these tasty pancakes are made with whole wheat; 32g of whole grain; A good source of fiber (contains 7g total far per serving); Colors and flavors from natural sources; No high fructose corn syrup.

Case Specifications

GTIN # 00038000185748

Case Ct. 3.03 oz. / 72 ct.

Case Dimensions 19.31"L x 11.81"W x 11.12"H

Case Cube 1.47 CF

Case Gross Wt. 16.73 LB.

Case Net Wt. 13.63 LB.

Cases/Pallet 56

Pallet Configuration 8x7 (82.26 CF)

Shelf Life 455 Days

Preparation Instructions

Thaw & Serve: Remove pouches from case and place in a single layer on sheet pan or tray. Thaw at room temperature for 60 minutes; serve within 1 hour of thawed state. **Convection Oven:** 1. Preheat oven to 350°F. 2. Place frozen pouches, picture side up, in a single layer on baking sheet. Heat for 9-10 minutes. **Conventional Oven:** 1. Preheat oven to 350°F. 2. Place frozen pouches, picture side up, in a single layer on baking sheet. Heat for 14-15 minutes. *Do not exceed 350°F. Do not allow pouches to contact any interior oven surfaces. Bake times will vary by oven load and type. **Microwave:** 1. Place 1 frozen pouch, picture side up, on a microwave-safe dish. 2. Heat on HIGH for 45 seconds.

Food Image



2

Oz. Grain Equivalency



Buy American Compliant



CACFP Compliant



Smart Snacks Compliant (With Entree Exception)



No HFCS



Made with Colors & Flavors from Natural Sources



Kosher Status

Nutrition Facts

Serving Size 1 Pouch (86g)
Servings Per Container: 1

Amount Per Serving

Calories 220

	% Daily Value*
Total Fat 7 g	9%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 300 mg	13%
Potassium 140 mg	2%
Total Carbohydrate 36 g	13%
Dietary Fiber 4 g	13%
Sugars 11 g	
Protein 4 g	

Vitamin A 20 %	Vitamin C
Calcium 60 mg	Iron 3.6 mg
Phosphorous 20 %	Vitamin B ⁶ 10 %
Vitamin B ¹² 10 %	Vitamin D 0 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbs.	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Whole wheat flour, water, sugar, vegetable oil (soybean and/or canola), buttermilk, eggs, contains 2% or less of leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), dextrose, wheat starch, fructose, salt, natural flavor, modified corn starch, cornstarch, paprika extract (color), spirulina extract (color), beet powder (color), sweet potato (color), soy lecithin. Vitamins and Minerals: Vitamin A palmitate, reduced iron, vitamin B6 (pyridoxine hydrochloride), vitamin B12.

Allergen Information

EGGS OR EGG DERIVATIVES, MILK OR MILK DERIVATIVES, SOYBEANS OR SOYBEAN DERIVATIVES, WHEAT OR WHEAT DERIVATIVES.





Veggie Breakfast Sausage Patties

(CN Labeled)

#28989-97152

1.34 oz. / 112 ct.

Product & Case Images



Product Features

A delicious meat free addition to any breakfast, Morningstar Farms Sausage Patties are plant based; Seasoned with an aromatic blend of herbs and spices; 100 percent vegetarian, enjoy with breakfast scrambles, waffles, pancakes, biscuits and more. Bulk packed in a 112 count case, Morningstar Farms Sausage Patties are a good source of protein (9 grams per serving); Serve with a breakfast scramble, a stack of pancakes, or biscuits with veggie gravy.

1

Oz. Meat Alternative



Buy American Compliant



CACFP Compliant



Smart Snacks Compliant (With Entree Exception)



Vegetarian



Kosher Status

Case Specifications

GTIN # 00028989971524

Case Ct. 1.34oz./112ct.

Case Dimensions 12.9"L x 8.7"W x 7.2"H

Case Cube 0.47 CF

Case Gross Wt. 9.9 lb.

Case Net Wt. 9.3 lb.

Cases/Pallet 96

Pallet Configuration 16x6 (44.93 CF)

Shelf Life 548 Days

Preparation Instructions

Keep frozen until ready to use; Heat to a minimum internal temperature of 165 degrees Fahrenheit.

CN Label

Nutrition Facts

Serving Size 1 Patty (38g)

Amount Per Serving
Calories 70

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Monounsaturat Fat 0.5g	
Polyunsaturat Fat 1.5g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Potassium 140mg	2%
Total Carbohydrate 4g	1%
Dietary Fiber <1g	3%
Sugars <1g	
Protein 9g	11%
Vitamin A	Vitamin C
Calcium 20mg	Iron 1.6mg
Niacin 30%	Riboflavin 8%
Thiamin 35%	Vitamin B6 15%
Vitamin B12 120%	

*Percent Daily Values are based on a 2,000 calorie diet. your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbs.		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Water, wheat gluten, soy flour, egg whites, corn oil, soy protein concentrate, sodium caseinate, modified tapioca starch, contains 2% or less of soybean oil, soy protein isolate, lactose, autolyzed yeast extract, spices, methylcellulose, natural and artificial flavors, sodium tripolyphosphate, salt, hydrolyzed wheat protein, disodium inosinate, caramel color, whey, hydrolyzed soy protein, hydrolyzed corn gluten, potassium chloride, disodium guanylate, dipotassium phosphate, onion powder, tetrasodium pyrophosphate, sodium hexametaphosphate, succinic acid, dried yeast, monosodium phosphate, lactic acid. Vitamins and minerals: niacinamide, iron (ferrous sulfate), vitamin B1 (thiamin mononitrate), vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B12.

Allergen Information

EGGS OR EGG DERIVATIVES, MILK OR MILK DERIVATIVES, SOYBEANS OR SOYBEAN DERIVATIVES, WHEAT OR WHEAT DERIVATIVES.





**THIS RECIPE
MEETS:**



**2 OZ. EQ.
GRAIN**



**1/2 CUP
FRUIT**



BYO Mini Pancake Kabobs

SERVING SIZE: 1 UNIT | YIELDS: 25 UNITS | HAACCP PROCESS: #2 SAME DAY SERVICE

INGREDIENTS

INGREDIENTS	WEIGHT
EGGO BITES® MINI PANCAKES, MAPLE FLAVORED (OR ANY OTHER FLAVOR) #38000-92562	25 POUCHES
GREEN GRAPES, SEEDLESS, WASHED	5 LBS.
STRAWBERRIES, FRESH, CAPPED, WASHED	6 LBS. + 6 OZ.
BLUNT END SKEWERS OR WOODEN COFFEE STIRRERS	100

DIRECTIONS

1. PREPARE MINI PANCAKES ACCORDING TO PREFERRED PREPARATION METHOD.
2. WASH FRUIT AND PLACE 1/2 CUP OF STRAWBERRIES AND 1/2 CUP OF GRAPES INTO PAPER BOAT OR PREFERRED SERVING CONTAINER
3. PLACE 1 POUCH OF MINI PANCAKES AND 4 SKEWERS IN CONTAINER.
4. HOLD OUTSIDE OF TEMPERATURE DANGER ZONE UNTIL SERVICE.



Mini Pancake Bites: Maple Flavored

#38000-92562

3.03 oz. / 72 ct.

Product & Case Images



Product Features

Individually wrapped whole grain-rich (32g whole grain per serving) mini pancakes with maple flavor in ovenable packaging; Made with colors and flavors from natural sources and no high fructose corn syrup; 2oz Grain Equivalent.

Case Specifications

GTIN # 00038000925627

Case Ct. 3.03 oz. / 72 ct.

Case Dimensions 19.31"L x 11.81"W x 11.12"H

Case Cube 1.47 CF

Case Gross Wt. 16.73 LB.

Case Net Wt. 13.63 LB.

Cases/Pallet 56

Pallet Configuration 8x7 (82.26 CF)

Shelf Life 455 Days

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Food Image



2

Oz. Grain Equivalency



Buy American Compliant



CACFP Compliant

SS

Smart Snacks Compliant (With Etree Exception)



No HFCS



Made with Colors & Flavors from Natural Sources

OU-D

Kosher Status

Nutrition Facts

Serving Size 1 Pouch (86g)
Servings Per Container: 1

Amount Per Serving

Calories 210

	% Daily Value*
Total Fat 6 g	8%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 320 mg	14%
Potassium 140 mg	2%
Total Carbohydrate 35 g	13%
Dietary Fiber 4 g	13%
Sugars 11 g	
Protein 4 g	

Vitamin A 20 %	Vitamin C
Calcium 60 mg	Iron 3.6 mg
Phosphorous 20 %	Vitamin B ⁶ 10 %
Vitamin B ¹² 10 %	Vitamin D 0 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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Potassium	3,500mg	3,500mg
Total Carbs.	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients

Whole wheat flour, water, sugar, vegetable oil (soybean and/or canola, palm), buttermilk, eggs, contains 2% or less of leavening (baking soda, sodium aluminum phosphate, mono-calcium phosphate), natural flavors, fructose, salt, milled corn, cornstarch, yellow corn flour, soy lecithin, corn syrup solids, cocoa (processed with alkali). Vitamins and Minerals: Vitamin A palmitate, reduced iron, vitamin B6 (pyridoxine hydrochloride), vitamin B12.

Allergen Information

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