Registered Dietitian Examination Content Outline
January 1, 2022 – December 31, 2026

The Registration Examination for Dietitians is designed to evaluate a dietitian's ability to perform at the entry-level. The examination content domains and topics are outlined below.

I. Principles of Dietetics **21%**

- A. Food, Nutrition and Supporting Sciences
- B. Education, Communication and Technology
- C. Research Applications

II. Nutrition Care for Individuals and Groups **45%**

- A. Screening and Assessment
- B. Diagnosis
- C. Planning and Intervention
- D. Monitoring and Evaluation

III. Management of Food and Nutrition Programs and Services **21%**

- A. Functions of Management
- B. Human Resource Management
- C. Financial Management
- D. Marketing and Public Relations
- E. Quality Management and Regulatory Compliance

IV. Foodservice Systems **13%**

- A. Menu Development
- B. Procurement, Production, Distribution, and Service
- C. Sanitation and Safety
- D. Equipment and Facility Planning

Approved by CDR September 14, 2020

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