The RecoveryOhio Initiative

Faced with the aftermath of the opioid epidemic and reality of a mental health crisis, Governor Mike DeWine established the RecoveryOhio initiative; a comprehensive program to identify key factors in substance use and mental illness, implement effective strategies and track the efforts' results over time. Ohio's resilience has encouraged and inspired state and local agencies, organizations, and communities to fight for a brighter future.

Did you know?

- An estimated 13 Ohioans die each day from unintentional drug overdoses¹.
- Every day, five Ohioans die by suicide².
- More than 25 percent of adults with a serious mental health issue also have a substance use problem³.



Collaborating State Agencies

Ohio Bureau of Workers' Compensation Ohio Department of Administration Services Ohio Department of Commerce Ohio Department of Developmental Disabilities Ohio Department of Health Ohio Department of Medicaid

Ohio Department of Mental Health and Addiction Services Ohio Department of Public Safety Ohio Department of Rehabilitation & Correction

Ohio Governor's Office of Workforce Transformation

Ohio Office of Budget and Management

Strategies and Milestones

Preliminary Stages

On his very first day in office, Governor DeWine signed Executive Order 2019-01D establishing the RecoveryOhio initiative. Just days later, he announced the formation of the RecoveryOhio Advisory Council comprised of members from varying industries and professions. On March 14, 2019, the advisory council released an initial report outlining Ohio's challenges in addressing substance use disorder. Its 75 actionable recommendations were based on the following priorities:

1. Stigma and Education

Reducing the negative attitudes toward those struggling with mental health or recovery from a substance use disorder **2.** Parity

Establishing true parity for insurance coverage of behavioral health claims

Accomplishments



THE SUICIDE PREVENTION PLAN

OHIO'S VOICE FOR SUICIDE PREVENTION

April 4, 2019 – Announced the formation of a RecoveryOhio Minority Health Working Group to make recommendations on reducing overdose deaths among minority populations (Ohio Drug Overdoes Date: Demographic Summary).



April 19, 2019 – Announced Ohio's participation in a new \$65.9 million study, HEALing Communities, designed to reduce the overdose death rate by 40 percent over three years. The study is funded through a partnership initiative by the National Institute on Drug Abuse and the Substance Abuse and Mental Health Services Administration. State and local agencies will partner with universities to test proven prevention and treatment interventions.

- **September 27, 2019** Partnered with the Ohio Children's Association to hold the first pediatric mental health summit in Dayton, OH. In 2019, Dayton experienced both catastrophic tornado damage and a tragic shooting in the Oregon District, events which may cause traumatization, especially for children.
- February 28, 2020 Partnered with the Ohio Department of Mental Health and Addiction Services and leadership from the Ohio Suicide Prevention Foundation introduced the first collaborative Suicide Prevention Plan for Ohio.

RecoveryOhio Resources

3. Workforce Development

Increasing and expanding the number of well-trained behavioral health professionals in Ohio

4. Prevention

Reducing risk factors that lead to or increase the likelihood of poor mental health or substance use disorders

5. Harm Reduction

Strategizing how to decrease adverse consequences of addictive behaviors, mental illness or other health concerns 6. Treatment and Recovery Supports Addressing the ongoing needs of all Ohioans and providing support in their communities

7. Specialty Populations

Dedicating resources to address the unique needs of individuals in the criminal justice system and youths 8. Data Measurement and System Linkage Developing tools to measure outcomes and create multisystem connections for a behavioral health delivery system



Mental Health



Crisis Text Line By texting "4hope" to 741741, anyone struggling with addiction or mental health can be immediately connected to a trained crisis counselor for free.



Suicide Prevention Lifeline The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.



OMHAS Search Tool

Ohioans can locate mental health providers using the Ohio Department of Mental Health and Addiction Services (OMHAS) search tool.

Addiction Services



Maternal Opiate Medical Support (M.O.M.S.)

Ohio has collaborated with stakeholders and health professionals to help opioid-dependent pregnant mothers achieve healthy outcomes for mothers and their babies throughout and after the

Effects of COVID-19

In response to the COVID emergency, the Ohio Department of Mental Health and Addiction Services and Ohio Department of Medicaid issued emergency rules to expand telehealth for behavioral health services.





Ohio Department of Health Overdose Dashboard This interactive dashboard offers timely information about emergency department visits for suspected overdoses across the state from July 2016 through March 2020

Substance Abuse and Mental Health

Services Administration Ohioans can locate addiction service providers

at FindTreatment.gov.

¹ RecoveryOhio. Welcome. <u>https://recoveryohio.gov/wps/portal/gov/recovery/about</u>

² Ohio Department of Health. <u>https://odh.ohio.gov/wps/portal/gov/odh/media-center/odh-news-releases/ohio-suicide-demographics-trends-report</u>

³ MentalHealth.gov. Mental Health and Substance Use Disorders. https://www.mentalhealth.gov/what-to-look-for/mental-health-substance-use-disorders