

EXPLORING **JAK INHIBITORS** FOR  
INFLAMMATORY SKIN DISORDERS:  
IMPROVING OUTCOMES FOR  
**ALOPECIA AREATA**



# Exploring JAK Inhibitors for Inflammatory Skin Disorders: Improving Outcomes for Alopecia Areata

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**This program is jointly provided by AKH Inc., Advancing Knowledge in Healthcare and Catalyst Medical Education, LLC.**

### **ACTIVITY OVERVIEW**

Alopecia areata (AA) is a form of nonscarring hair loss. While not life-threatening or painful, its cosmetic manifestations have profound negative influence on patients' psychological status and relationships. There are no specific systemic therapies approved for AA, and the condition is currently managed with a variety of off-label options that provide variable efficacy and potential risky adverse effects. An improved understanding of disease etiology has led to the development of new therapies that target pathological pathways involved in AA, including the Janus kinase (JAK)/signal transducer and activator of transcription signaling pathway. This webinar will review the clinical manifestations and assessment of AA, along with clinical trial results with oral JAK inhibitors, which are showing promise. This program has been created for US dermatology allied healthcare professionals (HCPs) and will include several interactive case study discussions.

### **TARGET AUDIENCE**

This initiative is intended for US dermatology allied HCPs, including physician assistants, nurse practitioners, and nurses, as well as other allied HCPs who may be involved in the management of patients with AA.

### **COMMERCIAL SUPPORT**

This activity is supported by an educational grant from Pfizer, Inc.

# Learning Objectives

Upon completion of this activity, participants should be better able to:

- **Identify** the clinical manifestations, associated autoimmune disorders, and psychosocial burden of AA
- **Review** the epidemiology and risk factors associated with AA
- **Identify** immunologic pathways involved in the pathogenesis of AA
- **Explain** the mechanism of action of emerging systemic therapies for AA, focusing on JAK inhibition
- **Assess** the target specificity and benefits/risks of emerging JAK inhibitors and other drug classes for AA
- **Identify** clinical considerations for the potential use of emerging therapies specific to AA

# Agenda

- Introduction
- **Appreciating the Burden of AA**
- **Identifying Pathological Targets to Develop AA-Specific Therapy**
- **Benefits/Risks of Emerging Systemic Therapies for AA**
- Q&A

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### Nurses

1.5 ANCC contact hours.

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**Speaker** - Abbvie, Eli Lilly, Incyte, Pfizer Inc, Regeneron and Sanofi Genzyme

**Sharna Givans, DNP, APRN, FNP-BC**, has disclosed no financial relationships.

**Douglas DiRuggiero, DMSc, PA-C**, has disclosed no financial relationships.