

Orthopedic Manual Therapy: Essential Techniques to Improve Patient Outcomes

THE SPINE TRACK

(Craniofacial, Cervical, Thoracic, Lumbar, and Sacroiliac Joint)

Pre-Coursework Recordings (2.5 hours)

- Biopsychosocial Framework and Mechanisms of OMT, Hiroshi Kiyota, PT, DPT
- Screening for Non-MSK Conditions that May Necessitate Referral, Hiroshi Kiyota, PT, DPT
- Clinically Relevant Anatomy and Biomechanics, James Koo, PT, DPT
- An Expert's Interview: Using the Subjective History to Drive Clinical Reasoning and Examination, James Koo, PT, DPT

Agenda

Friday, May 15, 2026

		12:15 pm	Lunch (on your own)
8:00 am	Registration & Breakfast	1:15 pm	OMPT for the Thoracic Spine Hiroshi Kiyota, PT, DPT
8:30 am	Welcome & Introduction James Koo, PT, DPT	2:45 pm	Cervical Spine Screening Lab James Koo, PT, DPT
8:45 am	Lumbar-Hip Differentiation Hiroshi Kiyota, PT, DPT	3:45 pm	Break
9:30 am	OMPT for the Thoracolumbar & Lumbosacral Areas Hiroshi Kiyota, PT, DPT	4:00 pm	Round Robin of Techniques and Q&A Hiroshi Kiyota, PT, DPT James Koo, PT, DPT
10:30 am	Break	5:00 pm	Adjourn
10:45 am	OMPT for the Thoracolumbar and Lumbosacral Areas (Continued) Hiroshi Kiyota, PT, DPT		

Saturday, May 16, 2026

		2:45 pm	Break
8:00 am	Registration & Breakfast		
8:30 am	OMPT Examination and Clinical Reasoning for the Cervical Spine James Koo, PT, DPT	3:00 pm	Craniofacial Disorders Demystified Hiroshi Kiyota, PT, DPT
9:30 am	OMPT for the Cervical Spine James Koo, PT, DPT	4:00 pm	Round Robin of Techniques and Q&A Hiroshi Kiyota, PT, DPT James Koo, PT, DPT
10:30 am	Break	5:00 pm	Adjourn
10:45 am	Manipulative Techniques for the Mid and Lower Cervical Spine James Koo, PT, DPT		
12:15 pm	Lunch (on your own)		
1:15 pm	Manipulative Techniques for the Upper Cervical Spine James Koo, PT, DPT		