



44 Canal Center Plaza, Suite 301, Alexandria, VA 22314
Ph: 703.741.7686 • 800.548.0497 Fax: 703.741.7698 • 800.377.1136

Webinar References

Peer Recovery Support Series, Part 5: Peer Support via Telehealth Platforms

www.naadac.org/peer-support-via-telehealth

Thursday, June 29, 2023 @ 3:00 – 4:00 pm ET (2CT/1MT/12PT)

References:

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- 19/issue-brief/telehealth-has-played-an-outsized-role-meeting-mental-health-needs-during-the-covid-19-pandemic/
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 11. Prochaska, J. O. (2020). Transtheoretical model of behavior change. *Encyclopedia of behavioral medicine*, 2266-2270.
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 13. Warburton, D. E. R., & Bredin, S. S. D. (2019, November 21). Health benefits of physical activity: A strengths-based approach. MDPI. Retrieved July 17, 2022, from <https://www.mdpi.com/2077-0383/8/12/2044>