

## Emergency “GO-BAG” Supplies List

- Ace bandage(s) (various sizes)
- Adherent cohesive bandage(s)
- Alcohol wipes
- Aluminized rescue blanket (pack)
- Band-aids \*various sizes (Latex Free)
- Battery operated portable radio (with extra batteries)
- Biohazard bags
- Blood pressure cuffs (pediatric and adult size)
- Compression bandage(s) for first aid use
- CPR one-way resuscitation mask
- Disposable tweezers
- Emesis bags
- Emergency whistle
- Electronic pulse oximetry
- Eye irrigation solution (sterile eye wash)
- Eye pads
- Eye protection (goggles, face shield)
- Face masks (N-95 and regular face masks)
- First-aid tape \*various sizes (Latex Free)
- Flashlight (with extra batteries)
- Gauze (various sizes 4x4, 2x2, etc.)
- Glucose monitor with strips

## Emergency “GO-BAG” Supplies List cont’d.

- Hand sanitizer
- Hand soap
- Instant cool/heat packs
- Kleenex (travel size packets)
- Latex free gloves
- Moist towelettes
- Normal saline solution
- Pen(s)/Pencil(s) (for documentation)
- Pen light (with extra batteries)
- Re-sealable plastic bags
- Source for quick acting-glucose (i.e. glucose tablets, cake-make gel)
- Stethoscope
- Trauma shears (medical scissors)
- Tourniquet(s)
- Triage tags
- Triage forms for documentation (i.e. your school/district preferred form)
- Water (2 to 3 bottles)

### **Considerations:**

All items should be latex free.

Maintain and inspect all supplies at regular intervals to ensure items have not expired and/or need to be replaced.