

Digit Widget™ Range Of Motion Graph

Surgeon _____ Evaluator _____ Patient _____

Diagnosis _____ Surgery Date _____

EXTENSION	0											
	10											
	20											
	30											
	40											
	50											
	60											
	70											
	80											
	90											
	100											
	110											
DATE												
FLEXION	0											
	10											
	20											
	30											
	40											
	50											
	60											
	70											
	80											
	90											
	100											
	110											
BANDS												hours worn daily
												strength & quantity

Key to bands: purple = light, pink = medium, natural color = heavy

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