

WHAT IS A FORUM?

An EO Forum is a small, confidential group of entrepreneurs who meet regularly to share experiences and support each other's personal and professional growth. These forums provide a trusted space for entrepreneurs to discuss challenges, exchange ideas, and receive valuable feedback in a confidential, non-judgmental and non-competitive environment.

Forum is:

- A peer-to-peer group to support self-discovery
- A judgment-free, confidential, safe space to share stories and experiences
- Consistent membership of 6-10 EO Forum-trained members
- Regular meetings, led by a peer moderator
- Standard agenda, featuring 5% Reflections and Deep Dives

Forum is not:

- A fix-it group
- A social club
- A therapy group
- A networking group
- Seeking or giving advice
- Judgment or the right answer

Philosophy of Forum

- Forum is a confidential, safe space for authentic and meaningful conversations among entrepreneurial peers.
- Forum is a place for self-discovery and personal growth, where each member takes responsibility for finding value in every meeting.
- Members are inspired by one another through the sharing of challenges and successes.
- Collective wisdom is created as the group learns and grows together.

Pre-requisites to join a Forum.

Completion of the full-day Forum Training is a prerequisite for Forum placement. (Members must be fully present and attend the entire training session to qualify.)

How are members placed in Forum?

Members are placed in Forums by the Chapter Forum Chair, in consultation with Forum Moderators, the Membership Chair, and the Engagement Chair, either by assigning them to existing Forums or by forming new ones as needed.

What happens at a Forum meeting?

Each member shares reflections, expressing emotions and feelings about significant moments in their personal, family, and business life.

One member brings forward an opportunity, issue, or challenge that is impacting their life. In response, the group shares personal experiences in a safe, non-judgmental space, offering insights that help bring clarity and perspective.

During these conversations, members follow the principles of the Forum Mindset—speaking from personal experience rather than offering opinions or judgments. Forum provides an ideal environment for self-discovery, personal growth, and meaningful connection.

What is the time commitment to join a Forum?

The time commitment to join a Forum varies, but typically includes regular meetings, which can range between 4–6 hours each month and an annual retreat. Additionally, there may be periodic sessions and events. The specific time requirements may vary based on the Forum Constitution.

Benefits of Forum

- Self -Discovery
- Personal and Professional Growth
- Shared Experience and Collective Wisdom
- Peer learning
- Accountability and support
- Broader Global Perspective

ALL FORUMS MUST:

- ✓ Have Forum trained members
- ✓ Have a constitution
- ✓ Respect confidentiality and provide a safe environment
- ✓ Follow EO Forum Mindset
- ✓ Have regularly scheduled meetings with the same group of people
- ✓ Have access to all Forum trainings
- ✓ Be led by a trained Moderator
- ✓ Share 5% Reflections and Deep Dives
- ✓ Upgrade their software annually either by attending Forum Workshop or Forum Next Level once a year.

Forum Types

- **Local Chapter Forum** – Forums formed at the Chapter Level for chapter members.
- **Bridge Chapter Forum** – Forums formed at the regional level for Bridge Chapter members.
- **Experience Forum** – Forums formed at the EO Global level with members across chapters/regions. An Experience Forum is a forum that is focused on a specific topic, type of experience, interest, life phase, industry, EO tenure, passion, or any other specific focus.