

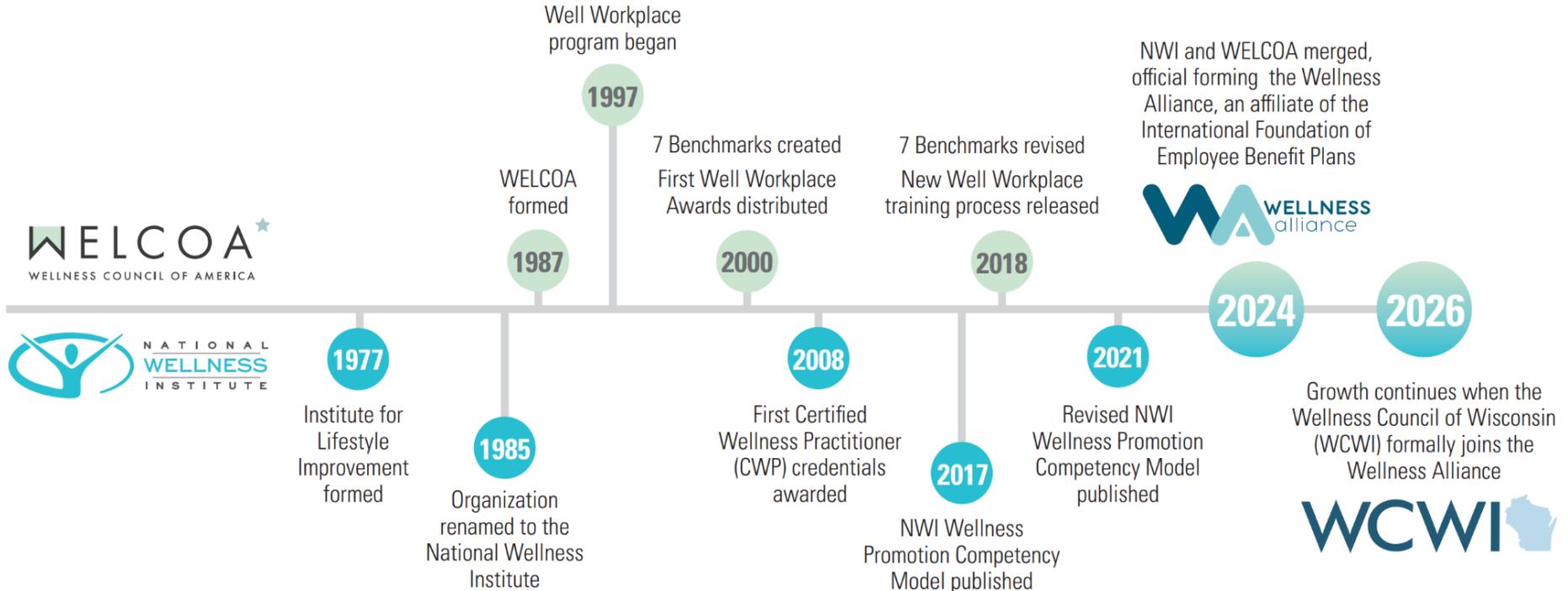
Welcome to the Wellness Alliance!

Ryan Picarella

Executive Director
Wellness Alliance



Our History



Wellness Alliance Products and Frameworks



Well Workplace
Checklist



Vision Statement

Together, we foster a world
where every person thrives.

Mission Statement

Advancing health and wellness for
individuals, workplaces and communities.

The Value of a Healthy Organization

FOR EMPLOYERS:

- Lower health care and disability costs
- Enhanced employee productivity
- Reduced employee absenteeism
- Decreased rates of illness and injuries
- Enhanced corporate image
- Improved employee morale
- Improved employee recruitment and retention
- Increased organizational commitment and creation of a culture of health

FOR EMPLOYEES:

- Increased well-being, self-image, and self-esteem
- Improved coping skills with stress or other factors affecting health
- Improved health status
- Lower costs for acute health issues
- Lower out of pocket costs for health care services (e.g., reduced premiums; deductibles; co-payments)
- Increased access to health promotion resources and social support
- Improved job satisfaction
- Safer and more supportive work environment

Wellness Alliance Homepage



Join Our Email List

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[cwp certification](#) ▾

[resources & tools](#) ▾

[service providers](#) ▾



Website Framework

membership ▾

education & events ▾

cwp certification ▾

resources & tools ▾

service providers ▾

WellnessAlliance.org

Member Benefits

Well Workplace Process

Well Balanced Monthly Health
Observances

Legal Helpdesk and Research
Service

Education Catalog and
Webinars

Certified Wellness Practitioner
(CWP)

Career Center

Resources Library

Models and Frameworks



Help **workplaces** foster a healthy environment with 7 Benchmarks.

<https://wellnessalliance.org/7benchmarks>



Define **what wellness is** with six dimensions.

<https://www.wellnessalliance.org/6dimensions>



Help **wellness professionals hone their skills and knowledge** with the Wellness Promotion Competency Model.

<https://www.wellnessalliance.org/competencies>

Well Workplace Process

1



Well Workplace
Checklist

EDUCATE

2



EVALUATE

3



Well Workplace
AWARD

CELEBRATE

<https://wellnessalliance.org/process>

CWP

Start Your CWP Journey Today!



<https://wellnessalliance.org/cwp>



Education Opportunities

36th Annual
ART & SCIENCE
of Health Promotion Conference
<https://wellnessalliance.org/healthpromotion>

ANNUAL
wellness
SUMMIT
<https://wellnessalliance.org/summit>

View the full educational catalog at <https://wellnessalliance.org/education>