



# Value-Based Care: *Preparing for the Transition*

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# Introductions



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Family Physician

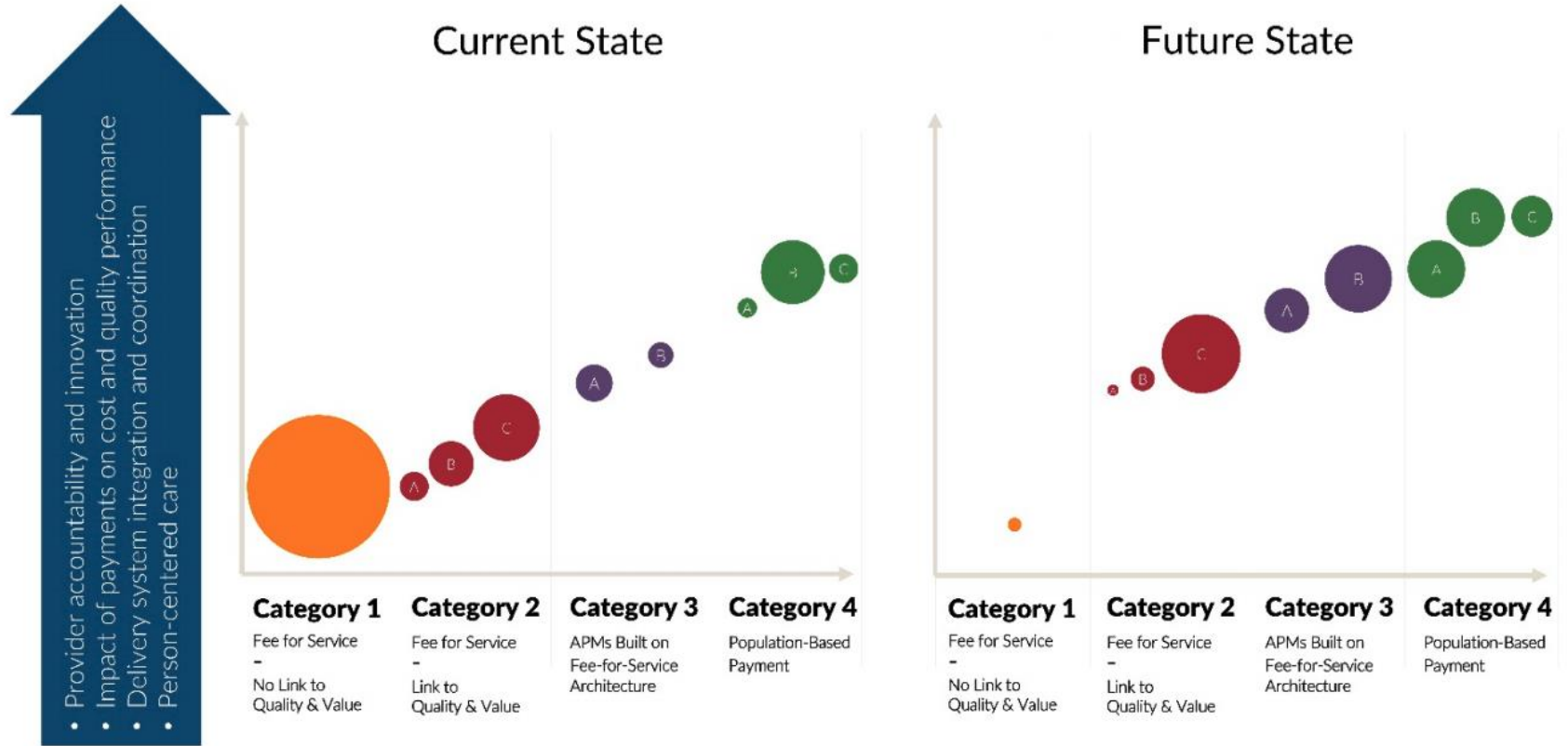


# An Overview of the Value-Based Care Payment Models

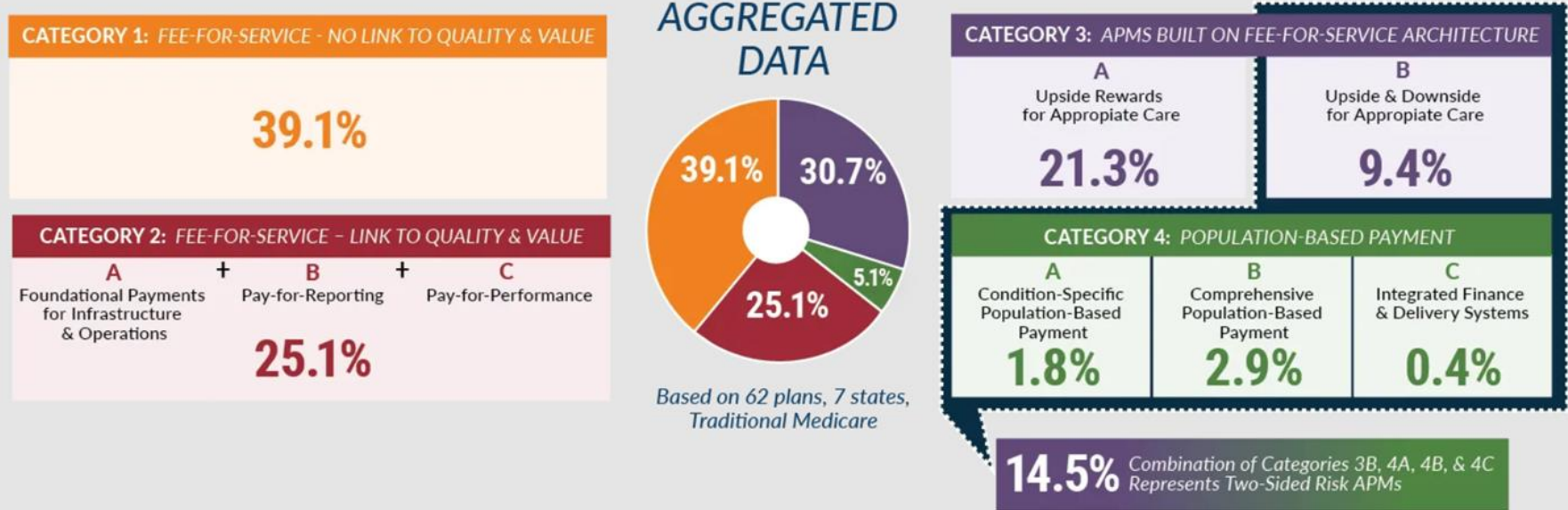
There are four categories of value-based payment. Which one are you in?

1	Fee-for-service with no link to quality and value	
2	Fee-for-service linked to quality and value	<ul style="list-style-type: none"><li>• Pay for infrastructure and operations</li><li>• Pay-for-reporting</li><li>• Pay-for-performance</li><li>• Performance rewards and penalties</li></ul>
3	Alternative payment built on FFS architecture	<ul style="list-style-type: none"><li>• Alternative Payment Models (APMs) with upside gainsharing</li><li>• APM with upside gainsharing and downside risk</li></ul>
4	Population-based payment	<ul style="list-style-type: none"><li>• Condition-specific population-based payment</li><li>• Comprehensive population-based payment</li></ul>

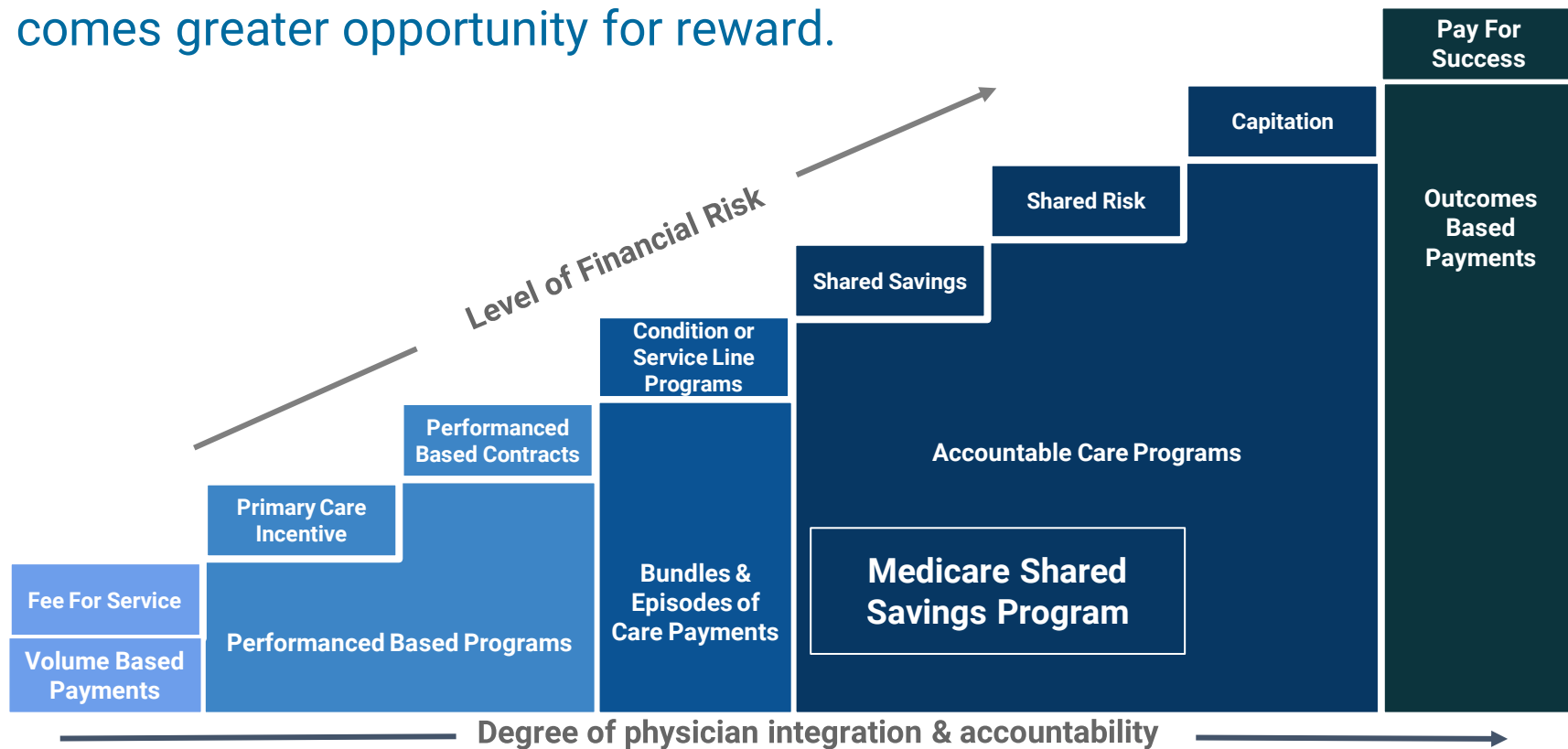
# CMS has established clear payment reform goals for practices like yours.



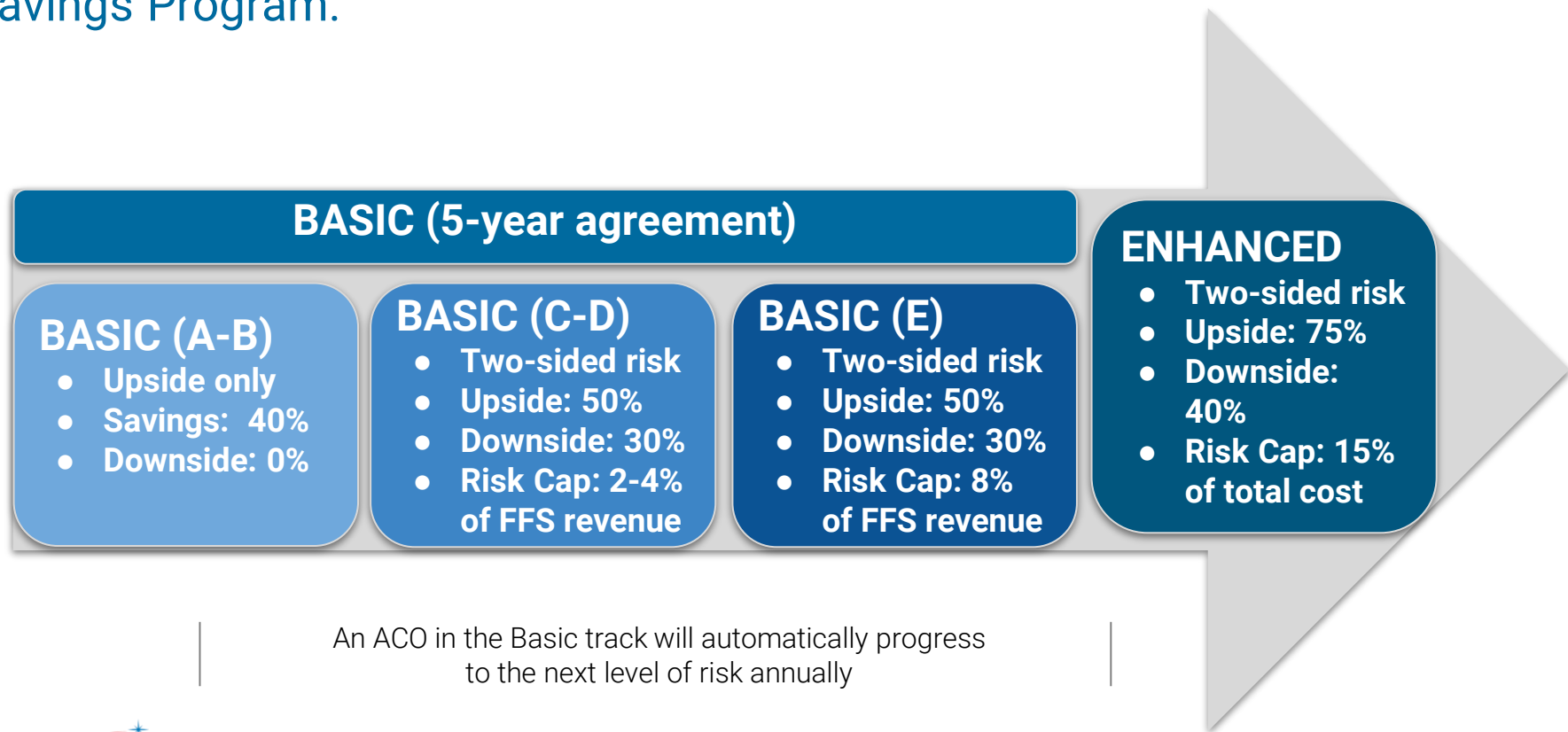
# Alternative Payment Models (APMs) are becoming the norm in the U.S.



Value-based care comes in many forms, and with greater risk, comes greater opportunity for reward.



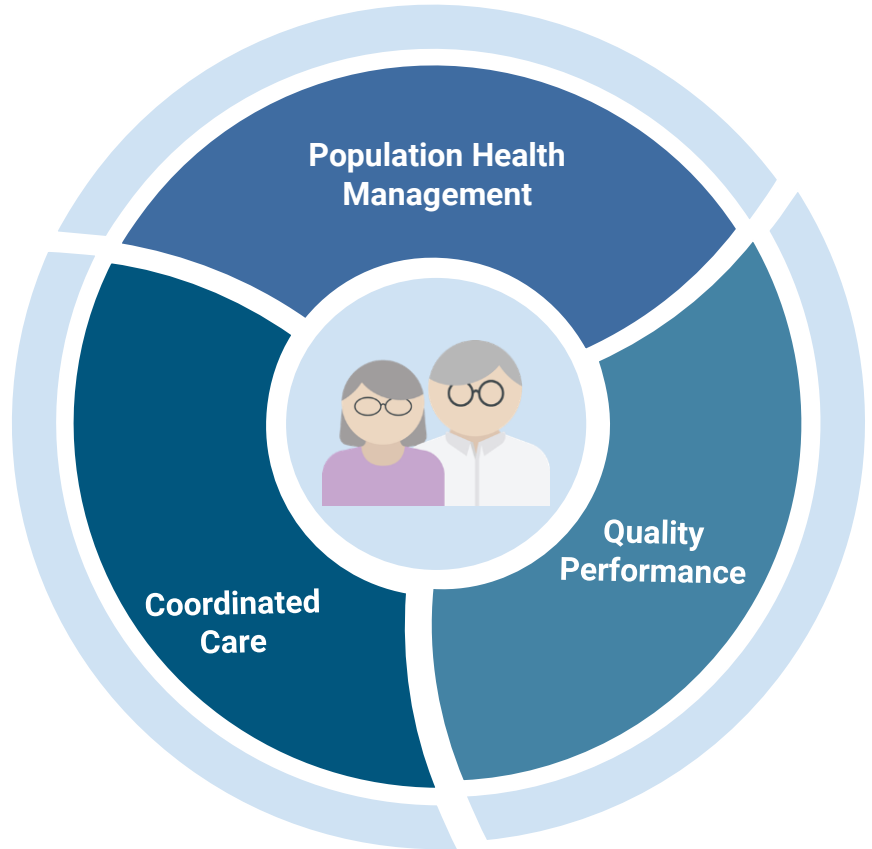
# The greater the risk, the greater the reward in the Medicare Shared Savings Program.



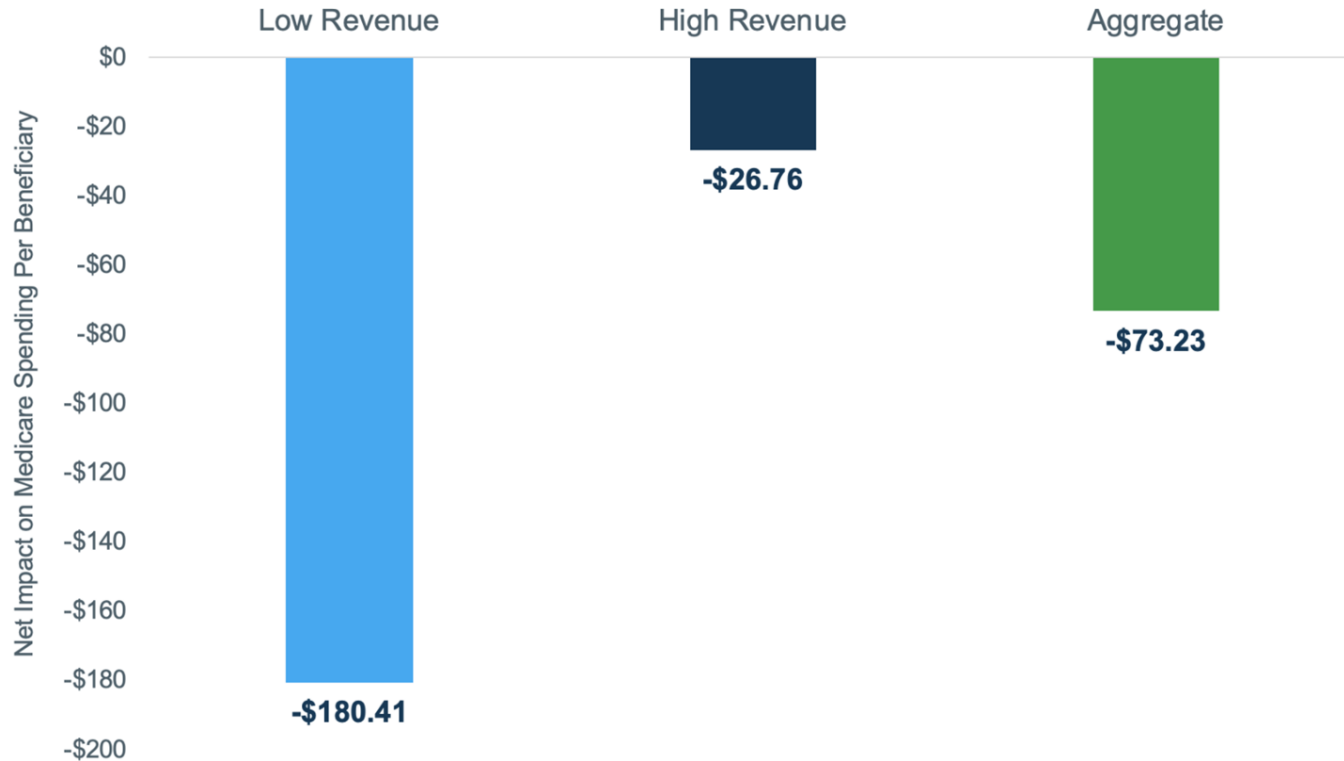


# ACOs improve care and outcomes while lowering costs.

- Focus on **preventive medicine**
- Patients get the **right care** at the **right time** in the **right place**
- Prevents **duplicative care** and/or unnecessary care



## Physician-led ACOs dramatically outperform hospital-led ACOs.



CPC+, in combination with MSSP, has a more powerful impact on influencing the cost and quality of patient care.

## An Overview of CPC+

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- Provides practices **upfront revenue to provide comprehensive care** that may not be billable under traditional fee-for-service
- **3 types of payments:** prospectively paid care management fees (CMF), prospectively paid performance-based incentive payments (PBIP) that are retrospectively reconciled, and prospectively paid comprehensive primary care payment (CPCP)
- CPC+ is a **five-year multi-payer program**. Round 1 began January 2017 and the most recent measurement period began in January 2019
- **Practices can be in CPC+ and an ACO**
  - CPC+ Track 1 and Track 2 practices are allowed to participate in both CPC+ and an MSSP ACO

# Advanced Alternative Payment Models (AAPMs): Primary Care First

## Category 4 - MSSP Complement

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**Primary Care First is a voluntary model focused on increasing patient access to advanced primary care services with the goals of improving quality, improving patient experience, and reducing costs.**

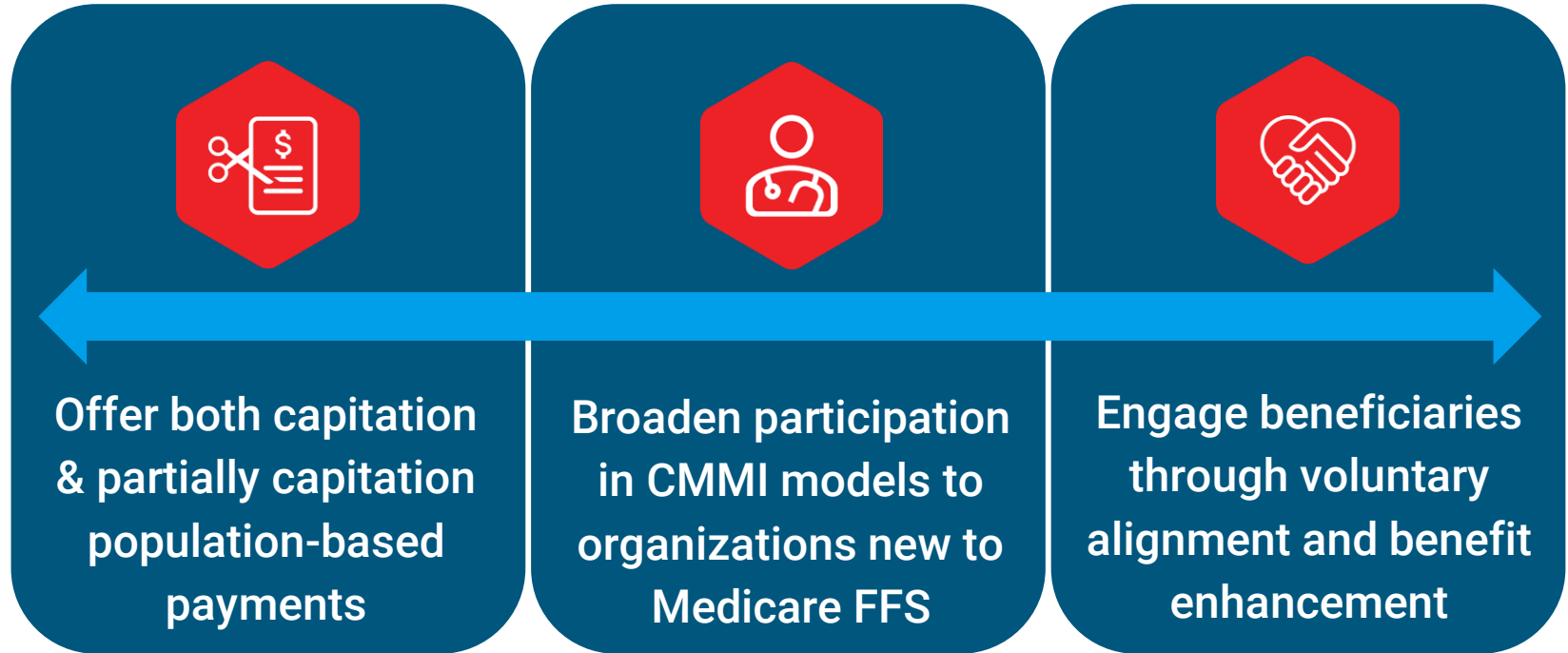
**Participation:** Designed for advanced primary care practices

**Tracks:** General and Seriously Ill Population (SIP)

- PCF-SIP participants need to have, or partner with a provider that has hospice and/or palliative care capabilities
- CMMI has placed the SIP component on hold and is not accepting new applications for the second cohort

**Performance Period:** January 2021 – December 2025; January 2022 for current CPC+ and non CPC+ practices who apply for a 2022 start (Cohort 2)

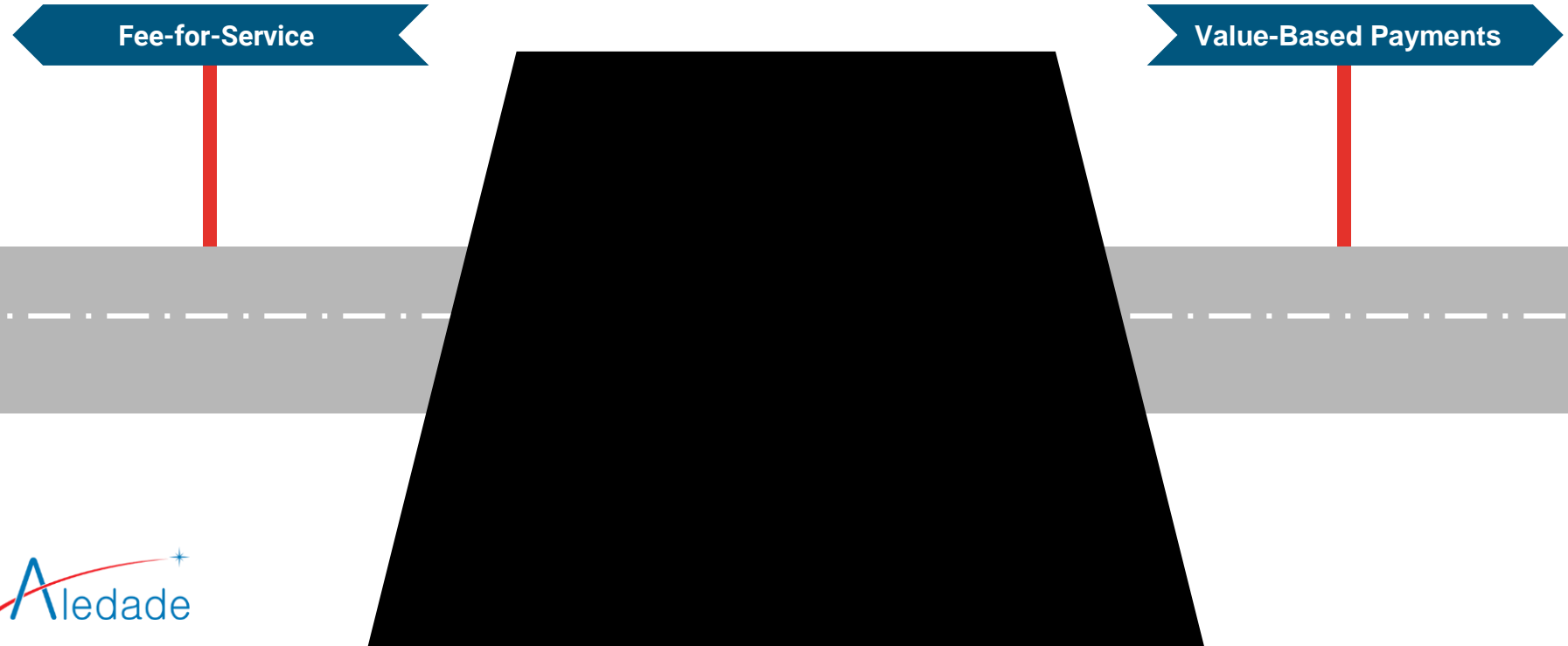
Direct Contracting is a complex attempt at delivery system reform.



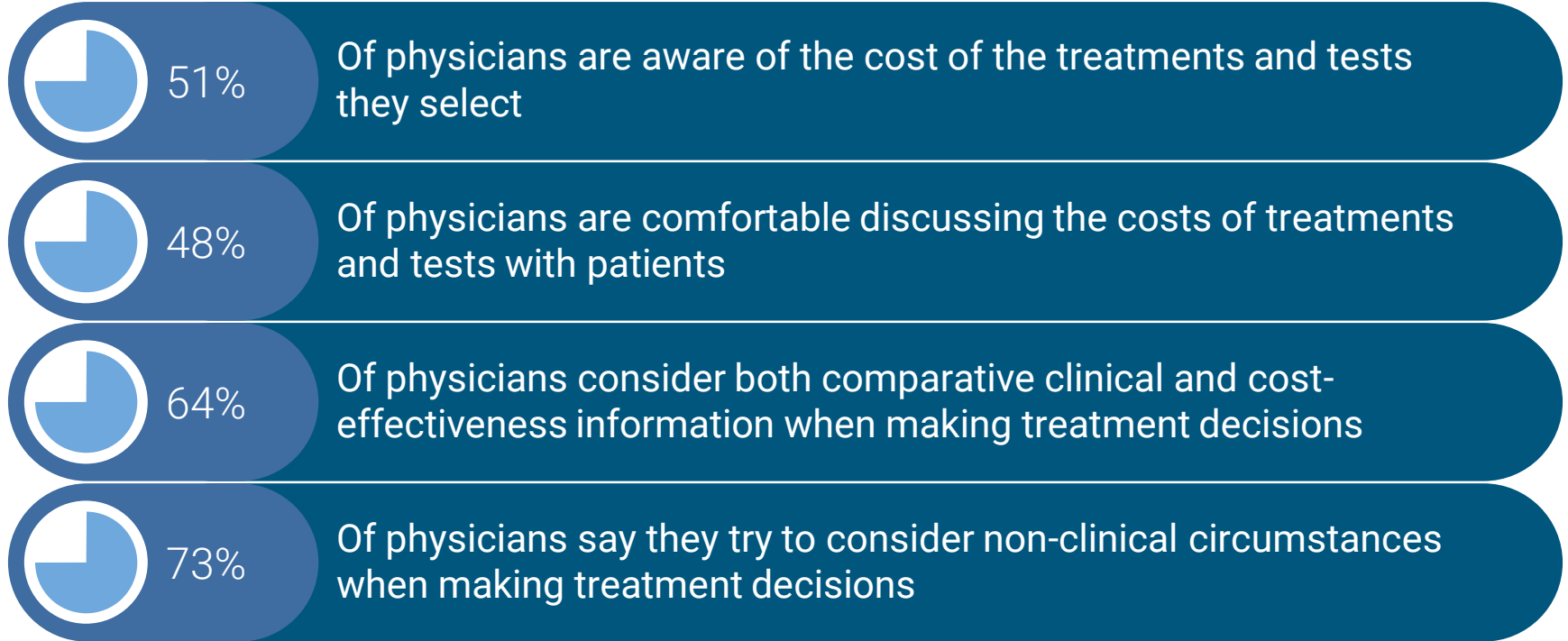


# Navigating the Gap Between Fee-For-Service and Value- Based Payment

Physicians are increasingly falling into the gap between fee-for-service revenues and value-based payments.

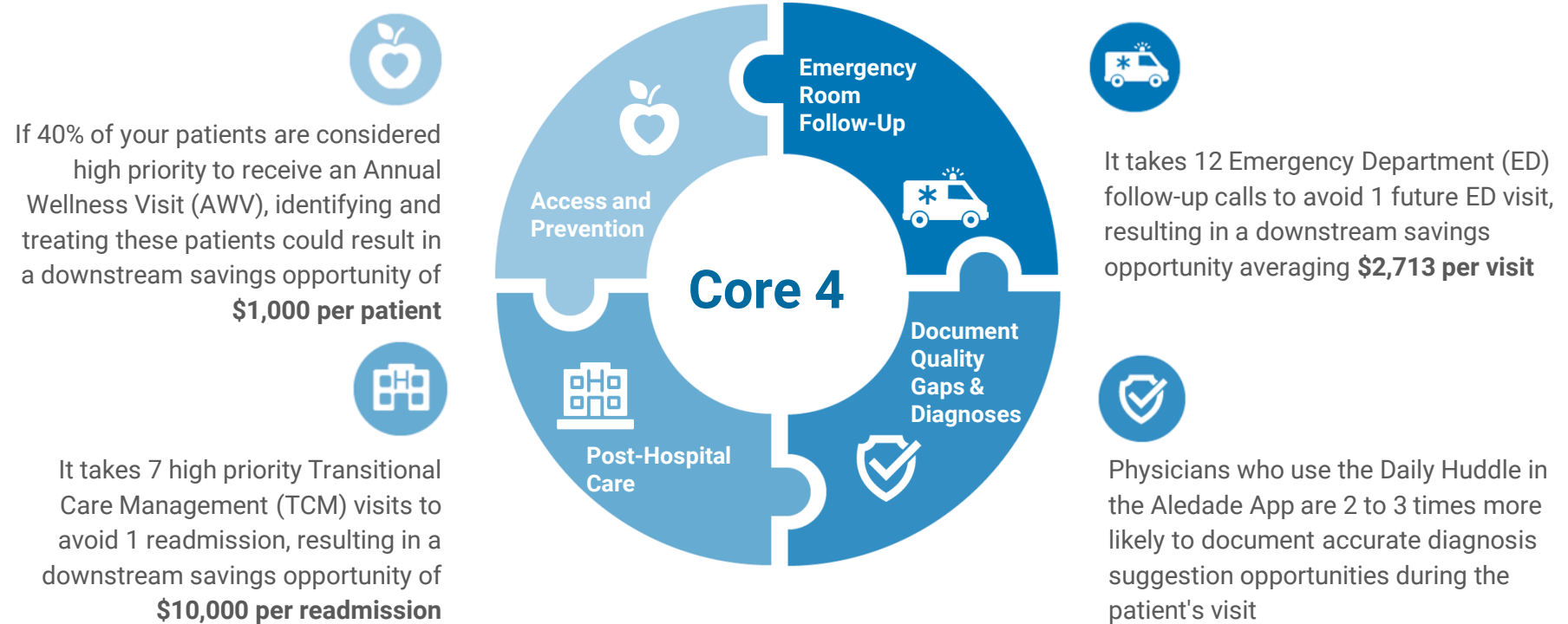


## Physicians are trying to live in both worlds, but are they succeeding?





# See rapid savings and revenues by focusing on the Core 4.



Simplifying quality reporting with the right technology can reduce the impact of the gap between fee-for-service and value-based revenues.

## Quality Reporting By the Numbers

**60%**

Of family physicians have contracts with seven or more payers, and are responsible for reporting different quality measures to each payer

**758**

Average number of hours per year, per physician, that a medical practice spends submitting quality measures, at an annual national cost of \$15.4 billion

**2.6**

Average number of hours a physician spends each week submitting quality measures

**12.5**

Average number of hours a physician's staff spends each week submitting quality measures, per physician in the practice

Non-financial, payer-based support services can be an asset to practices trapped in the gap.

### Care management support services

- For **patients with complex care needs** or who are at higher risk for greater utilization of services or the ED
- Often available as a **physician referral program**
- May also be available as **self-referral programs** for patients

### Social determinants of health support

- Payers increasingly recognize **impact of non-health, socioeconomic factors** on patient health
- More payers offer **referral programs** that address food insecurity, transportation, inadequate housing, etc.

### Education & training offerings for practices

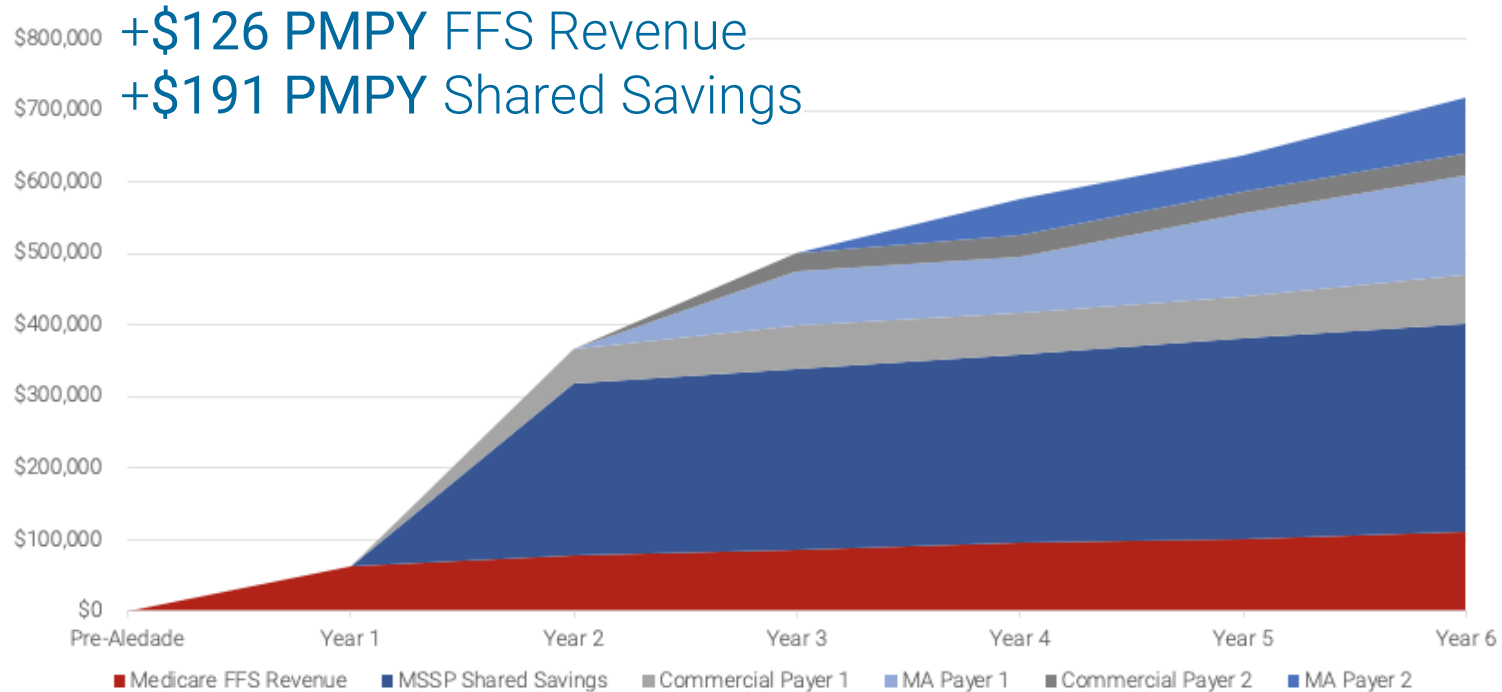
- Many payers offer **free virtual trainings** to help practices streamline claims submissions, quality reporting, etc.
- Often also offer **trainings in best practices** in care delivery
- Many trainings offer **free CMEs/CEs**

Implement change management within your practice to overcome gap-related challenges.



# Value-based care can transform practice economics.

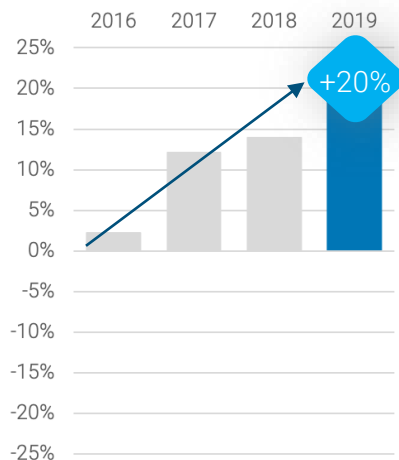
An example of annual revenue increases for a **2-Physician Practice**:



# These strategies have helped practices achieve noticeably improved outcomes over four years.

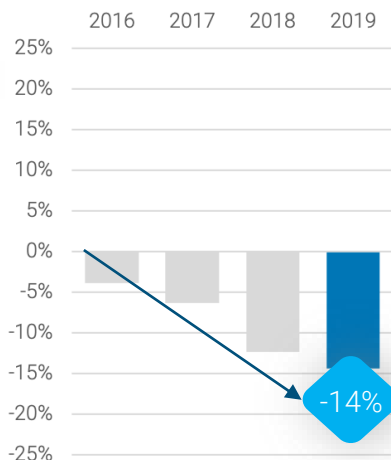
*More primary care, fewer ER visits, hospitalizations, and nursing home days*

## Primary Care Utilization <sup>1</sup>



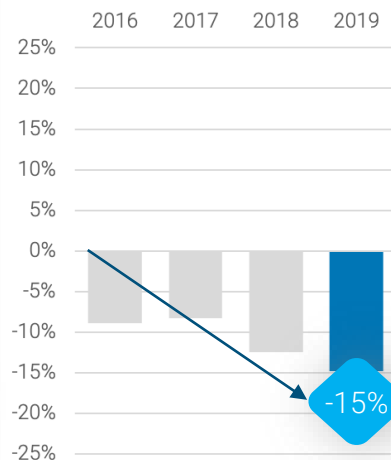
**\$88** per visit <sup>2</sup>

## ER Utilization <sup>1</sup>



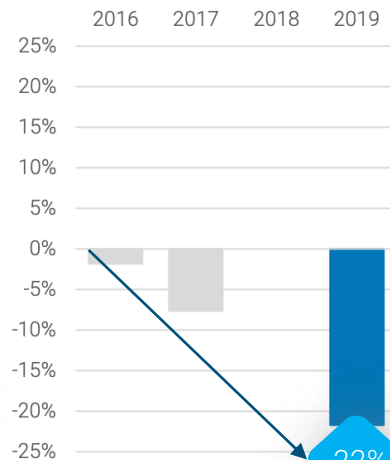
**\$516** per visit <sup>3</sup>

## Inpatient Utilization <sup>1</sup>



**\$12,447** per stay <sup>3</sup>

## Skilled Nursing Days <sup>1</sup>



**\$8,088** per visit <sup>3</sup>

# Aledade: With primary care, for primary care.

## Helping physicians stay independent through value-based care

- Boots-on-the-ground workflow & technical support
- Access to user-friendly population health technology
- Diversified revenue streams
- Expert healthcare policy guidance & advocacy

✓ **32** States

✓ **35** MSSP ACOs

✓ **800** Independent Practices

✓ **7,800+** Physicians

✓ **100+** Community Health Centers

✓ **70+** EHRs & Practice Management Systems

✓ **\$12B+** Under Management

✓ **51** Other Value-Based Care Partnerships (Multi-payer)

✓ **1.2M+** Attributed Patients

# Additional resources are available.

## Understand the real impact for your practice

At no obligation, your local Aledade team can provide an analysis of what value-based care can do for you.



### The Aledade Financial Advantage

Understand the financial upside opportunity by adopting value-based care and the Aledade way.



### The Aledade Technology Advantage

See first-hand how the Aledade App integrates with your EHR system, making patient and practice management more efficient and effective.

Schedule a practice assessment at [outreach@aledade.com](mailto:outreach@aledade.com).

## Start your value-based care journey with the CAPAdvantage

CAP members who join an Aledade ACO **before July 31st, 2021**, will receive special enrollment benefits, including a waived implementation fee as well as access to Aledade's expansive library of resources and support services for primary care practices.



Scan the QR code to learn more or visit [https://info.aledade.com/CAP\\_partnership](https://info.aledade.com/CAP_partnership).





# Thank You

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**For more information about this topic or about  
joining an Aledade ACO, please email  
[outreach@aledade.com](mailto:outreach@aledade.com).**