THE RESULTS ARE IN!

A DISSERTATION REVIEW

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- DeFacto President, APAGD
- 2nd Generation Activity Professional
- 25+ Years Experience
- Past Chairperson of LeadingAge Texas SWAP Peer Group

Establishing a Checklist for the Evaluation of a Long-Term Care Activity Program

Slide 1

Culture Change 2000s

Buettner & Fitzsimmons 2003

OBRA '87

Kitwood, Person-Centered Care 1990s -

INSTITUTIONAL

CULTURE CHANGE

Slide 2

RESOLUTION?

TRANSFORMATION

CMS Revision 2017

COVID-19

NASEM 2022

Delphi Study

Slide 3

DELPHI

- RAND Corporation in 1960s
- Build "Consensus"
- Ask multiple experts, where do we agree, where do we disagree
- Technology
- Subsequent "Rounds"

PARTICIPATION

CRITERIA

- Practitioner Experience: Over five years of experience supervising a long-term care activity department
- Peer Identification: Connection to or affiliation, such as a board or committee member, preferred speaker, blogger, vendor, etc., with a nationally recognized activity association
- Accreditation: A comprehensive, 90+ hours, long-term care activity education program
- Subject Matter Expert: A researcher or publisher in the field of long-term care activities
- Evaluation Expert: Experience as a surveyor in CMS's long-term care survey

RESPONDENTS

- Round 1: 75
- Round 2: 51
- Round 3: 47
- Round 4: 38

51% Cumulative Response Rate!

ROUNDS 1-3

- Part 1: Analyze the CMS Critical Element Pathways
- Part 2: What's missing?
- Part 3: What leadership traits are important for activity professionals?

ROUND 4

- Now that we have a list of evaluation elements and leadership traits, which are the most important? Pick your top ten.

PART 1: EVALUATION ELEMENTS

EVALUATE THE CRITICAL ELEMENT PATHWAYS

Out of 31 total elements, 29 were deemed as *Very Important*
2 were deemed as *Moderately Important*

MOST IMPORTANT

- The activity program provides activities compatible with the residents' interests, preferences, and choices.
- The activity program provides activities compatible with the residents' individual physical and mental capabilities.

LEAST IMPORTANT

- The resident is able to access their funds for participation in activities [requiring] funds
- significant change is documented within 14 days

Rank the Ten Most Important Evaluation Elements

- The activity program provides activities compatible with the residents' interests, preferences, and choices.
- The activity program provides activities compatible with the residents' individual physical and mental capabilities.
- The activity program schedule is effectively communicated to the residents.
- Activities are person appropriate.

- Transportation to activities is provided in a timely manner.
- Activities are adapted as needed.
- Equipment and supplies are provided for individual activities.
- Schedules are coordinated... [for] participation.
- Planned activity programs occur on a regular basis and as scheduled.
- The room has sufficient light and space for activities.

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SUGGESTED ELEMENTS

- Adequate funding/budgeting/staffing for the activity program
- Staff has sufficient training/education in activity interventions
- Activities are available for all domains of wellness
- One on one programming is adequate and effective
- Residents have opportunity for community involvement
- Families are encouraged to participate and are made aware of activities offered
- Resident opinions/suggestions are implemented
- Adaptations are documented for preventing responsive behaviors
- Cooperation with interdisciplinary team
- Residents who are appropriate for an activity and express interest in it are offered the activity at a convenient time.

ANALYSIS

- Person-Centered Care
- Accessibility
- Staffing
- Budgeting
- Training

PART 2: LEADERSHIP TRAITS

35 TRAITS SUGGESTED - ALL REACHED CONSENSUS

- Flexibility
- Communication
- Team player
- Validating/empowering
- Creative
- Advocacy
- Open-minded
- Collaboration/conflict manager
- Educated
- Good listener

ANALYSIS

- Flexibility/Creativity
- Teamwork
- Communication

WHAT KEEPS ME UP AT NIGHT?

INFILTRATION

THE POWER OF THE BOT

- 430 Responses
- 355 Fake

Decision Exhaustion

SURVEYOR BIAS?

WHY IS IT IMPORTANT?

IF ONLY...

NEXT STEPS

- Publication
- Staffing Ratios Assessment
- *How* do we evaluate

THANK YOU FOR LISTENING!

Don't hesitate to ask any questions!

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