

# Predicting Cardiovascular Disease Progression with Personalized Simulations

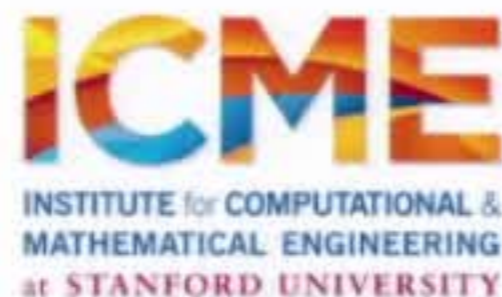
Alison Marsden

Associate Professor

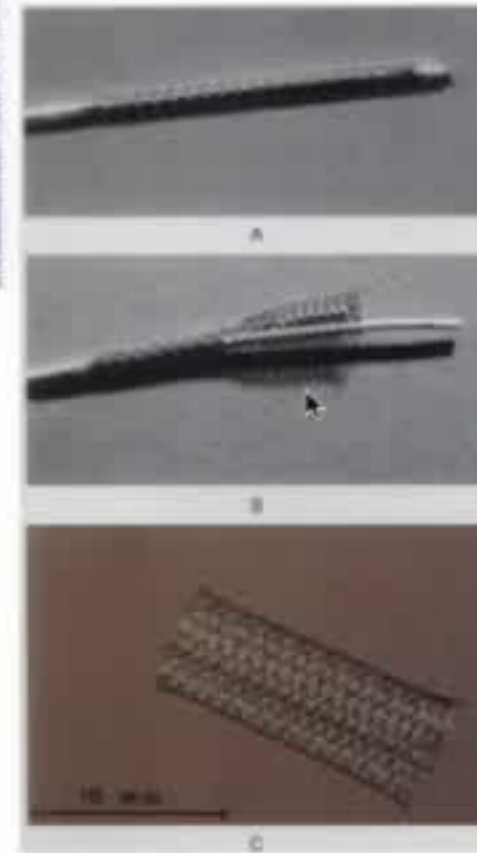
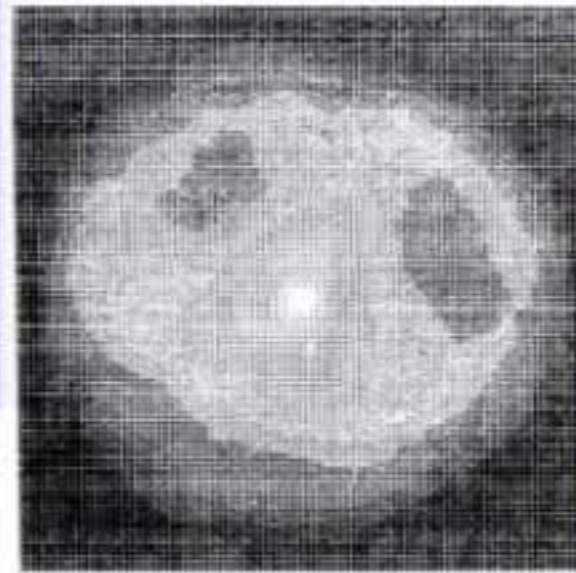
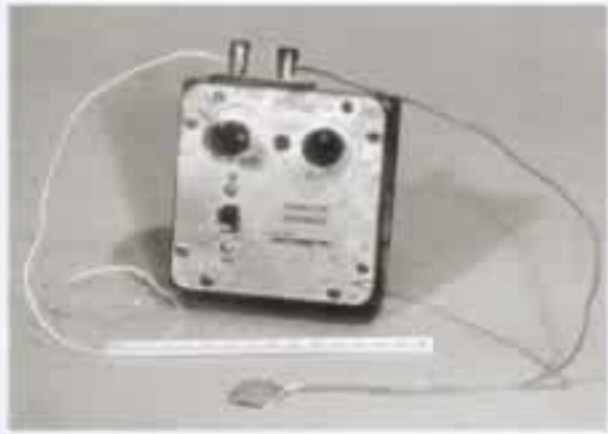
Departments of Bioengineering and Pediatrics, and by  
courtesy, of Mechanical Engineering

Institute for Computational and Mathematical Engineering  
Stanford University

@MarsdenStanford



# Engineer-Clinician Partnerships



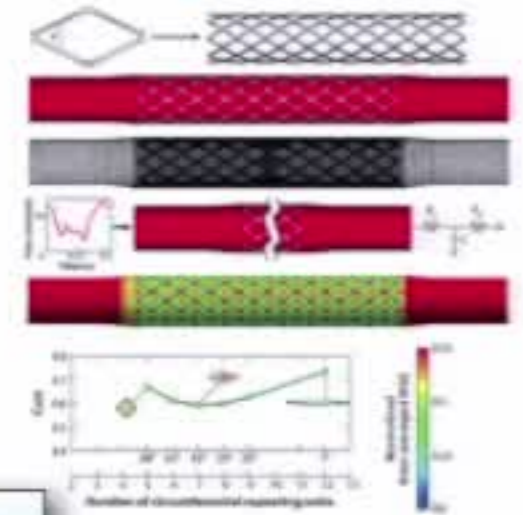
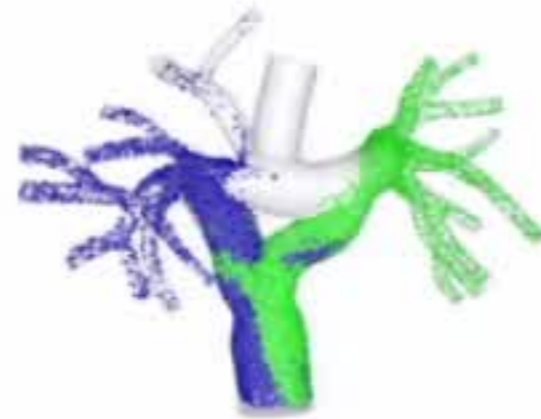
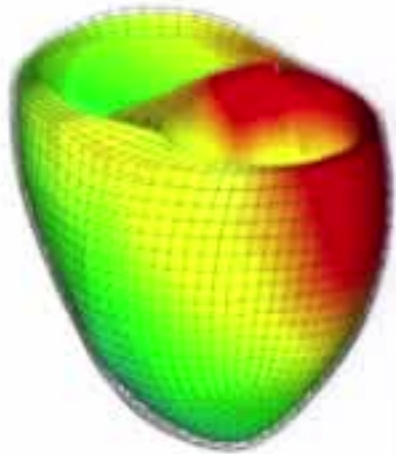
Patient care advanced by  
Technology



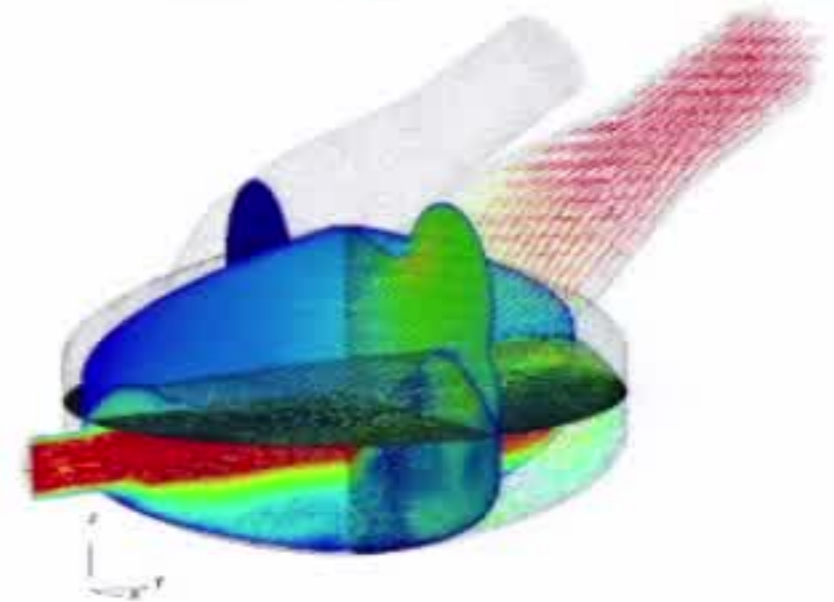
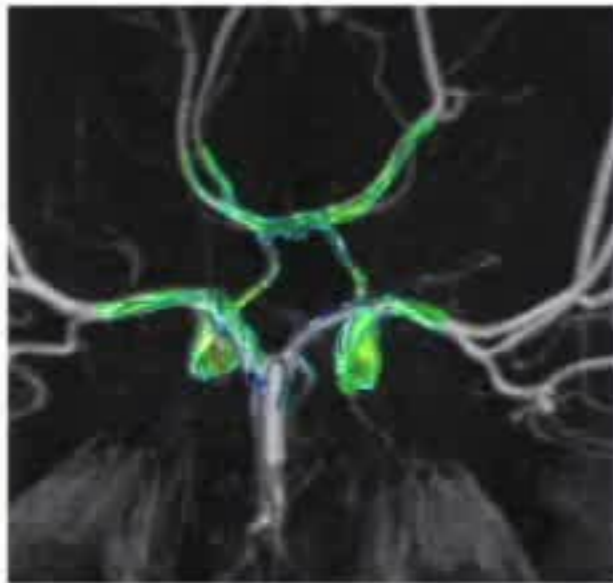
Technology driven by clinical  
needs



# Engineer-Clinician Partnerships



*Simulation is a critical next step in the partnership*



# Predictive Patient-Specific Modeling

1. MRI



2. Pathlines



3. Segmentation



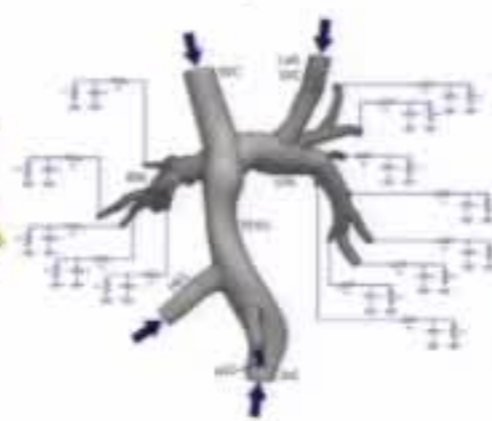
4. Solid



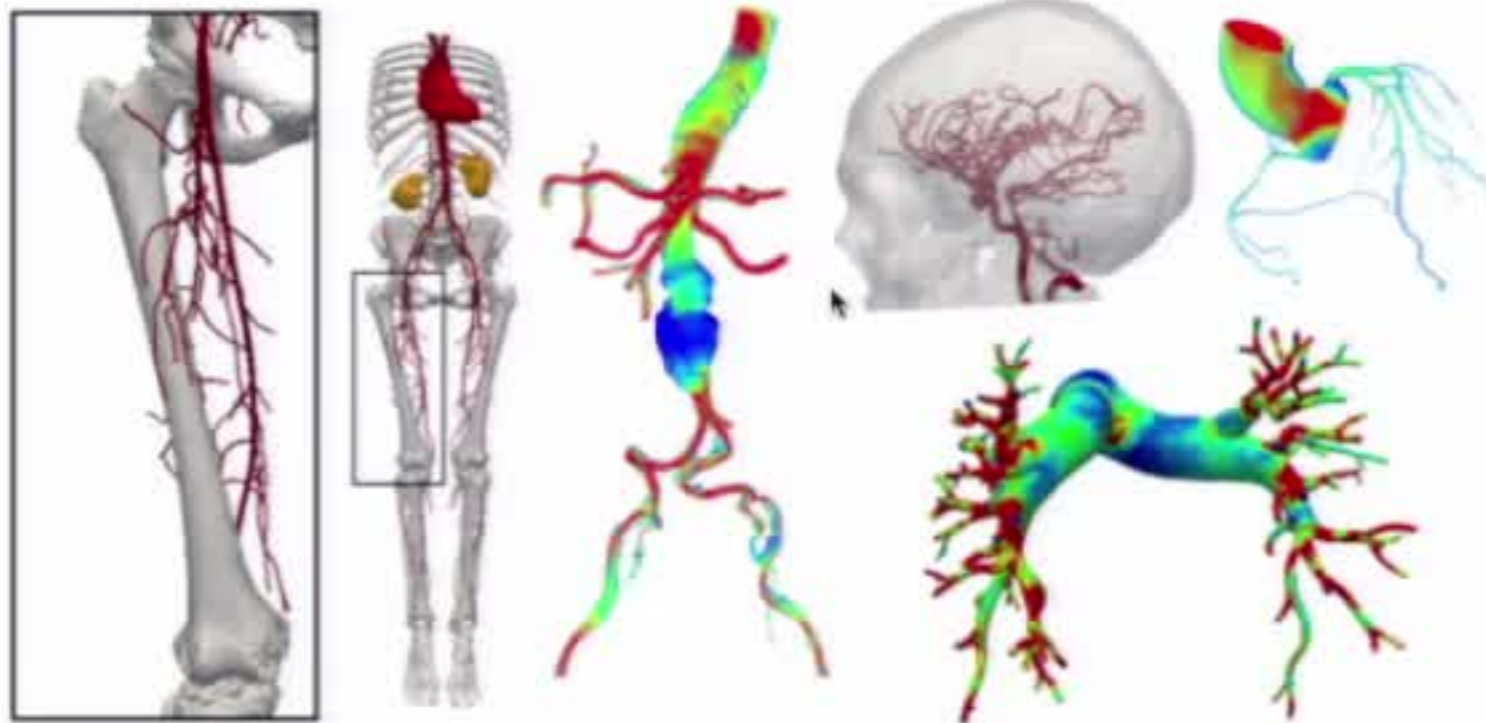
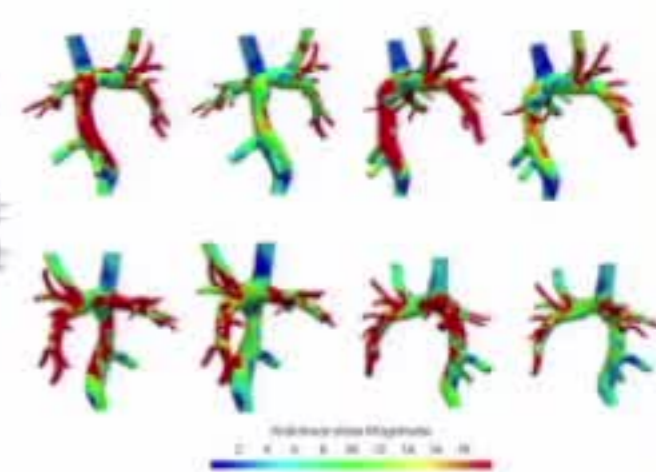
5. Mesh



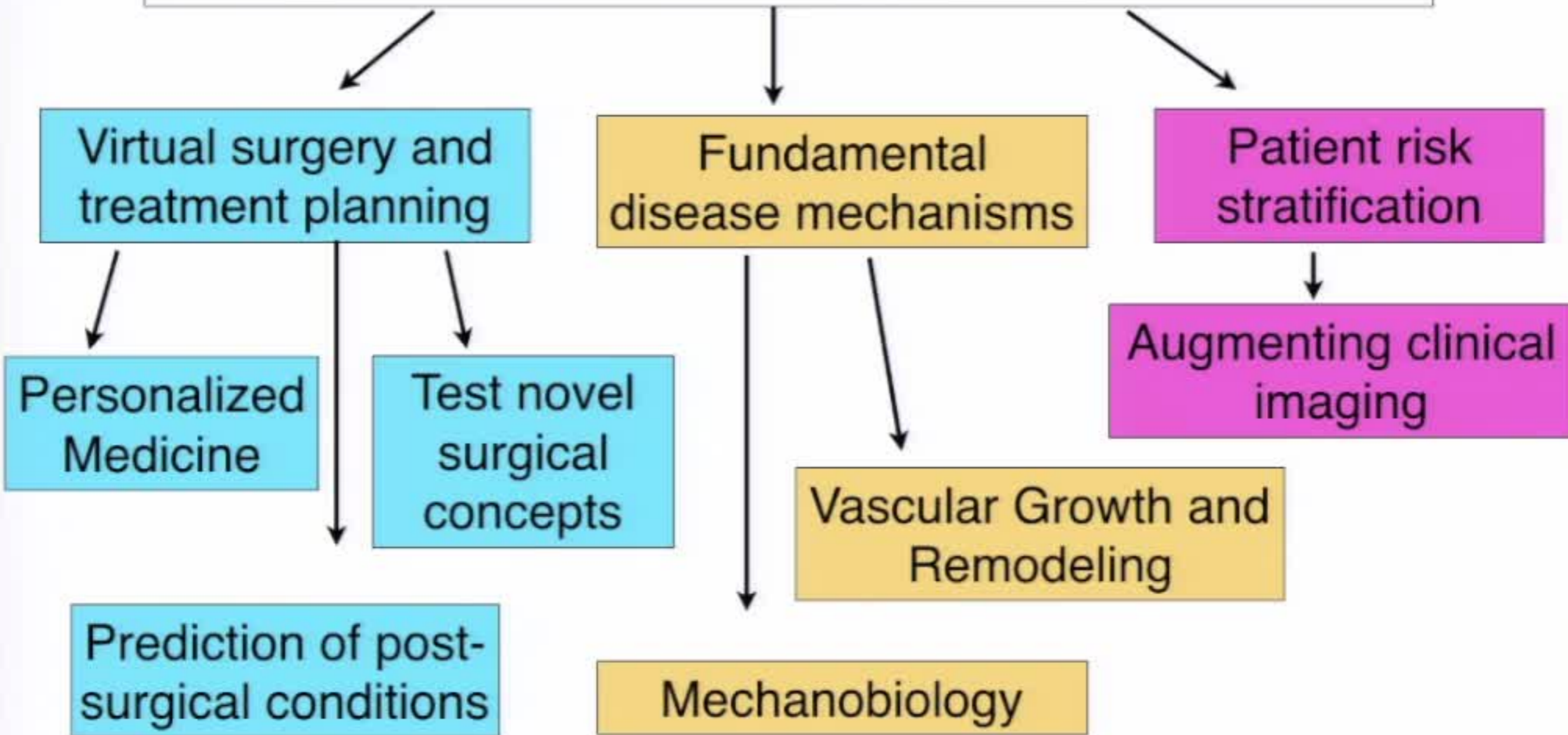
6. Boundary Conditions



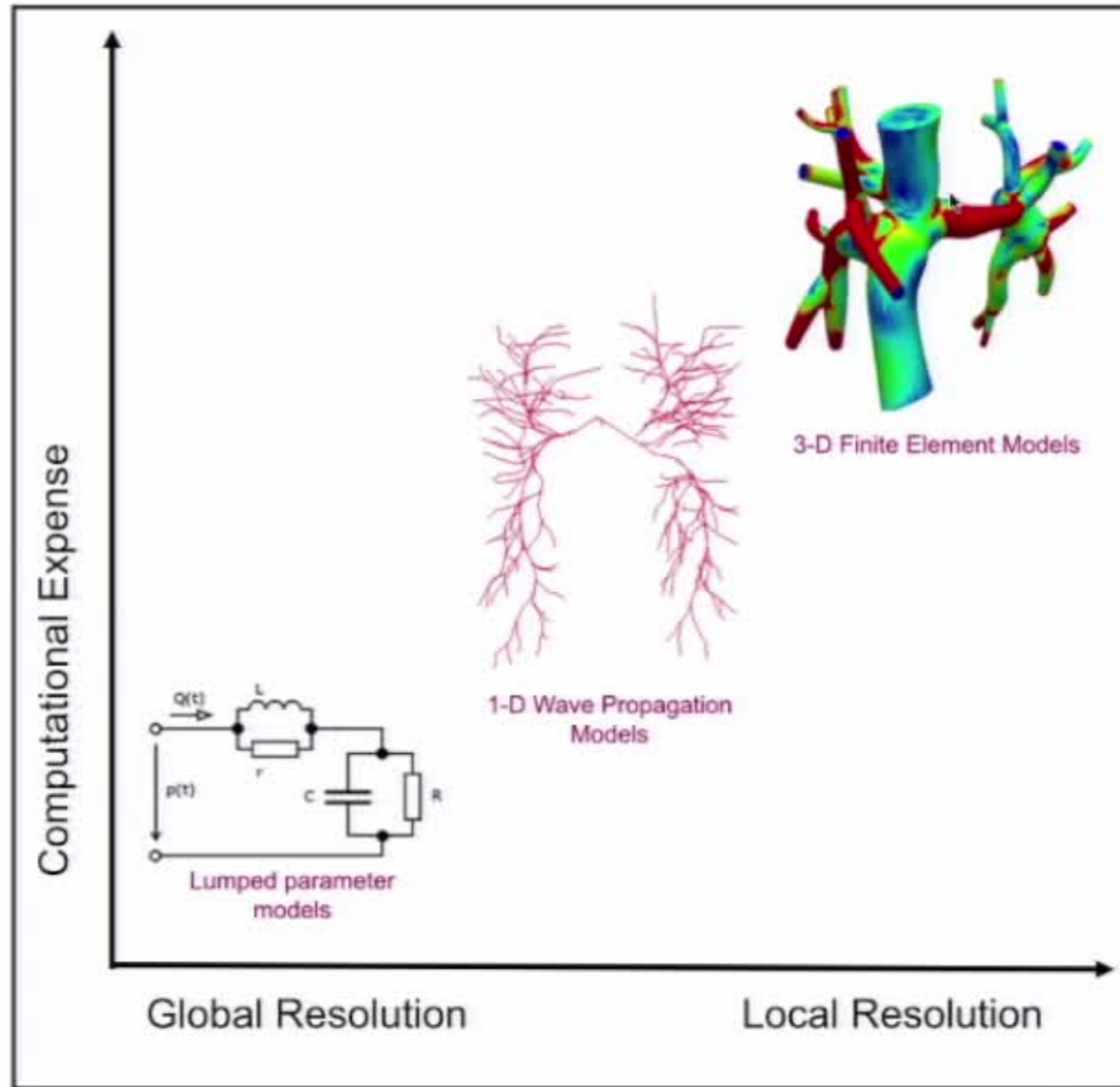
7. Simulation



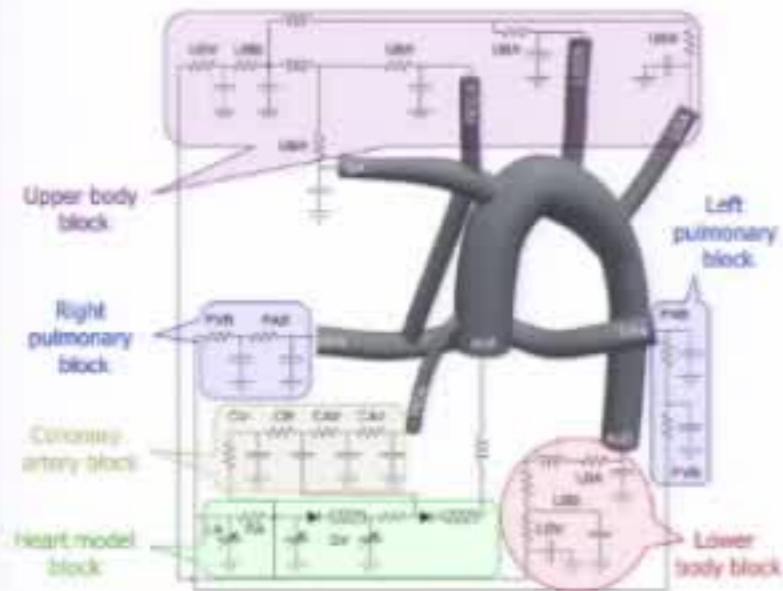
# Motivation for Cardiovascular Modeling



# Cardiovascular Model Fidelity



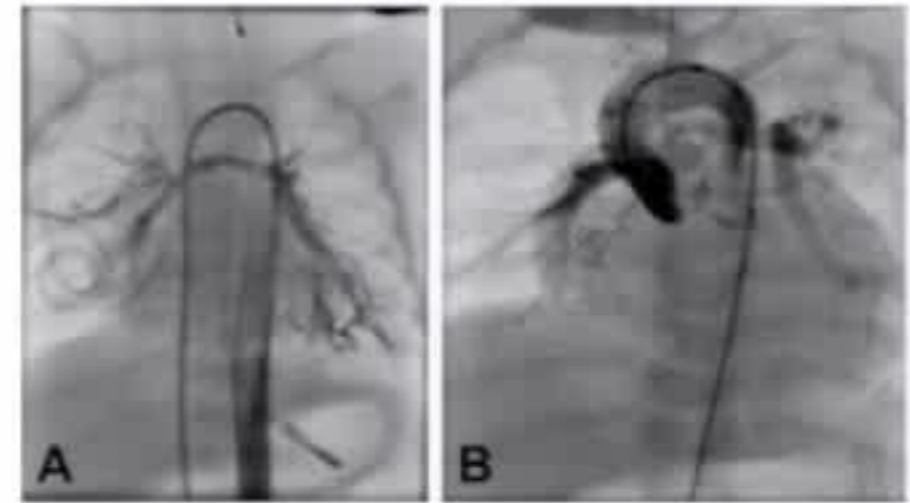
# Cardiovascular Modeling: Challenges



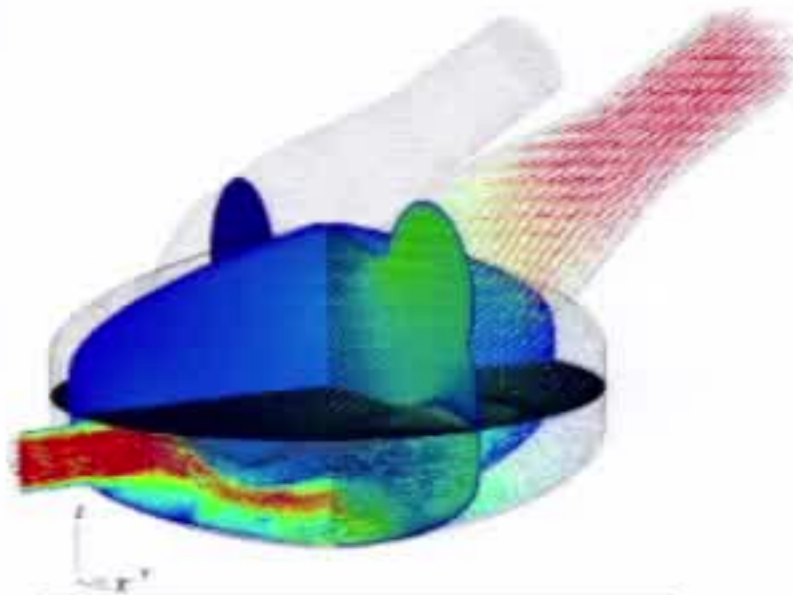
Assimilation of clinical data



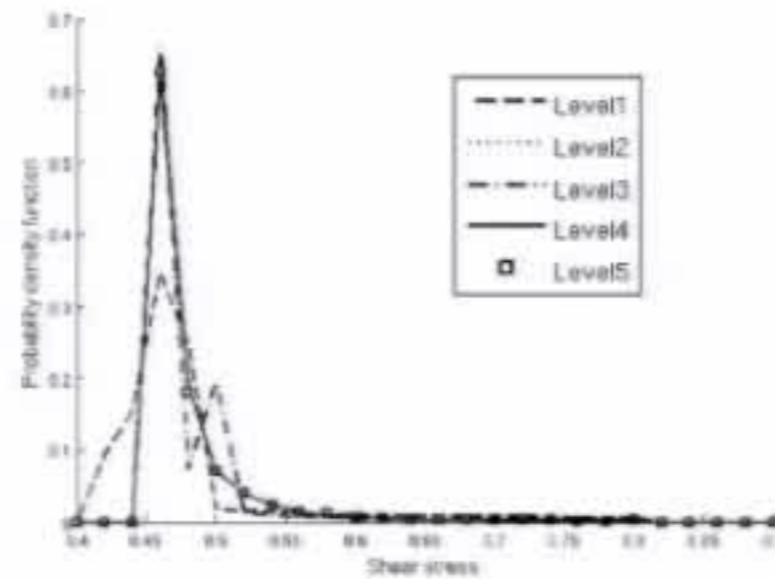
Shape Optimization



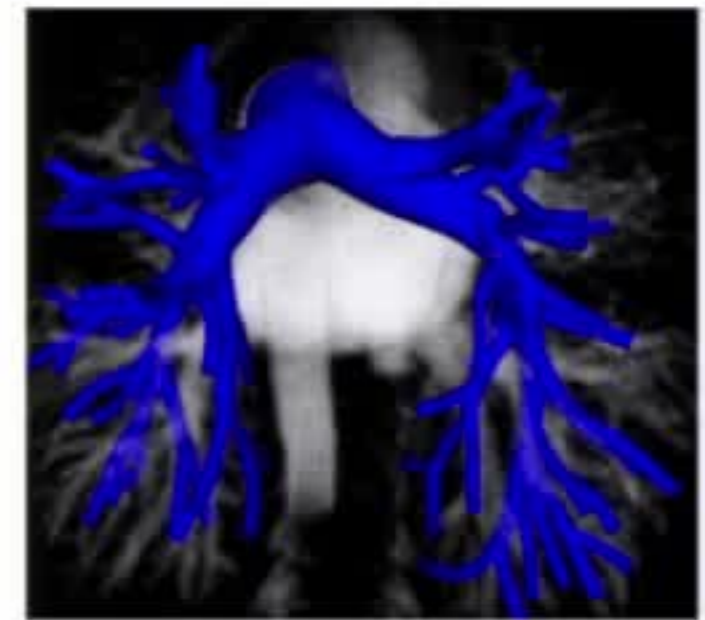
Interactive Virtual Surgery



Fluid Structure Interaction



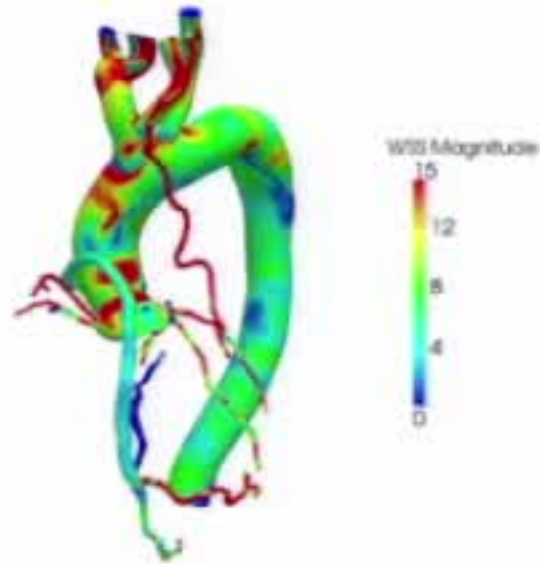
Uncertainty Quantification



Machine Learning for Image Segmentation



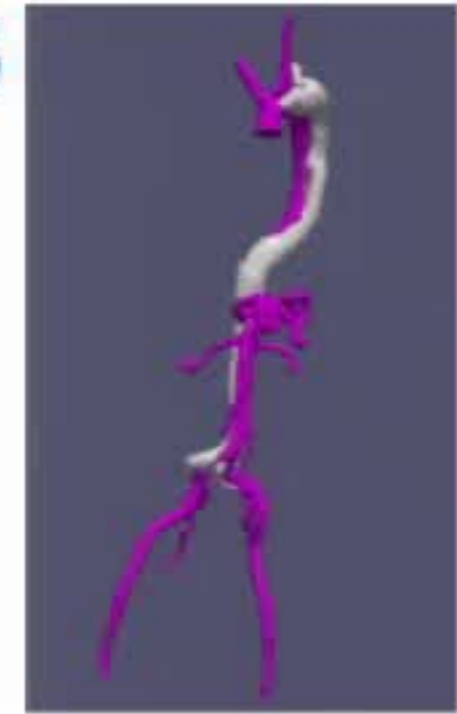
# Clinical Applications



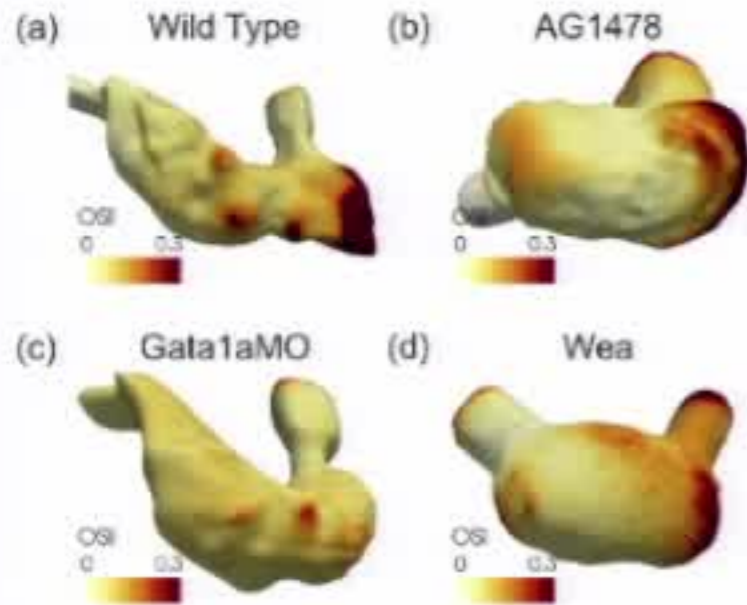
Coronary Artery Bypass Grafts



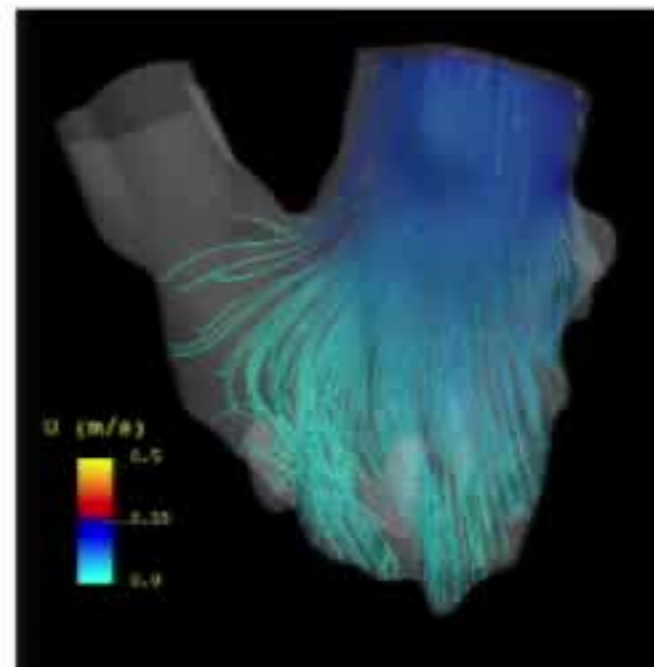
Single Ventricle Hearts



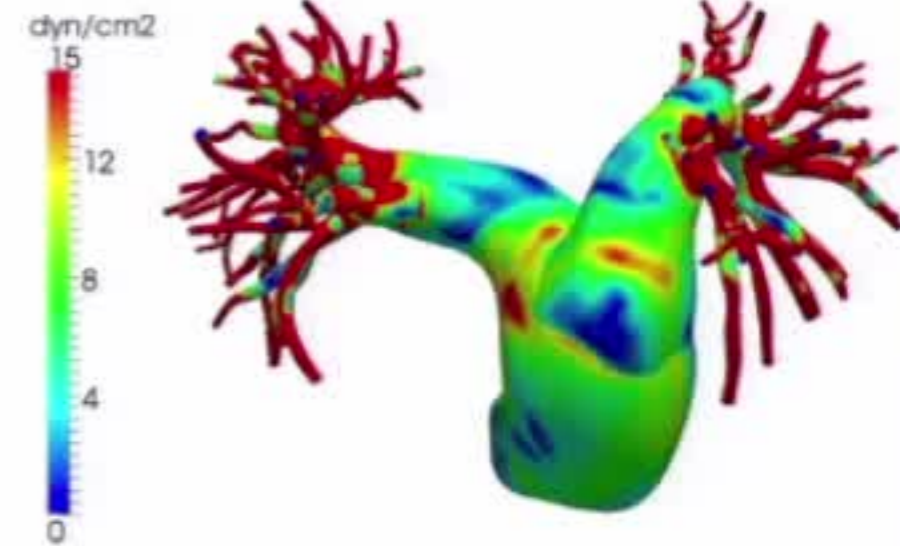
Aortic Dissection



Cardiac Development



Ventricular Hemodynamics



Pulmonary Hypertension







Abhay Ramachandra



Justin Tran



Owais Khan

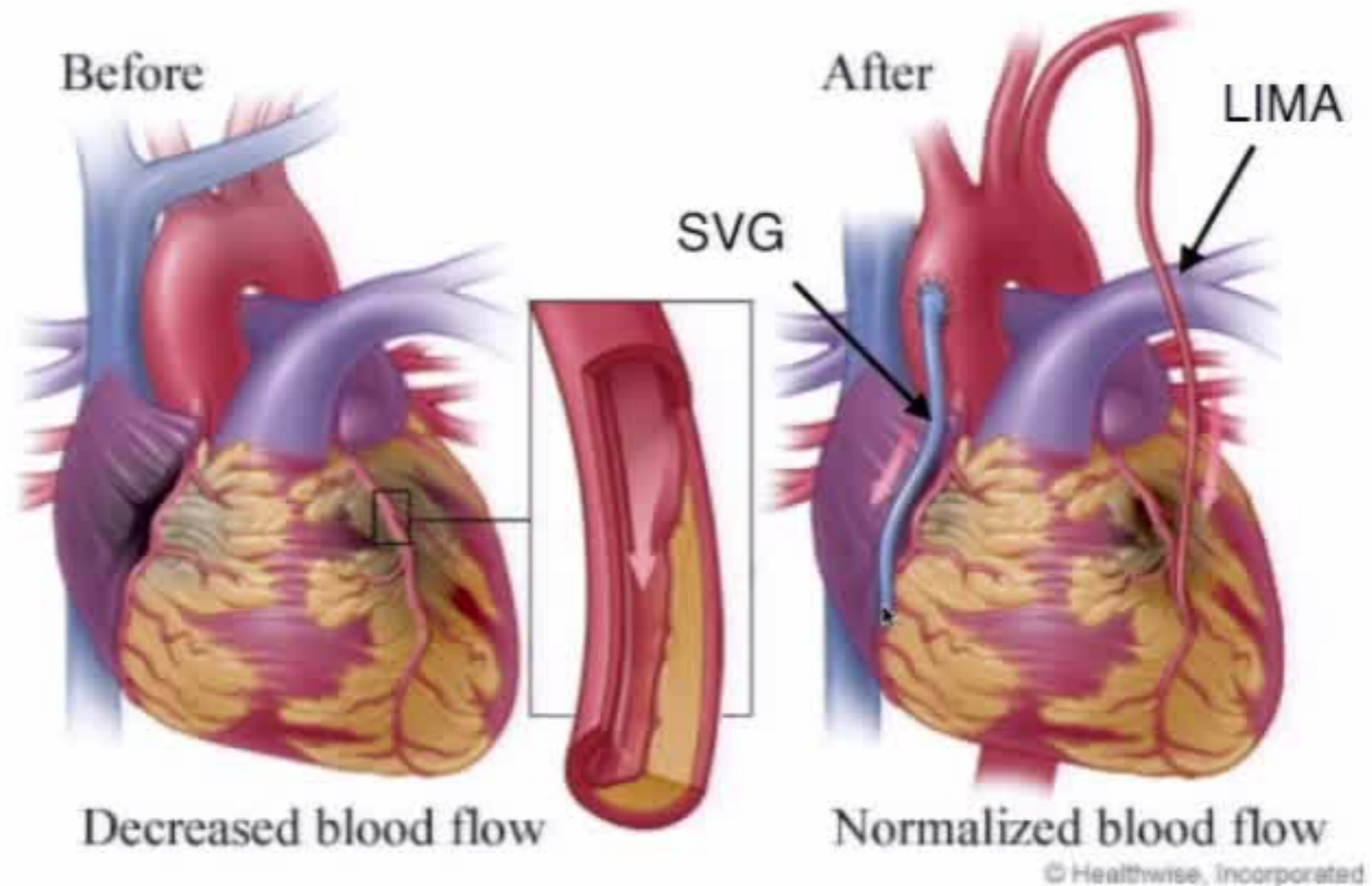
# Clinical Examples

## *Coronary Artery Bypass Surgery*

With Andrew Kahn, Jack Boyd, Daniele Schiavazzi

# CABG Surgery

- CABG surgery performed in ~400,000 cases annually in US
- Graft options: arterial graft (LIMA), saphenous vein graft (SVG), artificial grafts
- Most patients require multiple grafts
- SVGs are used in majority of patients (70%)
- 50% graft failure within 10 years

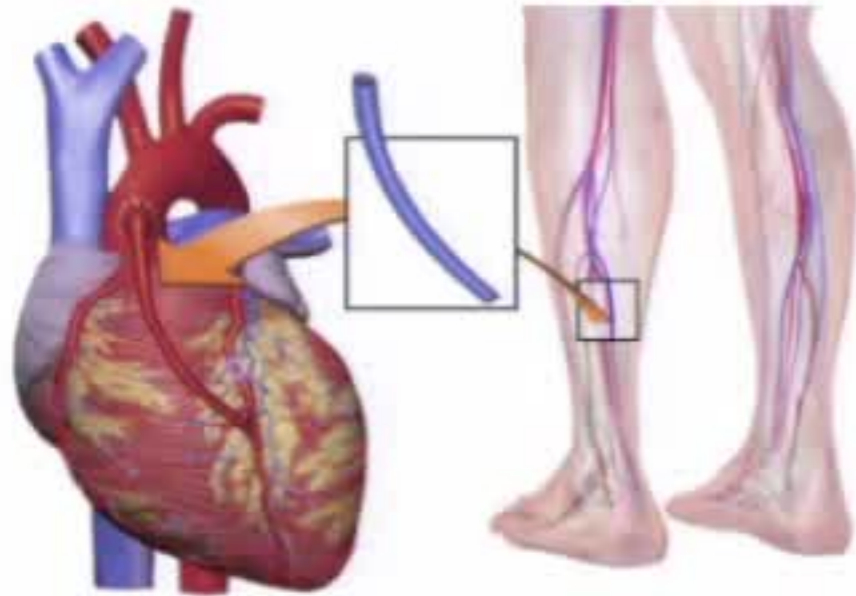


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# Vein Graft Failure: changing biomechanical loads



Pre-op  
Native vein  
low pressure, low  
flow

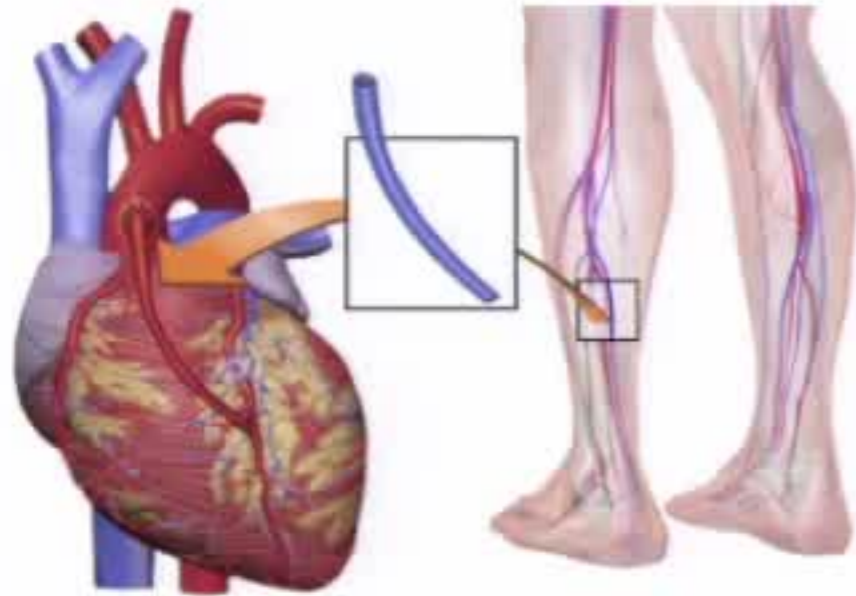
*Surgical clamps  
removed*



Post-op  
20X increase in  
pressure  
4X increase in flow

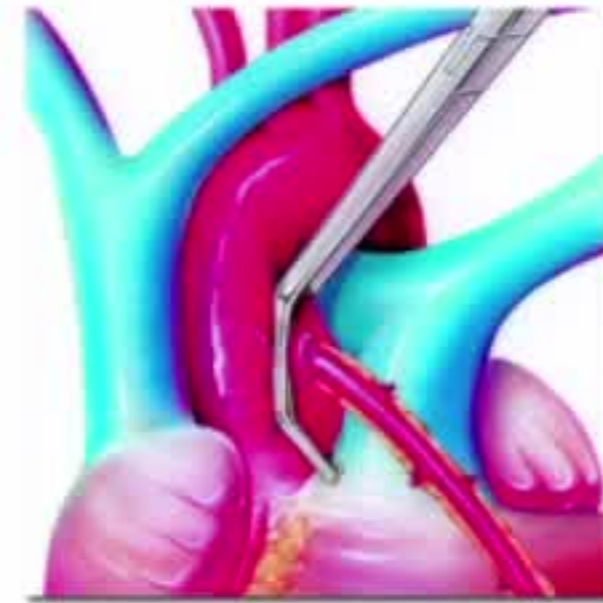


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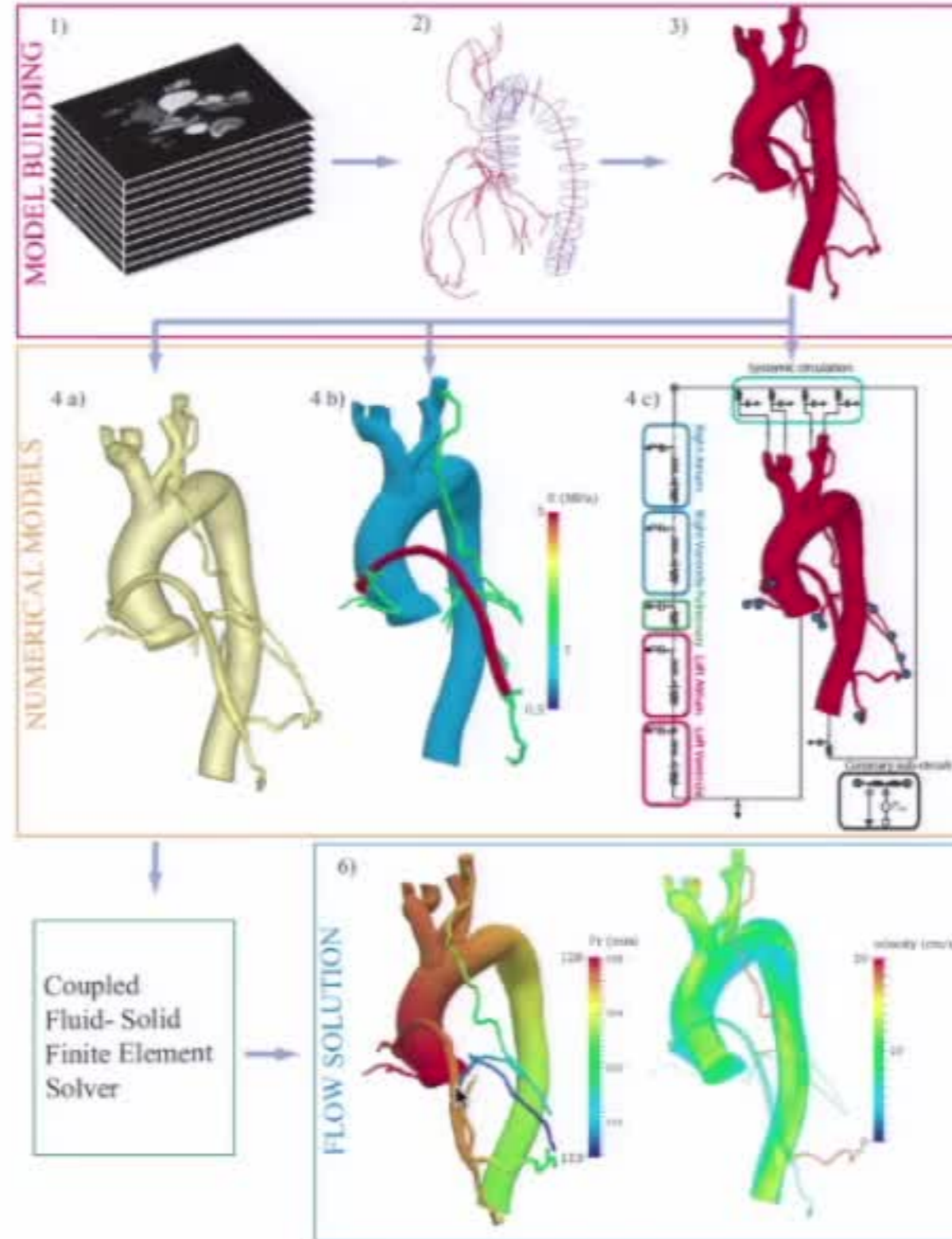


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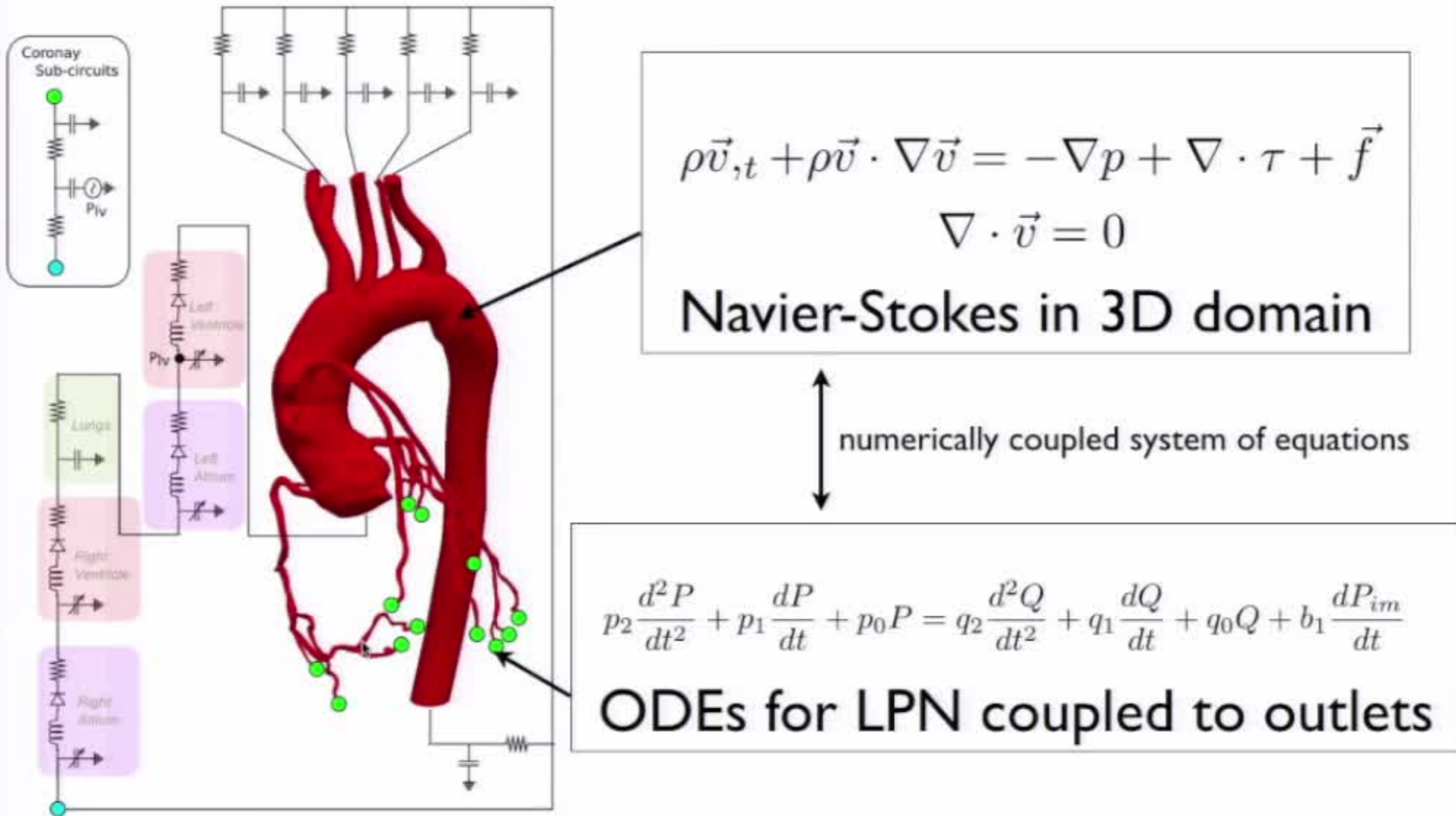
*Vein undergoes a complex remodeling process in response to sudden change in mechanical load*



# CABG Simulation Pipeline



# Solution Domains



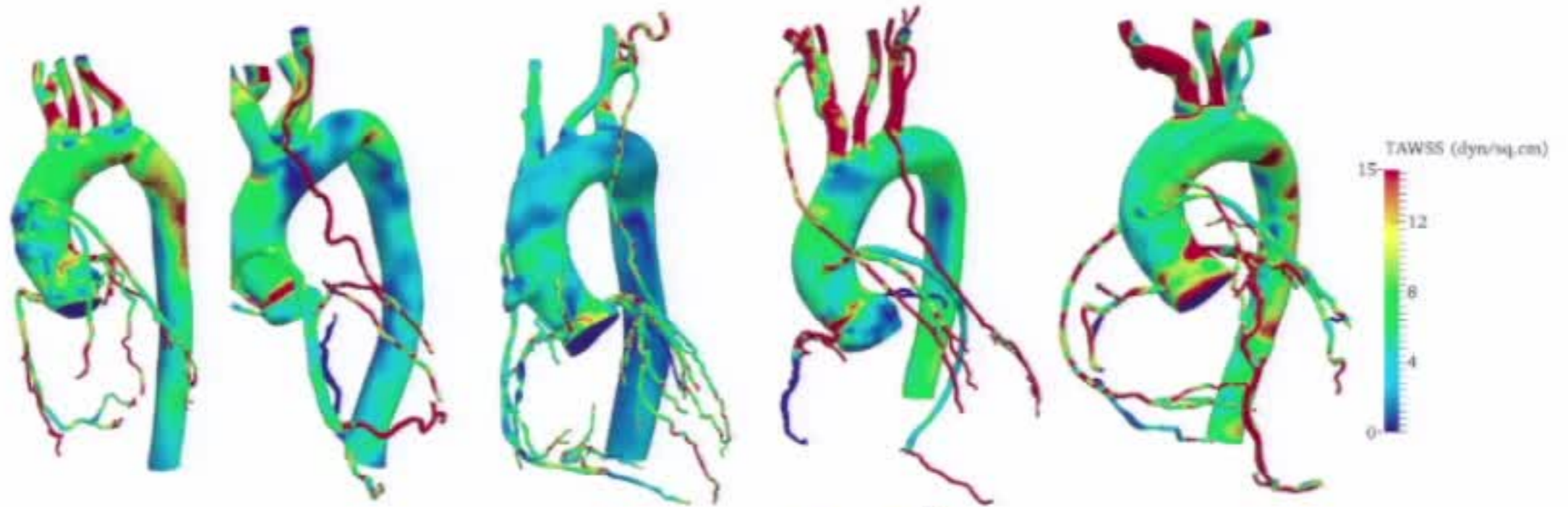
Sankaran, S., Esmaily Moghadam, M., Kahn, A.M., Guccione, J., Tseng, E., and Marsden, A.L., "Patient-specific multiscale modeling of blood flow for coronary artery bypass graft surgery." *Annals of Biomedical Engineering* 40(10), (2012).

Marsden research group - Cardiovascular Biomechanics Computation Lab

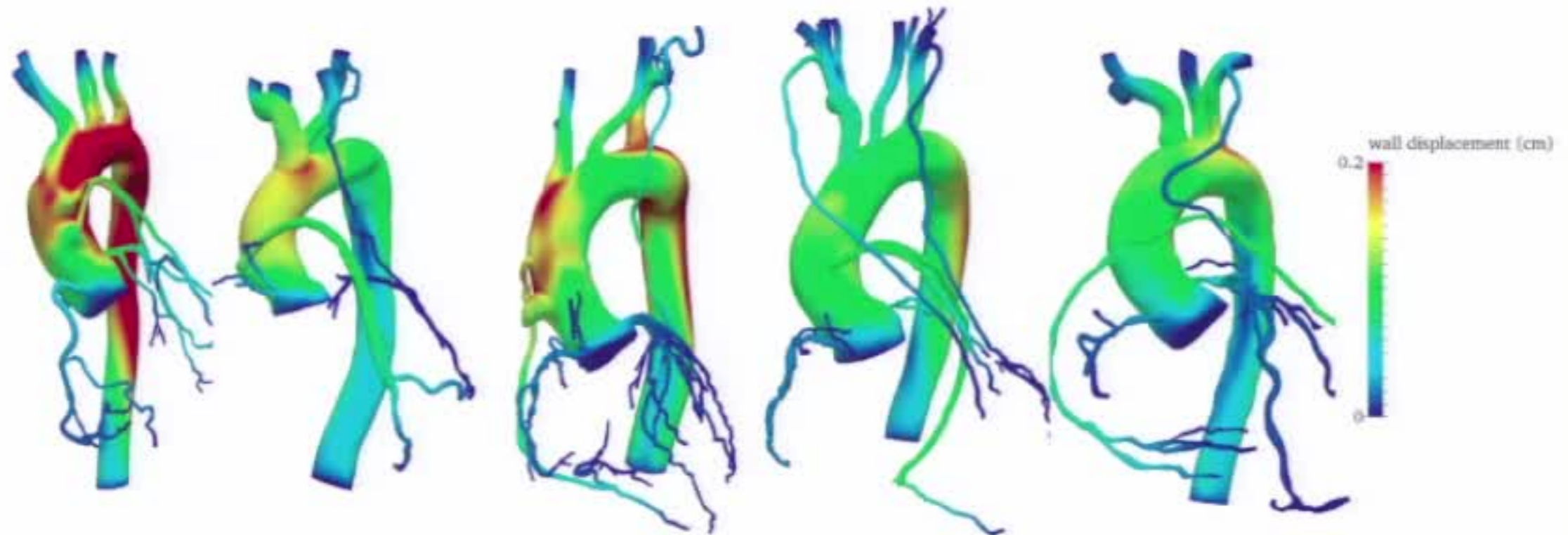


# Simulation Results

WSS



Wall Strain



Patient 1

Patient 2

Patient 3

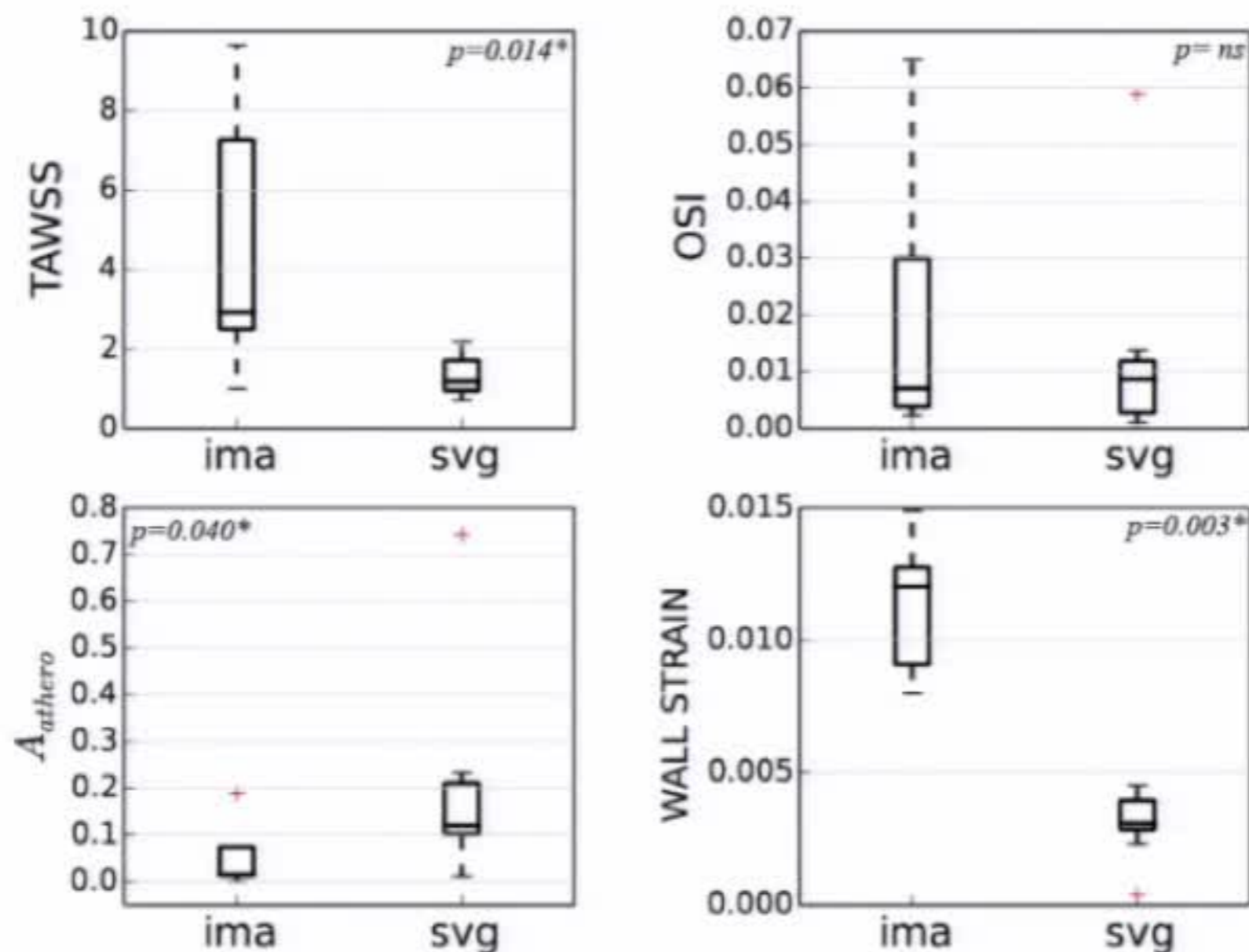
Patient 4

Patient 5





# Mechanical Stimuli: Arterial vs. Vein Grafts



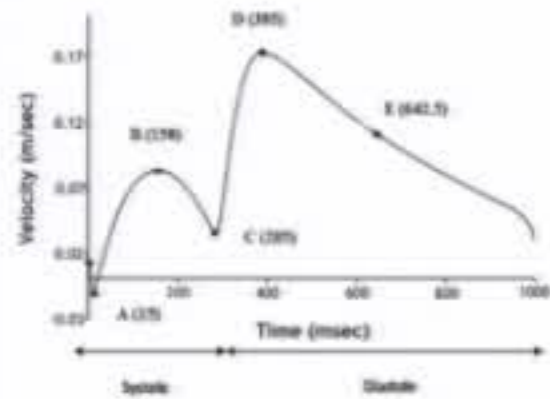
Statistically significant differences in WSS, area of low WSS, wall strain

Ramachandra, A. B., Kahn, A. M., Marsden, A.L., "Patient specific simulations reveal significant differences in mechanical stimuli in venous and arterial coronary grafts," *Journal of Cardiovascular Translational Research*, Vol. 9 (4), pp 279–290, (2016).



# Parameter Estimation and UQ

With Daniele Schiavazzi, Notre Dame



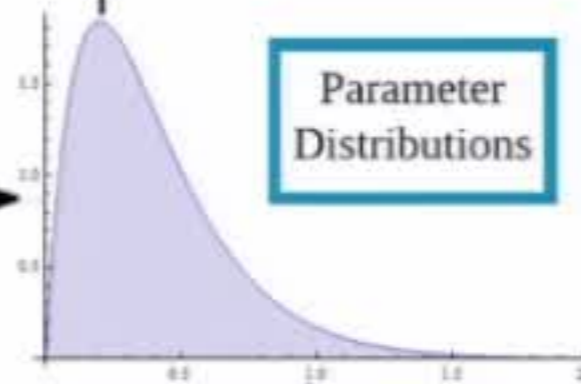
Literature data on coronary flow

Patient Clinical Data  
 - Blood pressure  
 - Stroke Volume  
 - etc...

Automated parameter tuning<sup>1</sup>

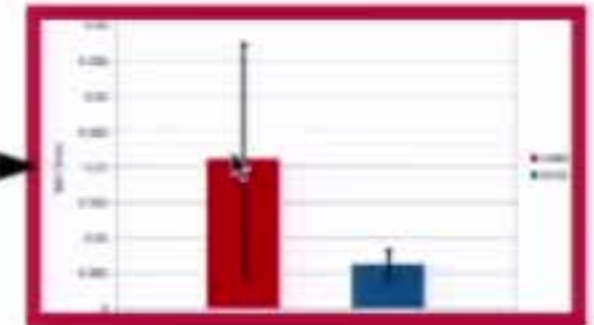
Optimal Parameter Values

Parameter Distributions

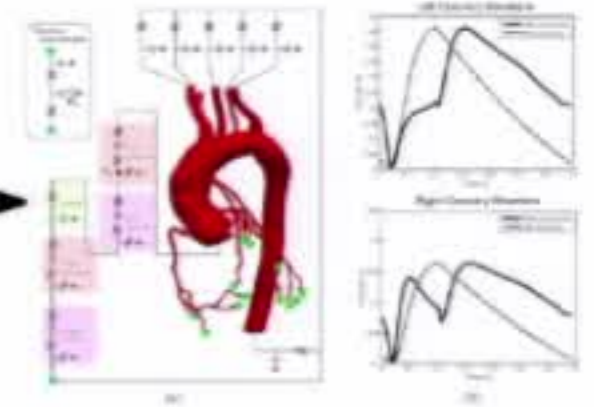


Uncertainty Quantification

Output statistics



Patient-specific simulation

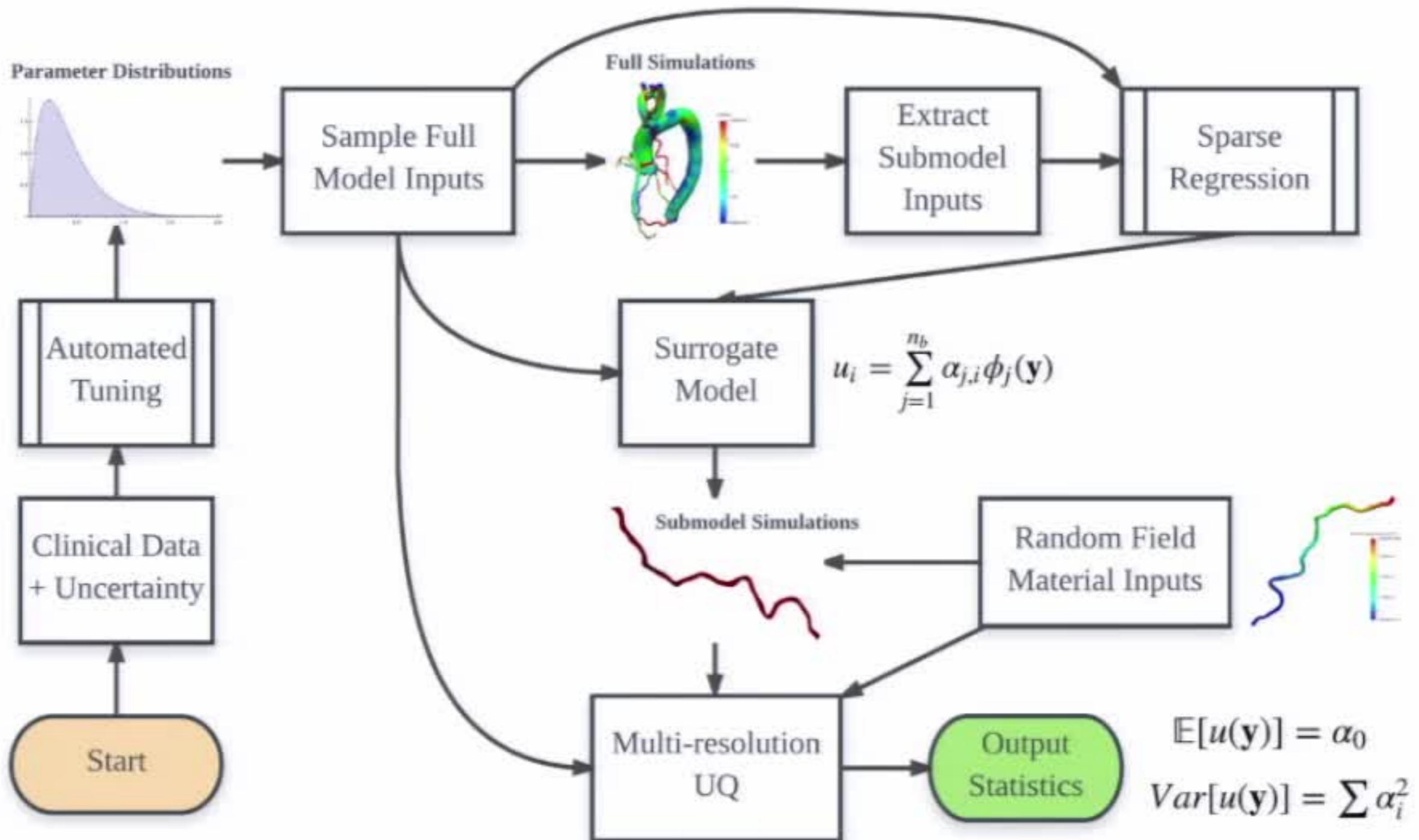


Schiavazzi, D. E., Doostan, A., Iaccarino, G., Marsden, A. L., "A Generalized Multi-resolution Expansion for Uncertainty Propagation with Application to Cardiovascular Modeling," *Computer Methods in Applied Mechanics and Engineering*, Vol. 314 (1), pp. 196-221, (2017).

Schiavazzi, D. E., Hsia, T. Y., Marsden, A. L. "On a sparse pressure-flow rate condensation of rigid circulation models," *Journal of Biomechanics*, Vol. 49 (11), pp. 2174-2186, (2016).



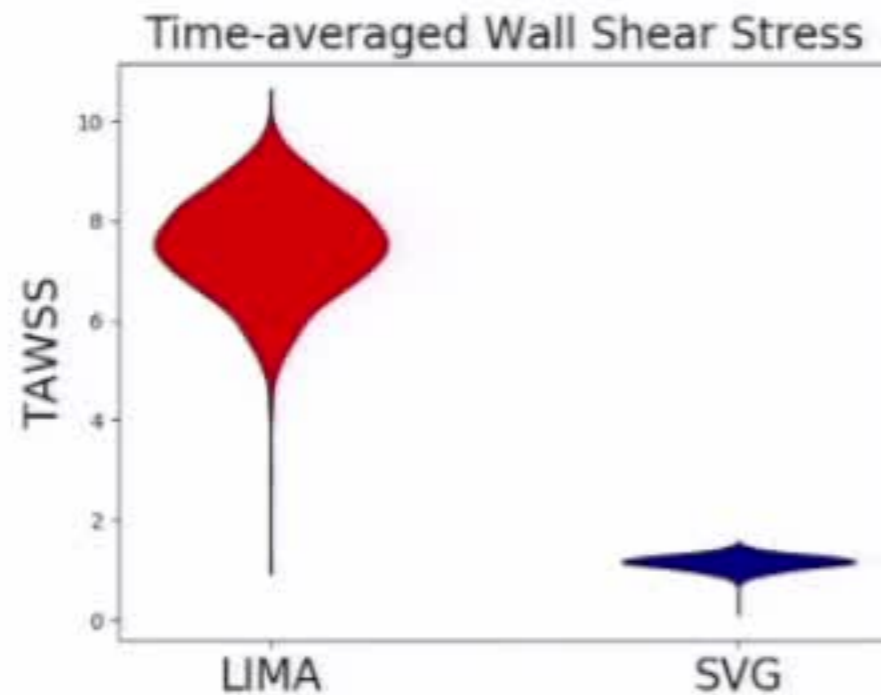
# Uncertainty Propagation



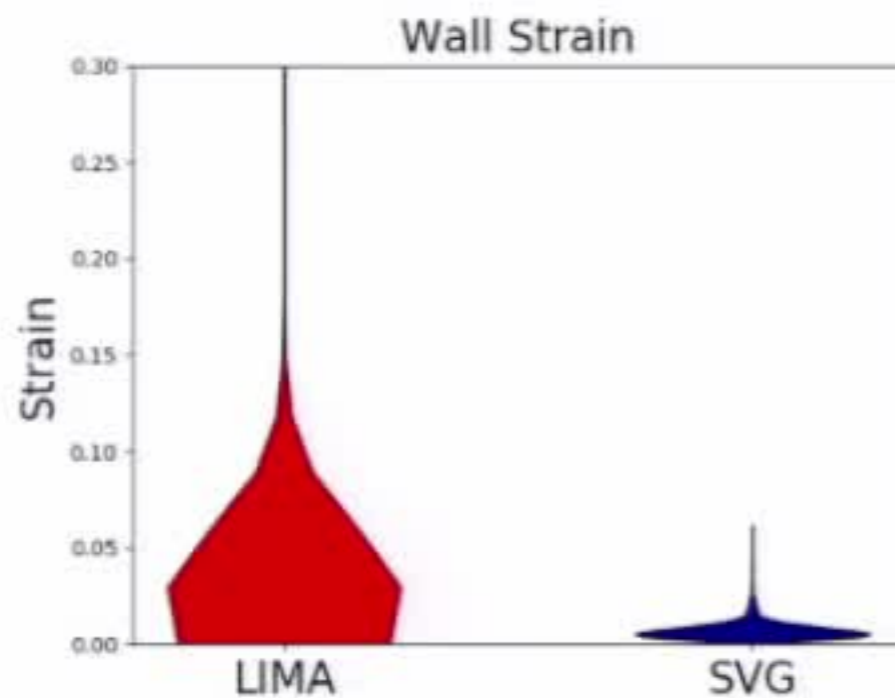
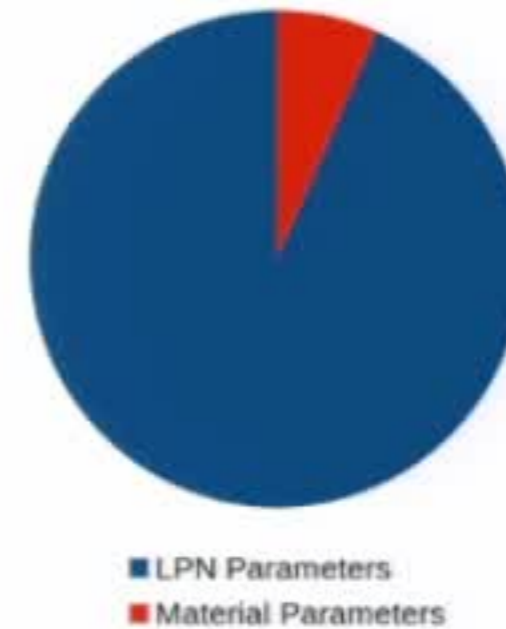
Tran, J. S., Schiavazzi, D. E., Kahn, A. M., and Marsden, A.L., "Uncertainty quantification of simulated biomechanical stimuli in coronary bypass grafts," in review.



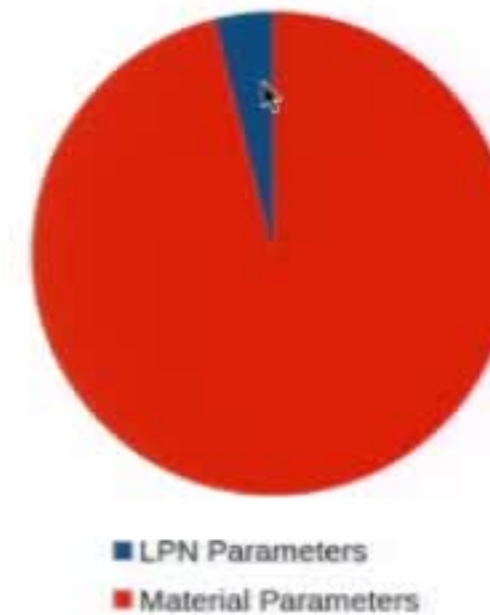
# Statistics on model predictions



Variance Contributions to Time-average Wall Shear



Variance Contributions to Wall Strain

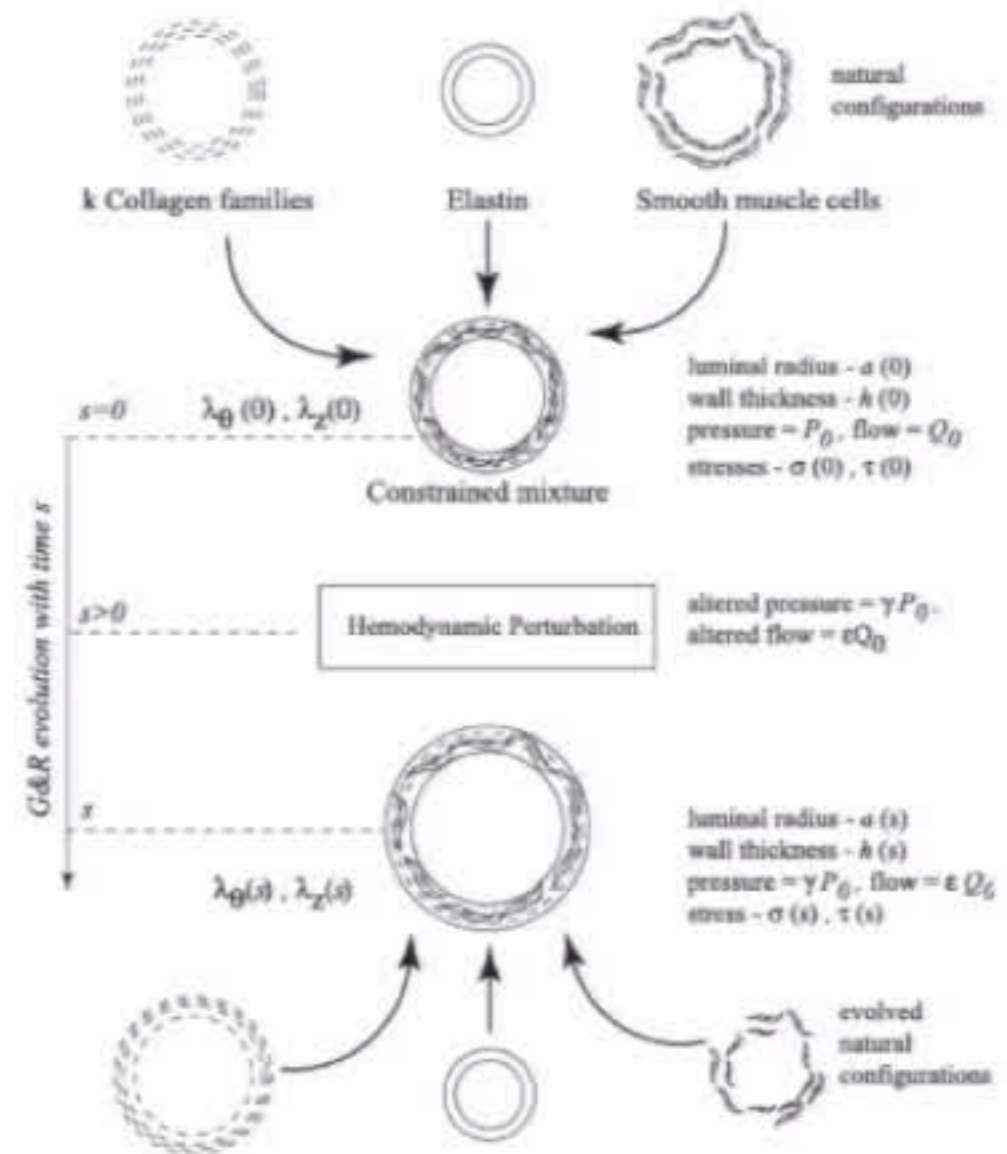


Tran, J. S., Schiavazzi, D. E., Kahn, A. M., and Marsden, A.L.,  
"Uncertainty quantification of simulated biomechanical stimuli in  
coronary bypass grafts," in review.



# Growth and Remodeling

- Adapted Humphrey arterial G&R model to veins
- Predict response to changes in hemodynamics (pressure, shear stress)
  - radius, thickness, wall composition
- Test hypotheses of vein graft failure



What is the biomechanical response to altered hemodynamics and wall mechanics in a vein graft?



# Vascular G&R Model

## Equilibrium Equations

$$P(s)a(s) = T_{\theta}(s) = \lambda_{\theta} \sum \frac{\partial W^k}{\partial \lambda_{\theta}} \quad \text{Circumferential}$$

$$\frac{f(s)}{\pi(2a(s) + h(s))} = T_z(s) = \lambda_z \sum \frac{\partial W^k}{\partial \lambda_z} \quad \text{Axial}$$

## Constitutive Equations

$$W^{elastin} = \frac{c^e}{2} (\lambda_{\theta}^2 + \lambda_z^2 + \lambda_r^2 - 3) \quad \text{Elastin}$$

$$W^k = \frac{c_1^k}{4c_2^k} (e^{(c_2^k(\lambda)^2 - 1)^2} - 1) \quad \text{SMC + Collagen}$$

## Mass Addition and Removal

$$m^k = m_0^k (1 + K_1^k \Delta \sigma - K_2^k \Delta \tau_w) \quad \text{Addition}$$

$$q^k(s, \tau) = e^{-\int_{\tau}^s K^k(\tilde{\tau}) d\tilde{\tau}} \quad \text{Removal}$$

$$K^k(\tilde{\tau}) = K_h^k + K_h^k \Delta \zeta(\tilde{\tau})^2$$

## Evolution

$$M^k(s) = M^k(0)Q^k(s) + \int_0^s m^k(\tau)q^k(s, \tau)d\tau \quad \text{Mass}$$

$$W^k(s) = \frac{M^k(0)}{\rho(s)} Q^k(s) \widehat{W}^k(\mathbf{C}_{n(0)}^k(s)) + \int_0^s \frac{m^k(\tau)}{\rho(s)} q^k(s, \tau) \widehat{W}^k(\mathbf{C}_{n(\tau)}^k(s)) d\tau, \quad \text{Stored Energy}$$



# Could gradual loading ameliorate vein maladaptation?

$$\mathcal{J}_{adapt} = \sqrt{\left(\frac{\tau_w^h - \tau_w}{\tau_w}\right)^2 + \left(\frac{\sigma_\theta^h - \sigma_\theta}{\sigma_\theta}\right)^2}$$

Measure deviation from homeostasis

Step Change

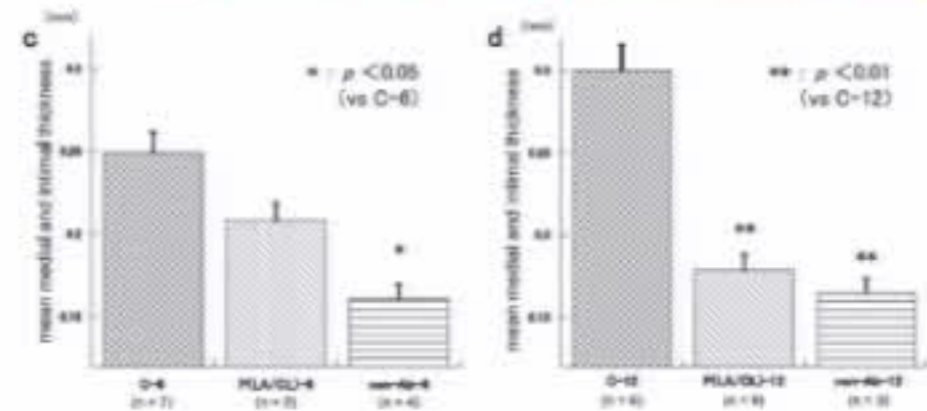
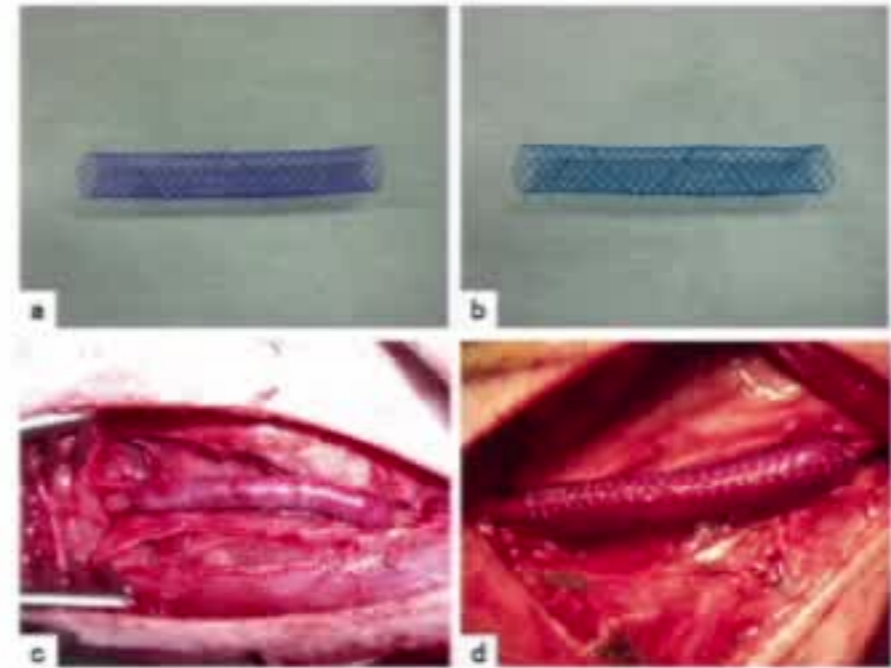
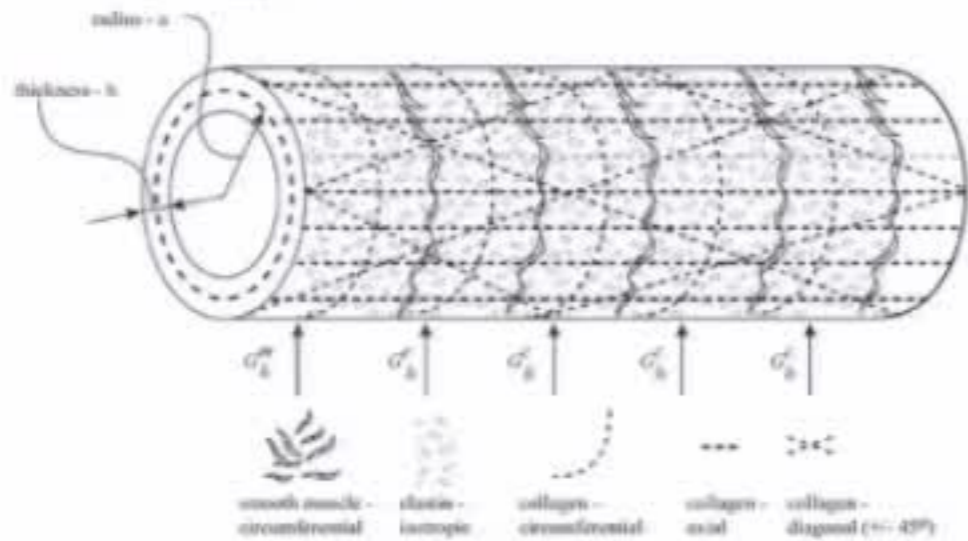
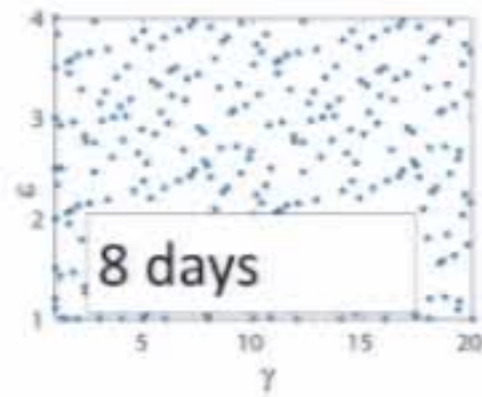
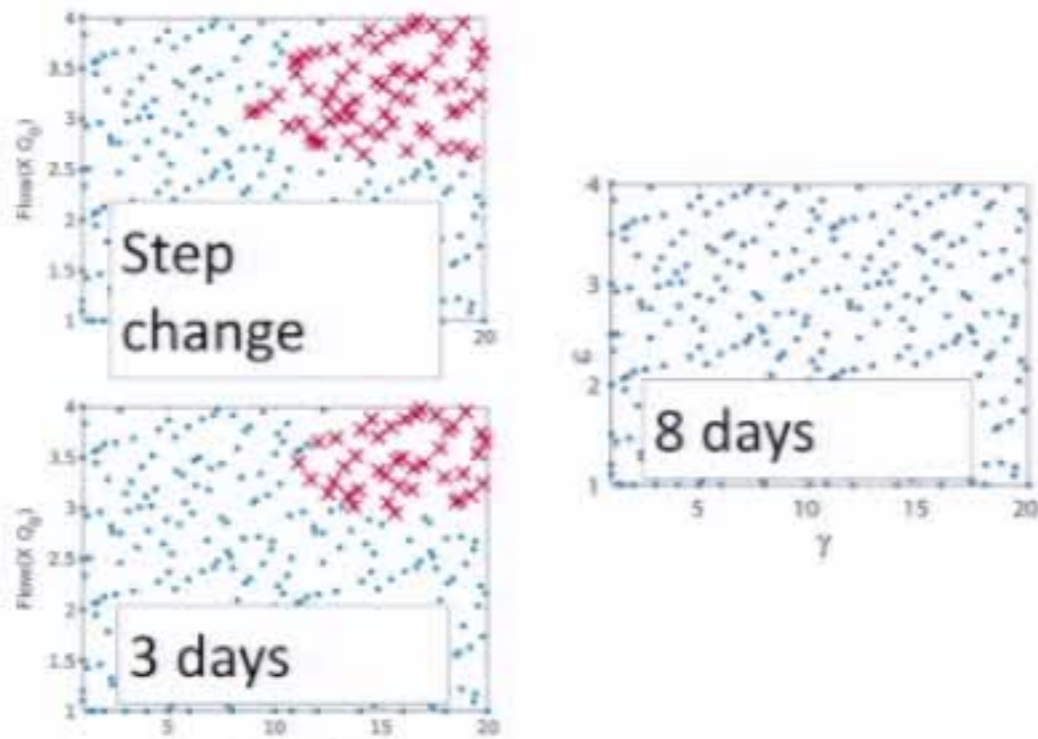
Gradual Change

Ramachandra, A. B., Sankaran, S., Humphrey, J.D., Marsden, A.L., "Computational simulation of the adaptive capacity of vein grafts in response to increased pressure," *Journal of Biomechanical Engineering*, Vol. 137, pp. 031009-1, (2015).

Ramachandra, A. B., Humphrey, J. D., Marsden, A. L., "Gradual loading ameliorates maladaptation in computational simulations of vein graft growth and remodeling," *Journal of the Royal Society Interface*, Vol. 14 (130), May 2017.



# Evidence of benefit of gradual loading



A novel biodegradable external mesh stent improved long-term patency of vein grafts by inhibiting intimal-medial hyperplasia in an experimental canine model

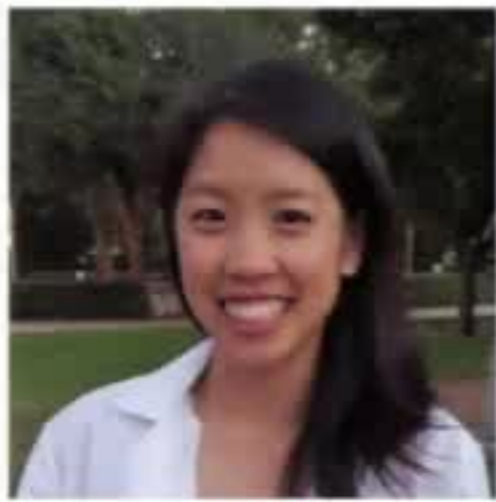
Mitsuko Sato<sup>1</sup>, Masataka Kawamura<sup>2</sup>, Mitsu Watanabe<sup>2</sup>, Yasuko Nishiki<sup>2</sup>, Goro Takahashi<sup>2</sup>, Naoki Masaki<sup>2</sup>, Kiyohiro Kamegaki<sup>2</sup>, Yoshifumi Sato<sup>2</sup>, Kenichi Takayoshi<sup>2</sup>, Yoshikazu Sasaki<sup>2</sup>







Weiguang Yang



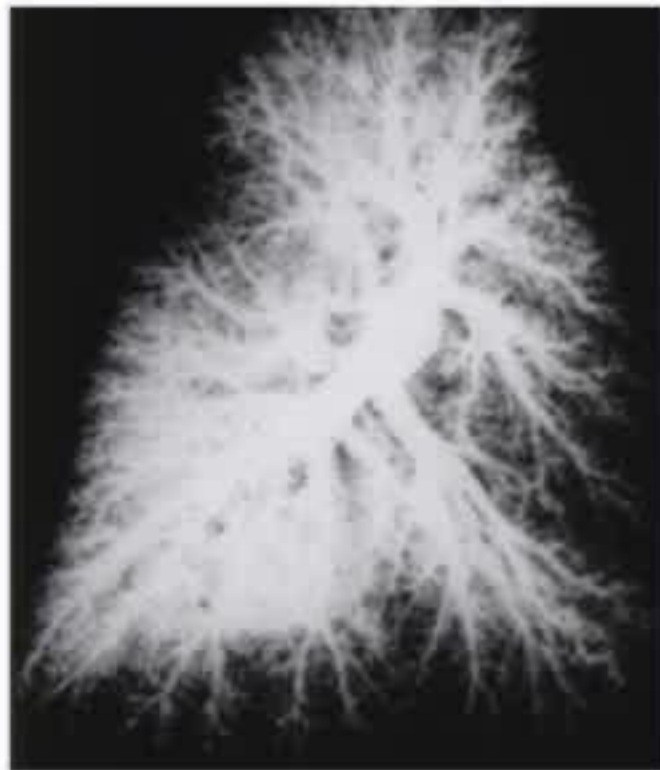
Melody Dong

# Clinical Examples

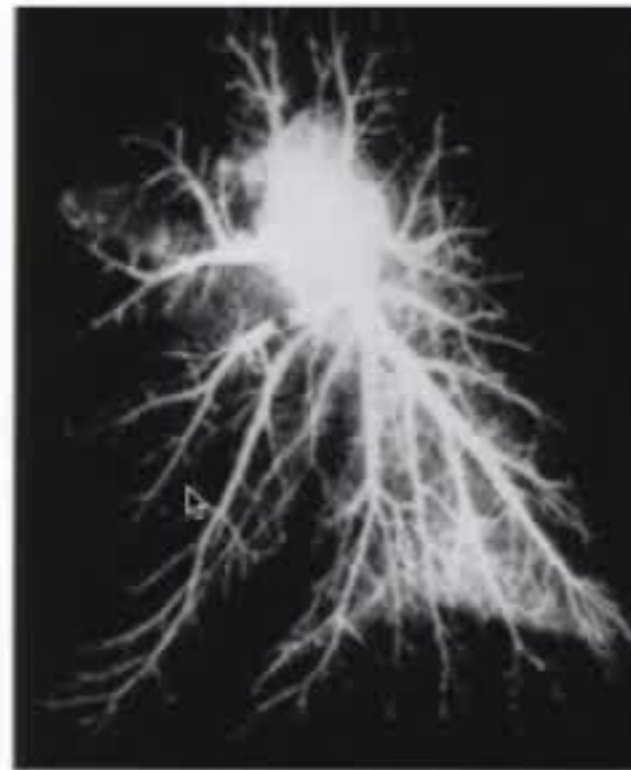
*Hemodynamics in Pulmonary Hypertension*

With Jeff Feinstein and Marlene Rabinovitch

# Altered Hemodynamics contributes to PAH Progression

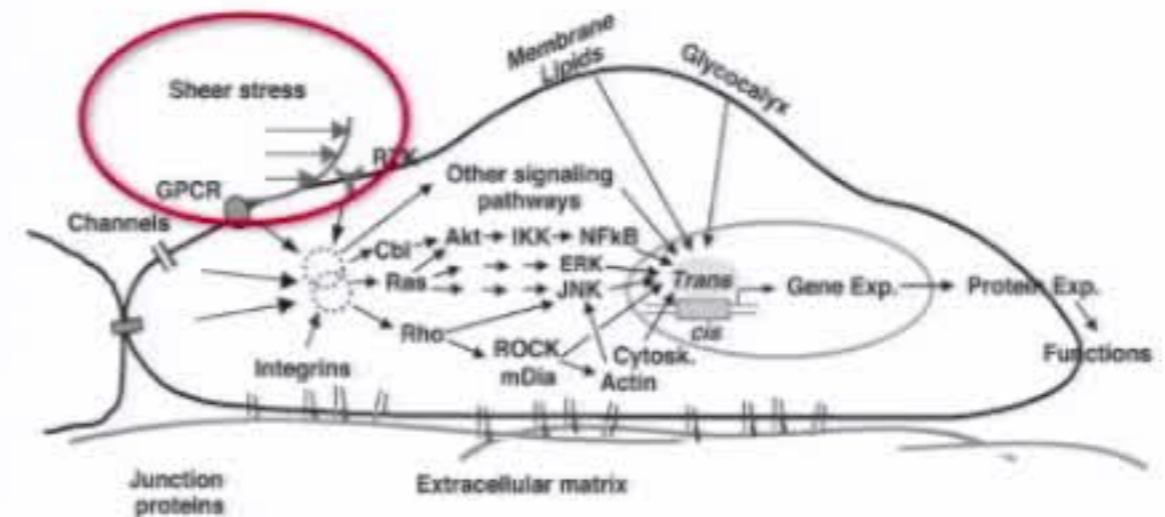


Normal



IPAH for 6 months

J.D. Rich & S. Rich, *Circ*, 2014.



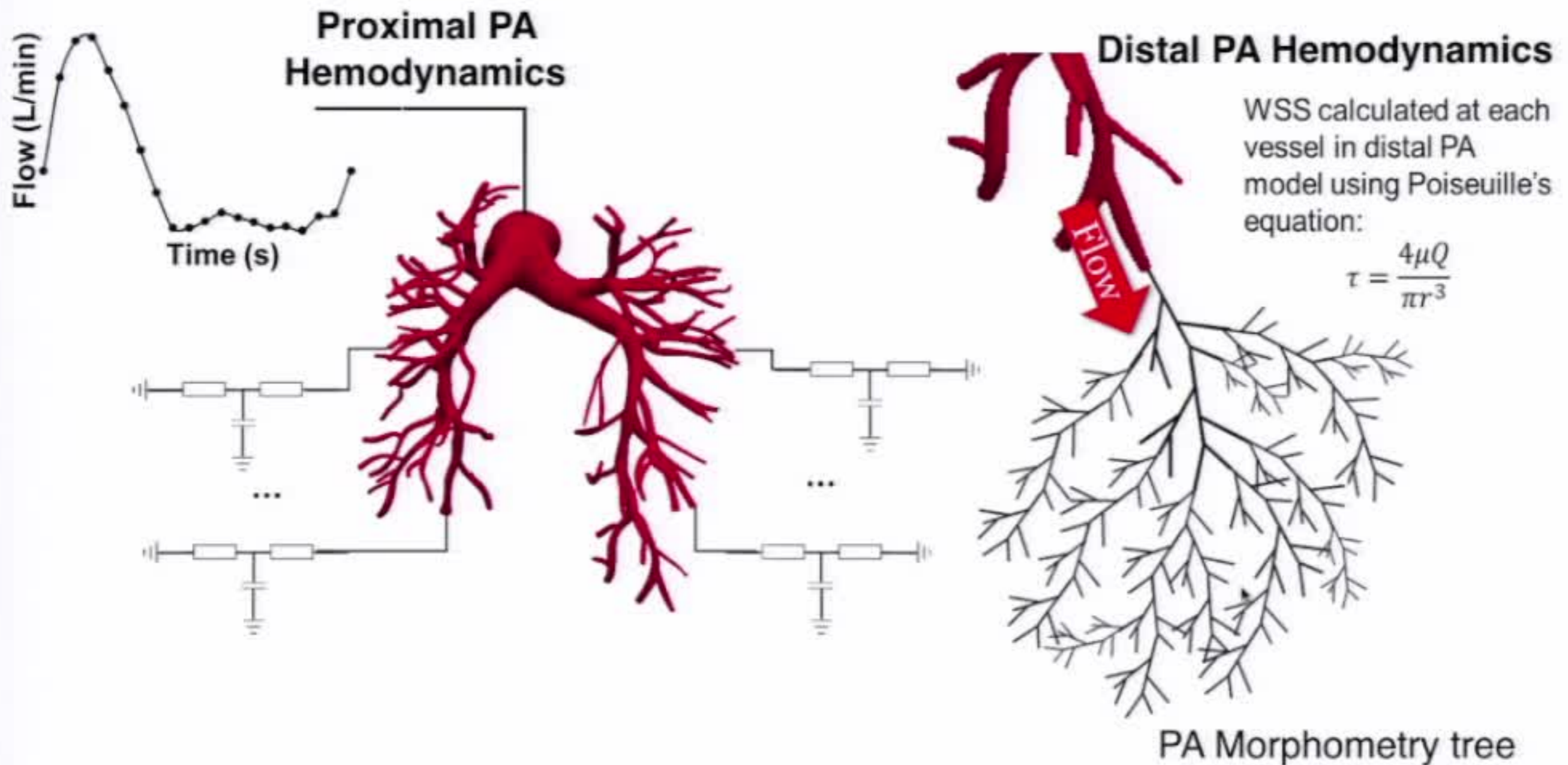
S. Chien, *Am J Physiol Heart Circ Physiol*, 2007

Elevated pulmonary artery (PA) pressure (>25 mmHg) and abnormal shear contribute to pulmonary vascular remodeling

5 year survival rate for children of 60-70%



# Methods: Simulating hemodynamics in entire PA tree



<sup>1</sup>Huang W., et al., "Morphometry of the human pulmonary vasculature," *J Appl Physiol*, 81(5):2123-33, 1996.

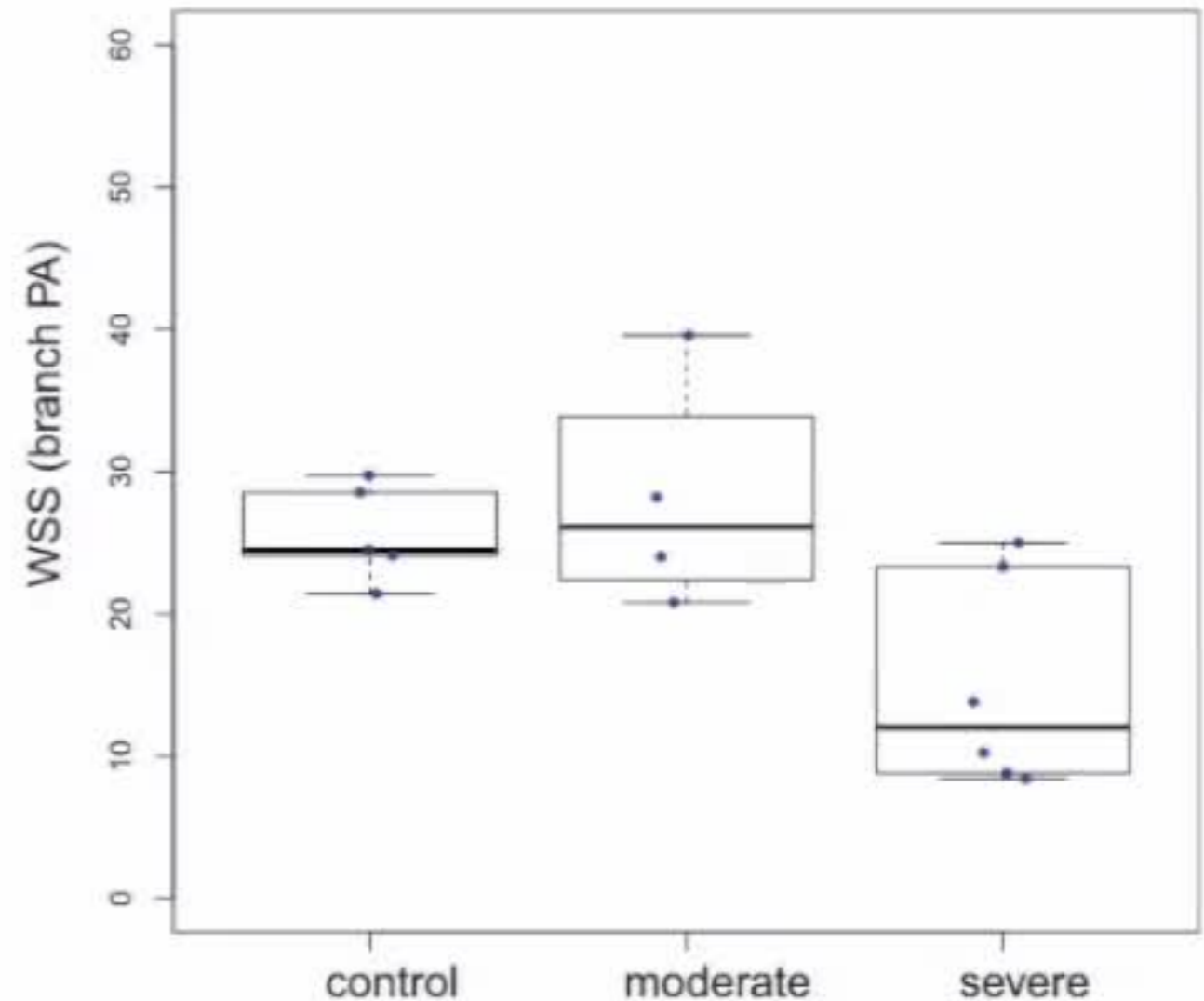
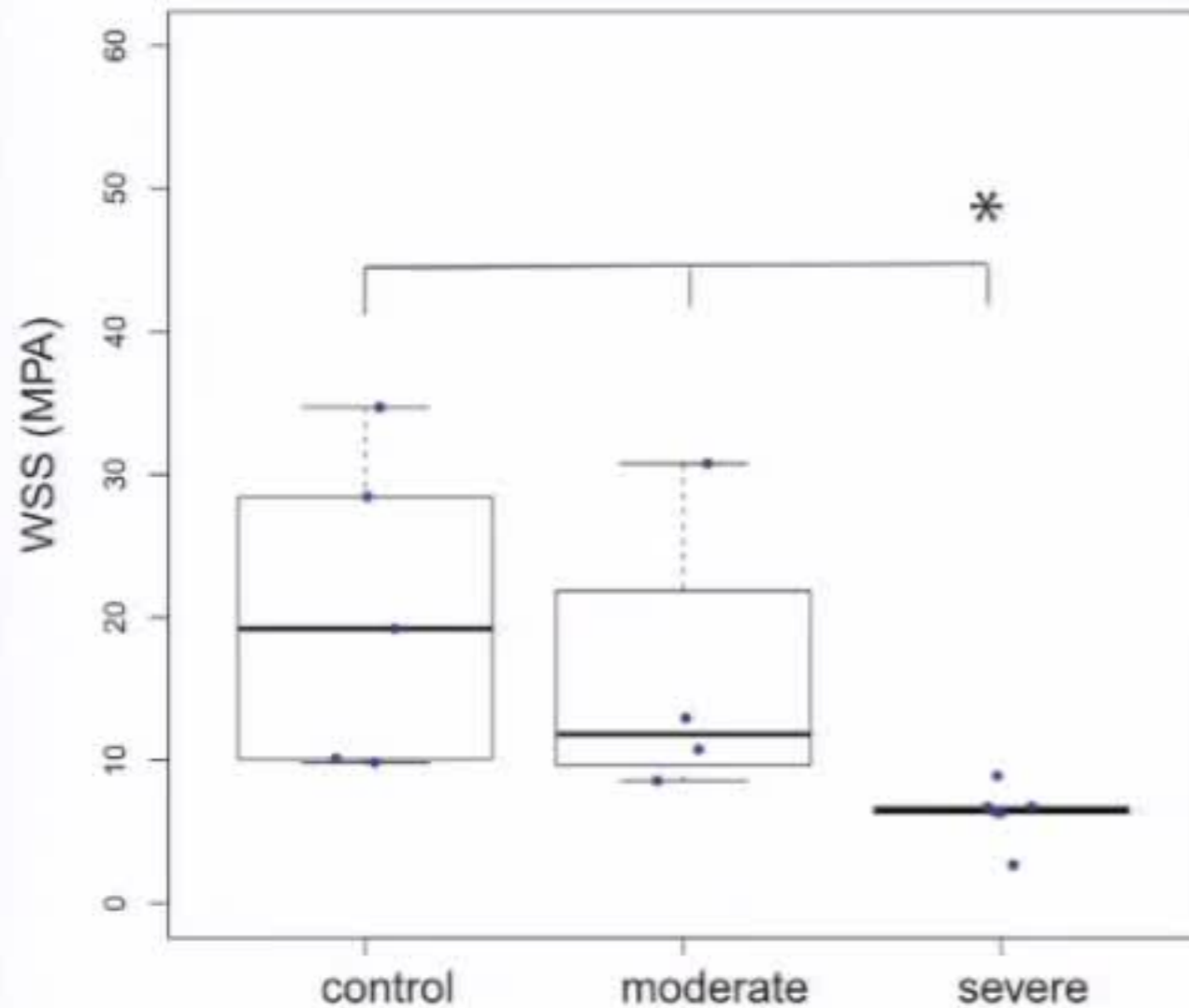


# Study Cohort Clinical Data

Group	Patient	Age (year)	EDV (ml)	EF	PVRI ( $WU \times m^2$ )
Control	C1	7.0	69	46%	NA
	C2	15.0	99	52%	NA
	C3	9.0	102	57%	NA
	C4	15.2	85	56%	NA
	C5	17.0	45	62%	NA
Moderate	M1	14.0	101	68%	8.6
	M2	10.6	101	55%	6.4
	M3	5.3	132	48%	10
	M4	4.3	93	60%	8.4
Severe	S1	10.6	125	49%	19
	S2	10.3	123	39%	13
	S3	17.0	140	22%	24
	S4	16.9	115	32%	37.5
	S5	17.6	117	51%	12
	S6	9.1	118	27%	17.9



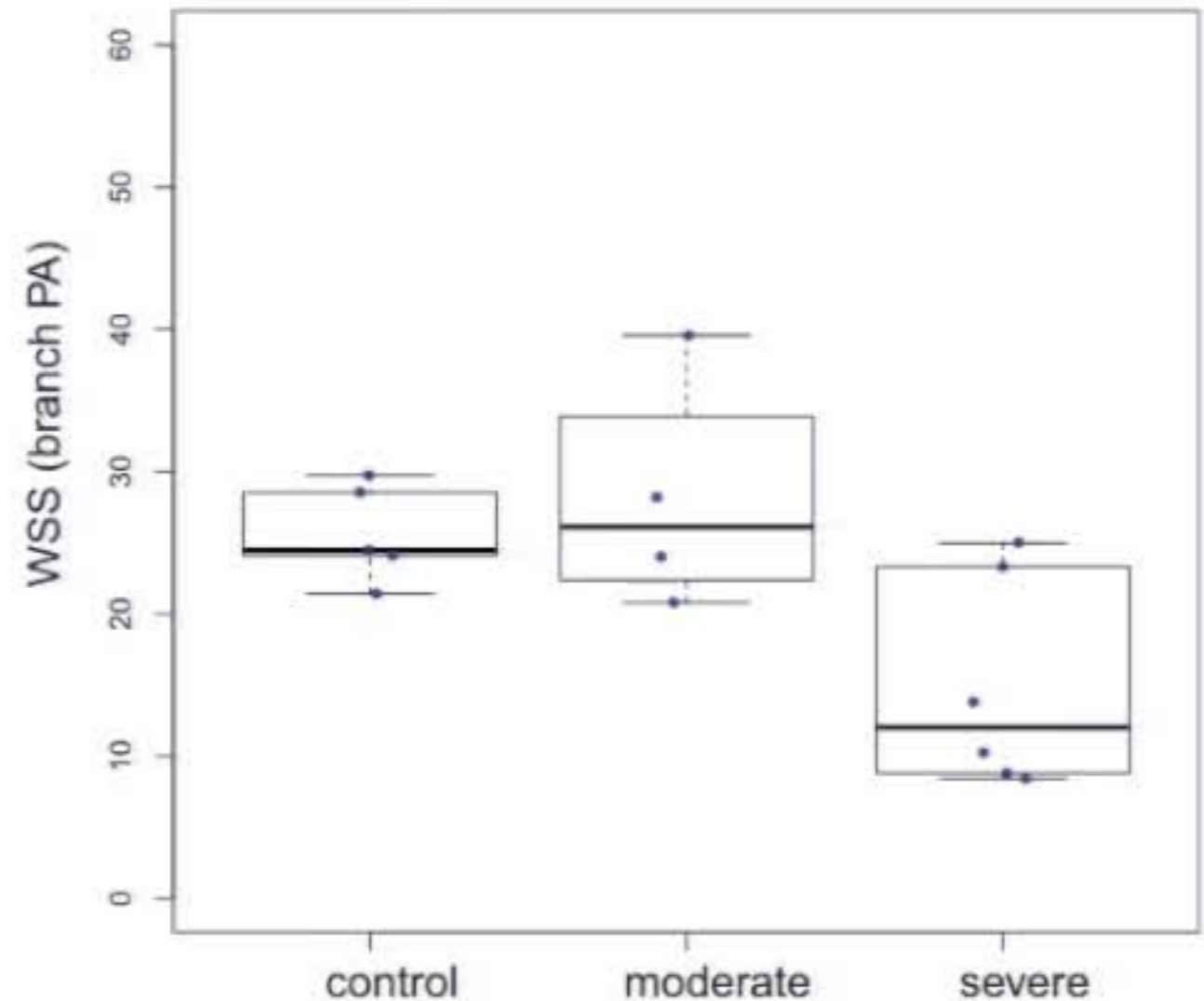
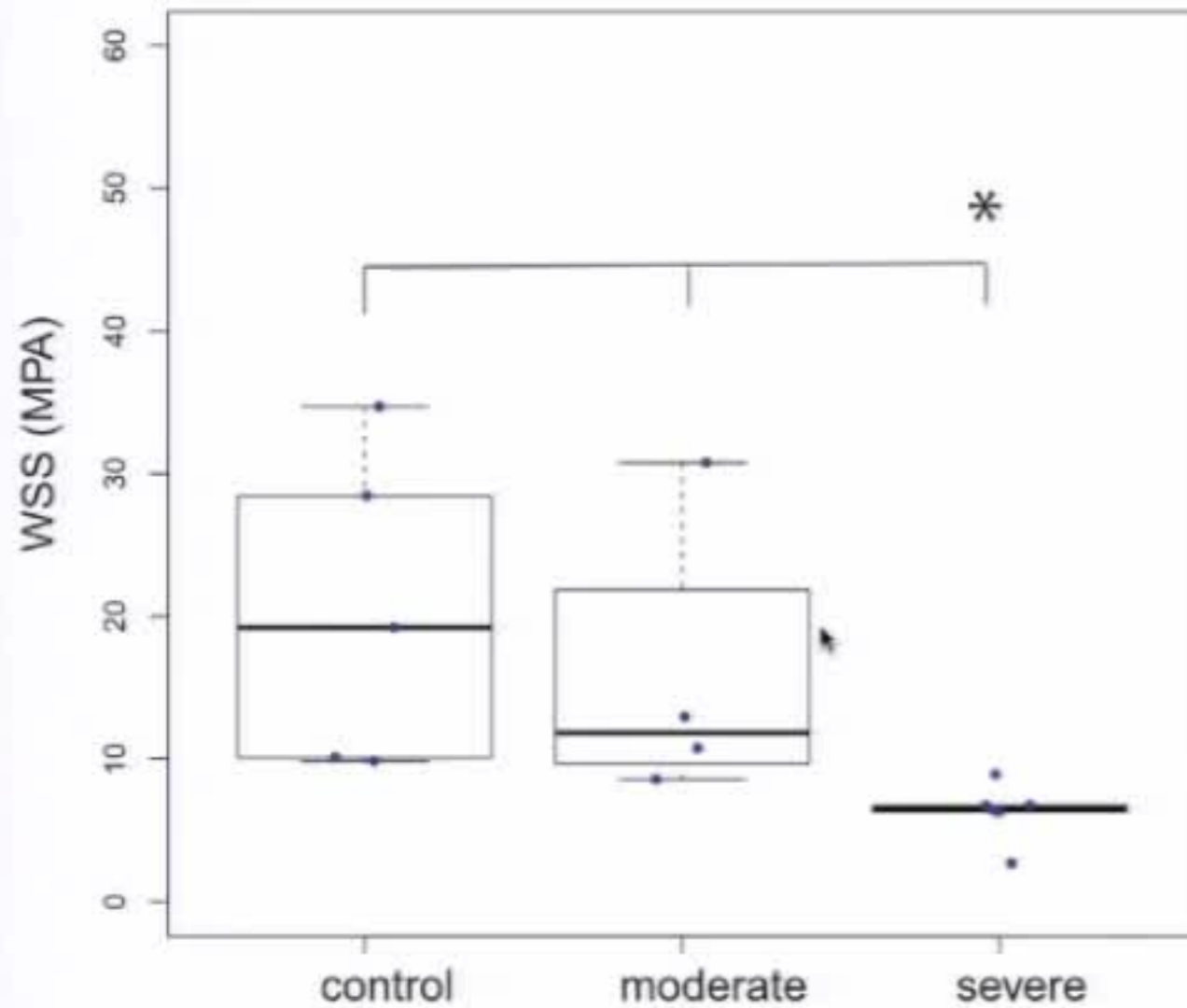
# Proximal vessels: WSS



MPA WSS is significantly decreased in moderate and severe patients



# Proximal vessels: WSS

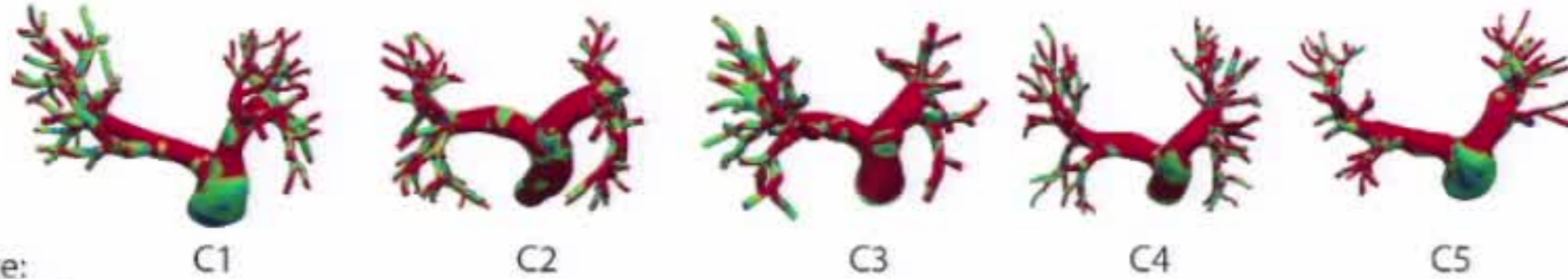


MPA WSS is significantly decreased in moderate and severe patients

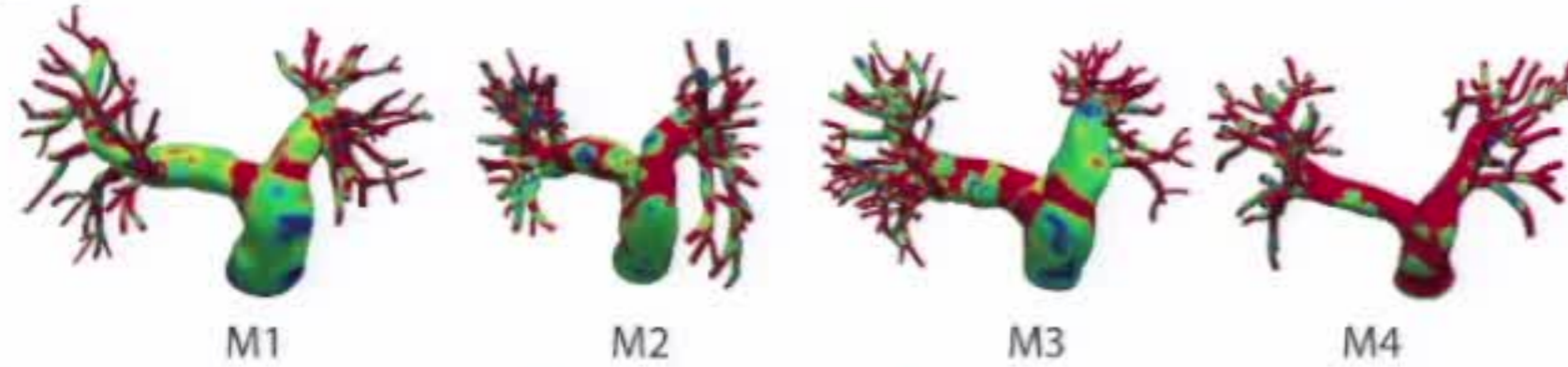


# PH Cohort with Varying Disease Severity

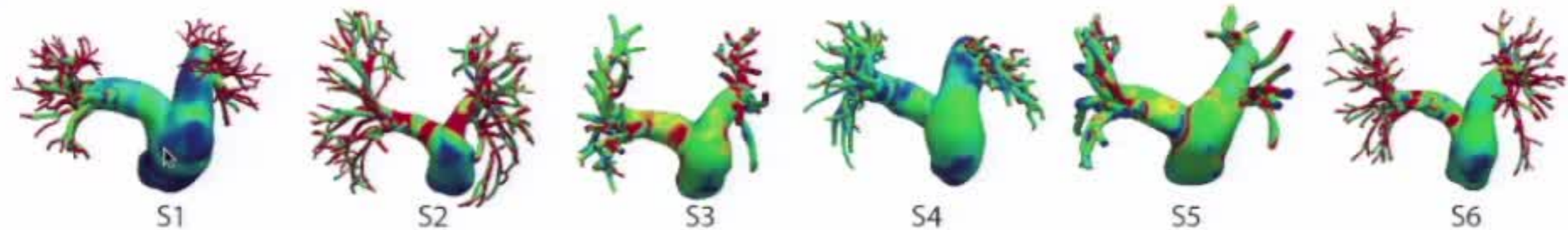
Control:



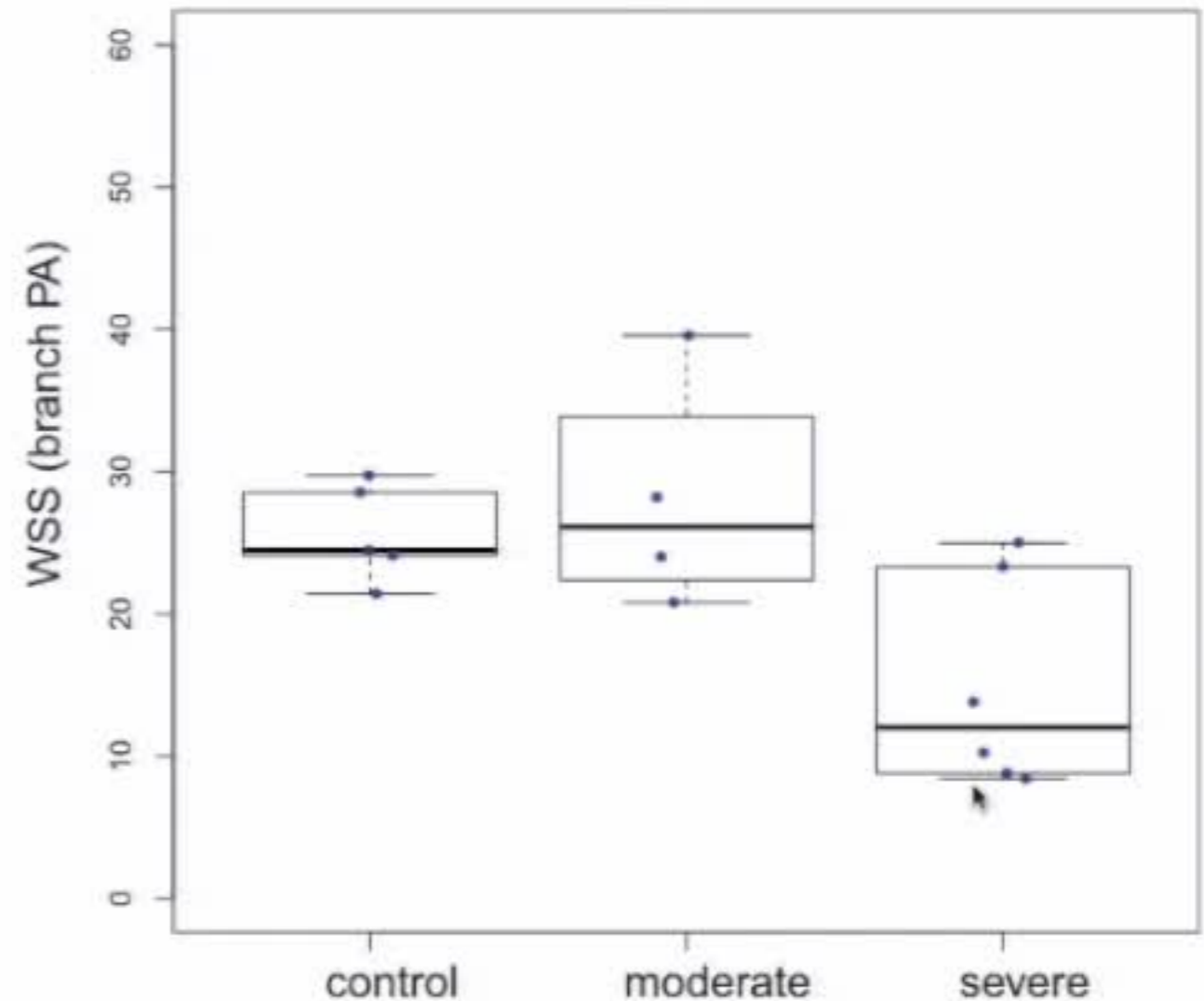
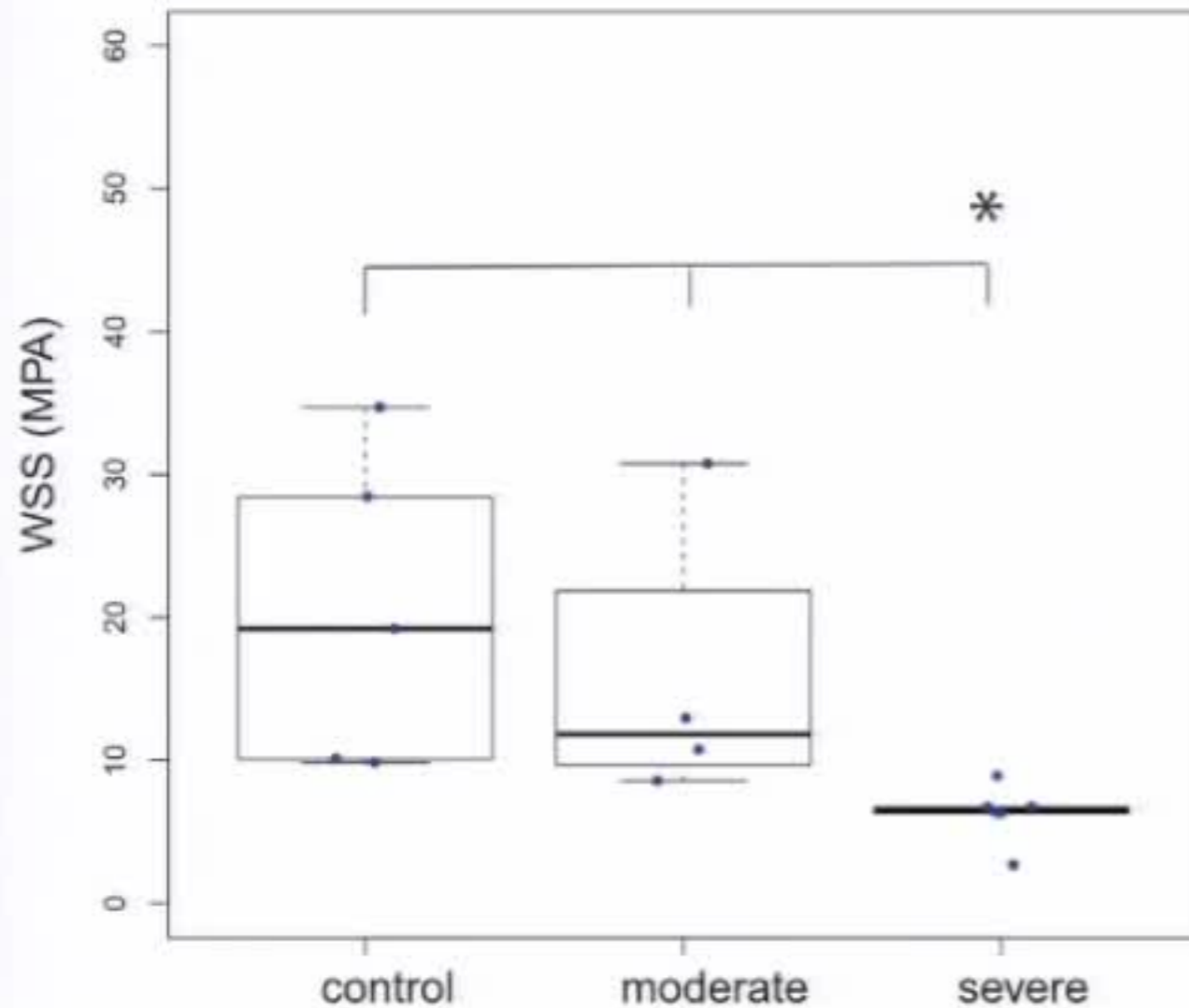
Moderate:



Severe:



# Proximal vessels: WSS



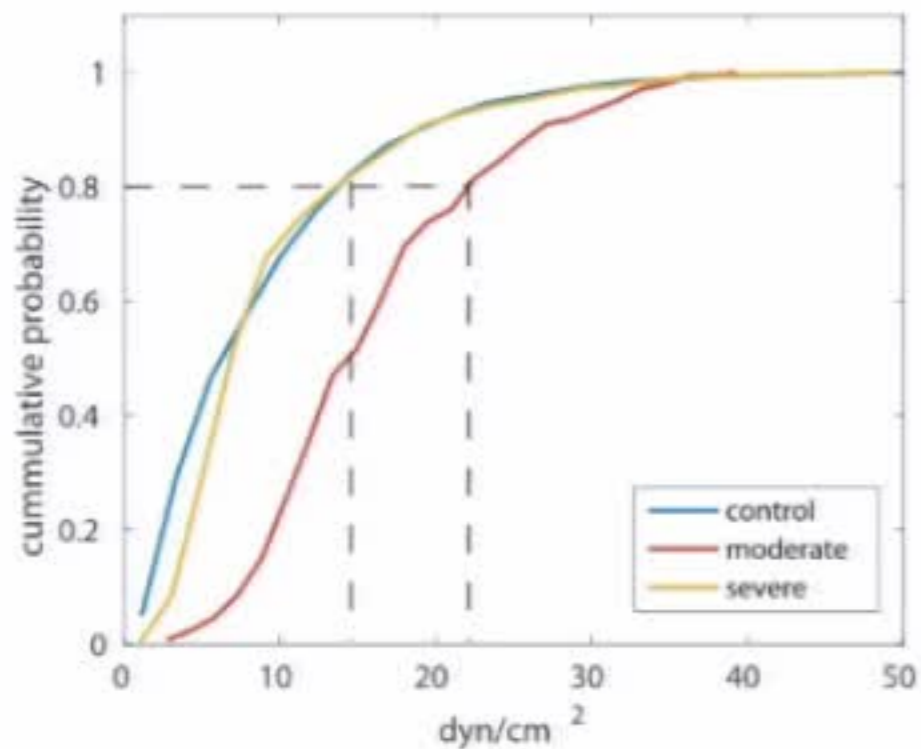
MPA WSS is significantly decreased in moderate and severe patients



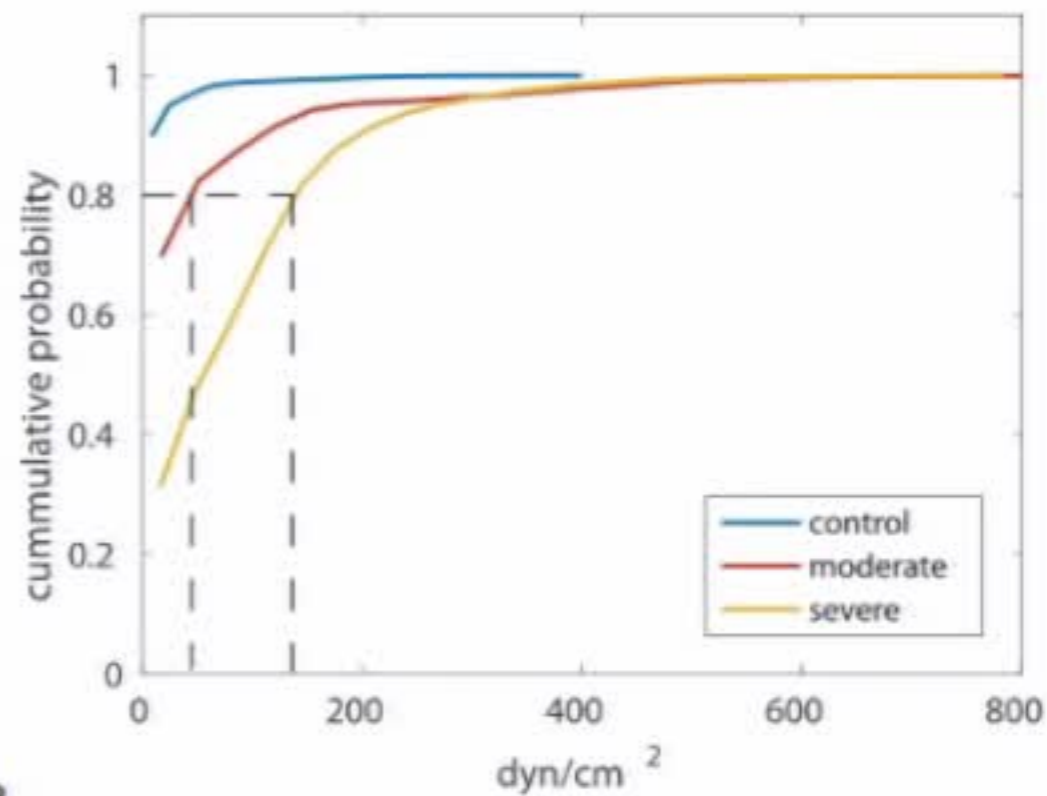


# Distal vessels: WSS

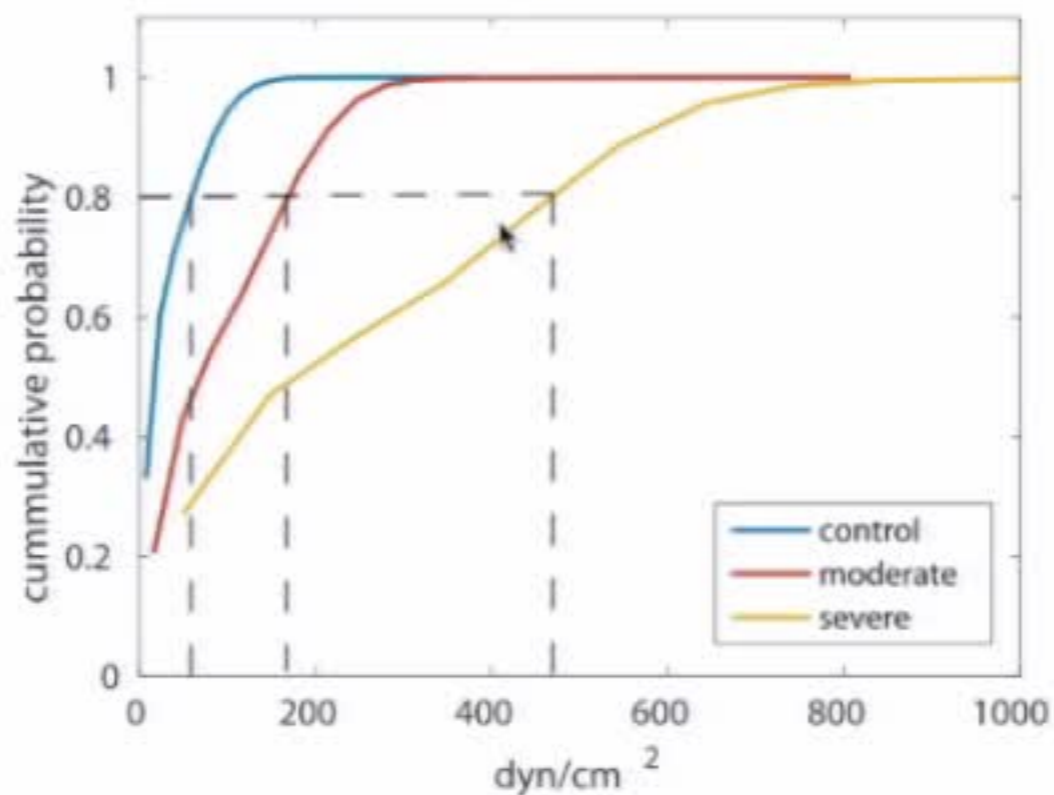
$D > 500\mu m$



$100\mu m < D < 500\mu m$



$D < 100\mu m$





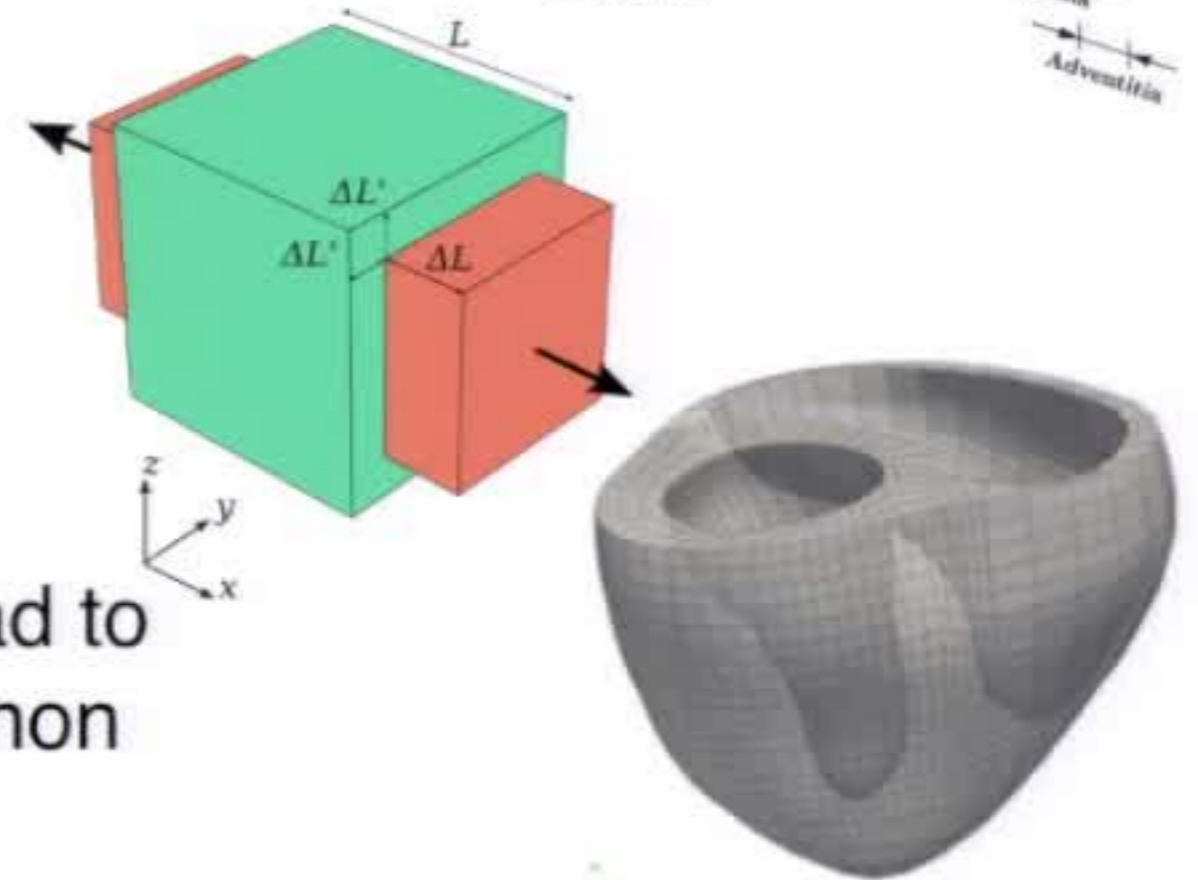
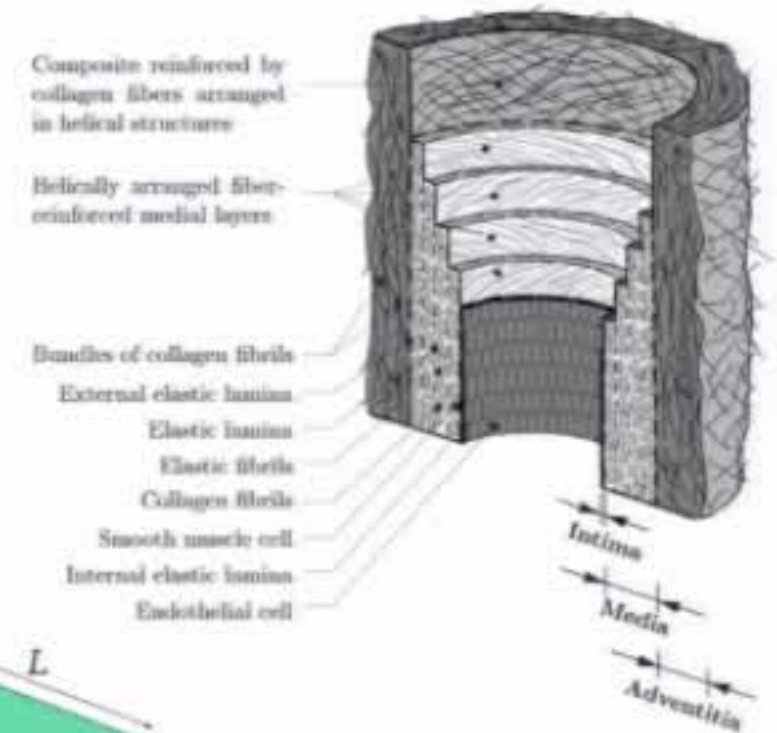
Ju Liu

# Towards Fluid Solid Growth

*An integrated framework for solid-fluid mechanics*

# Challenges of incompressible solids

- Biological tissues are incompressible with Poisson ratio = 0.5
- Most solid mechanics codes inadequately deal with incompressible materials
- Limitations in element type or model complexity
- “Fudge” material properties
- Linear tetrahedral elements lead to well-known “locking” phenomenon



# Helmholtz vs. Gibbs

H. Helmholtz (1821-1894)



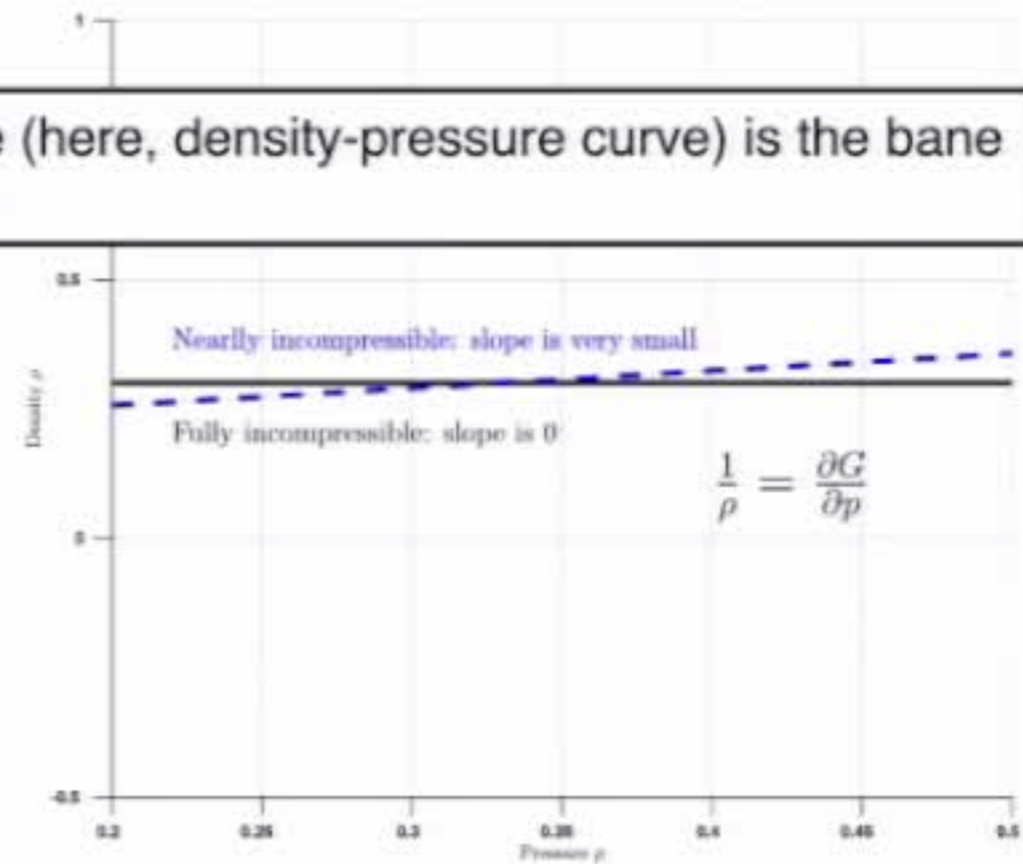
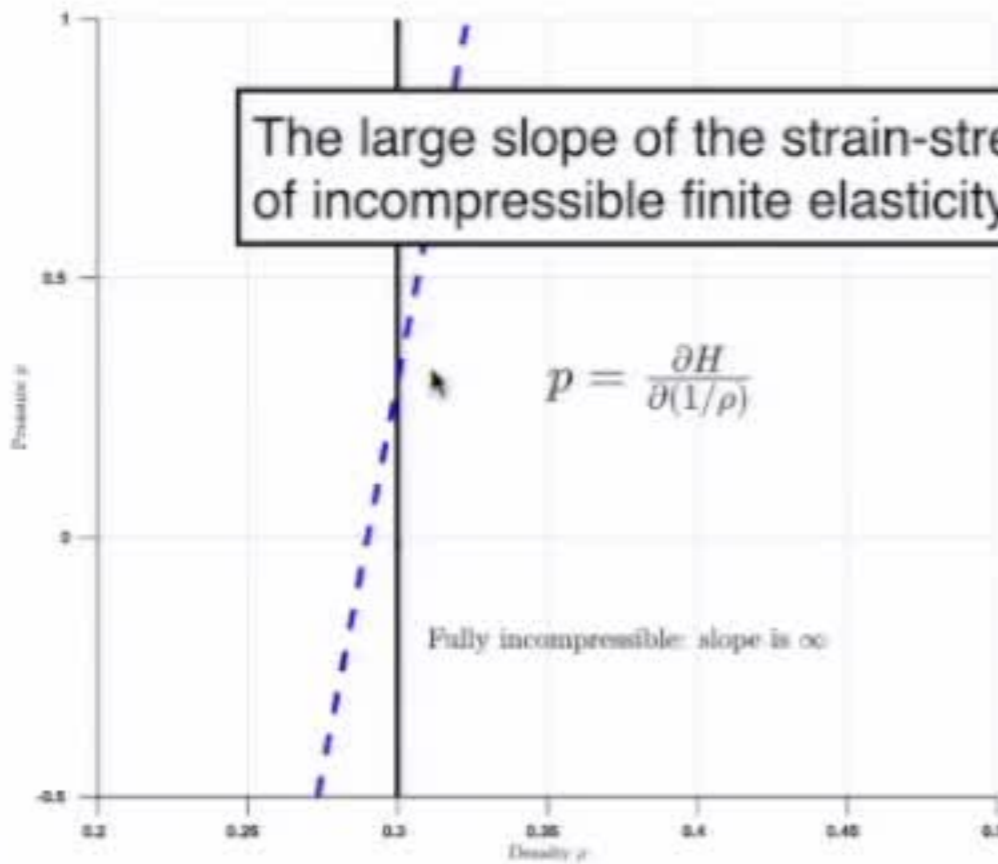
A.M. Legendre  
(1752-1833)



J.W. Gibbs (1839-1903)



The large slope of the strain-stress curve (here, density-pressure curve) is the bane of incompressible finite elasticity solvers



# A unified framework for fluids and solids

- Compressible and incompressible Navier Stokes
- Compressible and incompressible hyper-elastodynamics
- Inelastic materials (anisotropic visco-hyper-elastodynamics, elastoplasticity, etc.)

$$\left\{ \begin{array}{l} 0 = \frac{d\mathbf{u}}{dt} - \mathbf{v}, \text{ or a mesh motion equation for ALE-CFD,} \\ \\ 0 = \frac{d\rho}{dt} + \rho \nabla \cdot \mathbf{v} \\ \\ 0 = \rho \frac{d\mathbf{v}}{dt} - \nabla \cdot \boldsymbol{\sigma}^{\text{dev}} + \nabla p - \rho \mathbf{b} \end{array} \right.$$

Elasticity:

$$\boldsymbol{\sigma}^{\text{dev}} = J^{-1} \tilde{\mathbf{F}} (\mathbb{P} : \tilde{\mathbf{S}}) \tilde{\mathbf{F}}^T, \quad \tilde{\mathbf{S}} = 2 \frac{\partial \hat{\mathbf{G}}}{\partial \tilde{\mathbf{C}}}, \quad \rho^{-1} = \frac{d\hat{\mathbf{G}}}{dp}, \quad \beta_\theta = - \frac{d^2 \hat{\mathbf{G}}}{dp^2} / \frac{d\hat{\mathbf{G}}}{dp}.$$

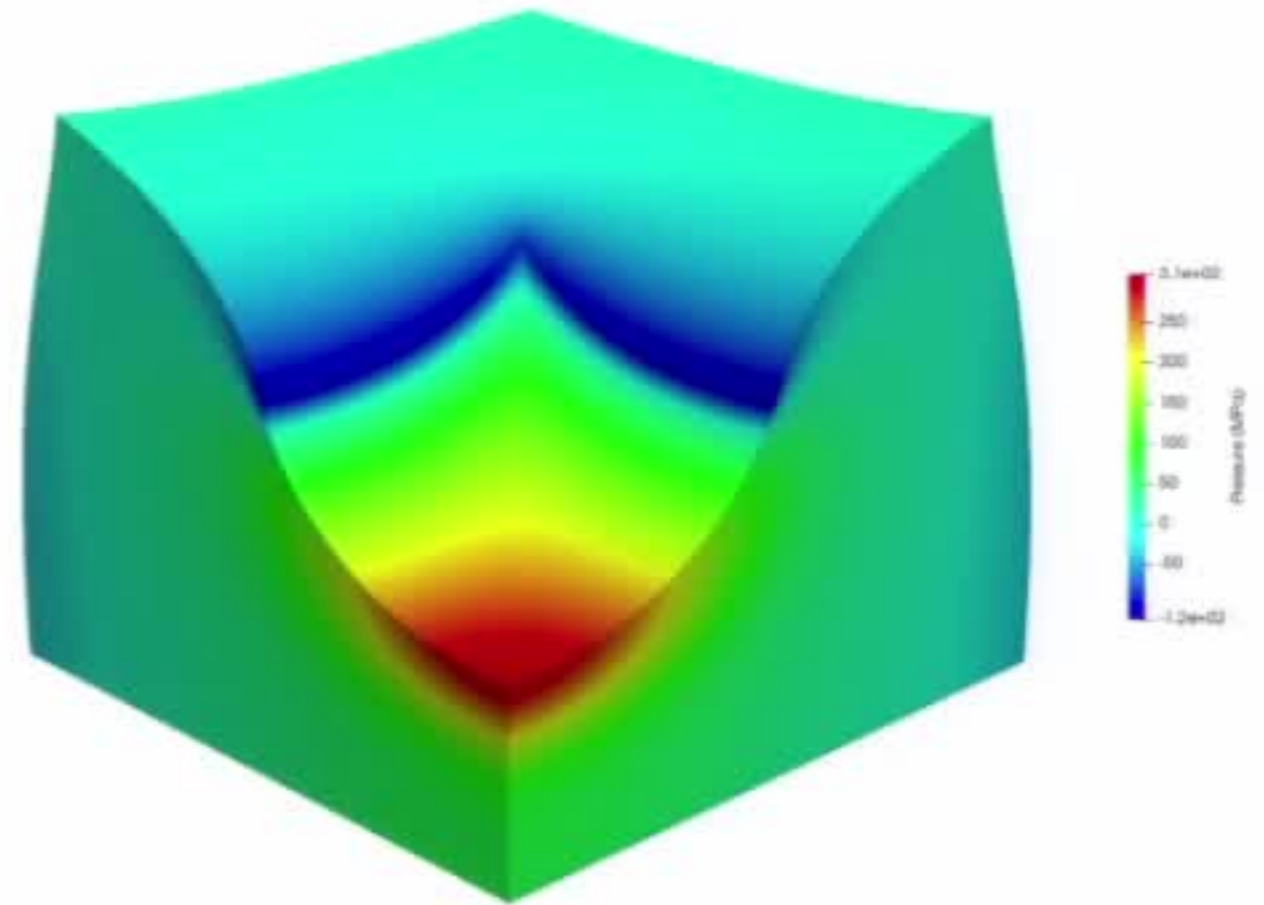
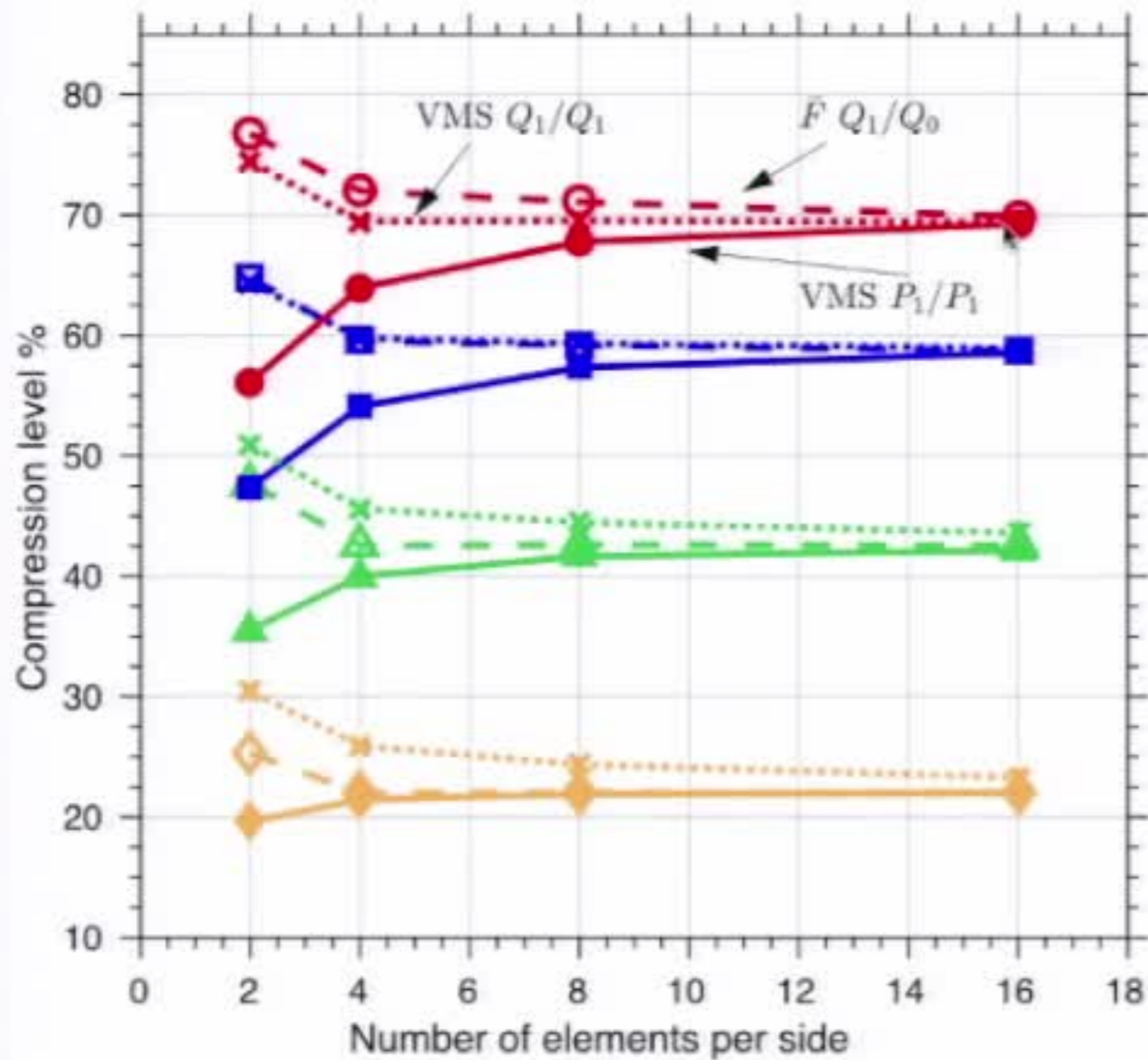
Viscous fluids:

$$\boldsymbol{\sigma}^{\text{dev}} = \bar{\mu} (\nabla \mathbf{v} + \nabla \mathbf{v}^T) + \bar{\lambda} \nabla \cdot \mathbf{v} \mathbf{I}.$$

J. Liu and A.L. Marsden. A unified continuum and variational multiscale formulation for fluids, solids, and fluid-structure Interaction. CMAME 2018.



# Verification: Cube compression



Dashed line: F-bar projection; Solid line: VMS

Pressure field simulated with 340 Million Tets.

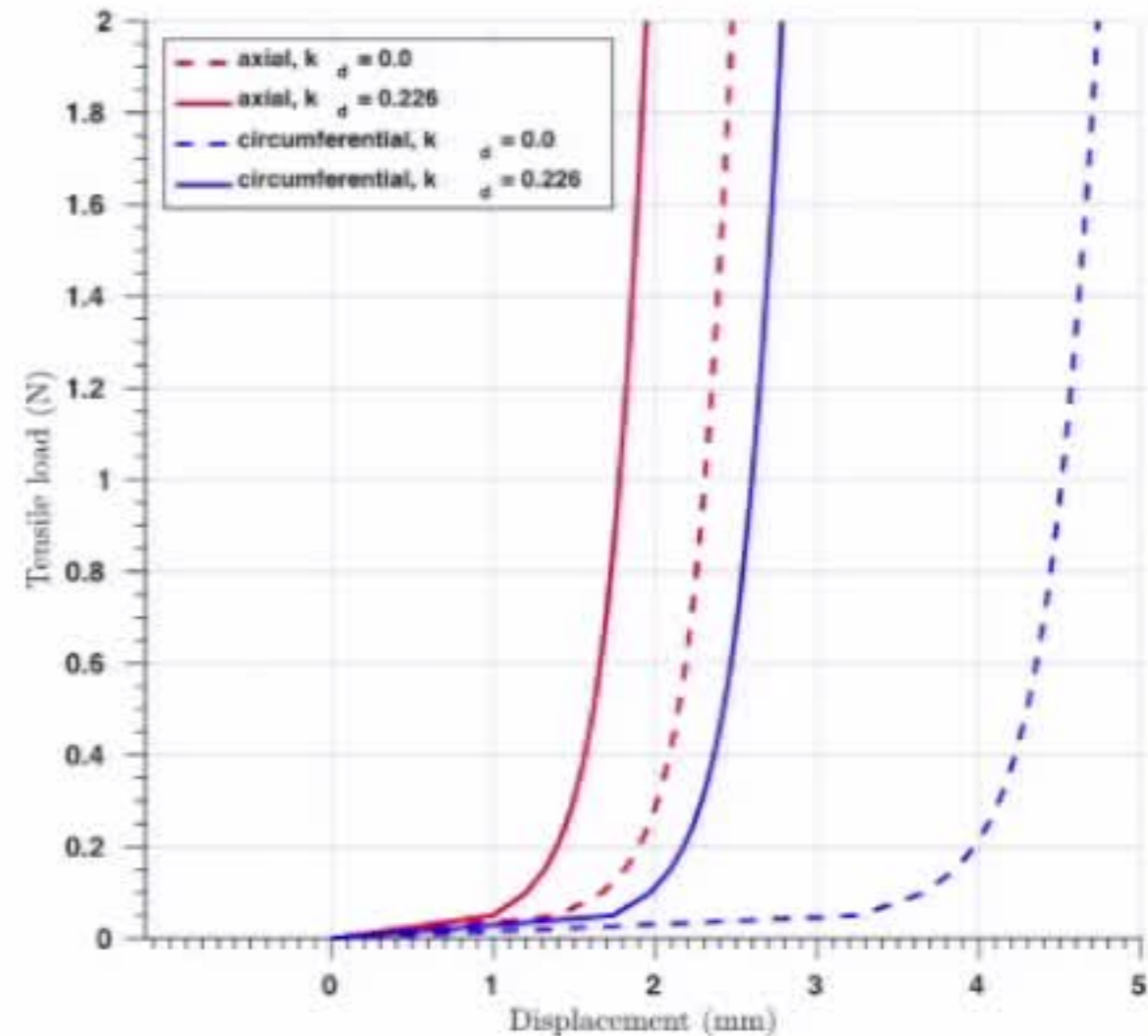
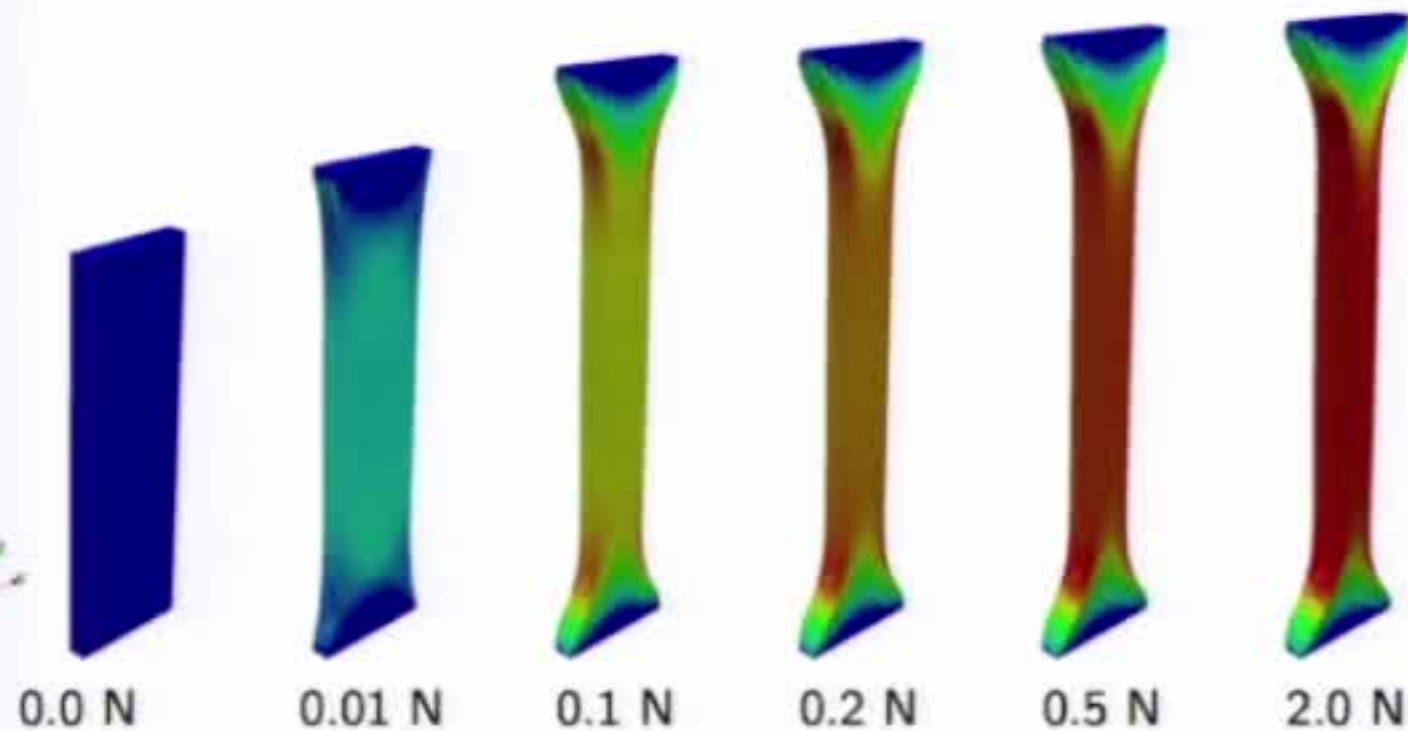
J. Liu and A.L. Marsden. A unified continuum and variational multiscale formulation for fluids, solids, and fluid-structure Interaction. CMAME 2018.



# Verification: Anisotropic hyperelastic material

$$G(\tilde{\mathbf{C}}, \mathbf{H}_i) = G_g(\tilde{\mathbf{C}}) + \sum_{i=1,2} G_{\text{fibre}}(\tilde{\mathbf{C}}, \mathbf{H}_i),$$

$$G_g(\tilde{\mathbf{C}}) = \frac{c}{2}(\text{tr}(\tilde{\mathbf{C}}) - 3), \quad G_{\text{fibre}}(\tilde{\mathbf{C}}, \mathbf{H}_i) = \frac{k_1}{2k_2}(\exp(k_2 \tilde{\mathbf{E}}_i^2) - 1).$$

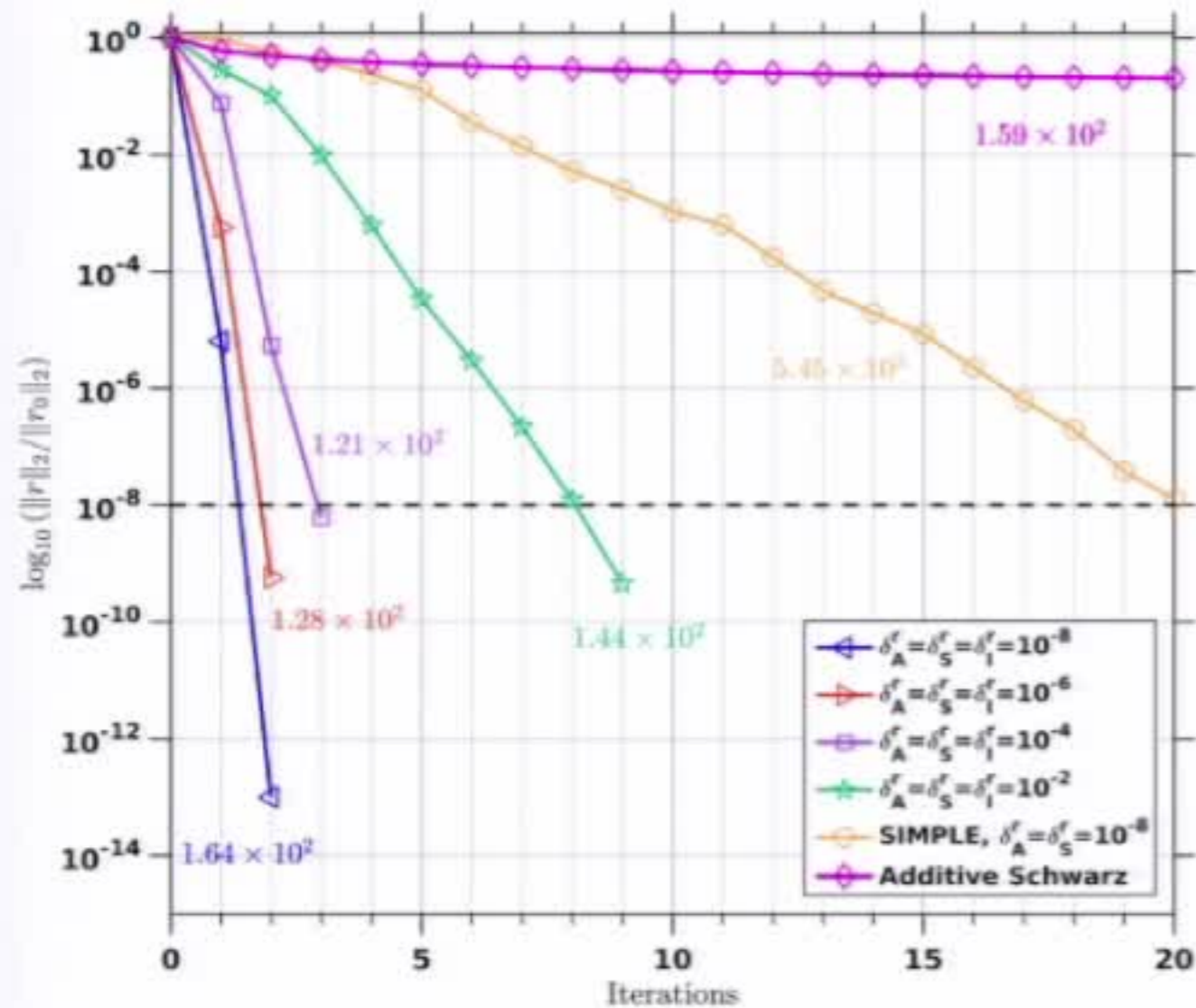


T. Gasser, et al. Hyperelastic modeling of arterial layers with distributed collagen fibre orientations. *Journal of the Royal Society Interface*, 2005.

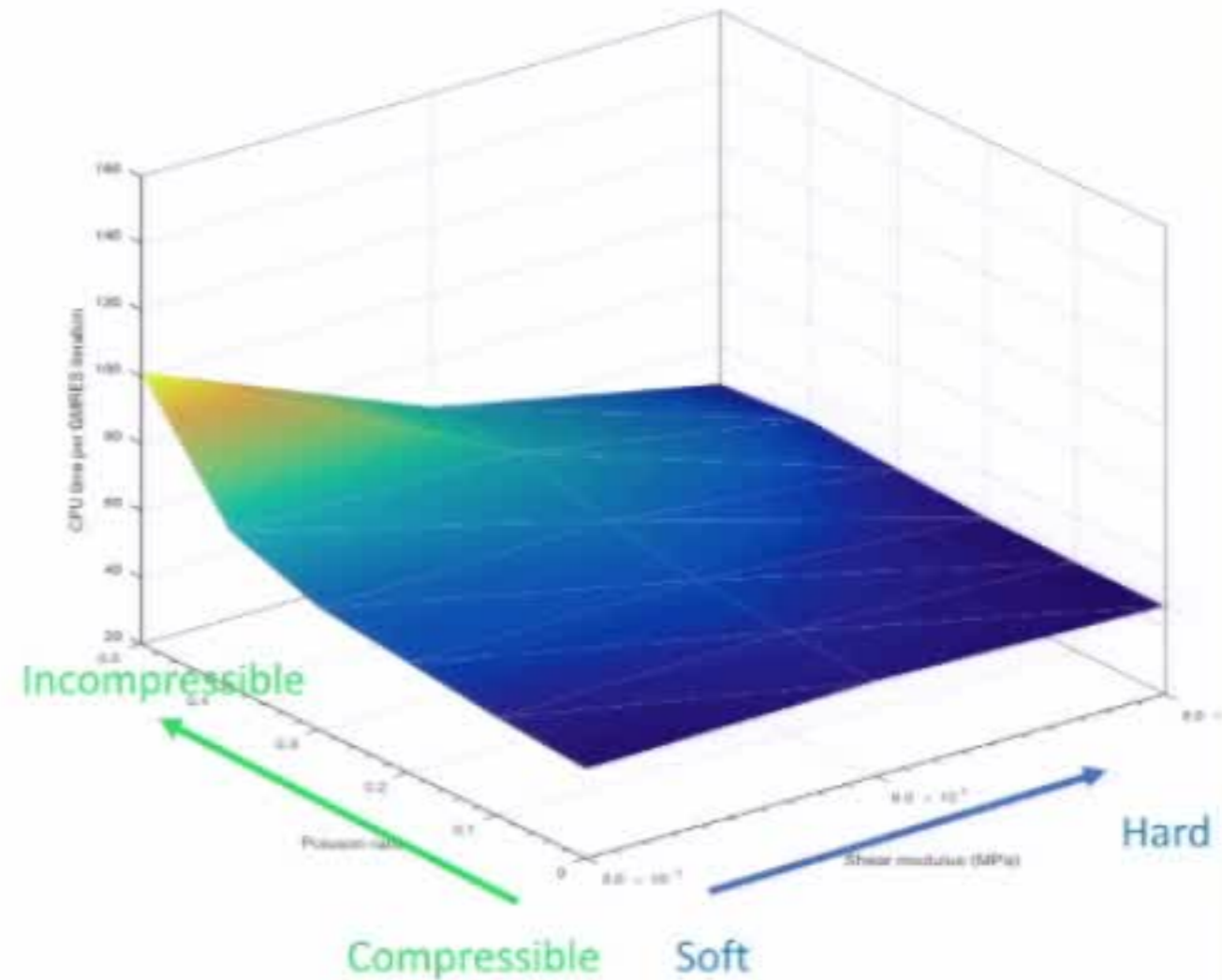
J. Liu and A.L. Marsden. A robust and efficient iterative method for finite elastodynamics with nested block preconditioning. *JCP*, submitted.



# Linear Solver Technology: Nested Block Preconditioner



Convergence history



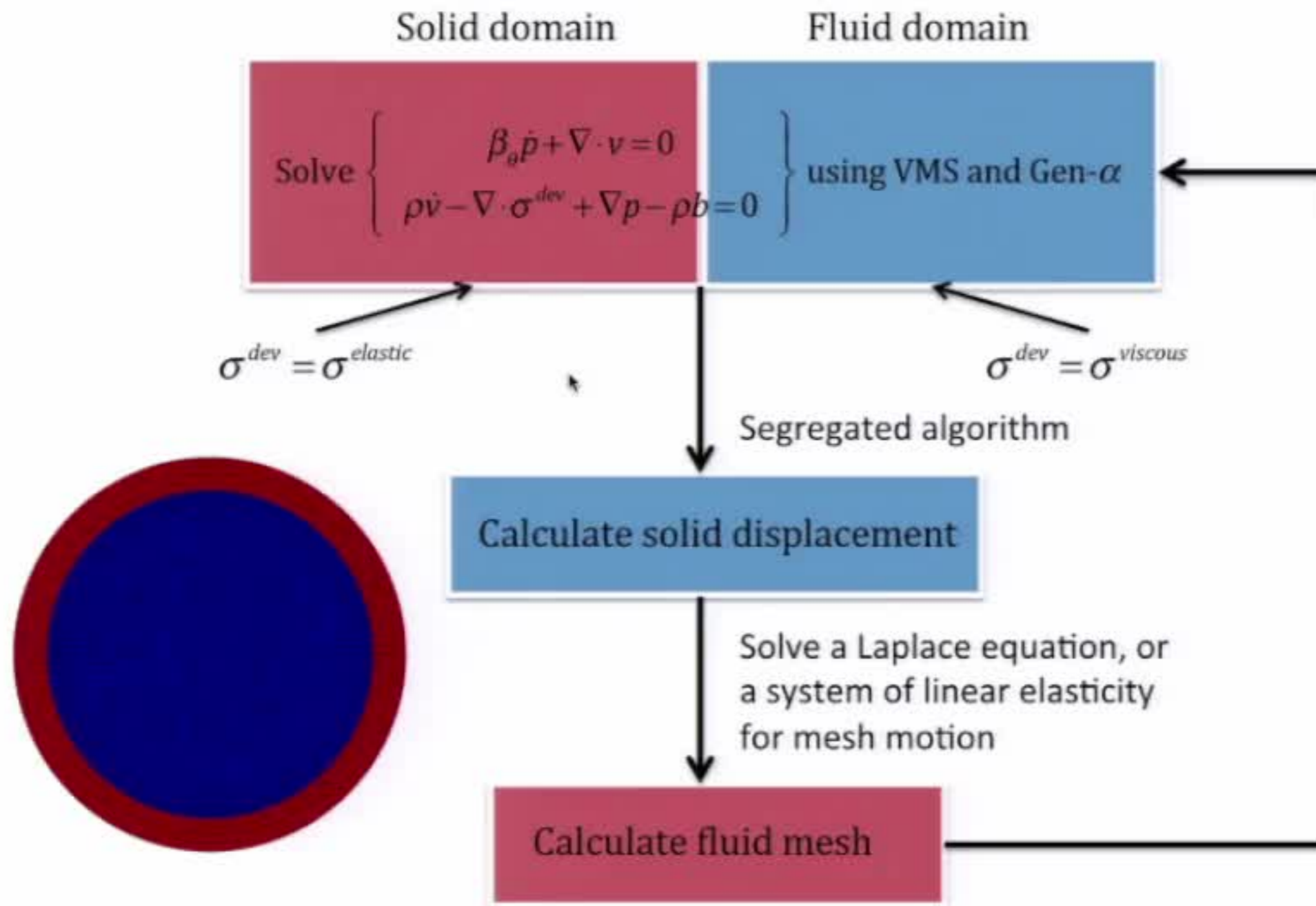
Robustness w.r.t. material properties

J. Liu and A.L. Marsden. A robust and efficient iterative method for finite elastodynamics with nested block preconditioning. JCP, submitted.

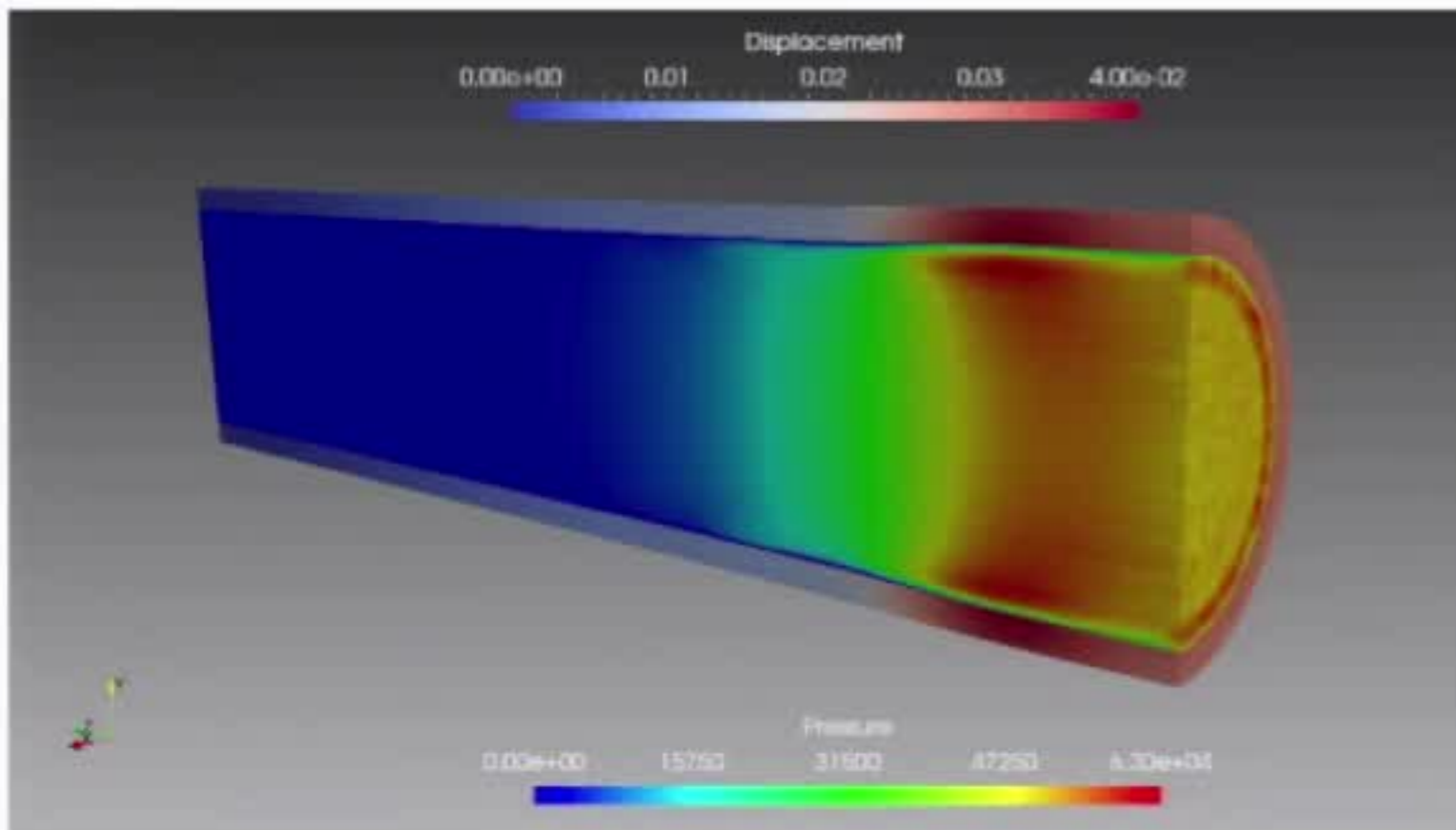




# Unified Framework for FSI

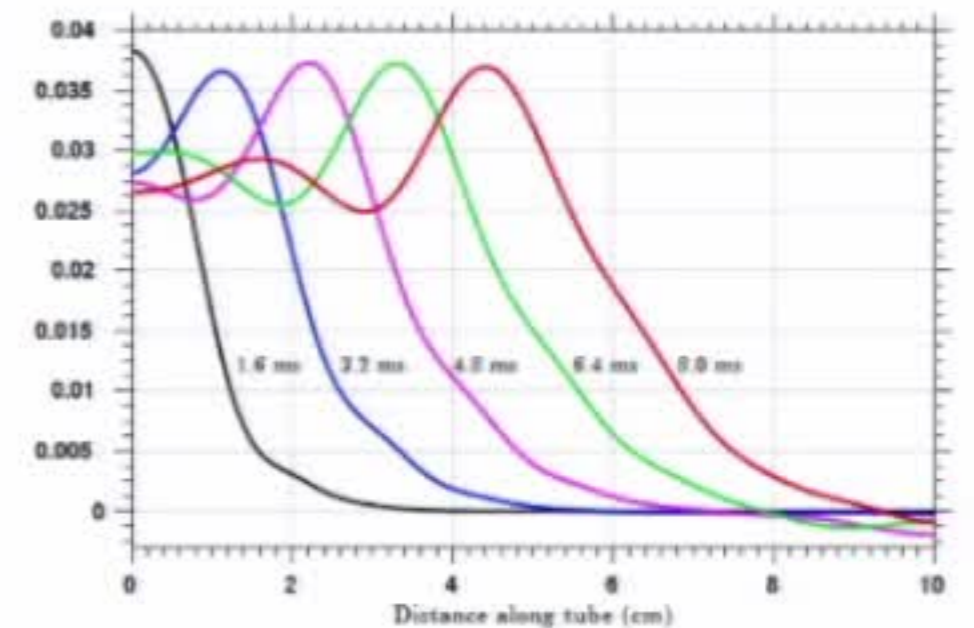
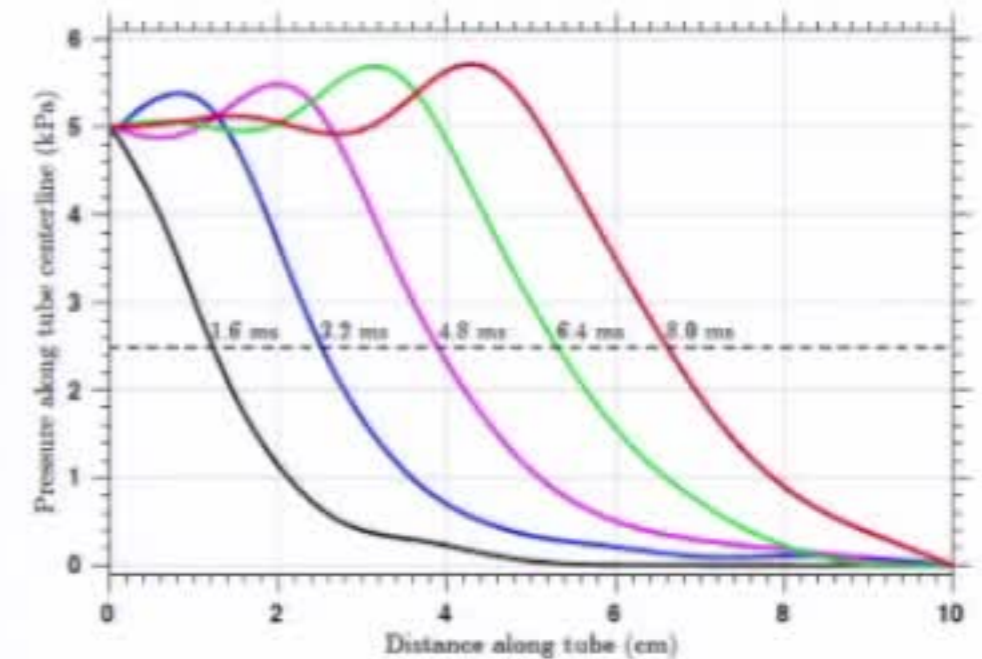


# Wave Propagation in an Elastic Tube



Numerical prediction of the wave frequency: 298.9 Hz  
GW numerical prediction of the wave frequency: 318 Hz  
Analytic value (3 different formulas): 269 Hz, 308 Hz, 336 Hz.

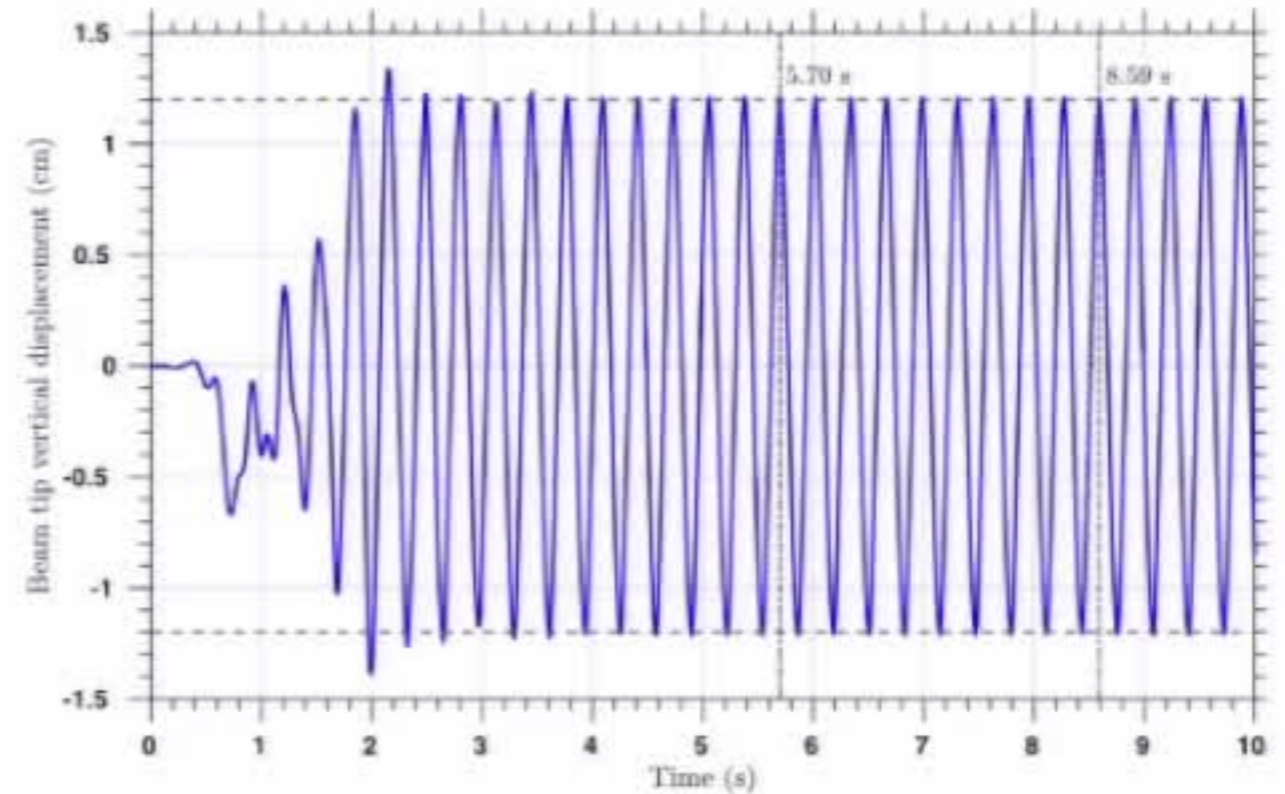
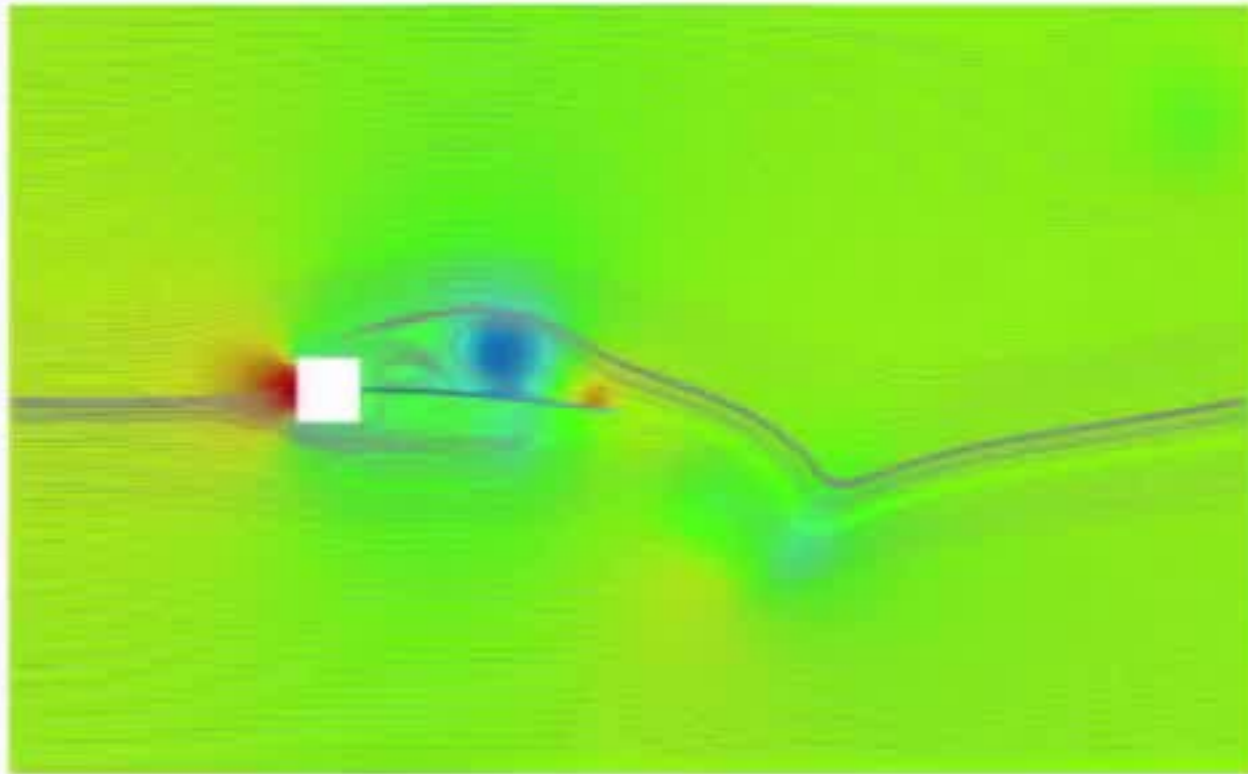
Liu, J., Marsden, A.L., "A unified continuum and variational multiscale formulation for fluids, solids, and fluid-structure interaction," CMAME 2018.



*C.J. Greenshields and H.G. Weller, IJNME, 2005.*



# FSI Benchmark: Flow over an elastic beam



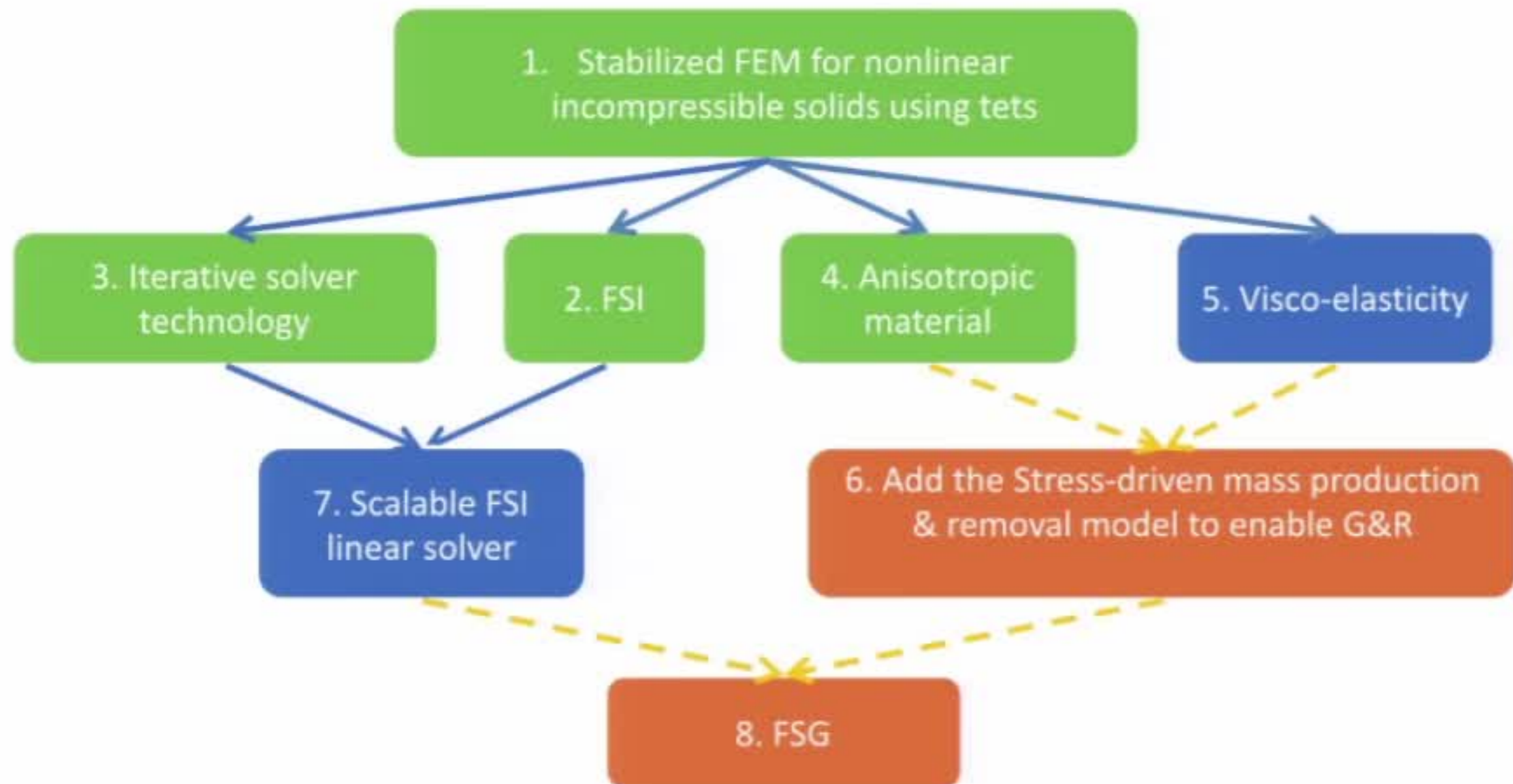
Author	Oscillation period (s)	Tip displacement (cm)
W.A. Wall	0.31 - 0.36	1.12 - 1.32
W.G. Dettmer and D. Perić	0.32 - 0.34	1.1 - 1.4
Y. Bazilevs, et al.	0.33	1.0 - 1.5
C. Wood, et al.	0.32 - 0.36	1.10 - 1.20
Current work	0.32	1.20

C.J. Greenshields and H.G. Weller. A unified formulation for continuum mechanics applied to fluid-structure interaction in flexible tubes. IJNME 2005

J. Liu and A.L. Marsden. A unified continuum and variational multiscale formulation for fluids, solids, and fluid-structure interaction. CMAME 2018.



# Roadmap to patient-specific FSG

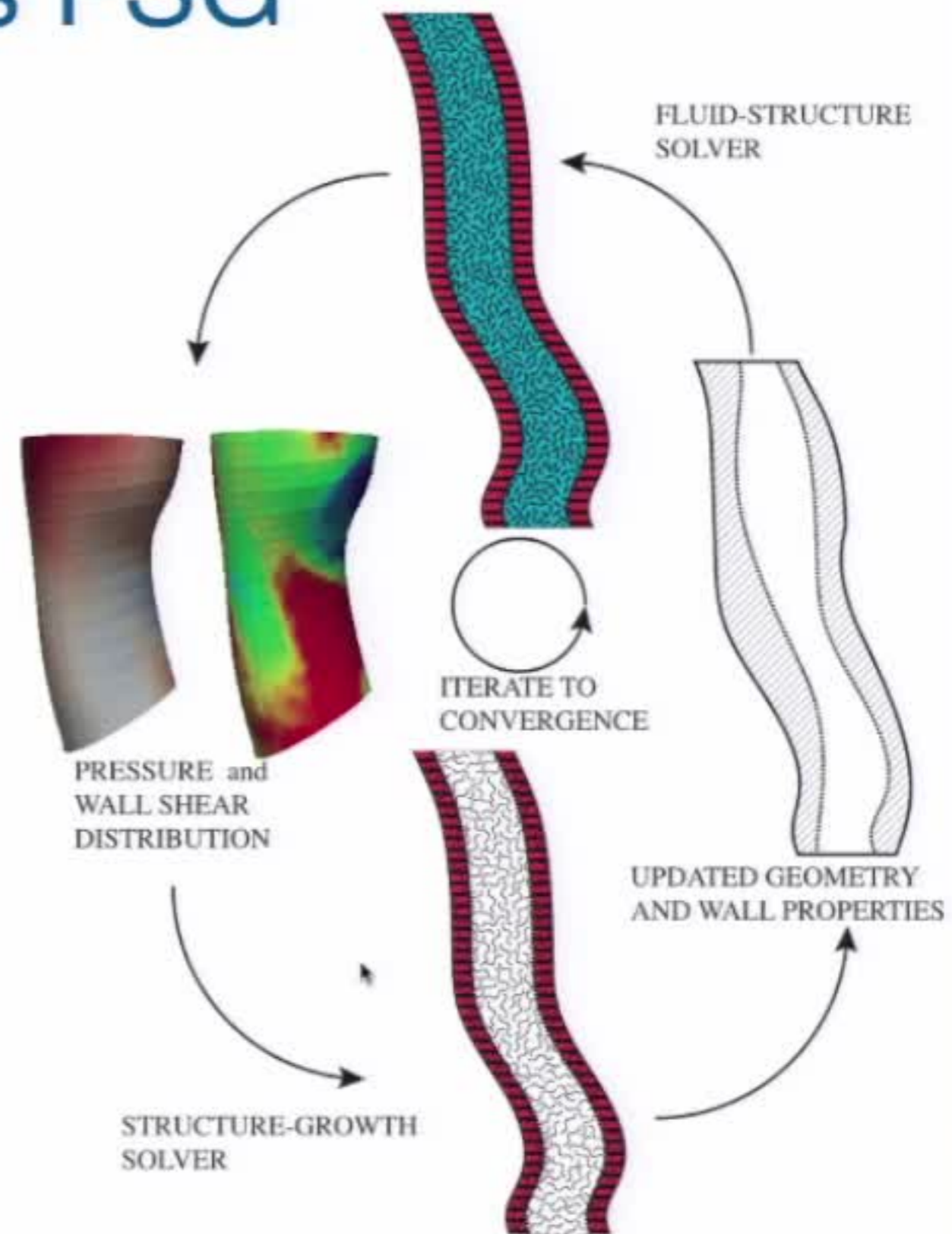
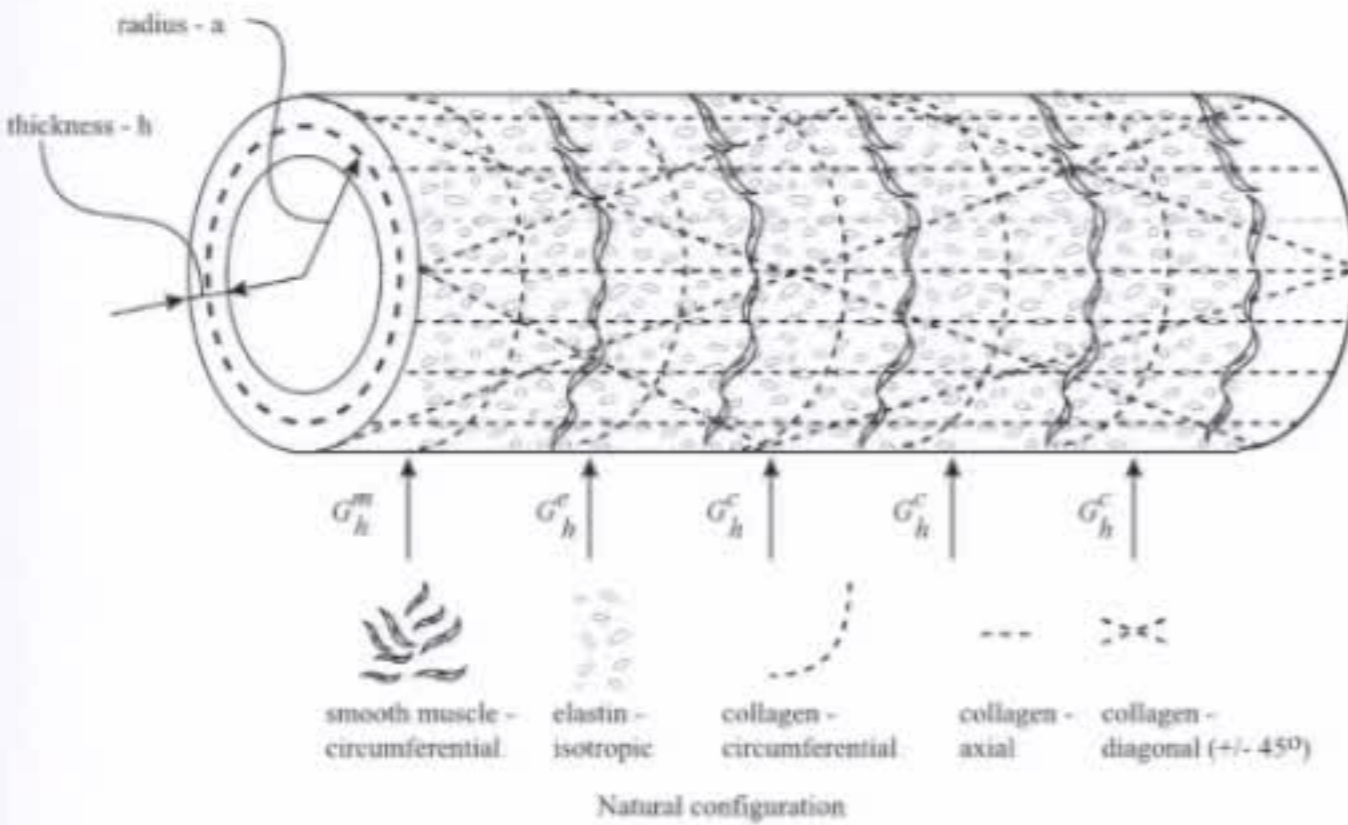


J. Liu and A.L. Marsden. A unified continuum and variational multiscale formulation for fluids, solids, and fluid-structure Interaction. CMAME 2018.

J. Liu and A.L. Marsden. A robust and efficient iterative method for finite elastodynamics with nested block preconditioning. JCP, submitted.



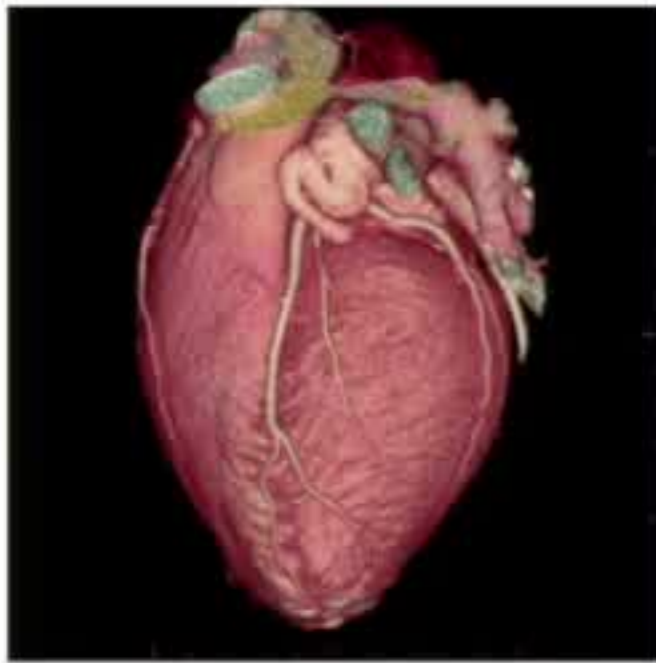
# Towards FSG



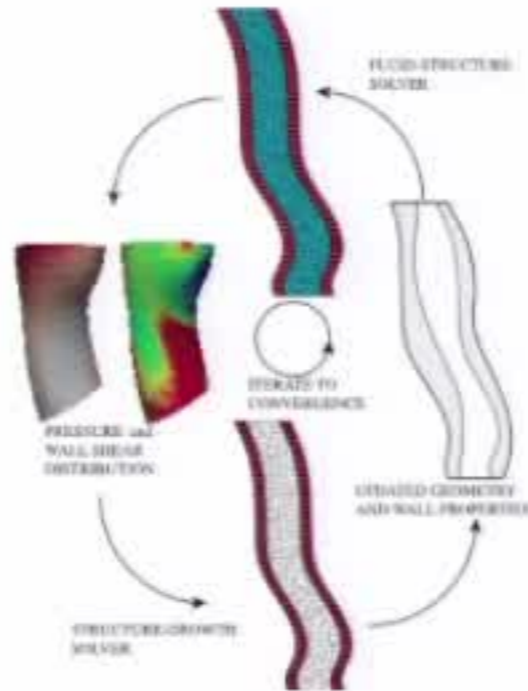
with Chris Breuer and Jay Humphrey



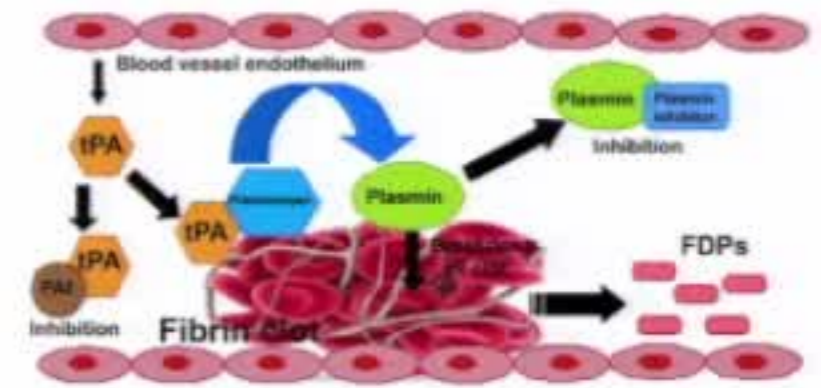
# Cardiovascular Modeling: Challenges



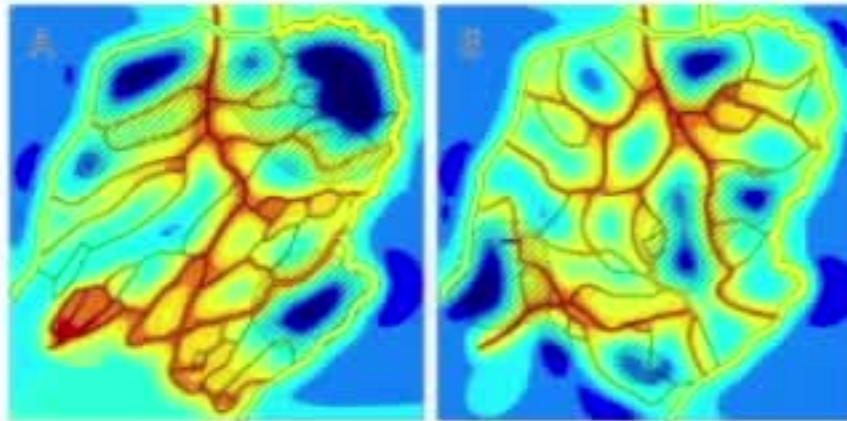
Whole heart modeling



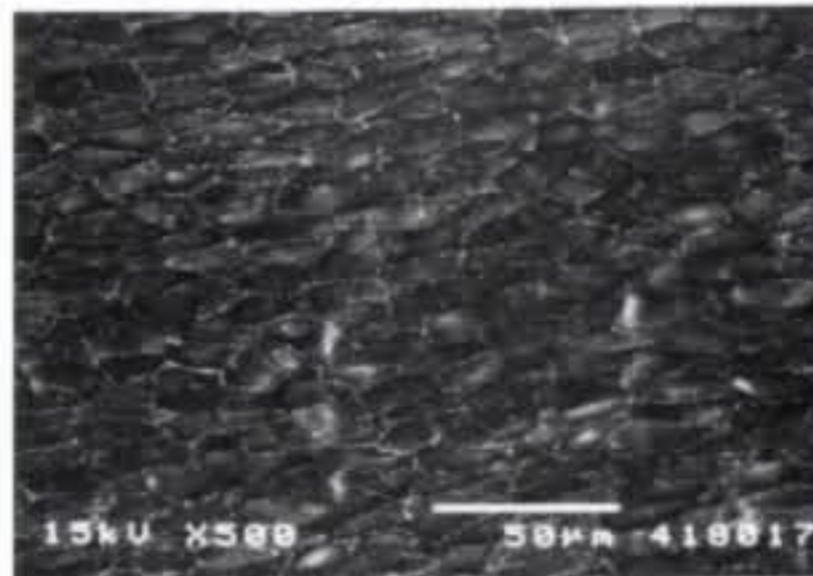
Vascular Mechanobiology



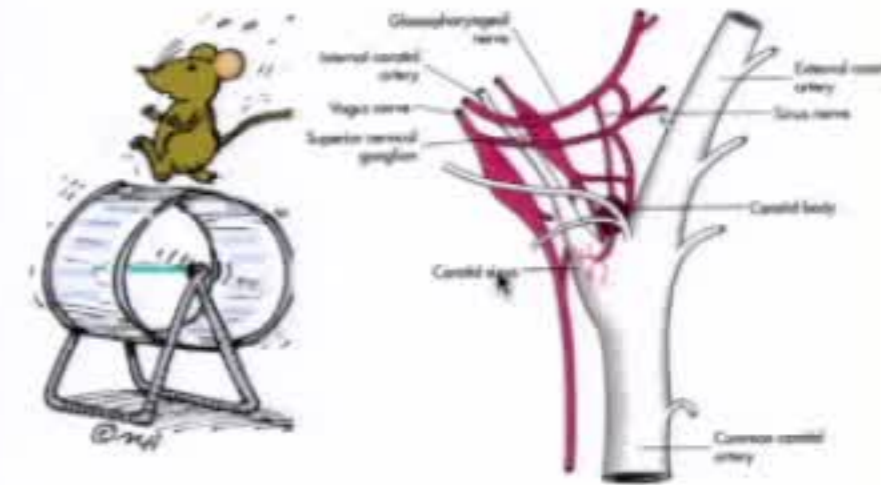
Thrombosis and Biochemistry



Microvasculature



Endothelial Gene Expression



Autoregulation and Adaptation



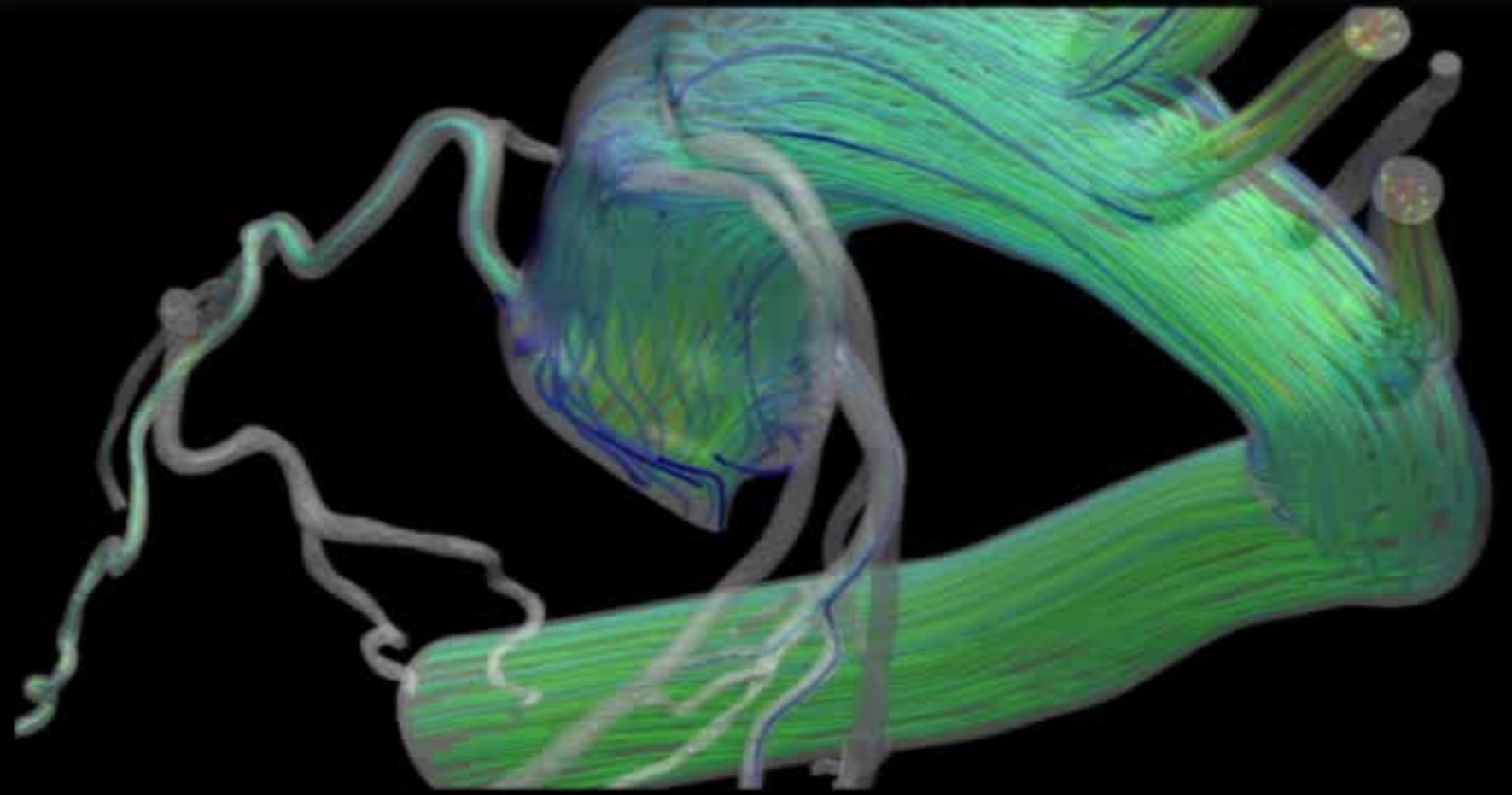


# SimVascular

Alison Marsden  
Stanford University

Shawn Shadden  
UC Berkeley

Nathan Wilson  
OSMSC



MAJOR FUNDING PROVIDED BY

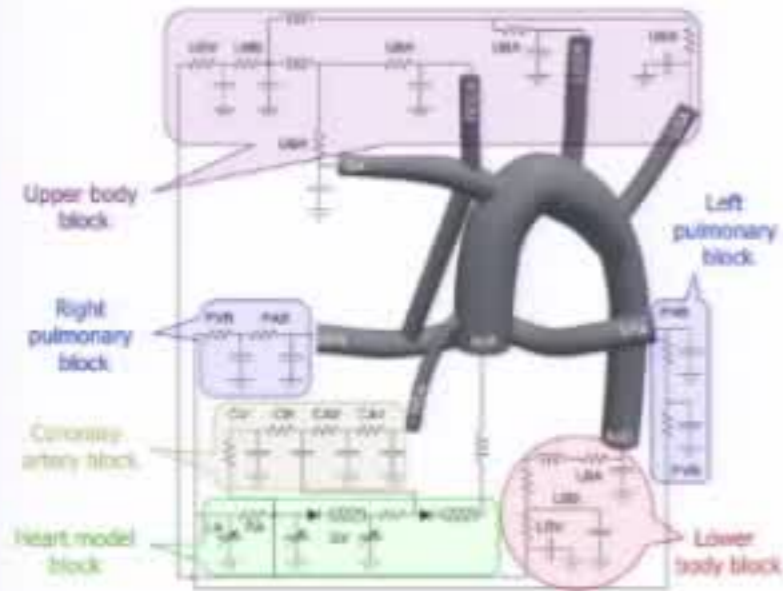


THE NATIONAL SCIENCE FOUNDATION

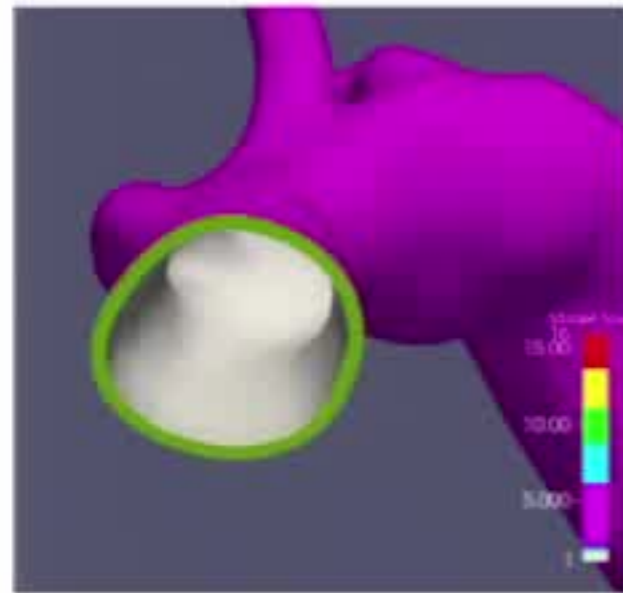
[www.simvascular.org](http://www.simvascular.org)

@SimVascular

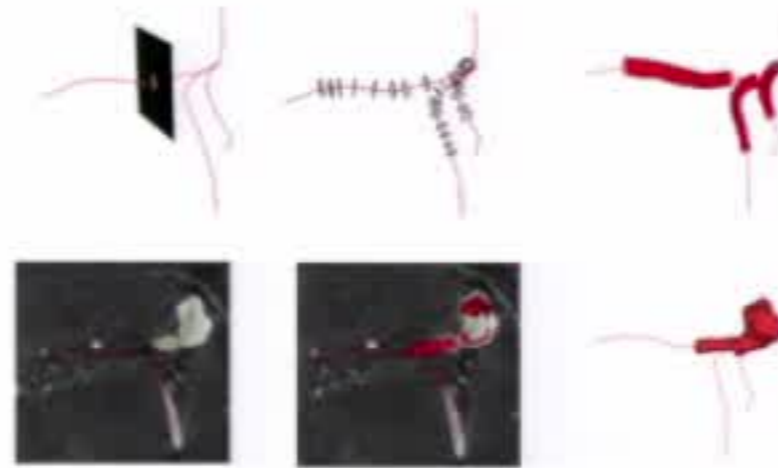
# SimVascular Capabilities



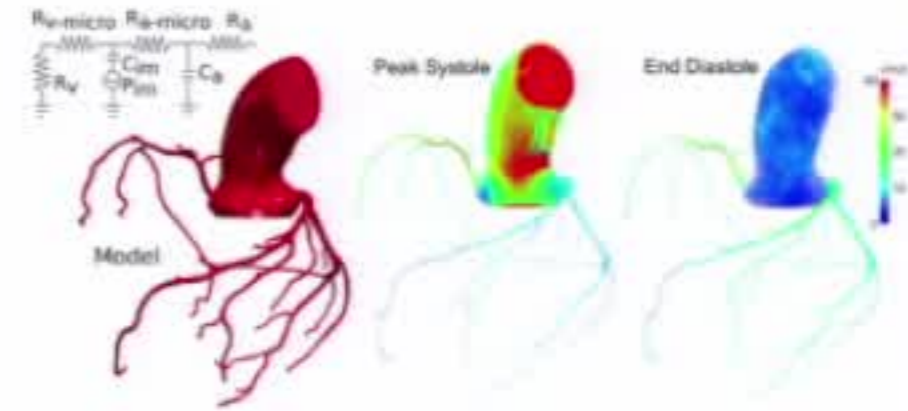
Coupled LPN Modeling



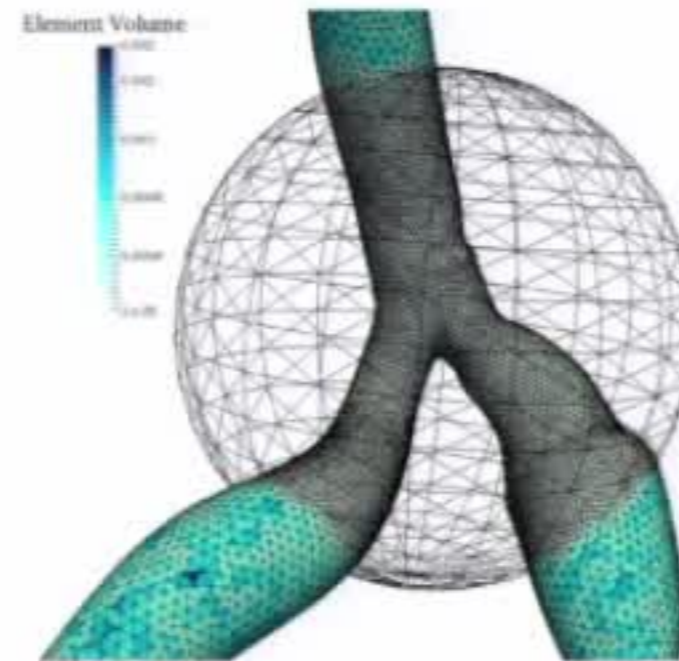
FSI: CMM and ALE methods



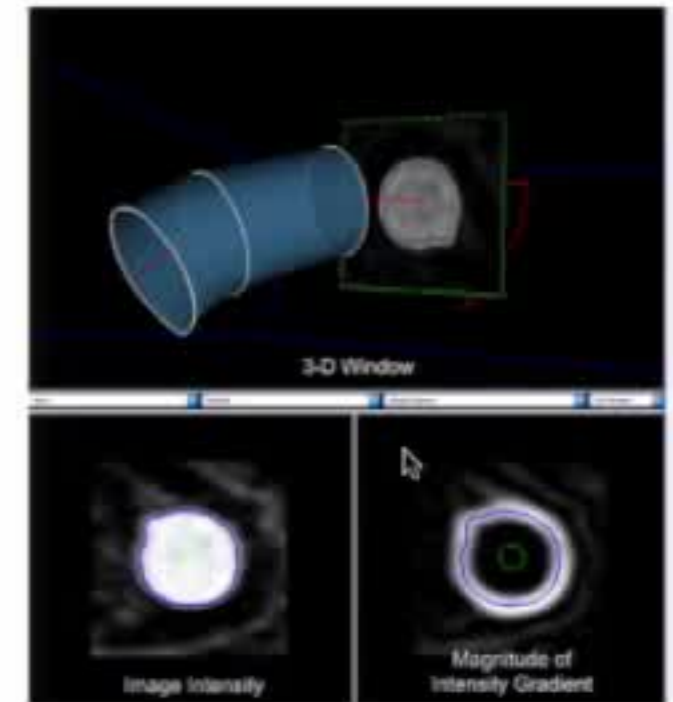
Combined 3D / 2D segmentation



Coronary Physiology



Local / Adaptive Mesh Refinement



New GUI with Python







# Project Stats

- 2,683 unique users
- 6,692 unique downloads
- Google Scholar search for “SimVascular” produces ~200 publications/abstracts since 2013
- Used in coursework for project-based learning via GATEWAY
- Vascular Model Repository provides 120 compatible data sets

Geography of use

