

10:15 A.M.-12:15 P.M. 2 CE Hours

SU2 "The Invisible War and The Hunting Ground: Lessons from the Frontlines of Sexual Assault and Its Traumatic Aftermath"

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## 1 in 5 women are sexually assaulted while in college.

- Washington Post-Kaiser Poll (2015)
- Association of American Universities (2015)
- England (2015)
- Kilpatrick (2007)
- Fisher (2000)

## Assaults happen everywhere ...so what's unique about the military and colleges?

# Military bases and college campuses provide perfect storm conditions:

- Target rich environment
- Ample means and opportunity to commit these crimes
- Poor mechanisms in place for investigation and adjudication



Most men are **not** rapists.

A small percentage of men commit the majority of these crimes.

It's not date rape - It's target rape.

Certain sub-cultures on campus have higher rates of sexual assault.





### Who is targeted?

- Gender
- Race
- Class
- Sexual Identity LGBTQ, etc.

Male survivors have a unique burden.

### **The Psychic Toll**

Sexual assault victims suffer from PTSD.

- Depression
- Anxiety
- Self-Harm Cutting/Eating Disorders
- Agoraphobia
- Self-Medication Addictions
- Insomnia

Recovering from sexual assault is harder when you are blamed and disbelieved.

This second betrayal compounds the trauma and has lasting debilitating effects.

The impact on loved ones - Secondary PTSD.

Caregivers and loved ones need to exercise self care.

### **Common Myths**This is what we mean by Rape Culture

- He said/she said
- False reporting
- It's not someone you know

#1 Rape Myth: Alcohol is to blame.

Alcohol doesn't rape people.

Rapists do.

Shouldn't everyone just go to the police?

Why do campuses need to be involved?

What can we do?

One thing everyone can do to improve things right now:

### **Believe Survivors**

Improved training of Police/Faculty/Administration

**Resources Re-Allocation** 

Bystander Intervention Programs

### **Coaches**

What should students do?

### **Keep the discussion going:**

- Screenings
- Speak outs
- Media coverage
- Class discussions
- Demonstrations
- Awareness

out that you said it was set to ring. · Did you drink in college? · You said you we party animal? · How many times did you black out? · Did you party at frats? · Are serious with your boyfriend? · Are you sexually active with him? · When did you start dating? · Would you ever cheat? · Do you have a history of cheating? · What do you mean when you said you wanted to reward him? · Do you remember what time you woke up? · Were you wearing your cardigan? · What color was your cardigan? · Do you remember any more from that night? · No? · Okay, well, we'll let Brock fill it in.

#### Here Is The Powerful Letter The Stanford Victim Read Aloud To Her Attacker

A former Stanford swimmer who sexually assaulted an unconscious woman was sentenced to six months in jail because a longer sentence would have "a severe impact on him." according to a judge. At his sentencing Thursday, his victim read him a letter describing the "severe impact" the assault had on her.



Katie J.M. Baker BuzzFeed News Reporter

