

Research in Dentistry!

James Jang, Drashty Mody, and Rachel Kulchar September 20th, 2023

James

DMD/PhD - 7th year

University of Florida College of Dentistry



- NSRG President
- NIH/NIDCR F30 Fellow
- Research Focus: Gene Regulatory Roles of vIRFs in KSHV Infection
- Email: sjang@dental.ufl.edu

Drashty

DDS/PhD - 4th year

Indiana University School of Dentistry



- NSRG Graduate Student Rep elect
- NIDCR GPP Student
- Research Focus: Salivary proteomics in oral graft vs. host disease
- Email: dpmody@iu.edu

Rachel

Undergraduate - Senior

Princeton University



- NSRG Member-at-Large
- Research Focus: Oral drug delivery to kill oral viruses
- rkulchar@princeton.edu

Instagram: aadocr_nsrg

Tell us about you!

Overview



DDS/DMD and Finances

Presenter: James

DDS/DMD: Pathways to Financial Aid

Not All Dental Schools are Same!

- UF College of Dentistry:
 - Approximately \$70,000 per year
- Expensive Dental School expenses:
 - Approximately \$140,000 per year

Therefore, I recommend you to strengthen your dental school applications as much as possible!

Google "2018- 2019 Dental School Costs" (tuition, room, and board)

How do you know what kind of students do dental schools look for?

• Dental school's mission statement posted on each school's website

- UFCD Mission Statement
- "Established in 1972, the University of Florida College of Dentistry is the only publicly-funded dental school in the state and ranks as a national leader in <u>dental education</u>, <u>research</u>, <u>patient care</u> and <u>community service</u>. The college is housed in the Dental Sciences Building located on the UF Academic Health Center campus."
- Source: https://dental.ufl.edu/about/

Harvard "To foster a community of diverse global leaders in education, research and clinical innovation dedicated to improving human health by integrating dentistry and medicine."

Source: https://hsdm.harvard.edu/overview-0

NYU "The mission of the NYU College of Dentistry is to partner with students in achieving academic excellence, providing the best oral health care, and engaging in **research**, scholarship, and creative endeavors to improve the health of the highly diverse populations in New York City and around the world."

• Source: https://dental.nyu.edu/aboutus.html

UCLA "The mission of the UCLA School of Dentistry is to improve the oral and general health of the people of California, the nation, and the world through education, **research**, patient care, and public service."

Source: https://dentistry.ucla.edu/

Texas Tech "The mission of the Hunt School of Dental Medicine is to improve the oral health of the people of Texas and the greater El Paso community by ~ Demonstrating excellence in education, **research**, and patient care." Source: https://elpaso.ttuhsc.edu/sdm/about.aspx

Why do I need Research Experience during pre-dental and pre-health years?

- Almost all dental schools prefer applicants with research experiences.

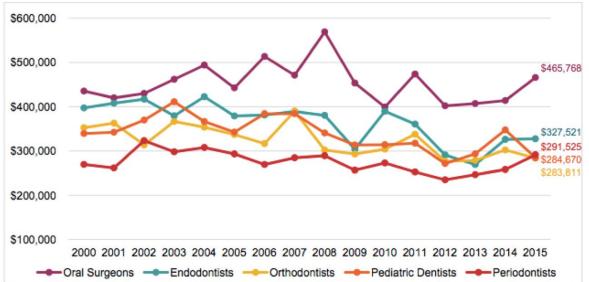
- There will be a lot of applicants with research experiences.

 So your focus has to be about how to make yourself stand out.

General Dentists Vs. Specialists

General Dentist Average Salary: approximately \$160,000





Source: ADA Health Policy Institute Survey of Dental Practice data for 2000-2015. Notes: Weighted to compensate for oversampling and non-response bias. Incomes are adjusted using the Consumer Price Index for All Items to represent 2015 dollars.

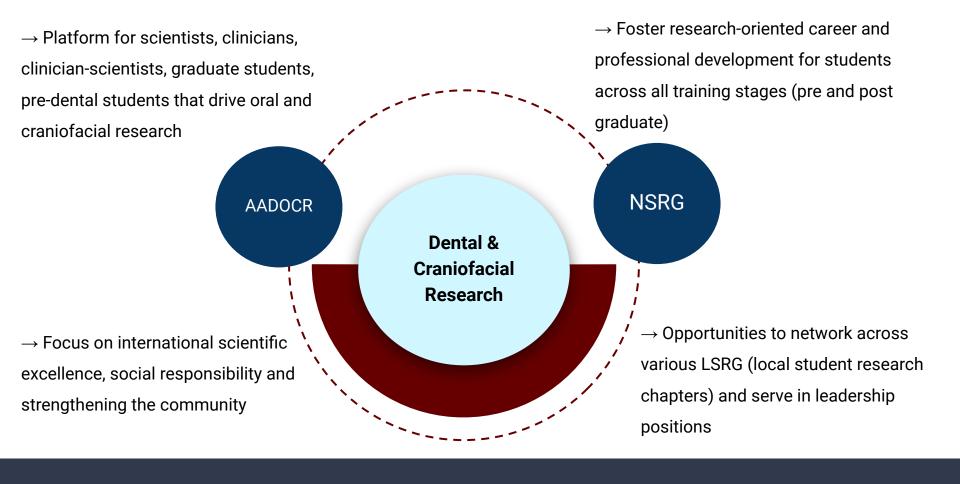
- If you are a practice owner, your salary is much higher.
- Most specialists have advantages even when they run their practices

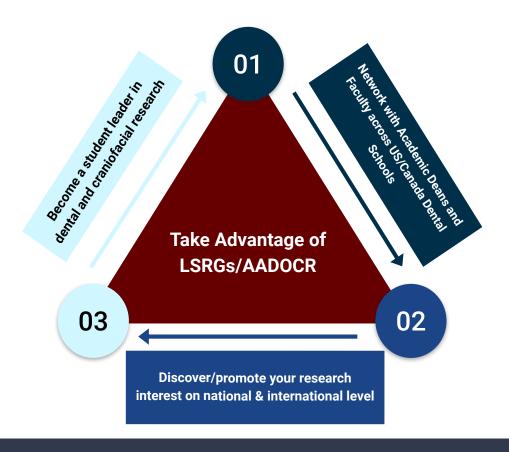
Why should I have Research Experience during dental school or other health professional school?

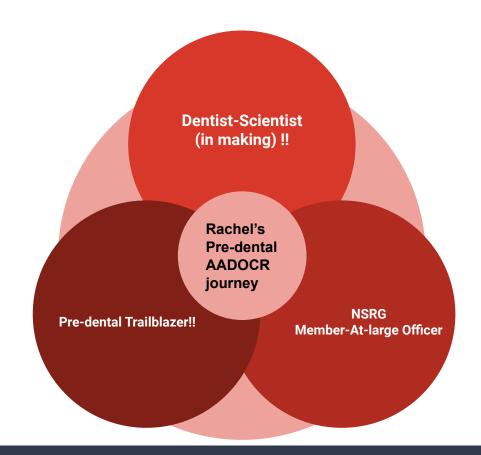
- It's not just about getting into a dental school.
- It's only the beginning of your next chapter. **So plan ahead.**
- You must have extracurricular activities during dental school if you wish to specialize.
- While community service and leadership can be done after dental school, gaining Research experience is extremely difficult.
- You should build your Research starting your pre-dental years and continue build it during your dental school.

AADOCR: One organization, Infinite Possibilities

Presenter: Drashty







How can you sign up for membership and submit your abstract?

Presenter: Rachel

American Association for Dental and Craniofacial Research

- Go to:
 <u>https://www.aadocr.org/aadocr-membership</u>
 and click "Join or Renew Membership"
- Login or Create an account
- Choose "Student Member"
 - \$105 (75% discount to regular membership rate)
 - \$25 to submit abstract

- Now in a group of thousands of dentists, researchers, and policy makers in the oral, craniofacial, and dental spaces
 - Only 4% students are undergraduates
- Will save money on AADOCR abstract submission/registrations fees
- Can compete in competitions to obtain national recognition for abstracts
- Can join scientific groups and networks (SGNs) of interest (i.e., evidence-based dentistry network, global oral health research inequalities network, women in science network, etc.)
- Can apply for leadership positions (i.e., regional representative, NSRG Board member, etc.)

Submit Your Abstract by October 17th

- Call for abstracts overview: https://www.iadr.org/24IAGSCallforAbstracts
- **300 word summary of your research** into different sections...no citations needed!
 - Introduction (introduce your research)
 - 1-2 sentences
 - Methods (how did you do your research)
 - 1-2 sentences
 - Results (what are your main findings)
 - 2-3 sentences
 - Conclusions (so what?)
 - 1 sentence
- Any submission is citable for AADSAS application :)
 - Can apply for competitions / awards:
 https://www.iadr.org/awards?_page=1&keywords=&_limit=10&applicant=48

Happy to read over any abstracts (email rkulchar@princeton.edu), and once accepted, happy to help search for funding opportunities

Picture adapted from: https://www.independent.co.uk/travel/north-america/usa/french-quarter-travel-guide-new-o



- (1) Go to https://my.iadr.org/N
 C_Login and login
- (2) Click on Events and then "2024 IADR/AADOCR/CADR General Session"
- (3) Submit!

2024 AADOCR in New Orleans, LA: March 13-16, 2024*

- Can present research, network, compete for national recognition, meet with Deans and admission faculty, and tour local dental schools
- *Don't need to present/submit an abstract to attend

THANK YOU!!

Questions?

Register for the

NIDCR'S 75th Anniversary Research Symposium:

https://event.roseliassociates.com/nidcr-trainee-symposium/registration/

FREE EVENT to learn more about becoming part of on- and off-campus research:)