

FIRST Steps for BABIES®:
Learn foundational elements of newborn and young infant development using the
BABIES and PreSTEPS Model®
A Two Day Virtual Training



For Community Based Interprofessionals
to Address Developmental Needs
of Newborns and Young Infants with Medical Fragility and Developmental Challenges
and their Families

The *FIRST Steps for BABIES* © two-day foundational training provides both a framework for interdisciplinary early intervention, mental health and other health professionals to learn about the foundations of newborn and young infant development through the BABIES approach. Through the lens of regulation, relationships and reflection, the participant will

- Describe foundational developmental skills of newborns and young infants
- Identify the impact of early experiences on sensitive periods for both babies and their M(other)
- Describe the BABIES and PreSTEPS model for supporting newborns and young infants.
- Integrate aspects of regulation, reflection and relationships into your practice

Participants will learn about the progression of the medically fragile and developmentally challenging caregiver-infant relationship as the baby develops using the PreSTEPS approach. The training will address mental health needs of primary caregivers and emphasize the need for well informed interprofessional providers to support essential relationship development between caregivers and their baby. Support for families and primary caregivers will focus on evidence based best practices using a reflective approach.

Experienced interprofessional BABIES faculty includes selected representatives from Occupational Therapy, Speech and Language Therapy, Psychology, Parents, Developmental Specialists, Nursing and Early Childhood Education.

For more information please visit <http://wonderbabies.org>. Or email wonderbabies@yahoo.com.

