# HANSEN'S DISEASE (HD) ON GUAM AND A PATIENT CASE STUDY COMPLICATED BY BARRIERS TO CARE

TERESA MANALO, RN, BSN

Tuberculosis/Hansen Disease Control Program

Guam Department of Public Health and Social Services

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# OBJECTIVES

Describe the epidemiology of Hansen's Disease (HD) and the complexity of HD cases seen in Guam.

2

Understand a HD patient case study: Symptoms, diagnosis, & treatment.

3

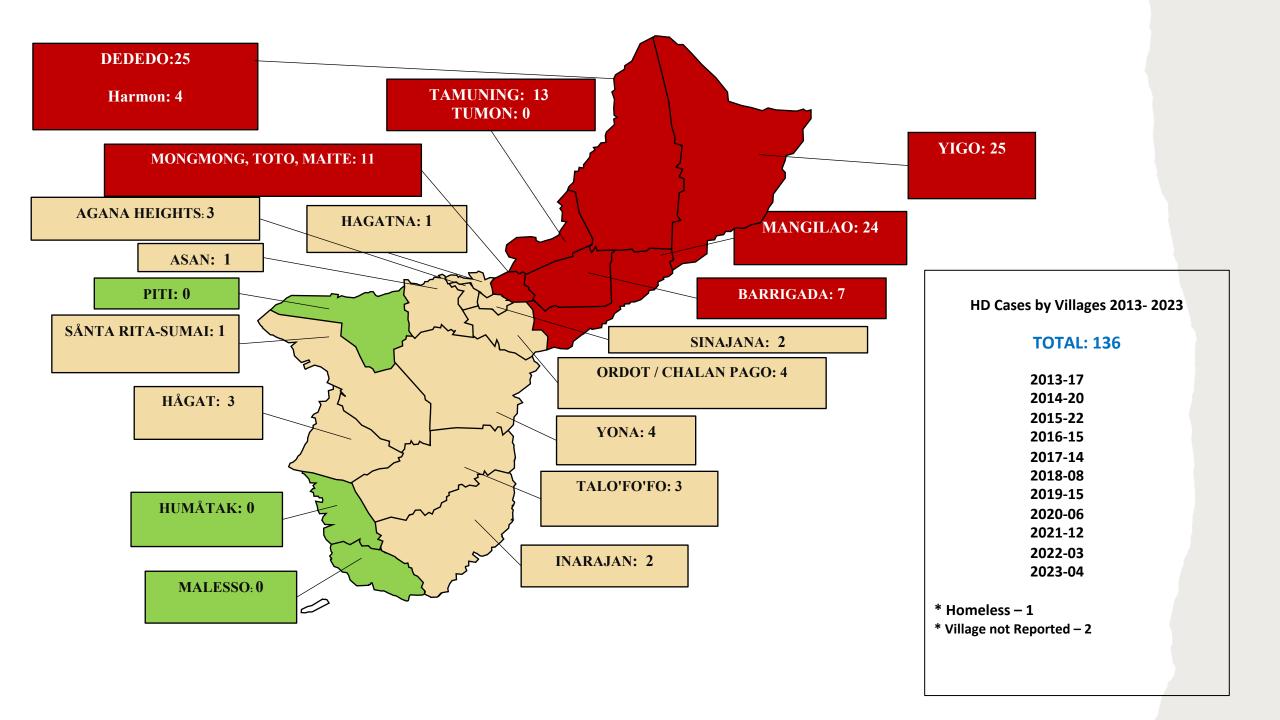
Discuss the HD
Patient's
complications,
pertinent studies,
and alternative HD
treatments

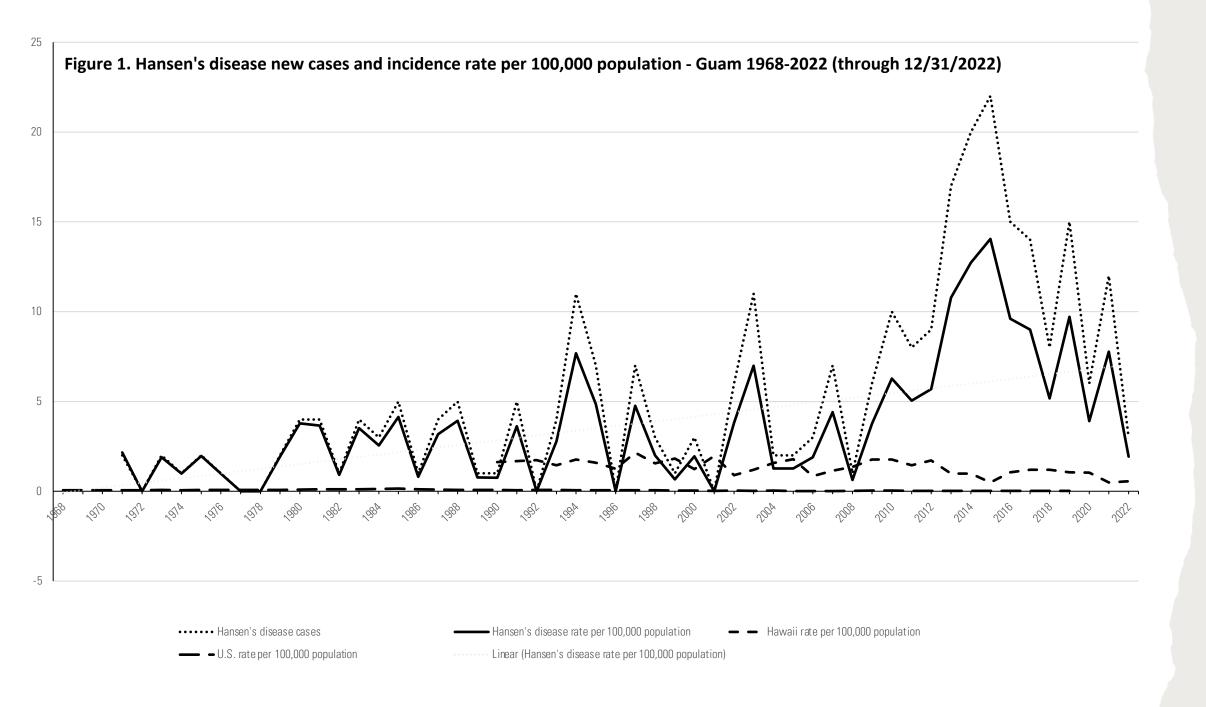


Review nursing management: Issues and challenges and barriers to care.



Discuss the Guam Path to Zero Leprosy 2030

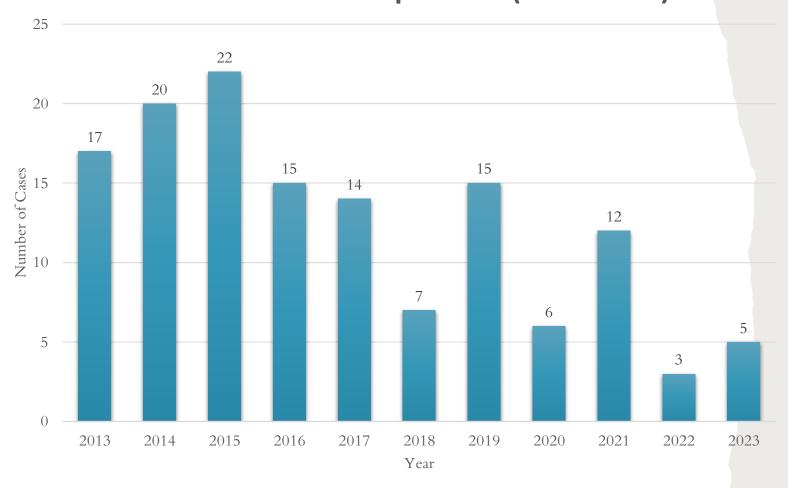




# HD Cases on Guam: 2013-2023

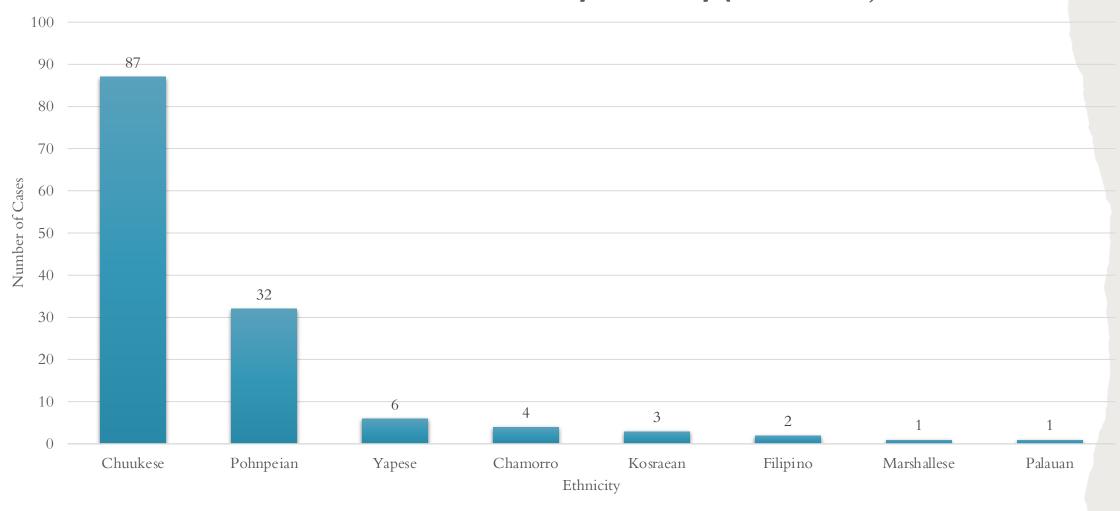


# Number of HD Cases per Year (2013-2023)

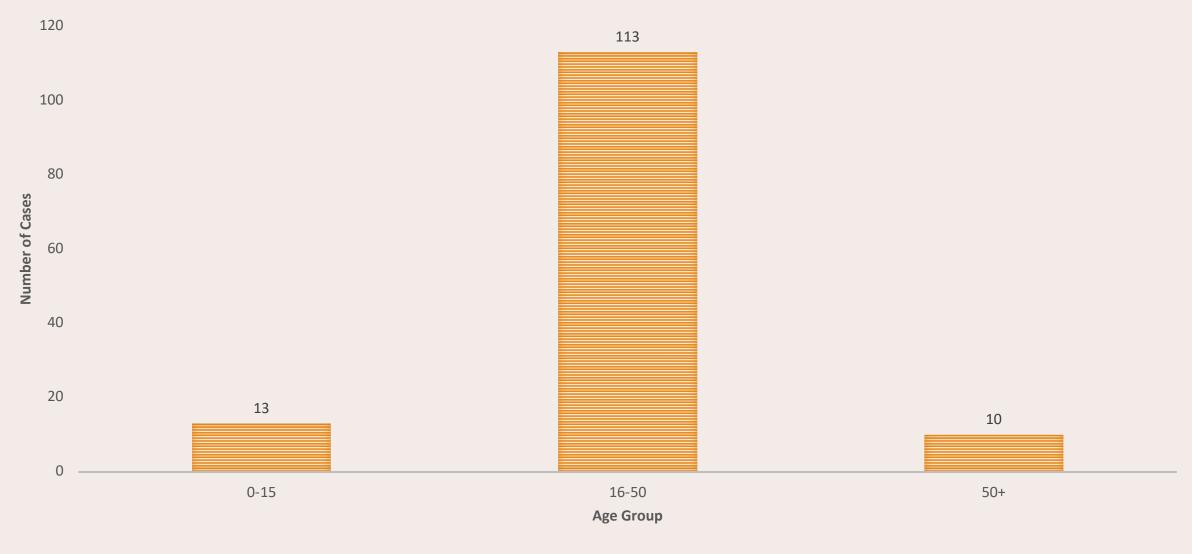


https://maps.lib.utexas.edu/maps/australia/guam\_mil91.jpg

# Hansen's Disease Cases by Ethnicity (2013-2023)



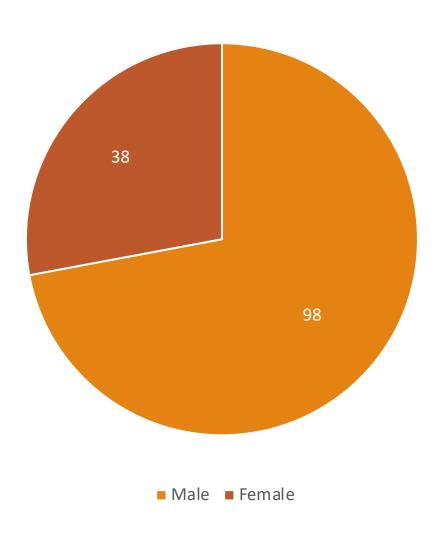
# HANSEN'S DISEASE CASES BY AGE GROUP



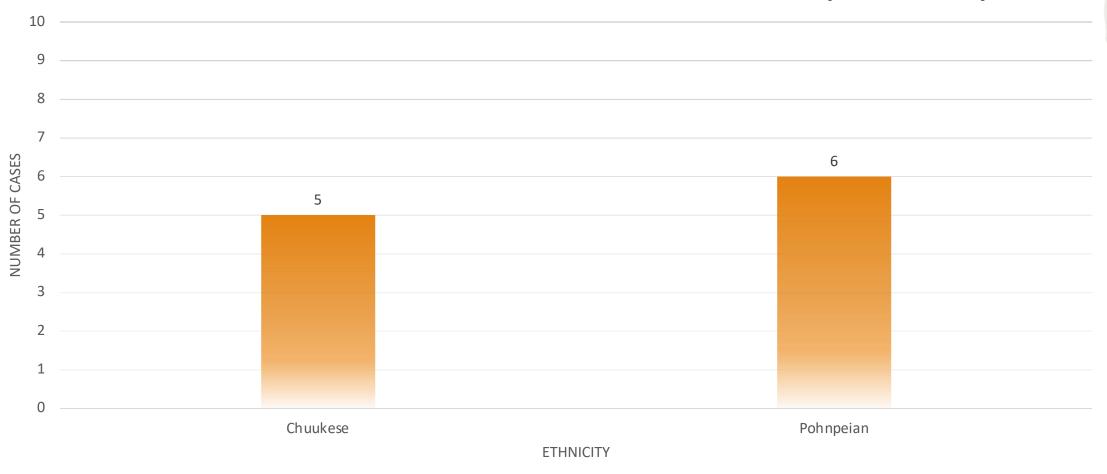
HD on Guam

2024

# **Hansen's Disease Cases by Sex**



# HANSEN'S DISEASE CASES UNDER 15 YEARS OF AGE (2013-2023)





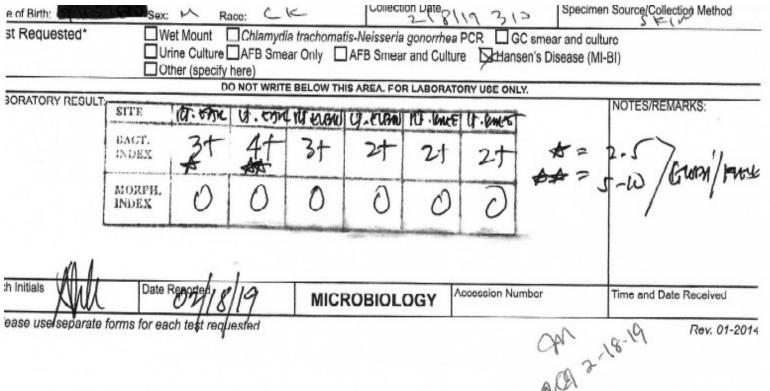
# INTRODUCTION: HD CASE STUDY

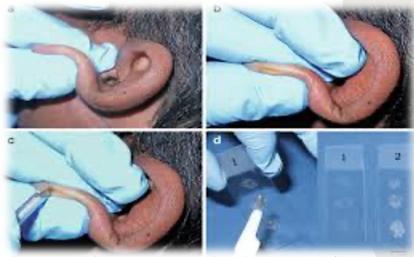
- 38-yr-old Chuukese, Male. Speaks limited English.
  Born in Chuuk. Moved to Guam in 2003. Worked in
  construction. No medical history. Not on medications.
  NKDA. Does not smoke/drink alcohol.
- 02/18/2019. First seen at Guam Public Health HD Program Clinic. Pt stated, "Skin was fine until two months ago." Many nodules appeared on the ears, face, chest, arms, and legs. No sensory loss. No motor loss. No hypoaesthesia to lesions. Denies fever or pain.
- Skin slit smear test was performed for diagnosis of Hansen's Disease. Pt unable to afford blood labs (CBC, CMP, and G6PD). PPD test ordered.

# **BACTERIOLOGICAL EXAMINATION**

HD (MI-BI)/Skin Split AFB smears were performed. Collection sites (Right and Left Ears, Elbows, and Knees).

ASSESSMENT: HD-MB with no disability.

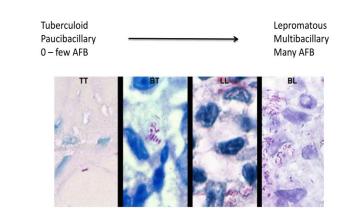




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# Skin slit smears A measure of bacillary burden

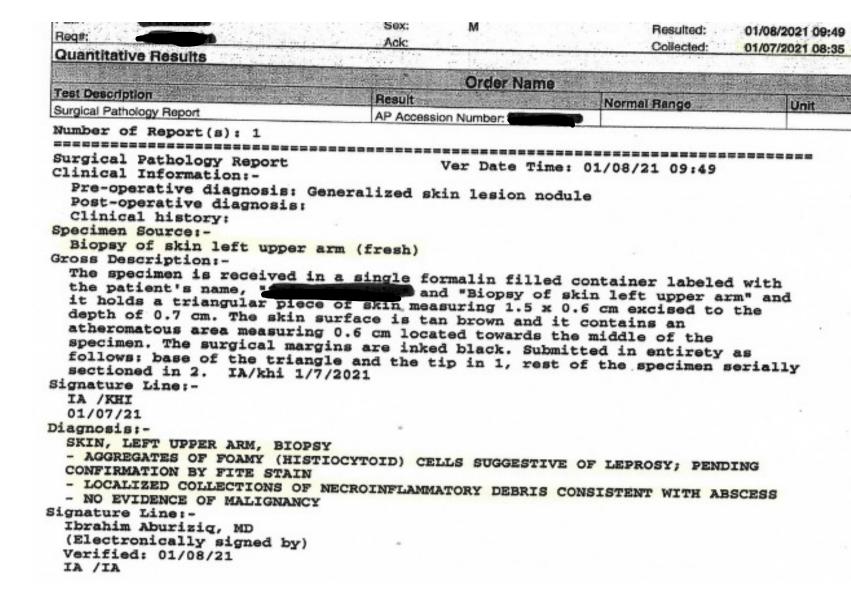


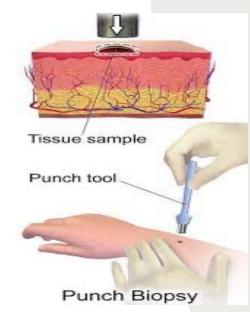


ronical and Geographic Medicine Intensive Short Course 2018.

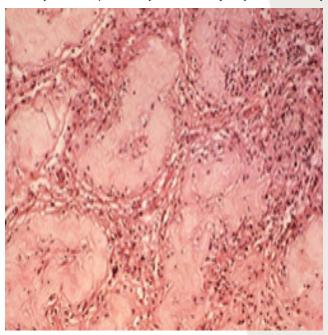
https://image4.slideserve.com/8862835/skin-slit-smears-a-measure-of-bacillary-burden-l.jpg

# **BACTERIOLOGICAL EXAMINATION**





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https://www.cdc.gov/leprosy/images/health-care-workers/healthcare-18.jpg



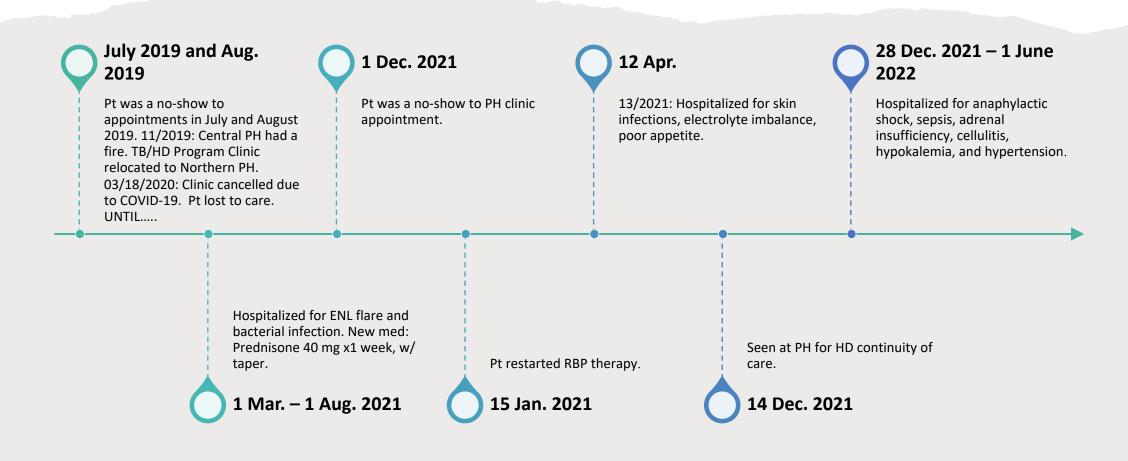
02/18/2019: Pt was started on Red Blister Pack medication therapy: Dapsone 100 mg; Lamprene 300 mg; Rifampin 600 mg. –Day 1 – monthly loading dose (under DOT)

Dapsone 100 mg; Lamprene 50 mg. –Start the next day and daily for DAYS #2-28. 03/20/2019: 2<sup>nd</sup> Red Blister Pack issued. Pt reports lesions "improved." Pt still not able to afford blood labs.

04/17/2019: Missed appointment.

05/28/2019: Pt reports "has many new lesions." Pt was advised to start all over again with RBP therapy.

06/24/2019: Pt restarted RBP. Pt still not able to do blood labs test.





## 01/07/2022

Pt was no show at PH and had no transportation.
Did not take Prednisone (hospital discharge medication).

### 01/08/2022-01/12/2022:

Hospitalized for sepsis, UTI, h/o hypertension, left hydrocele, left inguinal hernia, skin infections, acute renal failure on CKD stage 1, adrenal insufficiency, chronic hyponatremia, hypotension.

### 01/19/2022:

Seen at PH. Increased Prednisone to 50 mg.

# 01/24-01/26/2022:

Hospitalized for leukocytosis, active HD with ENL.

### 01/30-02/16/2022:

Hospitalized for shock. Pt has not been taking medications.

### 2/17/2022:

Pt was a no show to clinic appointment.

### 02/20-03/08/2022:

Hospitalized for sepsis, cellulitis, ARF, hypotension, Covid+, hyponatremia, hyperglycemia, hypokalemia, hypertension, and leukocytosis.

### 03/24-05/02/2022:

HOSPITALIZED FOR HYPOTENSION, LEUKOCYTOSIS, ENL FLARES.

### 05/03/2022:

RECOMMENDATION OF HD THERAPY GIVEN BY DR. BARBARA STRYJEWSKA. PT UNABLE TO COME TO CLINIC. NO TRANSPORTATION. HOME VISIT MADE ON 05/04/2022. FACEBOOK VIDEO-CALL WAS SET UP TO HELP PT W/ MED COMPLIANCE. BUS TICKETS GIVEN TO COME TO CLINIC APPTS.

### 09/07-14/2022:

HOSPITALIZED FOR SEPSIS, SHOCK,
ADRENAL CRISIS, ARF.

### 10/01-07/2022:

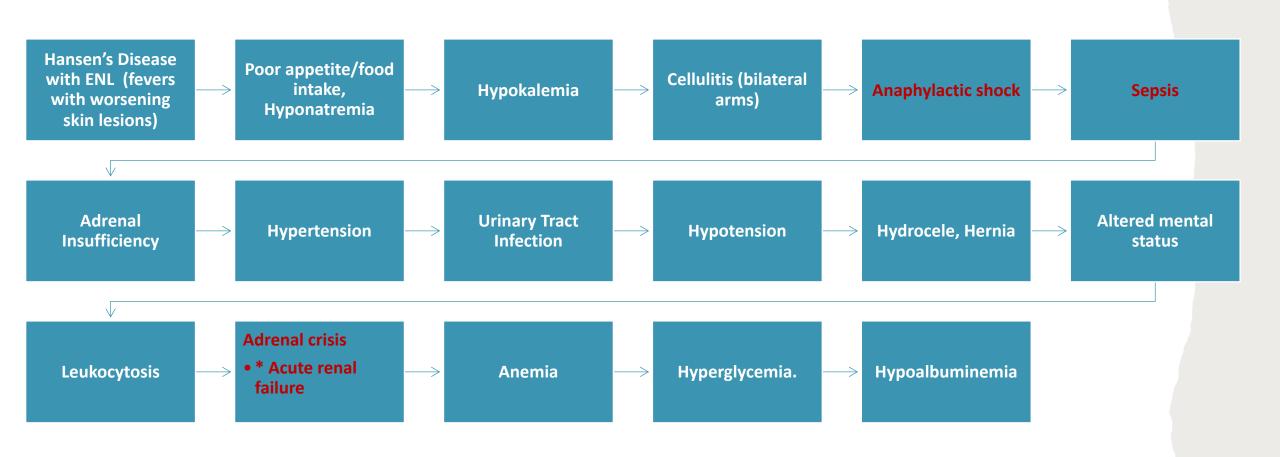
HOSPITALIZED FOR HYPOTENSION FROM ADRENAL INSUFFICIENCY, HYPOVOLEMIC HYPONATREMIA, HD, RENAL INSUFFICIENCY, LEUKEMOID REACTION, ANEMIA, HYPOALBUMINEMIA, AND METABOLIC ACIDOSIS.

### 11/04/2022:

NO SHOW TO CLINIC APPOINTMENT. LOST TO CARE. PT NOT ANSWERING PHONE CALLS. THE NURSE MADE A HOME VISIT BUT FOUND THAT THE PATIENT WAS NO LONGER LIVING AT THE LISTED ADDRESS. THE OCCUPYING TENANT STATES THAT HE MOVED TO ANOTHER VILLAGE IN THE SOUTH

# PATIENT COMPLICATIONS

# **MEDICAL**



# PATIENT COMPLICATIONS

# **SOCIAL**

Language Barrier

Health Literacy (Non-compliant with medications)

Unemployed

No health insurance

Lack of family support

No transportation to clinic appointments

# PERTINENT STUDIES:

SKIN BIOPSY

01/03/2021: Left Shoulder Lesion

No acid-fast bacilli seen

01/07/2021: Left Upper Arm Nodule

Aggregates of foamy (Histiocytoid) cells suggestive of Leprosy; Pending confirmation by fite stain. Localized collections of necroinflammatory debris consistent with abscess. No evidence of malignancy.

ASSESSMENT

01/30/2022 - 02/16/2022:

Hospital Admission, BIBA to ER.

Tx: Shock; Sepsis.

Presentation: Significant weakness, inability to walk. Has not been taking medications. Lungs CTA bil. No edema. Somnolent but oriented x3. Skin multiple nodules from leprosy all over body.

Temp: 100.4 F

BP: 60/41

HR: 115

**RR:18** 

O2 Sat%: 96 RA

BLOOD/MICROBIOLOGY

**WBC: 60** 

H/H: 12.9 / 38.4

Platelets: 310

BUN/Scr: 37 / 6 (AKI).

K: 6.8. (Hyperkalemic)

**CI:86** 

Glucose: 224

Lactic Acid: 9.9

In ER, was given fluid resuscitation, central line placed, given Levophed gtt, insulin IV, D50, Ca Chloride, and Kayexalate. Abx (Zosyn,

Vanco)

# MEDICATIONS

### 02/18/2019

Dapsone 100 mg Lamprene 50 mg

Dapsone 100 mg Lamprene 300 mg Rifampin 600 mg

### 12/09/2021

Dapsone 100 mg Lamprene 50 mg

Dapsone 100 mg Lamprene 300 mg Rifampin 600 mg



# 01/06/2022

Prednisone 35 mg, PO, x7 days. D/C Red Blister Pack -JM



# 01/11/2021

Dapsone 100 mg Lamprene 50 mg

Dapsone 100 mg Lamprene 300 mg Rifampin 600 mg

### 12/14/2021

Prednisone 40 mg, PO, x30 days. Then Prednisone 30 mg, x30 days. Ca+VitD3 1000/800, PO, x60 days. -TL

# MEDICATIONS

### 02/08/2022

Dapsone 100 mg Lamprene 50 mg

Dapsone 100 mg Lamprene 300 mg Rifampin 600 mg

### 05/03/2022

Clofazimine 100 mg PO BID (4 capsules of 50 mg as a loading dose x2 weeks), Then Clofazimine 100 mg, po, daily, x2 weeks. Prednisone 30 mg daily x10 days, then 20 mg po daily daily x10 days, then 10 mg, po daily x10 days, then 5 mg po daily.



### 06/01/2022

Prednisone 20 mg, PO daily, x30 days. (Taper by 2.5 mg, monthly).
Ca+VitD, 1 tab, po, daily.



# 04/18/2022

Lamprene 500 mg x, Loading Dose only, po now.

Then Lamprene 50 mg, po daily afterwards.

Dapsone 100 mg, po daily.

### 05/26/2022

Clofazimine 100 mg PO BID x30 days



# NURSING MANAGEMENT OF PATIENT CHALLENGES

# Language Barrier/Health Literacy

 Utilized a Chuukese program staff interpreter to make sure pt understands the doctor's orders and medication instructions.

# **Medication Compliance/Health Status**

 Provided phone cards to pt for communication with clinic. Set up Facebook (video-call) for medication compliance, monitor health status and pt needs.

### **Incentives**

 Provided incentives (gas coupon) to family members for the patient's clinic appts. Bus tickets are given to pt if no family member is available.

### **Home Visits**

 Conducted home visits and dropped off medications to pt when pt not showing up to appointments.

# **Consultation with HD Subject Matter Expert**

Reached out to HD expert physician (Dr. Barbara Stryjewska).
 Communicated via Zoom meeting and emails concerning this pt's case, plan of care, and HD medication therapy recommendations.

# SUMMARY

## The Guam Path to Zero Leprosy 2030:

In 2023, The TB/Hansen's Disease Control Program and stakeholders from all over Guam 2023 developed a Guam-specific zero leprosy road map and action plan in response to the WHO Global Leprosy Strategy 2021–2030, which calls for accelerating action to reach the goal of zero leprosy (zero disease, zero disability, and zero stigma and discrimination).

# The action plan developed is a step-by-step approach to how Guam will move toward the

Interruption of transmission and elimination of Leprosy

Post-elimination surveillance

Zero Leprosy status in 2030

# **Short-term goals:**

- Enhance early detection and treatment of Leprosy
- Have an Integrated and widely supported Hansen's Disease Clinic
- Provide Leprosy post-exposure prophylaxis to all leprosy contacts
- Increase Regional program collaboration for new case detection and treatment
- Increase leprosy awareness campaigns

# **Long-term goals:**

Zero disease, Zero disability, Zero stigma and discrimination

# LEPROSY IS CURABLE





### ACKNOWLEDGEMENTS





### TB/HD CONTROL PROGRAM STAFF AND INTERNS

- Janna Manglona: TB Physician (NOT PICTURED)
- Chima Mbakwem: Program Manager
- Alice Cuenca: Coordinator II
- Juan Santiago: Investigator
- Marsa Meter: Community Program Health Aide

- Ester Bilon: Clerk Typist II
- Herrold Templanza: X-ray Technician II
- DemieRose Brennan: Coordinator I
- Lea T. Bolano: Nurse Aide
- Alyssa Ignacio University of Guam Intern
- Aaron Lagrimas University of Guam Intern

Si Yu'os Ma'ase Para Atension-mu

THANK YOU FOR LISTENING



# QUESTIONS



