

Supporting Information for Step Therapy Exception Request

Pursuant to Minnesota Statutes [62Q.181](#)

Determination required within:

- 72 hours (Emergency)
- 5 days (Normal)

Pursuant to [62Q.181](#) of the Minnesota Statutes, the patient qualifies for an exception to the step therapy protocol because any **one** of the following conditions has been met:

- The required prescription drug is contraindicated.
- The required drug will likely cause an adverse reaction, physical or mental harm, or decrease the ability of the patient to maintain or achieve reasonable functional ability in performing daily activities.
- The patient has had a trial of the required prescription drug or another drug in the same pharmacologic class or with the same mechanism of action and the prescription drug was discontinued due to lack of effectiveness or an adverse event.
- The patient is receiving a positive therapeutic outcome on a prescription drug for the medical condition under consideration, received coverage for such drug under their current or immediately preceding health plan, and the required change is expected to be ineffective or cause harm.

Rationale for Request

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Signature:

Date:

Attn: Department of Commerce

Phone: 651-539-1600 /Complaint: <https://mn.gov/commerce/consumers/file-a-complaint/complaints/>