



COOPERATIVE OF
AMERICAN PHYSICIANS

7 Key Strategies and Tactics for Running a Successful Medical Practice

Presented by
The Cooperative of American Physicians

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Today's Webinar will Cover

-
- Best practices in billing efficiencies
 - Addressing operational procedures
 - Implementing SMART goals to improve practice performance
 - Improving online reputation
 - Improving professionalism among your staff
 - Optimizing communication and information exchange procedures
 - Coordinating transitions of care
-



Objective

Build a successful practice
when time is limited and
patient satisfaction critical

7 Key Strategies and Tactics for Running a Successful Medical Practice

Strategy: Improving Billing Efficiencies

Tactics:

- Communicate any services to patients that may not be covered by insurance.
- Check patient eligibility at least two days in advance to assure coverage.
- Assure prior authorization/referral is obtained for any visits/procedures if needed.
- Perform quarterly audits on coding for compliance.
- Complete thorough charting with correct CPT codes and modifiers.



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Strategy: Improving Billing Efficiencies

Coding Resources:

Coding updates can be obtained through your specialty society, medical association or directly on the Medicare website.

- **Local Medical Association**
 - <https://www.cmadocs.org/>
- **National Medical Association**
 - <https://www.ama-assn.org/practice-management/cpt>
- **Specialty association**
 - Orthopedics- <https://www.aaos.org/>
 - Family Practice- <https://www.aafp.org/home.html>
 - Psychiatry- <https://www.psychiatry.org/>
 - Plastic Surgery- <https://www.plasticsurgery.org/>

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Strategy: Addressing Operational Procedures

Human Resources

Tactics:

- Distribute an HR Manual with written policies and procedures so all staff understand expectations and know what is expected of them.
- HR Manuals should be updated annually to any reflect changes in employment laws.
- Evaluate team responsibilities to assure cross training and create job descriptions.
- Provide employee handbooks and review policies and procedures with all employees as part of employee orientation and training.

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Strategy: Addressing Operational Procedures

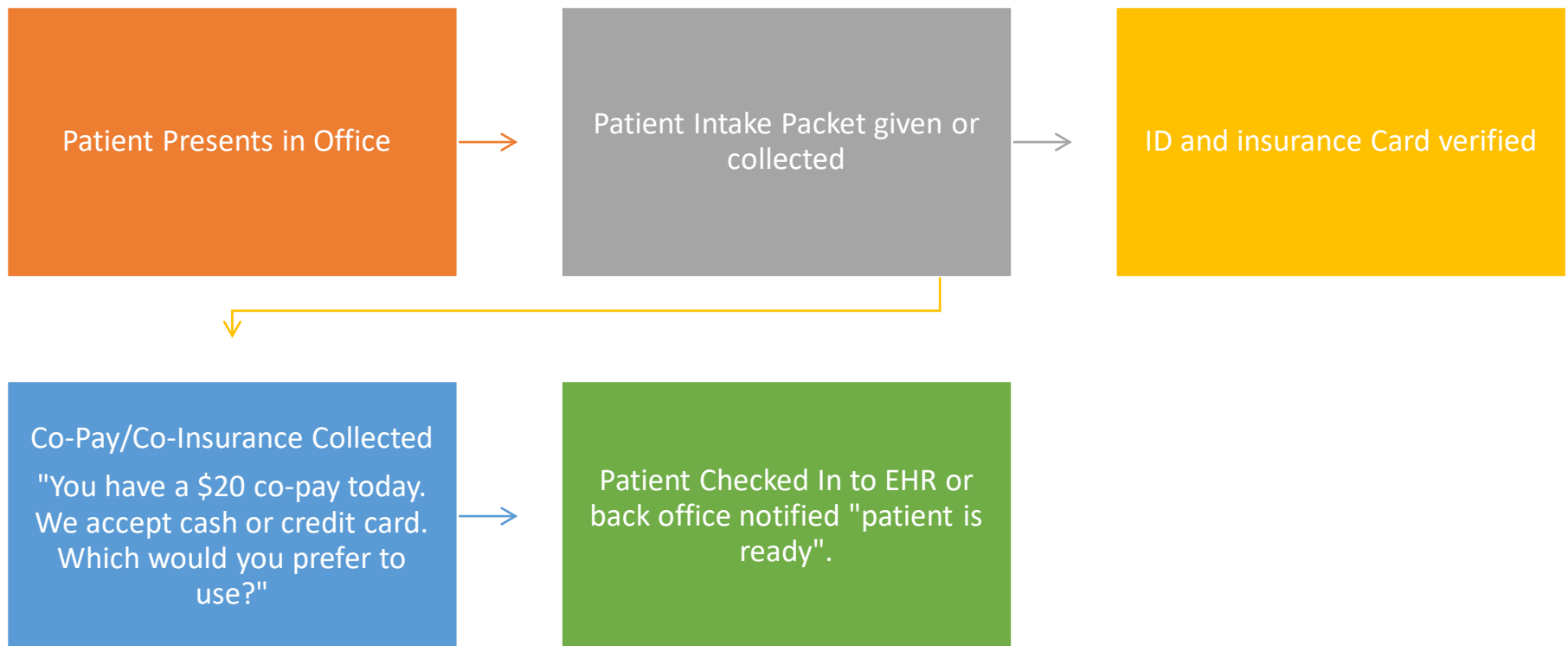
Practice Workflow

Tactics:

- Evaluate patient protocols so that there are detailed guidelines for the team around basics like patient intake, referrals, and telephone calls.
- Create workflows for patient check-in, telephone messages, authorizations/referrals, and lab and imaging results.
- Workflows can be written or put in a flow chart, but a policy helps everyone know the process, and ensures nothing falls through the cracks.
- Implement communication protocols between front and back office for a seamless patient experience.
- Complete all intake paperwork prior to patient being brought to the back office.

Strategy: Addressing Operational Procedures

Sample Check In Process:



Strategy: Implementing SMART Goals to Improve Practice Performance

Tactics:

- Identify goals for your practice
- Involve your staff
- Make sure goals are:



Specific (simple, sensible, significant)



Measurable (meaningful, motivating)



Achievable (agreed, attainable)



Relevant (reasonable, realistic and resourced, results-based)



Time bound (time-based, time limited, time/cost limited, timely, time-sensitive)

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Strategy: Improving Your Online Reputation *SMART Goals in Action*

Tactics:

- S** Increase online presence and assure practice is meeting patient's needs by asking patients for online reviews
- M** Reach online 5-star status online
- A** Solicit feedback from the team on implementation activities
- R** Print 1000 cards to hand out to patients after check out asking “ Did we meet or exceed your expectations today”? If yes, request review
- T** Six-month goal to get 300 online reviews complete with a stretch goal of 500 reviews in 6 months

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Strategy: Improving Your Online Reputation

Tactics:

- Set up a Google Alert for your name and/or the name of your practice; you'll receive an email each time you are mentioned on the web.
- Assign a staff member to regularly monitor customer review sites.
- Update incorrect demographic information when applicable.
- Personalize your comments by adding a clear professional photo to your profile.
- Responses to reviews should be kept simple, polite, honest, professional, and compassionate.
- Address the changes that are being made to prevent the scenarios in the negative review.
- End replies by showing that you care by simply stating: "Thank you. We appreciate all feedback."



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Any goal can fit into a SMART goal template

Achieving focused goals will help our practice run better

**Succeeding in Your Practice Requires a
Collective Effort by All Members of the Practice**

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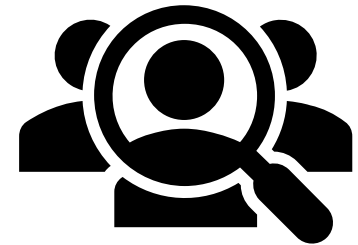
Strategy: Improving Professionalism Among Your Staff

Professionalism

... is a commitment to carrying out professional responsibilities, adherence to ethical principles, and sensitivity to a diverse patient population.

ACGME Competencies

..... is the conduct, behavior and attitude of someone in a work or business environment. ... **Professionalism** leads to **workplace** success, a strong **professional** reputation and a high level of work ethic and excellence.



Virginia Tech Career & Professional Development

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Strategy: Improving Professionalism Among Your Staff

Challenges:

- Irresponsibility
- Diminished capacity for self-improvement
- Poor initiative
- Ignorance

Hannah J. Zackson, MD: *Creating Professional Leaders*

Strategy: Improving Professionalism Among Your Staff

Tactics:

- Have respect for oneself, leadership, your colleagues and most of all patient's and their families.
- Keep the relationship between the patient and the staff purely professional.
- Protect the confidence of the patient at all costs. Be mindful electronic data and the use of social media.
- Be accountable - fulfilling the multiple levels of the patient-physician-staff relationship.
- Maintain medical knowledge, improve clinical and team skills, necessary for providing quality care.
- Always strive for quality of care and participate in mechanisms to reach and maintain those goals.
- Commit to excellence. Exceed ordinary expectations.



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Strategy: Optimizing Communication and Information Exchange Procedures

Demonstrate interpersonal and communication skills that result in effective information exchange and teaming with patients, families, and professional associates.

Ian A. Cook, MD: *Teaching and Assessing Professionalism and Communications*

Strategy: Optimizing Communication and Information Exchange Procedures

Adverse outcomes from non-technical errors are most likely to have a root cause in poor communication.

Papadakis Acad Med 2004



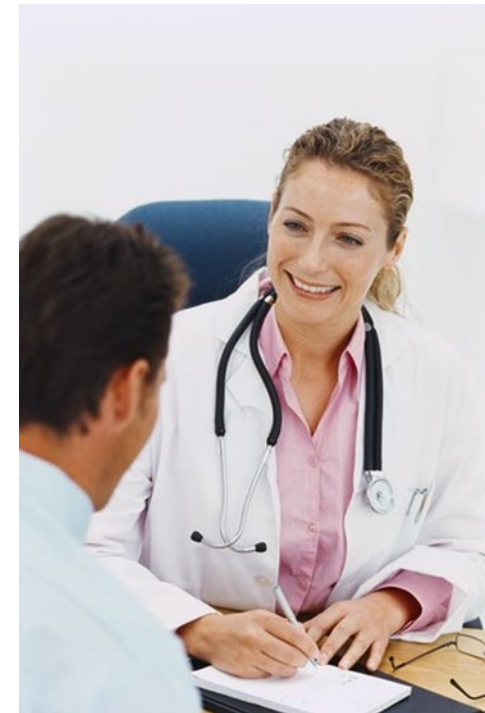
Strategy: Optimizing Communication and Information Exchange Procedures

Tactics:

- Engage in active listening.
- Practice authority vs arrogance.
- Manifest confidence vs condescension.
- Teach, don't patronize.
- Model collegial behavior.
- Always keep the whole patient/picture in mind.
- Be in charge, like the captain of the ship.
- Create an environment where staff can feel free to raise questions without the fear of reprisal.
- Diffuse conflict amongst staff by encouraging discussion/w mediation.

Most Importantly—Exchange Information!

Give and receive information accurately and in a timely manner to support patient care.



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Strategy: Coordinating Transitions of Care

Work together with others to carry out activities in an efficient, simultaneous, collaborative manner.



Strategy: Coordinating Transitions of Care

Tactics:

- Medication Management

- Transition Planning

- Patient & Family Engagement & Education

- Information Transfer

- Follow up Care

- Healthcare Provider Engagement

- Shared Accountability Across Providers and Organization



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“Big Picture”

Establish a shared understanding - ensure that everyone has not only the relevant information for the situation at hand, but also can share in the “big picture.”





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**Remember...patients have a choice.
Let it be you!**





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Thank You!

“We are what we repeatedly do.
Excellence, then, is not an act, but a habit.”

Aristotle

Questions?