

**AHEAD Webinar**  
**“Personal Care Attendants and Students: An Introduction and Guide”**  
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Examples of PCA Guidelines:

- Oregon State PCA Guidelines:  
[https://ds.oregonstate.edu/sites/ds.oregonstate.edu/files/documents/pca\\_guide.pdf](https://ds.oregonstate.edu/sites/ds.oregonstate.edu/files/documents/pca_guide.pdf)
- Pomona College PCA Guidelines:  
<https://www.pomona.edu/accessibility/student-accessibility/accommodation-policies-and-procedures/personal-care-attendant>
- SUNY-Purchase: SUNY-Purchase:  
<https://www.purchase.edu/offices/disability-resources/policies-and-procedures/personal-care-attendants-policy/>

Legal:

- [28 CFR § 36.306](#), [28 CFR § 35.135](#), [34 CFR § 104.2](#)

Resources for Students and Disability Office Personnel:

- [Making the Move to Managing Your own Personal Assistance Services\(PAS\) A Toolkit for Youth With Disabilities Transitioning to Adulthood](#): Toolkit from U.S. Department of Labor, Office of Disability Employment Policy to guide young adults on hiring, monitoring, personal care attendants.
- [A Wheelchair User’s Guide to Preparing for College](#) and [How to Secure Housing and Manage PCA Services at College](#): Two pieces Annie Tulkin wrote for New Mobility magazine.
- [Accessible College partnership with the Reeve Foundation](#): Accessible College (Annie Tulkin) has a partnership with the Christopher & Dana Reeve Foundation. Students with any type of paralysis can work with Annie for up to 3 hours free on college preparation and transition planning.
- [Navigating the Transition to College with Paralysis](#): This is a guide Annie Tulkin wrote for the Reeve Foundation.
- [United Spinal: Wheels on Campus-20 wheelchair friendly campuses guide](#): This is a guide that United Spinal and New Mobility Magazine put together. Outlining the most wheelchair accessible campuses and discussing college options for wheelchair users.
- [Nielsen Foundation Scholarship](#): 17 partner colleges. Scholarships for students with spinal cord injuries.
- [Accessibility and the Intangibles](#): Article from the Chronicle of Higher Ed highlighting the experience of two wheelchair users as they choose which college to attend.
- [Mobility International USA](#): Information and support for Americans with disabilities and International students coming to the USA.

Sample PCA Routines/Job Description:

- [Joe-Sample Routine](#)
- [Jane-Sample Routine](#)
- [Maria-Sample Routine](#)
- [Sample Job Description](#)

Financial:

- [Supplemental Security Insurance \(SSI\)](#): The SSI program provides monthly payments to adults and children with a disability or blindness who have income and resources below specific financial limits. Note: students can separate themselves from their parents income at age 18 to become eligible.
- [Vocational Rehabilitation](#): Can provide transition services for students with disabilities. This may include funds for tuition, books, and services. Students must be enrolled in a secondary school (including home school or other alternative secondary education program), post-secondary education program or other recognized educational program.
- [SwiftStudent](#): FAFSA does not take into account disability related expenses (including: special services, personal assistance, transportation, equipment, and supplies) that are out of pocket. Students can appeal their financial aid package. Swift Student provides a form that guides students through the process.