

Supporting Information for Step Therapy Exception Request

Pursuant to [Title 8, Subtitle E, Chapter 1369.0546](#) of the Texas State Code

Pursuant to [Title 8, Subtitle E, Chapter 1369.0546](#) of the Texas State Code, the patient qualifies for an exception to the step therapy protocol because at least **one** of the following conditions has been met:

- The required prescription drug:
 - Is contraindicated
 - Likely to cause an adverse reaction or physical or mental harm or
 - Is expected to be ineffective based on the known clinical characteristics of the patient and the known characteristics of the prescription drug regimen
- The patient previously discontinued taking the required drug, or another drug in the same pharmacologic class or with the same mechanism of action, while under the current or previous plan because the drug was ineffective, had diminished effect, or an adverse event
- The required drug is not in the best interest of the patient based on clinical appropriateness because the drug is expected to:
 - Cause a significant barrier to adherence
 - Worsen a comorbid condition or
 - Decrease ability to achieve or maintain reasonable functional ability in performing daily activities
- Due to a documented adverse event with a previous use or a documented medical condition, including a comorbid condition, the required drug is likely to:
 - Cause a serious adverse reaction in the patient
 - Decrease ability to achieve or maintain reasonable functional ability in performing daily activities
 - Cause physical or psychiatric harm to the patient
- The patient is stable on a drug other than the one required by the step therapy protocol and changing the patient's prescription drug is expected to be ineffective or cause harm

Rationale for Request

Signature:

Date:

Attn: Texas Department of Insurance

Phone: 800-252-3439/Complaint: <https://www.tdi.texas.gov/consumer/health-complaints.html>