 

**Supporting Families in Reclaiming their Peripartum Period Experience: Part 1- Birth Stories**

Presenters: Danielle Rice, LMSW, IMH-E® (IMHS); Hillary Lesniak, LMSW, IMH-E® (IMHM); Lindsey Fanning, LMSW, IMH-E® (IMHS); Yemisi Odetoyinbo, LLMSW, CD

**August 19, 2022 9:00 am – 4:00 pm**

**Timed Agenda:**

9:00 - 9:15: Introductions

9:15 - 10:15: History, Culture, & Birthing Experience

10:15 - 1030: Break

10:30 - 12:00: Birth Trauma

12:00 - 1:00: Lunch

1:00 - 2:30:  Trauma vs. PMADs

2:30 - 2:45: Break

2:45 – 4:00: Birth Story processing and other interventions/community resources

**Learning Objectives:**

1. Participants will be able to identify how race and culture impact families throughout the birthing experience
2. Participants will learn the importance of exploring birth stories
3. Participants will learn information about birth trauma
4. Participants will be able to identify approaches in order to support clients to  explore their birth stories
5. Participants will explore mental health impacts of the peripartum period including trauma, PMADs, etc.
6. Participants will be able to identify resources to support birthing persons

**NEW! Signing In and Out/Attendance:**

All participants MUST be signed into MI-AIMH RELATE: <https://www.pathlms.com/mi-aimh> in order to attend the training and be counted in attendance. There are several points of entry to the training for Registered Participants:

1. The “add to calendar” link/button after you registered – this was available on MI-AIMH RELATE immediately after you registered for the training AND was linked in the confirmation email you received – the zoom link will then be saved in your calendar
2. You can join the training by clicking on the “join session” button that is in the confirmation and reminder emails that you received
3. You can sign into MI-AIMH RELATE the morning of the training. If you are signed in within 30-minutes of the training, you will see a prompt pop up to “join your session”

If participants arrive late or leave early, they may be subject to receiving deductions in training hours and continuing education. Attendees are also required to keep their video camera on for the majority of the training. If you need to have your video off for longer than 15-minutes, please message MI-AIMH in the chat feature. The state only allows deductions to be made in 30-minute increments.

**NEW! Required Steps After a Training**

* STEP 1: Evaluations – now completed within MI-AIMH RELATE
	1. After a training has finished, attendees will see a prompt to complete your Evaluation. This is a REQUIRED step to receive your certificate.
* STEP 2: Assignment – for most trainings, this will require that you enter your full name and agency
	1. Once you have completed your training evaluation, the training assignment is unlocked and available. This is a REQUIRED step to receive your certificate.
	2. This step requires MI-AIMH to approve/deny your Assignment. MI-AIMH needs to require this step in order to approve CEC’s for individuals.
	3. Once MI-AIMH has “approved” your Assignment, you will receive an email update which will include a link to access your certificate.
* STEP 3: Certificate – now will be accessed within MI-AIMH RELATE
	1. After your training assignment has been approved, you will be able to access your certificate.
	2. You will always be able to access your earned certificates at any time:
		1. Sign into MI-AIMH RELATE
		2. Click on your name in the top right corner
		3. You will see a tab for your certificates

**Competencies:** Attachment, separation, trauma & loss; Cultural Humility; Pregnancy and early parenthood; Relationship-based, therapeutic practice; Self-awareness