



## Ready to train in EMDR therapy?

Help your clients truly heal from past traumas.

Increase resilience to better cope with current challenges.

Take positive steps forward toward a brighter, healthier future!



[See our schedule of upcoming trainings!](#)

EMDR Professional Training™ offers you choices in how you train.

### ***Premier Basic Training™***

offers top tier group training with EMDR therapy experts, Dr. Curt Rouanzoin and Dr. Michelle Gottlieb. With a complete 57 hours of training, you also work in small groups with trained facilitators in practicum experiences and consultation. Both virtual and on-location training is available.

### ***Select Basic Training™***

offers small group training enabling more individualized attention. Our excellent trainers, each of them trained by Rouanzoin and Gottlieb, take you through the same steps and practicums as Premier Basic Training™ within this smaller group setting. Virtual and on-location trainings are available.

[Learn more about our Select Basic Trainers here!](#)

We take extra precautions to provide safe environments for your training. Reserve your spot in one of our **Premier™** or **Select™** Basic Trainings for your comprehensive learning experience in EMDR therapy.

## Our 57- hour training program includes:



- All-encompassing experience with theoretical training sessions and practicums, paying special attention to complex traumas, dissociation, and specialty populations.
- Personal interactions with your highly skilled trainers. When you take Premier Basic Training, you're taught by [Dr. Curt Rouanzoin](#) and [Dr. Michelle Gottlieb](#), two of the most experienced EMDR Therapy trainers in the field who use their knowledge to start your practice of EMDR Therapy on the right track. All Select Basic Training instructors are also trained by Dr. Rouanzoin and Dr. Gottlieb.
- Comprehensive 57 CE hours including 10 hours built-in consultation within both Basic Training programs.
- Access to our taped videos and lectures even after training completion for further resources when needed.



### More about Curtis Rouanzoin, Ph.D.

Curtis Rouanzoin, Ph.D., was trained by Francine Shapiro in EMDR from 1991 to 1992. He worked with the EMDR Institute as a Facilitator (1992) and Senior Trainer until 2017. He has worked to develop the highest quality EMDR Basic Trainings as well as Advanced Trainings in Complex PTSD and Dissociation. He is Certified, an Approved Consultant, and an Approved Instructor in EMDR Therapy. He has trained mental health practitioners in EMDR Therapy nationally and internationally, including a trip to Columbia with Dr. Shapiro on a Congress Against Violence to pave the way for future EMDR trainings and a trip with Dr. Andrew Leeds to Japan to train its first group of clinicians. Dr. Rouanzoin developed the Marriage and Family Therapy Program and created the first graduate-level university course in EMDR (1995) during his 22-year tenure with Hope International University in Fullerton, CA. Having conducted more than 45,000 hours of EMDR Therapy sessions with clients across all gender, socioeconomic, and cultural backgrounds, Dr. Rouanzoin receives referrals for situations ranging from military/police/first responders to Complex PTSD/Dissociative Disorders as well as peak performance in athletics and theater/performing arts. Dr. Rouanzoin is a Licensed Psychologist (PSY7809) and a Licensed Marriage and Family Therapist (MFT8790).

### More about Michelle Gottlieb, Psy.D.

Michelle Gottlieb, Psy.D., MFT, LPCC, is an experienced clinician with over twenty years of private practice, currently in Fullerton, California, specializing in complex trauma and chronic pain/illness. She has been practicing EMDR therapy since 2000. She is also adjunct faculty at California State University, Fullerton, in the Counseling Department, Graduate Division, over ten years with exemplary reviews. Dr. Gottlieb has facilitated and handled logistics for EMDR HAP/Trauma Recovery and the EMDR Institute and organized the largest training ever for EMDR HAP/Trauma Recovery. Dr. Gottlieb has also been invited to be a Trainer Candidate for EMDR HAP/Trauma Recovery. Dr. Gottlieb is an international presenter on various aspects of EMDR therapy and has presented at the EMDRIA conference.

**It's time to train in EMDR therapy.**

Both Premier Basic Training™ and Select Basic Training with EMDR Professional Training™ are complete three-part trainings in the basic components of EMDR therapy, using lecture, practicum experiences, and consultation to teach the history, theories, and protocols of EMDR--Eye Movement Desensitization and Reprocessing. The Adaptive Information Processing (AIP) Model is the basis of EMDR and works within an eight-phase, three-pronged process to facilitate the resumption of normal information processing and integration, resulting in alleviation of presenting symptoms as well as resolution of present and future anticipated triggers. Basic training takes place in three-parts including consultation so that the participant may apply for EMDR therapy certification with EMDRIA at the completion of training.

***Your Three-Part Training includes these Learning Objectives:***

***Basic Training, Part 1:***

1. Identify the history of EMDR and the research supporting its application.
2. Identify the mechanism by which EMDR therapy is theorized to work.
3. Describe and articulate the AIP model.
4. Utilize the 3-pronged, 8-phased EMDR protocol to select clients.
5. Use screening parameters to identify clients for dissociation.
6. Create an EMDR Treatment Plan.
7. Utilize stabilization techniques for a client if necessary.
8. Utilize and complete the 8 phases of EMDR therapy with appropriate clients.

***Basic Training, Part 2:***

1. Demonstrate Weekend 1 learning — 8 phases, 3 Prong Protocol, safe/calm place, Recent Events protocol, EMD, Treatment Plan.
2. Discuss knowledge and academic theory that was new in Weekend 1 has now been experienced and applied leading to a deeper understanding— additional questions, synthesis, and levels of insight to be encouraged.
3. Describe Cognitive Interweave and its uses and when not to use.
4. Describe PTSD, Complex Trauma and dissociation and apply to AIP and EMDR.
5. Identify additional clients with whom to utilize EMDR.
6. Design an AIP informed treatment approach with mutually agreed upon treatment goals based on the client's presenting complaints.
7. Assess Client's readiness for treatment, modalities to be utilized, and external supports to be used.
8. Assess Client issues, targets, themes.
9. Design a comprehensive treatment plan.

***Basic Training, Part 3:***

1. Identify, articulate, and apply standard protocol with increased ease and less reliance on scripts.
2. Demonstrate knowledge and techniques for blocked processing including Cognitive Interweave.
3. Discuss new questions related to clients with complex case presentations, complex PTSD and dissociation.
4. Analyze special populations discussed and modify or consider issues in AIP case formulation and application of EMDR therapy.
5. Identify areas which acquire specialized EMDR training for the individual practitioner's practice and where to obtain the training.
6. Identify the process of becoming an EMDR Certified Therapist and becoming an EMDRIA member.

If you're ready to help your clients finally heal from past traumas and break free from dysfunctional behaviors,  
it's time to train with EMDR Professional Training™.

See our [Basic Training schedule](#) for virtual and on-location start dates happening Fall 2021 and Spring 2022.

*Engaging.  
Effective.  
Essential.*



[emdrprofessionaltraining.com](http://emdrprofessionaltraining.com)

Our Basic Training programs are approved by EMDRIA.

Find out more at: [EMDR Professional Training.com](http://EMDRProfessionalTraining.com) or call (949) 445-6548.

*Have your own group of 8 or more who need EMDR therapy Basic Training?  
**Call us today!** We can come to your small group for your own Basic Training!*

Professional CEs are provided by [CE-Classes.com](http://CE-Classes.com).

**Engaging. Effective. Essential.**  
[emdrprofessionaltraining.com](http://emdrprofessionaltraining.com)